

Freelancing Expertise Contract Professionals In The New Economy Collection On Technology And Work Pdf Pdf

... New York: Russell Sage Foundation. King, N. (2004). Using templates in the thematic analysis of texts'. In: C ... **Freelancing expertise: Contract professionals in the new economy.** Ithaca: Cornell University Press. Poulston, J. (2008) ...

Freelancing Expertise 2010-10-15 Debra Osnowitz Contract work is more important than ever—for better or for worse, depending on one's perspective. The security once implied by a full-time job with a stable employer is becoming rarer, thereby erasing one of the major distinctions between "freelance work" and a "steady gig." Why hang on to a regular job for the sake of security if security can no longer be assumed? Instead, contractors, hired temporarily for specific knowledge and skills, market their expertise as they move from project to project. Even though their employment is precarious, a great many consider freelancing preferable to holding a "regular" job: the control they feel over their time and careers is well worth the risks that come with relatively uncertain cash flow. Freelancing Expertise is a qualitative study of decision making, work practices, and occupational processes among writers and editors who work in print and Web communications and programmers and engineers who work in software and systems development. Debra Osnowitz conducted sixty-eight extended interviews with representatives of both groups and twelve interviews with managers and recruiters, observed four different work settings in which contractors work alongside employees, and monitored blogs and online discussions among contractors. As a result, she provides a unique and sensitive assessment of a cultural shift in occupations and organizations. Osnowitz calls for a reconfiguration of the employer/employee relationship that accepts more variation and flexibility: just as "freelancing" has, over time, taken on many traits considered characteristic of traditional career paths, so might regular jobs make themselves more appealing to today's workforce by mimicking some of the positive aspects of transactions between clients and contract workers.

Lifestyle Sports and Identities 2021-09-30 Tyler Dupont This book examines how different stages of adult life affect participation in lifestyle sports and in the construction of identity. Drawing on multi-disciplinary perspectives, it explores how gender, sexuality, ethnicity, and location, in conjunction with age and stage in career, affect lifestyle sport practices and meanings. Tracing engagement with lifestyle sport across the lifecycle, from young adult to older age, the book examines the concepts of authenticity and identity in subcultural and alternative sports, exploring how individuals develop lifestyle sport identities, maintain authentic identities, and how they manage those identities as older adults. It presents a range of fascinating, cutting-edge case studies from around the world, covering sports as diverse as climbing, surfing, mountain biking, skateboarding and roller derby, and considers key contemporary issues such as professionalisation, sports labor, and digital technology. It also highlights political tensions and shifts that shape the identities of lifestyle sport communities. This is essential reading for anybody with a serious interest in alternative or lifestyle sports, the relationships between sport and wider society, or the development of subcultures and cultural identity.

Wasted Education 2023 John D. Skrentny "We are living in an era of veritable STEM obsession. Not only do tech companies dominate our cultural imagination of American enterprise and financial growth, we urgently need science-based solutions to impending crises. As a society, we have poured enormous resources into cultivating young minds for STEM careers. The US sponsors 209 distinct STEM education programs in 13 different federal agencies at a cost of more than \$3 billion. This spending is on top of countless initiatives from philanthropic foundations and corporate giving. And yet, we are facing a STEM worker crisis. In this project, sociologist John D. Skrentny asks, if we're investing so much in STEM education, why are as many as 75% of graduates with STEM degrees opting out of STEM careers? The problem is not education, he argues, but the available jobs. Skrentny aims to bring a reality check to America's growing dedication to STEM education. Each chapter highlights an aspect of STEM work culture that drives away bright minds, ranging from workplace culture and "burn and churn" management practices, to lack of job security, to the constant need for training on new innovations, to the racism and sexism that exclude non-white and Asian people and women. Skrentny shows that if we have any hope of crafting science-based solutions to many of our most urgent societal issues, we have to change the way we're treating these workers on whom our future depends"--

Sociology of Work 2013-05-16 Vicki Smith The simple act of going to work every day is an integral part of all societies across the globe. It is an ingrained social contract: we all work to survive. But it goes beyond physical survival. Psychologists have equated losing a job with the trauma of divorce or a family death, and enormous issues arise, from financial panic to sinking self-esteem. Through work, we build our self-identity, our lifestyle, and our aspirations. How did it come about that work dominates so many parts of our lives and our psyche? This multi-disciplinary encyclopedia covers curricular subjects that seek to address that question, ranging from business and management to anthropology, sociology, social history, psychology, politics, economics, and health. Features & Benefits: International and comparative coverage. 335 signed entries, A-to-Z, fill 2 volumes in print and electronic formats. Cross-References and Suggestions for Further Readings guide readers to additional resources. A Chronology provides students with historical perspective of the sociology of work. In the electronic version, the comprehensive Index combines with the Cross-References and thematic Reader's Guide themes to provide robust search-and-browse capabilities.

Contemporary Entrepreneurship 2016-03-17 Dieter Bögenhold This book presents the current state-of-the-art in all major and upcoming areas of entrepreneurship research. Thousands of scholars around the world are currently working to broaden our understanding of the entrepreneurial phenomenon. The disciplines involved are numerous, as are the topics of interest, with substantial efforts to enhance the existing knowledge. This book is specifically designed to facilitate high-level, high-intensity discussions and fruitful exchanges between scholars involved in entrepreneurship research. The articles address a variety of topics ranging from self-employment, technology, growth patterns and job creation, and success and failure rates, to historical, conceptual and comparative international approaches. "This book takes entrepreneurship beyond the individual, size of the venture, entrepreneurial personality, and looks at entrepreneurship as a long term complex process that is heterogeneous, content dependent with an emphasis on innovation and growth. A must read for individuals interested in entrepreneurship, today and in the future, on a domestic and global basis." – Robert D. Hisrich, Director – Walker Center and Garvin Professor of Global Entrepreneurship, Thunderbird School of Global Management "Entrepreneurship is perhaps not just the most multifaceted but also the most important concept of the modern socio-economic disciplines. This book makes an invaluable contribution in this fascinating area: it presents a multifaceted socio-economic examination of the impact of entrepreneurship for growth." – Roy Thurik, Erasmus School of Economics in Rotterdam and Montpellier Business School

Information Technology and the U.S. Workforce 2017-05-18 National Academies of Sciences, Engineering, and Medicine Recent years have yielded significant advances in computing and communication technologies, with profound impacts on society. Technology is transforming the way we work, play, and interact with others. From these technological capabilities, new industries, organizational forms, and business models are emerging. Technological advances can create enormous economic and other benefits, but can also lead to significant changes for workers. IT and automation can change the way work is conducted, by augmenting or replacing workers in specific tasks. This can shift the demand for some types of human labor, eliminating some jobs and creating new ones. Information Technology and the U.S. Workforce explores the interactions between technological, economic, and societal trends and identifies possible near-term developments for work. This report emphasizes the need to understand and track these trends and develop strategies to inform, prepare for, and respond to changes in the labor market. It offers evaluations of what is known, notes open questions to be addressed, and identifies promising research pathways moving forward.

The Challenges of Self-Employment in Europe 2019 Renata Semenza This book aims at explaining the variance in legal status, working conditions, social protection and collective representation of self-employed professionals across Europe. Despite considerable diversity, the authors observe three strategic models of mobilisation: the provision of services; advocacy, lobbying and the political role; and the extension of collective bargaining. They highlight the new urgent challenges that have emerged including the implementation of universal social protection schemes, active labour market policies likely to support sustainable self-employment, and the renewal of social dialogue through bottom-up organisations to extend the collective representation of project-based professionals.

A Research Agenda for Employee Engagement in a Changing World of Work 2021-03-26 John P. Meyer This insightful Research Agenda presents the foundations of employee engagement, providing a framework for future research to serve as an evidence-based guide to practice. Offering an overview of contemporary engagement theory and research, it addresses important new directions for expanding our current understanding of the meaning, focus, development and outcomes of engagement.

Beyond the Beat 2018-11-27 Daniel B. Cornfield At a time when the bulwarks of the music industry are collapsing, what does it mean to be a successful musician and artist? How might contemporary musicians sustain their artistic communities? Based on interviews with over seventy-five popular-music professionals in Nashville, Beyond the Beat looks at artist activists—those visionaries who create inclusive artist communities in today's individualistic and entrepreneurial art world. Using Nashville as a model, Daniel Cornfield develops a theory of artist activism—the ways that artist peers strengthen and build diverse artist communities. Cornfield discusses how genre-diversifying artist activists have arisen throughout the late twentieth-century musician migration to Nashville, a city that boasts the highest concentration of music jobs in the United States. Music City is now home to diverse recording artists—including Jack White, El Movimiento, the Black Keys, and Paramore. Cornfield identifies three types of artist activists: the artist-producer who produces and distributes his or her own and others' work while mentoring early-career artists, the social entrepreneur who maintains social spaces for artist networking, and arts trade union reformers who are revamping collective bargaining and union functions. Throughout, Cornfield examines enterprising musicians both known and less recognized. He links individual and collective actions taken by artist activists to their orientations toward success, audience, and risk and to their original inspirations for embarking on music careers. Beyond the Beat offers a new model of artistic success based on innovating creative institutions to benefit the society at large.

