

Compassionate Careers Pdf Pdf

Compassionate Management of Mental Health in the Modern Workplace

2018-09-06 John A. Quelch This proactive guide brings the relationship between work life and mental well-being into sharp focus, surveying common challenges and outlining real-life solutions. The authors' approach posits managers as the chief mental health officers of their teams, offering both a science-based framework for taking stock of their own impact on the workplace and strategies for improvement. Areas for promoting mental wellness include reducing stress and stigma, building a safe climate for talking about mental health issues, recognizing at-risk employees, and embracing diversity and neurodiversity. Emphasizing key questions to which managers should be attuned, the book speaks to its readers—whether in corporate, nonprofit, start-up, or non-business organizations—as a friendly and trusted mentor. Featured in the coverage: · Mind the mind: how am I doing, and how can I do better? · Dare to care: how are my people doing, and how might I help? · Building blocks for mental health: how do I manage my team? · Stress about stressors: what is constantly changing in the environment? · Changing my organization and beyond: how can I have a greater impact? Compassionate Management of Mental Health in the Modern Workplace holds timely relevance for managers, human resources staff, chief medical officers, development heads in professional service firms, union or employee organization leaders, legal and financial professionals, and others in leadership and coaching positions. “Workplace mental health: Wow! A subject that frightens most managers. If they read this book, they will strengthen their own skills and transform their workplace and