An Intelligent Career 2018-03-12 Michael B. Arthur 'An Intelligent Career' is a playbook for the modern knowledge worker, with clear guidance and support on taking charge of your own destiny, seeking continuous learning, collaborating with others, recognising and acting on fresh opportunities, determining when it is time to move on, and much more.

Entrepreneurship in Transition Economies 2017-06-28 Arnis Sauka This book presents a state-of-the-art portrait of entrepreneurship in the transition economies of Central and Eastern Europe (CEE) and the Commonwealth of Independent States (CIS) as well as Georgia and Ukraine. Based on new empirical evidence, it highlights major trends in, characteristics and forms of entrepreneurship common to countries in transition. The contributions cover topics such as levels of opportunity-based entrepreneurship, incentives for innovation, dominance of large-scale international corporations, the role of family businesses, and opportunities for grass-roots entrepreneurship. The first part of the book focuses on theoretical considerations regarding the establishment of sustainable entrepreneurial ecosystems and private business. In turn, the second part offers cross-border studies of entrepreneurial environments and activities, while the third and fourth present case studies on the current state and unique characteristics of entrepreneurship in various countries of the CEE and CIS as well as Georgia and Ukraine. Finally, the last parts discuss the role of institutions and policy recommendations.

The Ambivalence of Power in the Twenty-First Century Economy 2022-07-07 Vadim Radaev The Ambivalence of Power in the Twenty-First Century Economy contributes to the understanding of the ambivalent nature of power, oscillating between conflict and cooperation, public and private, global and local, formal and informal, and does so from an empirical perspective. It offers a collection of country-based cases, as well as critically assesses the existing conceptions of power from a cross-disciplinary perspective. The diverse analyses of power at the macro, meso or micro levels allow the volume to highlight the complexity of political economy in the twenty-first century. Each chapter addresses key elements of that political economy (from the ambivalence of the cases of former communist countries that do not conform with the grand narratives about democracy and markets, to the dual utility of new technologies such as face-recognition), thus providing mounting evidence for the centrality of an understanding of ambivalence in the analysis of power, especially in the modern state power-driven capitalism. Anchored in economic sociology and political economy, this volume aims to make 'visible' the dimensions of power embedded in economic practices. The chapters are predominantly based on post-communist practices, but this divergent experience is relevant to comparative studies of how power and economy are interrelated.

The "M" in CITAMS@30 2018-12-14 Casey Brienza Volume 18 of Emerald Studies in Media and Communications celebrates the thirty year anniversary of the Communications, Information Technology, and Media Sociology Section of the American Sociological Association.

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The SAGE Handbook of the Sociology of Work and Employment 2015-09-30 Stephen Edgell The SAGE Handbook of the Sociology of Work and Employment is a landmark collection of original contributions by leading specialists from around the world. The coverage is both comprehensive and comparative (in terms of time and space) and each 'state of the art' chapter provides a critical review of the literature combined with some thoughts on the direction of research. This authoritative text is structured around six core themes: Historical Context and Social Divisions The Experience of Work The Organization of Work Nonstandard Work and Employment Work and Life beyond Employment Globalization and the Future of Work. Globally, the contours of work and employment are changing dramatically. This handbook helps academics and practitioners make sense of the impact of these changes on individuals, groups, organizations and societies. Written in an accessible style with a helpful introduction, the retrospective and prospective nature of this volume will be an essential resource for students, teachers and policy-makers across a range of fields, from business and management, to sociology and organization studies.

Passionate Work 2022-04-04 Renyi Hong In Passionate Work, Renyi Hong theorizes the notion of being "passionate about your work" as an affective project that encourages people to endure economically trying situations like unemployment, job change, repetitive and menial labor, and freelancing. Not simply a subject of aspiration, passion has been deployed as a means to build resilience and mend disappointments with our experiences of work. Tracking the rise of passion in nineteenth-century management to trends like gamification, coworking, and unemployment insurance, Hong demonstrates how passion can emerge in instances that would not typically be understood as passionate. Gamification numbs crippling boredom by keeping call center workers in an unthinking, suspensive state, pursuing even the most banal tasks in hope of career advancement. Coworking spaces marketed toward freelancers combat loneliness and disconnection at the precise moment when middle-class sureties are profoundly threatened. Ultimately, Hong argues, the ideal of passionate work sustains a condition of cruel optimism in which passion is offered as the solution for the injustices of contemporary capitalism.

Non-Standard Work, Self-Employment and Precariousness 2021-05-04 Valeria Pulignano

Crunch Time 2020-06-09 Aliya Hamid Rao In Crunch Time, Aliya Hamid Rao gets up close and personal with college-educated, unemployed men, women, and spouses to explain how comparable men and women have starkly different experiences of unemployment. Traditionally gendered understandings of work—that it's a requirement for men and optional for women—loom large in this process, even for marriages that had been not organized in gender-traditional ways. These beliefs serve to make men's unemployment an urgent problem, while women's unemployment—cocooned within a narrative of staying at home—is almost a non-issue. Crunch Time reveals the minutiae of how gendered norms and behaviors are actively maintained by spouses at a time when they could be dismantled, and how gender is central to the ways couples react to and make sense of unemployment.

Handbook of Research on Global Networking Post COVID-19 2022-06-03 Pego, Ana Management methodology and its applicability in society has changed drastically during the COVID-19 pandemic. Organizations have had to adopt new forms of resilience based on the needs of a different consumer. The COVID-19 market is a challenge for both producers and consumers as it meets new needs and a new capacity of merchandising. The Handbook of Research on Global Networking Post-COVID-19 fully unleashes the broad potential of entrepreneurial activity by exploring and highlighting new businesses and, as a result, the well-being of millions of people globally throughout the COVID-19 pandemic and prospects for the future. Delving into topics such as student empowerment, economic sectors, and personal finance, this book is an essential resource for managers, CEOs, consultants, faculty of higher education, students, researchers, policymakers, and academicians.

Precarious Work 2017-12-08 Arne L. Kalleberg This volume presents original theory and research on precarious work in various parts of the world, identifying its social, political and economic origins, its manifestations in the USA, Europe, Asia, and the Global South, and its consequences for personal and family life.

Global Perspectives on Human Capital-Intensive Firms 2018-12-14 Cézanne, Cécile A firm's productivity has mainly been based on human capital resources, with organizational value and performance dependent on the knowledge and skills of their managers and employees. Because human capital research captures the transformation and complexity of productive organizations in today's globalized economy, it is crucial to grasp the scope and breadth of human capital-intensive firms (HCIF) and their impact in relation to value creation. Global Perspectives on Human Capital-Intensive Firms is an essential reference source that provides an advanced analysis of modern firms at an analytical and empirical level, as well as a transdisciplinary approach to how human capital will impact the economics and management of a firm. Featuring research on topics such as firm performance, knowledge creation, and organizational management, this book is ideally designed for accountants, researchers, professionals, business managers, human resource managers, graduate-level students, academicians, consultants, and practitioners seeking coverage on the evolution of HCIF in different sectors, their internal and external organizations, and their performance.

Competencies and (Global) Talent Management 2017-02-21 Carolina Machado This book covers the main issues on the study of competencies and talent management in modern and competitive organizations. The chapters show how organizations around the world are facing (global) talent management challenges and give the reader information on the latest research activity related to that. Innovative theories and strategies are reported in this book, which provides an interdisciplinary exchange of information, ideas and opinions about the workplace challenges.

The Wiley-Blackwell Companion to Sociology 2016-09-26 George Ritzer Featuring a collection of original chapters by leading and emerging scholars, The Wiley-Blackwell Companion to Sociology presents a comprehensive and balanced overview of the major topics and emerging trends in the discipline of sociology today. Features original chapters contributed by an international cast of leading and emerging sociology scholars Represents the most innovative and 'state-of-the-art' thinking about the discipline Includes a general introduction and section introductions with chapters summaries by the editor

Gurus, Hired Guns, and Warm Bodies 2011-10-16 Stephen R. Barley Over the last several decades, employers have increasingly replaced permanent employees with temporary workers and independent contractors to cut labor costs and enhance flexibility. Although commentators have focused largely on low-wage temporary work, the use of skilled contractors has also grown exponentially, especially in high-technology areas. Yet almost nothing is known about contracting or about the people who do it. This book seeks to break the silence. Gurus, Hired Guns, and Warm Bodies tells the story of how the market for temporary professionals operates from the perspective of the contractors who do the work, the managers who employ them, the permanent employees who work beside them, and the staffing agencies who broker deals. Based on a year of field work in three staffing agencies, life histories with over seventy contractors and studies of workers in some of America's best known firms, the book dismantles the myths of temporary employment and offers instead a grounded description of how contracting works. Engagingly written, it goes beyond rhetoric to examine why contractors leave permanent employment, why managers hire them, and how staffing agencies operate. Barley and Kunda paint a richly layered portrait of contract professionals. Readers learn how contractors find jobs, how agents negotiate, and what it is like to shoulder the risks of managing one's own "employability." The authors illustrate how the reality of flexibility often differs substantially from its promise. Viewing the knowledge economy in terms of organizations and markets is not enough, Barley and Kunda conclude. Rather, occupational communities and networks of skilled experts are what grease the skids of the high-tech, "matrix economy" where firms become way stations in the flow of expertise.

The Trouble with Passion 2021-10-26 Erin Cech Probing the ominous side of career advice to "follow your passion," this data-driven study explains how the passion principle fails us and perpetuates inequality by class, gender, and race; and it suggests how we can reconfigure our relationships to paid work. "Follow your passion" is a popular mantra for career decision-making in the United States. Passion-seeking seems like a promising path for avoiding the potential drudgery of a life of paid work, but this "passion principle"—seductive as it is—does not universally translate. The Trouble with Passion reveals the significant downside of the passion principle: the concept helps culturally legitimize and reproduce an exploited, overworked white-collar labor force and broadly serves to reinforce class, race, and gender segregation and inequality. Grounding her investigation in the paradoxical tensions between capitalism's demand for ideal workers and our cultural expectations for self-expression, sociologist Erin A. Cech draws on interviews that follow students from college into the workforce, surveys of US workers, and experimental data to explain why the passion principle is such an attractive, if deceptive, career decision-making mantra, particularly for the college educated. Passion-seeking presumes middle-class safety nets and springboards and penalizes first-generation and working-class young adults who seek passion without them. The ripple effects of this mantra undermine the promise of college as a tool for social and economic mobility. The passion principle also feeds into a culture of overwork, encouraging white-collar workers to tolerate precarious employment and gladly sacrifice time, money, and leisure for work they are passionate about. And potential employers covet, but won't compensate, passion among job applicants. This book asks, What does it take to center passion in career decisions? Who gets ahead and who gets left behind by passion-seeking? The Trouble with Passion calls for citizens, educators, college administrators, and industry leaders to reconsider how we think about good jobs and, by extension, good lives.

The Representation of Workers in the Digital Era 2022-08-07 Raquel Rego This book compiles empirical evidence on both the challenges raised by neo-liberal policies and the internet to trade unions, and the development of more flexible forms of worker organisation and collective representation. The relationship with digital devices seems inevitably to contribute to differentiating trends, simultaneously acting as an internal and external constraint on organisation. Gathering academics and experts from European and Brazilian universities, this book is recommended for researchers and students in the fields of sociology of work, labour studies and collective action, as well as practitioners and others interested in worker interest organisations and collective representation in the early 21st Century.

Gaslighted 2021-10-12 Christine L. Williams Introduction -- The oil and gas pipeline -- The stayers -- Voluntary separations -- Corporate downsizing -- Conclusion -- Methodological appendix.

Investments in a Sustainable Workforce in Europe 2019-06-11 Tanja van der Lippe A sustainable European workforce has become increasingly relevant in our present day and age. Flexibility and job insecurity are omnipresent; organizational workforces are displaying growing diversity with respect to age, gender, ethnicity and family status; and Europe's welfare states are delegating more and more responsibility for the well-being of workers to employers. Now more so than ever, organizations need to consider investing in workers to improve their performance and level of satisfaction. These investments can take many forms, including flexible work arrangements, training plans, child-related policies and health programs. The crucial question is how to make this happen. Why do some organizations invest more and others less in their employees? Why do some employees make use of these investments and while others do not? Why do such investments sometimes improve employee performance and satisfaction and sometimes not? This book addresses precisely these questions. The book contributes a new, large-scale survey of 259 organizations, 869 work units, and 11,011 employees in six diverse economic sectors in the Bulgaria, Finland, Germany, Hungary, the Netherlands, Portugal, Spain, Sweden and UK to study the causes and consequences of organizational investments. This book appeals to undergraduate and postgraduate students, researchers and lecturers in the fields of Sociology, Business and Management, and Organizational Studies. It will also be useful for practitioners of Human Resource Management and others interested in workforce sustainability.

A Gedenkschrift to Randy Hodson 2016-02-26 Lisa A. Keister Randy Hodson was one of contemporary sociology's central figures in the study of work, occupations, and inequality. This volume pays tribute to his important scholarly contributions. Chapters by other important scholars in these fields reflect and build on his research in work conditions, worker resistance, and social stratification.

The Kaleidoscope of Gender 2019-03-07 Catherine G. Valentine The authors are proud sponsors of the 2020 SAGE Keith Roberts Teaching Innovations Award—enabling graduate students and early career faculty to attend the annual ASA pre-conference teaching and learning workshop. The Kaleidoscope of Gender: Prisms, Patterns, and Possibilities provides an accessible, timely, and stimulating overview of the cutting-edge literature and theoretical frameworks in sociology and related fields in order to understand the social construction of gender. The kaleidoscope metaphor and its three themes—prisms, patterns, and possibilities—unify topic areas throughout the book. By focusing on the prisms through which gender is shaped, the patterns which gender takes, and the possibilities for social change, the reader gains a

deeper understanding of ourselves and our relationships with others, both locally and globally. Editors Catherine Valentine, Mary Nell Trautner, and the work of Joan Spade, focus on the paradigms and approaches to gender studies that are constantly changing and evolving. The Sixth Edition includes incorporation of increased emphasis on global perspectives, updated contemporary social movements, such as #BlackLivesMatter and #MeToo, and an updated focus on gendered violence. Free online resources are available at The SAGE Gender and Sexuality Resource Center. This site is intended to provide you with an array of multimedia resources to enhance your studies of gender and sexuality.

The Work-Family Interface 2013-03-12 Stephen Sweet This brief and accessible title integrates contemporary scholarly research with compelling vignettes to make it appealing to both instructors and undergraduate audiences. While focused on the United States in respect to its target audience and emphasis, it contains considerable international data that compares and contrasts social policies adopted in Europe and elsewhere. In so doing, it shows both the strengths and the limitations of the approaches used in the U.S. This title is the only single source that summarizes the origins of work-family concerns, the diversities of needs and experiences, the impact of tensions on the family front, the consequences of tensions for employers, and different types of policies that can make meaningful differences not only in the lives of employees, but also potentially in job quality and national productivity.

Platform Labour and Global Logistics 2022-12-26 Immanuel Ness Over the past 50 years the global labour market is transforming from reliable employment to low-wage and unstable informal and precarious jobs. This ineluctable shift is a consequence of the concentrated application of neoliberalism since the 1980s, as capitalism is converting standardised labour markets in the developed Global North into contingent and informal labour. Platform Labour and Global Logistics: A Research Companion examines the most important developments and features of global logistics and the emergence of the platform economy through historical comparative chapters and case studies. Part I surveys the logistics revolution and its impact on labour in key sectors of the global economy and probes the viability of the platform as a generator of economic and financial growth and innovation. The chapters of Part 1 offer a fulsome analysis and critique of the economic and technical reconfiguration brought on by neoliberal capitalism and the diffusion of the platform and logistics as a feasible model into the future. Part II examines labour restructuring from standardized to informal work through the platform and information technology, and the political and environmental challenges to labour. Part III provides global case studies on the informal economy through case studies of crucial economies where the platform has become dominant, and Part IV examines how the platform has contributed to geographic mobility and labour migration, and the consequences on workers. Platform Labour and Global Logistics: A Research Companion presents a unique contribution to the political economy literature through highlighting the significance of the impact of the platform and logistics on the working class and potential challenges from labour across the world. This book is intended for academics, researchers and students studying technological innovation, global supply chains, labour restructuring, and worker resistance.

Inside the Critics' Circle 2021-09-14 Phillipa K. Chong An inside look at the politics of book reviewing, from the assignment and writing of reviews to why critics think we should listen to what they have to say Taking readers behind the scenes in the world of fiction reviewing, Inside the Critics' Circle explores the ways critics evaluate books despite the inherent subjectivity involved and the uncertainties of reviewing when seemingly anyone can be a reviewer. Drawing on interviews with critics from such venues as the New York Times, Los Angeles Times, and Washington Post, Phillipa Chong delves into the complexities of the review-writing process, including the considerations, values, and cultural and personal anxieties that shape what critics do. Chong explores how critics are paired with review assignments, why they accept these time-consuming projects, how they view their own qualifications for reviewing certain books, and the criteria they employ when making literary judgments. She discovers that while their readers are of concern to reviewers, they are especially worried about authors on the receiving end of reviews. As these are most likely peers who will be returning similar favors in the future, critics' fears and frustrations factor into their willingness or reluctance to write negative reviews. At a time when traditional review opportunities are dwindling while other forms of reviewing thrive, book reviewing as a professional practice is being brought into question. Inside the Critics' Circle offers readers a revealing look into critics' responses to these massive transitions and how, through their efforts, literary values get made.

Working Lives and in-House Outsourcing 2018-10-02 Jacqueline M. Zalewski This book offers a sociological account of the process by which companies instituted and continue to institute outsourcing in their organization. Drawing on qualitative data, it examines the ways in which internal outsourcing in the information technologies and human resources professions negatively affects workers, their work conditions, and working relationships. With attention to the deleterious influence of outsourcing on relationships and the strong tendency of market organisations to produce social conflict in interactions – itself a considerable ‘transaction cost’ – the author challenges both the ideology that markets, rather than hierarchies, produce more efficient and less costly economic outcomes for companies, and the idea that outsourcing generates benefits for professional workers in the form of greater opportunity. A demonstration of the social conflict created between employees working for two separate, proprietary companies, Working Lives and in-House Outsourcing will be of interest to scholars with interests in the sociology of work and organizations and the sociology of professions, as well as those working in the fields of business management and human resources.

People, Care and Work in the Home 2020-05-18 Mohamed Gamal Abdelmonem Introducing novel theoretical, empirical and practical investigations with case studies from UK, Europe, South America and South East Asia, the book offers a novel global outlook on how contemporary homes are facing genuine challenges from operational, economic, spatial, social and wellbeing perspectives. The changing demographics of our modern society have inevitably impacted the dynamics and relationships within the home from being personal and private to that of multiple work relationships; domestic work, care for older people, or supporting people with special needs. Whilst the home is a concept universally experienced, permeating every aspect of our lives, it remains an entity whose influence on health and wellbeing is poorly understood. This book brings together 17 different contributions from scholars, researchers and practitioners from different disciplinary and professional backgrounds including three feature articles by leading figures, such as Lord Best and Baroness Hollins. The chapters are organised within three parts that look at the triangle of people + work + care in the home. At a time when homes are increasingly becoming local hubs for care and wellbeing, this volume is a critical and useful addition to current literature in the social sciences, humanities, economics, culture, care and wellbeing in the domestic sphere.

Industrial and Labor Relations Review 2012

Writers' Rights 2016-11-01 Nicole S. Cohen As media industries undergo rapid change, the conditions of media work are shifting just as quickly, with an explosion in the number of journalists working as freelancers. Although commentary frequently lauds freelancers as ideal workers for the information age – adaptable, multi-skilled, and entrepreneurial – Nicole Cohen argues that freelance media work is increasingly precarious, marked by declining incomes, loss of control over one's work, intense workloads, long hours, and limited access to labour and social protections. Writers' Rights provides context for freelancers' struggles and identifies the points of contention between journalists and big business. Through interviews and a survey of freelancers, Cohen highlights the paradoxes of freelancing, which can be simultaneously precarious and satisfying, risky and rewarding. She documents the transformation of freelancing from a way for journalists to resist salaried labour in pursuit of autonomy into a strategy for media firms to intensify exploitation of freelance writers' labour power, and presents case studies of freelancers' efforts to collectively transform their conditions. A groundbreaking and timely intervention into debates about the future of journalism, organizing precariously employed workers, and the transformation of media work in a digital age, Writers' Rights makes clear what is at stake for journalism's democratic role when the costs and risks of its production are offloaded onto individuals.

Industrial & Labor Relations Review 2010

Work 2013-12-23 Steven Vallas This book provides a critical overview of the myriad literatures on “work,” viewed not only as a product of the marketplace but also as a social and political construct. Drawing on theoretical and empirical contributions from sociology, history, economics, and organizational studies, the book brings together perspectives that too often remain balkanized, using each to explore the nature of work today. Outlining the fundamental principles that unite social science thinking about work, Vallas offers an original discussion of the major theoretical perspectives that inform workplace analysis, including Marxist, interactionist, feminist, and institutionalist schools of thought. Chapters are devoted to the labor process, to workplace flexibility, to gender and racial inequalities at work, and to the link between globalization and the structure of work and authority today. Major topics include the relation between work and identity; the relation between workplace culture and managerial control; and the performance of emotional labor within service occupations. This concise book will be invaluable to students at all levels as it explores a range of insights to make sense of pressing issues that drive the social scientific study of work today.

New Labor in New York 2014-03-07 Ruth Milkman New York City boasts a higher rate of unionization than any other major U.S. city—roughly double the national average—but the city’s unions have suffered steady and relentless decline, especially in the private sector. With higher levels of income inequality than any other large city in the nation, New York today is home to a large and growing precariat—workers with little or no employment security who are often excluded from the basic legal protections that unions struggled for and won in the twentieth century. Community-based organizations and worker centers have developed the most promising approach to organizing the new precariat and to addressing the crisis facing the labor movement. Home to some of the nation’s very first worker centers, New York City today has the single largest concentration of these organizations in the United States, yet until now no one has documented their efforts. New Labor in New York includes thirteen fine-grained case studies of recent campaigns by worker centers and unions, each of which is based on original research and participant observation. Some of the campaigns documented here involve taxi drivers, street vendors, and domestic workers, as well as middle-strata freelancers—all of whom are excluded from basic employment laws. Other cases focus on supermarket, retail, and restaurant workers, who are nominally covered by such laws but who often experience wage theft and other legal violations; still other campaigns are not restricted to a single occupation or industry. This book offers a richly detailed portrait of the new labor movement in New York City, as well as several recent efforts to expand that movement from the local to the national scale.

Activating Critical Thinking to Advance the Sustainable Development Goals in Tourism Systems 2021-05-12 Karla A. Boluk Activating Critical Thinking to Advance the Sustainable Development Goals in Tourism Systems focuses on the role of critical thinking and inquiry in the implementation of the 2030 Sustainable Development Goals (SDGs) in tourism

systems. The impetus for the development of this book emerged from the declaration by the United Nations (UN) General Assembly of 2017 as the International Year of Sustainable Tourism for Development. This declaration purposely positions tourism as a tool to advance the universal 2030 Agenda for Sustainable Development and the 17 SDGs, thus mutually serving as an opportunity and responsibility to appraise from a critical lens what the SDGs signify and how they can be understood from multiple perspectives. The chapters in the book foster the next phase of sustainable tourism scholarship that actively considers the interconnections of the UN’s SDGs to tourism theory and praxis, and activates critical thinking to analyze and advance sustainability in tourism systems. It articulates the need for the academy to be more intrinsically involved in ongoing iterations of multilateral accords and decrees, to ensure they embody more critical and inclusive transitions toward sustainability, as opposed to market-driven, neoliberal directives. The contributions in this book encourage various worldviews challenging, shaping, and more critically reflecting the realities of global communities as related to, and impacted by, sustainable tourism development. The chapters in this book were originally published as a special issue of the Journal of Sustainable Tourism.

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After years of being a member of the accounting group, you will have your chance of becoming the department head or you can be promoted as the cost accountant, budget officer, chief accountant, or even the company auditor. The size of the corporation determines the various responsibilities of the accountant.

Now you know that by taking up a course in accounting you will be offered a myriad of opportunities in the future. You must be able to choose the right career path. Before making a decision, you have to consider the responsibilities and nature of work of a certain accounting career.

Choose the one that you like most and one that you're passionate about.

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If you follow the tips mentioned above, you can now have a free accounting software that you can use personally and even for your small business. Some manufacturers offer different functionalities that are added to your existing downloadable accounting software.

By taking time to surf the internet, you can find intuitive, robust, and practical accounting software. Most free software can be downloaded without any complications. If you want to practical, take advantage of this free software. Try them now and handle all your finances efficiently.

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You can go for a forensic accounting career if you're interested in an interesting yet lucrative job. Upward mobility is very much possible and that means higher salary as well. This career is a great potential especially in the coming years.

While you're still young or you're about to pursue a college degree, why not take up accountancy? Who knows, you might become one of the best forensic accountants in the country. This is an opportunity that is difficult to turn down especially if you want to earn big money.

Don't expect too much from a free accounting software. Since it is free, it can't offer the same features and functions as that of a high-end accounting software. This free software is simple and easy. It can only handle the accounting needs of homeowners and small businesses. The software focuses mainly on simple accounting management. By taking advantage of the free software, you can already perform the basic accounting tasks that paid software's do.

Transformation freelancing expertise contract professionals in the new;The first is called TCM based acupuncture. Here, it uses eight principles of complementary opposites to create harmony in the body. These include yin/yang, internal/external, excess/deficiency, hot/cold.

Next is called French energetic acupuncture. This is often used by MD acupuncturists. Meridian patterns are emphasized here particularly the yin-yang pairs of primary meridians.

Korean hand acupuncture is another as practitioners believe that the hands and feet have concentrations of qi, and that applying acupuncture needles to these areas is effective for the entire body.

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There is also auricular acupuncture where it is believed that the ear is a microcosm of the body. This means that acupuncture needles are placed on certain points on the ear so it can treat certain addiction disorders.

Myofascially-based acupuncture is often utilized by physical therapists as it involves feeling the meridian lines in search of tender points before applying needles as this is where abnormal energy flows.

Japanese styles of acupuncture referred to as "meridian therapy," tend to put more emphasis on needling technique and feeling meridians in diagnosis.

Review freelancing expertise contract professionals in the new-But acupuncture is not risk free. Hematoma may develop if the needle punctures a circulatory structure. It is also possible that pneumothorax may occur if the needle is inserted too deep. There is also the risk of HIV and hepatitis if the needle was not properly sterilized.

Now that you know what acupuncture is, you must not forget that it is merely an alternative and not a proper form of medical treatment. This means you should still be examined by a professional in the medical field who can determine the severity of your illness or disease.

For Free freelancing expertise contract professionals in the new

The imbalance in the Qi may go one way or the other because of Yin and Yang. The person can only be normal if there is harmony between the two which is what acupuncture is trying to achieve. This can only be restored by stimulating these acupuncture points so your Qi can be adjusted, balanced and harmonized.

Apart from using needles, practitioners also use friction, heat, impulses of electromagnetic energy and pressure to stimulate these points in order to balance the movement of energy in the body to reduce one's health.

An example of this is sonopuncture where an ultrasound device that transmits sound waves is applied to these points in the body. Some use a tuning fork and other vibration devices.

Analysis freelancing expertise contract professionals in the new

It cannot be argued that an accounting staff is needed to ensure the company's success. Without them, the success of the business is not guaranteed. So the owner of the business should choose the best accounting staff. That way, all the financial transactions and decisions are noted and studied. Only then can the company gain profits.

Profit & loss is just a simple accounting term. Aside from the term, you also learned about net earnings, net income, net worth, dividends, etc.

File Pdf freelancing expertise contract professionals in the new:There are so many chartered accountants all over the world. Choosing just one for your company or organization is an overwhelming task. You have to give a large portion of your time in searching for reputable chartered accountants as well as financial services. By exerting effort in your research, you will be able to find a good financial service provider.

It would be best to hire the services of chartered accountants as soon as you start your business operation. And you know what? Even individuals can hire the services of these accountants so that they can keep track of their financial matters, especially taxation. Money is very important.

Individuals as well as businesses need it for their everyday expenditures. It is therefore of great importance to keep track of all financial and money matters. Go ahead and search for the best financial accounting service online or even locally.

Instruction freelancing expertise contract professionals in the new

Acupressure is another example and here, the fingers are used to relieve the pain. This can be used by itself or with other manual healing techniques.

Impulses of electromagnetic energy are used because our bodies generate tiny but electrical discharges which influence the function, growth and maturity of certain types of cells. By inserting the needles in these areas, it stimulates and alters the neurotransmitters in the body thus making the patient feel better after treatment. This is also sometimes used for diagnosis and testing.

According to the World Health Organization or WHO, here is a list of some illnesses where acupuncture is used. These include acute bronchitis, the common cold, cataract, toothaches, gingivitis, hiccups, ulcers, constipation, diarrhea, headache and migraine, Meniere's disease, osteoarthritis and a lot more. In the US, acupuncture is often used to treat chronic pain conditions and mind body disorders.

example freelancing expertise contract professionals in the new

You can think of a session with the acupuncturist as very much like massage therapy. A good massage would help give you a very relaxing sleep that night and an acupuncturist could help you with your sleep as well. You might immediately start to feel drowsy as soon as the right nerves are stimulated by the acupuncturists needles.

You might be asking yourself how you'd be able to relax if you're suffering from the pain of the needles attached to your body. What you might not realize is that because of the thinness of the needles, you would hardly feel anything. The most that many people claim they feel is a kind of tingling feeling where the needles are. And that is actually a sign that the process is working,

Acupuncture is a practice that helps you use your bodies own ability to manage stress properly. This leaves you healthier, and more importantly, prevents any of the serious diseases that could come from unbalanced, stressful lifestyles.

freelancing expertise contract professionals in the new-But you have to remember that acupuncture is not permanent. It merely starts something that you have to finish on your own. Some smokers who go 2 or 3 times a week to the clinic will need to come back for follow up sessions in the future.

At the same time, you have to find ways to prevent yourself from picking up a cigarette. You can do this by staying away from people who smoke since you will be tempted to ask for a stick. You can create your own personal mantra which you repeat to yourself every time you have an urge.

Remember that this craving is only short term and will last only for a few minutes. You have worked so hard to leave this behind so stick to the path and stay smoke free.

*Learn freelancing expertise contract professionals in the new,*An infant will have a normal blood pressure reading of 80/45, where as an adolescent will have a normal blood pressure reading of 110/70. Therefore, age, gender, and height are important factors when determining the normal blood pressure level. Adults will have a higher blood pressure than the infants and teenagers. Also, boys have a higher blood pressure when compared to girls and tall people have a higher blood pressure than short people. An adolescent is said to have high blood pressure when the blood pressure is more than the blood pressure of ninety percent people of his/her age, gender and height.

There are many risks associated with hypertension or high blood pressure. The risk of developing coronary heart disease increases proportionally. The arteries will develop greater resistance towards the blood flow, because of which the heart will pump blood harder. Stroke is also another risk. Adolescents who have had high blood pressure as a child, develop harmful effects on the blood vessels and heart till the time they turn twenty.

The causes of high blood pressure can be classified as primary and secondary. If the causes are definite, they are primary and if the cause is linked to some illness, it is secondary. Primary causes are high blood cholesterol levels, smoking, stagnant lifestyle and overweight. Secondary causes are obesity, immobility due to chronic illness, prescription drugs, intense pain due to burns or cancer and illegal drugs. High blood pressure can develop due to hereditary reasons.

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The treatment is finished after an hour and when the needles are removed, you are advised to wear ear magnets so your session continues even when you leave the clinic. While acupuncture itself is a painless procedure, some smokers have claimed that they felt a prick or get sleepy.

Most smokers will have to come to the clinic 4 to 6 times before seeing any significant results. Just to give you an idea, one study shows that the respondents reported a decrease in the number of cravings to smoke just after one or two sessions. Seven out of 10 of the respondents were able to kick the habit after 5 or 6 sessions.

Because the number of test subjects is small, there are some who doubt the effectiveness of acupuncture. This is because although there are positive signs with regards to the short term effects of this technique, its effects were not sustained. This is why some medical journals have stated that it is unclear what acupuncture can do in smoking cessation.

Review freelancing expertise contract professionals in the new-Heat cramps are the mildest of all heat related injuries and constitute aching muscle cramps and also spasms that occur during intense exercising and also after intense exercising and also sweating in high heat. The symptoms of heat cramps include cramps that are painful in the legs. Flushed and moist skin is also symptoms of heat cramps. The symptoms could also include mild fever generally below 102 degree Fahrenheit. Teens suffering from heat cramps should move to a cool place and take adequate rest. Remove any excessive clothing and wear or put cool clothing on skin or cool skin using air conditioner or fan. Sports drinks which are cool and which contains sugars and salts can also be taken. Stretching out cramped muscles slowly and steadily also helps reduce heat cramps.

On the other hand heat exhaustion is more serious and severe compared to heat cramps and occur due to heavy loss of salt and water from the body. Extreme heat conditions, inadequate fluid intake and excessive sweating results in this conditions. Also, heat exhaustion occurs as a result of inability of the body to maintain the body temperature below the normal which can deteriorate further and also result in a heat stroke which is even worse. The symptoms of heat exhaustion are: muscle cramps, moist skin, pale skin, nausea, fever above 102 degree Fahrenheit, diarrhea, vomiting, fatigue, headache, weakness, anxiety and faint feeling. Teens suffering from heat exhaustion should stay in cool surrounding and take enough rest. Removing excessive clothing, putting on cool clothes and sitting in fan or air conditioning also helps the situation. Intake of cold sports drinks which contains salts and sugars are also advisable. If a teen doesn't show any signs of improvement even after taking all these measures a physician should be consulted immediately.

Happiness freelancing expertise contract professionals in the new

Family and school support is necessary to tackle the depression of the adolescent. Parents can get their children admitted in emotional growth schools, boot camps or wilderness programs, to solve the behavioral problems. These programs consist of non medical staff and confrontational therapies. But care must be taken as some of the programs can in turn harm children who are depressed and sensitive. Adolescents, who get caught due to criminal offense, should be taken special care of by their parents. It is best that the child face the consequences and learn a lesson from it. Depressed adolescents respond well to treatment if they are treated comprehensively and early. More than half of the adults are known to have depression when they were in their teens.

Diabetes in adolescents

Diabetes is a rapidly growing, serious health problem among youngster today. Above thirteen thousand adolescents are diagnosed for type 1 diabetes, every year in America. There has also been an increase in the number of teenagers with type 2 diabetes, which was more common among adults above forty and who were overweight. Clinics are reporting that nearly half of the new childhood diabetes cases are of type 2. Adolescents, who are obese and had type 2 diabetes in the family history, are at a greater risk of developing diabetes.

Challenge freelancing expertise contract professionals in the new-Although one test has proven that acupuncture can help migraines, other tests will also have to be done to prove if this is true. Until such time that other results are published, patients will have to rely on conventional medicine that is prescribed by a doctor.

But you don't have to wait for the results to come out. If you think it is worth a try, go for it. Just ask for a referral from your doctor as there are many practitioners who have accepted the fact that alternative forms of medicine can also help a patient.

You can also find someone online. You can be sure they are certified if they are recognized by the National Certification Commission for Acupuncture and Oriental Medicine.

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Results have showed that of 30 respondents in the test, majority showed functional improvement of various degrees depending on the age and severity of their disabilities. Some improvement was noticeable within a few TAC sessions, especially for drooling, spasticity (scissoring or tiptoeing), ataxia, and poor balance in walking. Functional improvement was noted after one to two courses of TAC. Most children tolerated TAC well, with only occasional pain and minor bleeding in some patients.

The reason why tongue acupuncture is being experimented with is because there is a connection between the tongue and the heart through the meridians that spread to all the organs in the body. It is believed that the points on the tongue can influence the state of the other body organs thus giving relief to the one suffering from autism.

But many believe that acupuncture alone cannot help autism sufferers. It has to be combined with other things like maintaining a certain diet to help improve one's mood and communication schools. Although it is only short term, it is better than nothing until a cure is found.

Best Seller : freelancing expertise contract professionals in the new-Precautions should not only be taken indoors, but outdoors too. This is because; more than forty thousand people get eye injuries outdoors. Ninety nine percent of the injuries are caused while playing sports. So it is necessary for the youngsters to wear protective eyewear while playing sports or when involved in outdoor recreational activities. A special helmet is designed with wire shield or polycarbonate face mask which is not only safe, but comfortable, too. Protective eyewear should also be worn while performing experiments in science lab. Fireworks must only be handled by adults.

Because of increasing use of computers, more and more youngsters are getting eye strains. The symptoms of eye strain caused by computer are red & watery eyes, focusing problems, aching & tired eyelids, eye muscle spasm, backache and headache. In such an environment, eye exercise must be done regularly. The eyes must be made to focus on distant objects and should be rotated from side to side. It is extremely important to give ample rest to the eyes. Glasses with UV shield must be worn when looking at the computer screen. Eye strain can be avoided by increasing the distance from the monitor.

Eye hazards are also caused when cosmetics are used improperly by contact lens wearers. Some of the adverse reactions are injury, eye irritation, allergy, dryness, infection, and lens deposition. That is the reason why adolescents must be made aware of the risk they will face when opting for contact lens. Girls should understand that they should buy hypoallergenic cosmetics and especially the non-scented variety, manufactured by big brand names. Cosmetics should not be shared with anything else. The applicator brushes must be washed regularly and old mascara must be disposed and not refilled. Eye shadows which are glittery, pearlized, frosted or iridescent contain ground tinsel or oyster shell, which should be always avoided. Eyeliner should not be applied in the inner lid edge. Loose powder should be avoided. Cream should not be applied near the eyes. The wearer should wash hands while handling contact lens. No crying, washing of face or bathing should be done with the contact lens on.

Power freelancing expertise contract professionals in the new

Once he or she knows the reason, this is the time that the needles are inserted into different parts of the body. One way is called the multi-targeted approach which is designed to lower the body's weight by increasing the output of the pituitary gland.

The areas where the needles will be inserted will be in the ear and in two of three body points. These areas could also include the mouth, the stomach, the lung, the endocrine, the spleen, kidney or thyroid.

During the initial treatment, the "Four Gate" points would be used to circulate energy throughout the entire body. It is also possible that electro stimulation will also be done to increase endorphin release and stimulate metabolism.

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If you want to pursue a career in acupuncture, you need to obtain a degree and become a licensed professional. This can easily be accomplished in three years of schooling from an accredited alternative medicine school which prepares students in the various acupuncture techniques to treat illnesses resulting from allergies, occupational stress, emphysema, gastrointestinal stress, arthritis, headaches, depression, and hypertension to name a few.

Students who enroll in such courses will be taught through demonstration, discussion and hands on application.

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*Study case freelancing expertise contract professionals in the new:*Should there be a school near where you live, you should probably take it so you don't have to worry about boarding and lodging as this is just added cost to this long term investment.

If you like the school but cannot afford the cost of tuition, find out if they offer scholarships or if they have a grant in aid program. If there are none, then check with the federal government because they should have one and they will give it to deserving students who plan to enroll in a school accredited by the National Commission for Acupuncture and Oriental Medicine. Some states do not require you to get a license once you graduate from the program. However, if you plan to practice this elsewhere, you should prepare yourself for the state board exam as this is a requirement.

Guide freelancing expertise contract professionals in the new

Acupuncture Could Help You Finally Manage Your Stress Levels

Today's world can fill the very busy individual with a lot of stress. Without some way of removing this stress from your system, you're placing yourself in danger from a lot of stress-related diseases. You might suffer from insomnia or headaches or very serious heart diseases.

You could take anti-stress pills to help you relax but, like me, you might also be worried about the side effects these pills could have. The good news is that you could try acupuncture at least once to see if it could help you manage the stress. It certainly couldn't hurt to try acupuncture if all you're after is stress relief.

If you find it doesn't work for you, then you can just easily stop taking acupuncture treatments. If it works, though, then you can say you've found a good treatment for stress that doesn't rely on those dangerous chemicals and pills.

Concepts freelancing expertise contract professionals in the new

These courses can be chosen on the basis of modules or on an hourly basis. The course material covers the history, theory and techniques of acupuncture. Courses that offer tools such as acupuncture DVD and video are ideal for acupuncturists or students of acupuncture to improve their clinical expertise.

Once you graduate from acupuncture school, some will open their own practice while others will first work for a clinic. Those who decide to be employed will work with other professionals that may include naturopaths, chiropractors and other specialists that are also into Oriental Medicine.

The average acupuncturist makes about \$45,000 a year but this can change in the years to follow as they add years of experience under their belt. This just goes to show that if you work hard, you too will make a fortune. Just make sure that you do this properly for each patient because one mistake could make this all go away.

Happiness freelancing expertise contract professionals in the new

The history of acupuncture is first discussed in an ancient Chinese medical text called the "Huang Di Nei Jing" or The Yellow Emperors Classic of Internal Medicine.

But there have been a few who are skeptic as archaeologists have found a 5,000 year old mummy in the Alps with similar acupuncture points in the body. This gives some people the idea that it was used even before the Chinese did but since there is no written text to prove that, no one is certain and credit to this ancient practice goes back to the Chinese.

In the 6th century, this knowledge moved to Japan. In the 17th century, a man by the name of Waichi Sugiyama wanted to make this procedure painless for the patient so he developed the insertion tube, a small cylindrical tube through which the needle is inserted. Believe it or not, this technique is still being used today.

Reading freelancing expertise contract professionals in the new

Accountants can also work as professors, or as researchers in schools or colleges. They can also become reviewers. If you have a knack for teaching, then this career path is for you. Although you won't directly get experience as an accountant, you will see that this career path in accountancy can also provide you with great opportunities.

You can also enter the government. Whether it is the local, state or federal government, you will see that they will constantly have openings for accounting jobs.

Being in the government can also produce a lot of great opportunities in your field. It will let you meet important people who can help you in advancing in your career and it will also provide you with great intensive training as an accountant.

Challenge freelancing expertise contract professionals in the new;

Being a CPA, a professional accountant, or a chief accountant are just few of the many careers in accountancy. There are still other careers out there that you can pursue for as long as you're a graduate of accountancy. How can you find the many careers in accountancy?

That's very simple. You can start by logging on to the internet. There are specialized websites that offer job opportunities in accountancy. You can search these sites and find a job opening that you can qualify for. Make sure that you send your complete resume to the employer or the employment agency. If you do qualify for the job, you will be notified or informed.

In choosing among the careers in accountancy, you have to know your strong points and weak points. That way, you can choose a career that best suits your capability. You must always remember to choose a career that you like. If you love your career, you will not ask for anything else; you will be contented.

Rating : freelancing expertise contract professionals in the new

Start now and look and look for a career in accountancy while you're still young. New accountancy graduates are produced every year and so you mustn't lose hope if you still don't have a career right now. Exert some effort and time and soon you will have a rewarding career.

If the church doesn't want to hire a skilled force of financial experts, they can simply make use of the church accounting software. Accounting experts designed the software and it can assist church officials in managing finances. The software engineers are already well-acquainted with the church's various needs and so they can easily tailor-fit a certain church's software according to its particular requirements.

The church accounting software is quite different from other software. Ordinary accounting software is designed to suit the needs of modern businesses. The church accounting software on the other hand focuses mainly on the necessities of the institution. The church has no ambition or any financial interest. Remember, the church is not being taxed by the government and so its expenditure and resources takes a different curve altogether. Aside from that, the church has several expenditure and income account heads.

For Free freelancing expertise contract professionals in the new

There's church accounting software in the market. The best place to purchase the software is online. The internet can provide you with a lot of resources regarding church accounting software. If you don't know much about it, you can gather information first before you even shop for the software. It really helps to know a bit of information about the software that you're going to purchase.

If your church needs the services of accountants, why not consider purchasing a church accounting software? There is reasonably priced software out there; you simply have to shop around first. You can even take advantage of free trials to see if the software is good enough for the church's financial activities.

Don't wait until things get screwed up, organize all your financial transactions.

Guide freelancing expertise contract professionals in the new

The bone marrow replaces small amounts of blood is lost due to some reason without making a person anemic. But in cases where considerable amount of blood flows in small amount of time as a result of an injury due to a serious example for instance, it may not be possible for bone marrow to replace RBCs so quickly resulting in anemia. Also, losing small amounts of blood over long periods of time may also lead to anemia. Example of this situation can be seen in girls who get heavy periods attributed mainly to deficiency of iron in the diet.

Anemia due to iron deficiency is the most common kind of anemia in the United States. It occurs mainly due to lack of iron in a person's diet. A teen with iron deficiency would have lower hemoglobin production and consequently lower RBCs. When the production of RBCs is low the person is regarded as anemic. The signs of anemia are paleness and tiredness. There can be other reasons as to why enough RBCs are not produced in the body. Folic acid and Vitamin B-12 are also essential to produce RBCs. Getting these in adequate quantities is this important too. There can be a problem with bone marrow's working too resulting in anemia.

Hemolytic anemia occurs when a person has RBCs whose lifespan is shorter. The bone marrow may not be able to produce new blood cells if the blood cells die too early. This can result due to many reasons including person having disorders like sphenocytosis or sickle cell anemia. In some cases the immune system of the body may itself destroy the RBCs. In some cases certain antibodies can form in the blood as a result of reaction to certain drugs or infections and may attack the RBCs.

*Study freelancing expertise contract professionals in the new-*It sounds like a made-up explanation with no basis in reality, but there are numerous scientific studies which support the effects of acupuncture. Although the exact scientific basis is still unknown, recent theories seem to suggest involvement of complicated neurochemical effects in the brain, nerve to spinal cord impulse modulation, and microscopic connective tissue changes.

What risks and side effects are of concern?

The use of things not completely understood for the treatment of medical conditions is nothing new. Penicillin and aspirin were used for decades solely on the basis of their beneficial effects, without doctors knowing exactly how they worked. Results are what are truly important. However, it is equally important is to ensure that the technique is used safely.

Obsession freelancing expertise contract professionals in the new

A course of acupuncture therapy will last anywhere from a few weeks to a few months. This depends upon the complexity of the particular medical condition. Results also vary, so it is important to have a frank discussion with the acupuncturist regarding expected results and their time frame. In general, the patient will begin to feel beneficial effects after three or four sessions. Certain specific conditions will actually get a little worse before improving so keeping informed is key.

In modern medicine, the use of traditional techniques with proven results has become a widely accepted practice. Acupuncture has proven its worth time and again. Modern practice guidelines make it effective, reproducible, and safe. It is a gift of healing from ancient sages that has the potential to bring relief to millions of people.

Preliminary studies have shown that acupuncture may provide symptomatic relief to children suffering from autism. Although difficult at first, it is believed that it is rewarding in the long run. This is because while conventional therapy and treatment requires that the child stay still, acupuncture doesn't. Some say it's a quick prick at the vital points in the body.

Reading freelancing expertise contract professionals in the new

These are some of the benefits of using an accounting software. However, don't purchase the first accounting software that you come across. You see, there are things to consider when selecting the proper accounting software for the business. You have to determine the software's functionalities. It should be user-friendly and most especially, it should resemble the paper counterparts so that you can run the software smoothly. Once you're familiar with the software's layout, you can already explore its functionalities.

If you can find software which combines the internet and e-commerce, the better; you see, there are a great number of accounting software sold in the market. If you want to enjoy all the benefits, you must be able to choose the finest accounting software that is suited to your small business.

In choosing an accounting software, you need to consider the number of your employees. You can find accounting software that is suited for small business with less than 25 employees. Other software is suited for large businesses with bigger numbers of employees.

observation freelancing expertise contract professionals in the new.

One can follow certain things to avoid allergies like people who have food allergies that contain should peanuts and any food containing smallest amount of peanuts. Also avoid using cosmetic that contain chemicals allergic to the skin. One can also avoid airborne allergies by keeping pets in restricted areas and away from bedroom. Replace carpets and rugs from time to time. Avoid keeping things that accumulate dust. And also clean the room and house frequently.

Anemia in Adolescents

To understand what is anemia one should begin with breathing. The oxygen that is inhaled simply doesn't stop in lungs. It circulates through out the body and fuels the brains also. Oxygen travels to all parts of the body through bloodstream and to be precise in the RBCs i.e. red blood cells. Now, these RBCs are produced in the bone marrow of the body and they serve as boats carrying oxygen in the bloodstream. RBCs have something called hemoglobin, a protein which holds oxygen. To make adequate hemoglobin body requires iron in plenty. The iron is supplied by the foods that we take along with other nutrients. When these RBCs are fewer in number than what is needed anemia occurs in the body. There can be 3 primary reasons: RBCs are lost due to some reason, the production of RBCs is slower than what is needed and lastly the body is destroying the RBCs. Different types of anemia are linked to at least one of these causes.

Investment freelancing expertise contract professionals in the new...

Acupuncture and Weight Loss
There are a lot of people who are overweight. For those who are obese, perhaps surgery is the best option but for those who can't, they can try to see if acupuncture can help take out the excess weight.

Acupuncture is a form of holistic healthcare that uses needles to help treat a patient. Unlike the cartoon where the balloon will pop and all the air will go out, the needles that are inserted into the vital points will stimulate the body to release endorphins thus helping the person control their appetite.

But before needles are inserted, the specialist will first ask the patient some questions and perform an examination. This is needed to understand the main cause for the person to be overweight.

Curse freelancing expertise contract professionals in the new

Third, acupuncture is used to treat pain. This is only a half truth because this holistic technique has been proven to do other things such as stop a person's addiction, lose weight and prevent certain illnesses.

Fourth, there are some who think that Asians are the only ones that can practice acupuncture. Since 1982, there are already 50 schools all across the country that teach students about this technique and become licensed acupuncturists.

This means that anyone who has the desire to learn about this ancient practice can do so and help treat patients. Just to give you an idea, there are at least 3,000 acupuncturists now working in the US.

example freelancing expertise contract professionals in the new-Services in Financial Accounting

Offices and companies have various activities everyday and that includes accounting. Whether the company is private or government-owned, it still makes use of accounting. Companies, offices, and various organizations or institutions cannot operate successfully without an accounting staff. However, having an accounting staff can get very expensive and so most companies resort to auditing services or financial accounting services. Chartered accountants are not hard to find; with the use of the internet, you can easily locate them and hire their services.

A company needs to seek help from a competent and experienced auditor or accountant so that all financial activities of the company are monitored and evaluated. This way, the company can gain a lot of benefits which can lead to its success. It is now easy to monitor the sales as well the operating expenses. All expenditures and income are recorded and the accountant can even provide you with strategies to help increase the profit and sales of a company.

Outsourcing is quite popular nowadays because it is a cost-effective measure for companies who want to cut-down their operation costs. That is why most companies are looking for services of chartered accountants. These accounting services can provide any company or organization with auditing services, company laws, taxation, and other related matters.

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A Primer on Medical Acupuncture

Have you ever had an uncontrollable urge to be pierced by a dozen needles? This is the image most people get when someone mentions the word "acupuncture". It comes as no surprise that most view this technique with suspicion, even downright horror. The fact is, however, that this relatively painless ancient Chinese technique has helped relieve the symptoms of millions of people. Properly used, it can help in the management of many medical conditions including chronic pain and fatigue.

How does needle puncture work?

Practitioners of Chinese traditional medicine believe in energy flows. This energy, called Qi, circulates around the body using pathways called meridians. Meridians run very close to the surface of the skin in certain areas and can be accessed by needles. Much like plumbing, these pipes can get blocked or go the wrong way, causing health problems. The insertion of needles at these points is aimed to help loosen blocks and normalize flow.

Revenge freelancing expertise contract professionals in the new

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History freelancing expertise contract professionals in the new

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History freelancing expertise contract professionals in the new

Obesity in Adolescents

Obesity and overweight are the second most major reasons of preventable deaths in America. Stagnant lifestyle and junk food is to be blamed for more than three hundred thousand deaths per annum. The sad thing is that this problem is on the rise. Obesity is a chronic disease which poses serious health risk to the health of an individual. Also, obesity is the easiest recognizable medical problem, but is very difficult to deal with.

People usually confuse obesity with overweight. Overweight is gaining of a few extra pounds. A person is considered obese when the total body weight is minimum ten percent more than the recommended weight for his/her body structure and

height. According to an estimate every year hundred billion dollars are spent on the obesity problem. It is very important to treat the problem as early as possible. Obese children between the age of ten and thirteen have eighty percent chances of growing into obese adults, unless they change their ways and adopt a healthier lifestyle. The obesity problem starts from the age of five and continue till adolescence.

Challenge freelancing expertise contract professionals in the new

Finding an Accounting Job

Now that you've finished your accounting course, it is time to find an accounting job. A lot of young adults are now wondering where to find the perfect job. They find it very difficult because there are not so many job opportunities out there. But if you only know where to look, you can get a job right away especially if you meet all the job qualifications.

When looking for a job, you should make use of all the available resources like a headhunter or an employment service, the local papers, and of course, the internet.

Consider the following tips when searching for an accounting job.

All you have to now is find a clinic that offers this service to customers so you will soon look radiant to other people.

Liberation freelancing expertise contract professionals in the new

Patients of acupuncture typically experience very minimal or no pain at all, however most of the points are located near nerve endings and muscle tissues. As the needles are embedded in the body, signals are sent to the brain thus promoting the release of endorphins from the pituitary gland.

There are also other points in the body that serve as gateways for better weight management. One of these placements promotes a decrease in an individual's appetite, while another has the ability to reduce water retention in the body. The acupuncturist may choose a multi-targeted approach, depending on the requirements of the patient.

freelancing expertise contract professionals in the new **Careers in Accountancy**

There are a lot of different careers in the accountancy field. It ranges from bookkeeping, auditing, until you reach the position of financial officer. As the position title goes higher, you can expect higher salaries. However, in order to achieve these positions and professional designations, you need to get an accountancy degree.

One of the very important milestones in the life of an accountancy graduate is becoming a CPA or Certified Public Accountant. How can you be a CPA? Firstly, you need to finish college, majoring in accountancy. A CPA exam is conducted and you have to pass it. If you want to be part of CPA firms, you need to comply with certain employment experience and requirements which could take about 2 years. After completion of the requirements, you will given a certification as proof that you're already a CPA. Now, you can offer accounting services to people.

Being a CPA is merely a stepping stone to an accountancy career. Controllers are the chief accountants of certain companies and offices. They are in charge of supervising the accounting system of the business. Controllers see to it that the business follows tax laws to maintain its legality and they are also responsible in preparing the business' financial statements.

example freelancing expertise contract professionals in the new

Consulting with a Professional Acupuncturist

There are a number of acupuncture practitioners in existence nowadays, offering a host of services. If you are considering this form treatment for your weight management, make sure that you settle with no less than a trained and professional acupuncturist. A poorly trained acupuncturist may not be able to pinpoint the specific meridian points and worse, may cause unnecessary bodily pain and discomfort.

Moreover, your acupuncturist may require an herbal supplement for your treatment, to encourage a longer-term effect. Your sessions need not be maintained for an extensive period; however you may be required to visit your acupuncturist during the entire course of the sessions.

There are other means for losing weight successfully, and this does not include crash dieting and strenuous work outs. If carried out by trained professionals, acupuncture can be the answer for effective weight management. While it is far from being a cure-all, it may just be the right weight loss solution for you.

Instruction freelancing expertise contract professionals in the new, Periodontal disease can be diagnosed by a dentist or a periodontist after reviewing the complete medical history and also physical examination of the teenager's mouth.

Usually x-ray of the teeth is taken to evaluate the disease. Periodontal disease is classified into different types based on what stage the disease is in. The mildest form of gum disease is known as "gingivitis" in which gums become swollen, red and tender resulting in bleeding while daily brushing and flossing. Gingivitis is again divided into 4 groups primarily acute, sub-acute, recurrent and chronic. Acute gingivitis is nothing but sudden appearance which lasts for shorter duration and could be painful. Sub-acute gingivitis is less severe type of gingivitis. Recurrent gingivitis is the one that comes back after treatment. Chronic gingivitis is the one that onsets slowly, lasts longer and is generally painless. A dentist's treatment and proper and continuous care can easily solve the problem of gingivitis but if left untreated could result in periodontitis.

Periodontitis is further classified into mild and moderate to advance. Periodontitis results from untreated gingivitis. In this stage the deterioration of the bone in the vicinity of the tooth becomes evident. The common symptoms include red gums that bleed; mouth tastes bad; loose teeth; tooth loss. Proper treatment is a must to control the disease and prevent further deterioration. Periodontitis which is in moderate to advanced stage shows signs of major loss of tissue and bone loss near the teeth.

There are various treatments available for periodontal disease which is decided by the dentist depending on teenager's age, medical history and health in general. The method of treatment also depends on the extent to which disease has reached. The tolerance of the teenager to certain medicines, therapies and procedures are also taken into consideration. Expectations and opinion of the parents or teenager is also the criteria in deciding the type of treatment. The treatment usually involves plaque removal, medication and in worse cases a surgery.

Best Seller : freelancing expertise contract professionals in the new...Accounting Terms – Profit & Loss and Other Terms

Different fields of study make use of certain terms that are not easily understood by others. If you're an accounting student or a professional accountant, you know the different terms used in accounting. One very popular term is profit & loss.

So, do you know what the term means? To start with, you have to determine what profit means. Profit can be referred to as net earnings or net income. Businesses can either sell services or even products. Profit will come from the sales of these services and products. If the costs of running a business are controlled, it can add up to the profits.

Profits are also called ROI or return on investment. However, this term is often limited to securities like bonds or stocks. But still, some companies use ROI to mean short or long term business outcomes. Taxable income is another term for profit.

Story of" freelancing expertise contract professionals in the new-Before you decide to have a session with them, talk to the acupuncturist to know their credentials. This will also give you the opportunity to find out how much do they charge as this can be from \$45 to more than \$100 per session.

You can probably ask for the name and contact number of a previous client so you can ask this person how everything went. Remember, if it doesn't work out for you, don't be afraid to find someone else who can do a better job.

The most important thing to do during the session is to relax. If you feel an itch or something, tell the acupuncturist. The same goes if you are nervous or experience a burning sensation so the specialist will take out the needles.

File Pdf freelancing expertise contract professionals in the new

There are things that patients have to be aware of before, during and after surgery. The same goes for those who undergo acupuncture because in order to enhance the value of the treatment, there are some do's and don'ts that patients have to follow.

First, you should not eat a large meal before or after treatment.

You should also avoid over exercising, engaging in a sexual activity or consume alcoholic beverages 6 hours before and after treatment.

Since the acupuncture session will last from 45 minutes to 2 hours depending on how often you have to go to the clinic, you better fix your schedule so you have time to rest.

Discovery freelancing expertise contract professionals in the new, Nicotine is the addictive and toxic substance present in a cigarette. This is the same substance that makes quitting a big challenge for most smokers. The nicotine that you get from smoking will attach itself to the pleasure areas in the brain, making it hard for you to stop. Without a steady stream of this substance, a smoker will tend to feel depressed and uncomfortable.

People who have undergone acupuncture treatment reported that they no longer find cigarettes as tempting or as satisfying. Oftentimes, smoking would leave an awful taste in their mouths prompting them to stop their habit for once. Some patients would even resort to eating mints or lozenges to clear to get rid of the terrible aftertaste.

According to skilled practitioners, approximately 7 out of 10 smokers will successfully extricate themselves from their smoking habit after 2 or 3 weeks. While the others are unable to quit totally, these smokers will be able to cut down on their cigarette consumption quite significantly.

Obsession freelancing expertise contract professionals in the new. Behold {the chronicles|the accounts} of bygone eras, {where|in which} the ink of scribes has {immortalized|preserved} {the narratives|the stories} of kings and commoners alike. This is not {a book|an ordinary book}; it is {a portal|a gateway} to {the epochs|the periods} that have paved {the way|the path} for {the world|the globe} we inhabit today.

History freelancing expertise contract professionals in the new

Instruments

Modern acupuncturists nowadays use disposable fine stainless steel needles that are 0.007 to 0.020 inches in diameter which are sterilized with either ethylene oxide or by autoclave. Since they are way finer than hypodermic syringe needles, being poked by these needles are relatively painless. The upper third of the needle is covered with either a thicker bronze wire or plastic to make the needle sturdier and easier to handle. The length of the needle and how far they are inserted is all up to the acupuncturist and his practised style of acupuncture.

Example Of Treatment

If a patient has a headache, he/she is diagnosed and is treated by stimulating the sensitive points located at the webs between the thumbs and palms. In acupuncture theory, these points are connected to the face and head and can be used for treatment of headaches and other ailments involved. Needles are then carefully inserted into the skin until the patient feels a twinge, which is usually accompanied by a slight involuntary twitching of the area. During this treatment, a number of things may occur.

- Sensitivity to pain in where needles are inserted.
- A hint of nausea during treatment in case of bad headaches.
- Near-immediate headache relief.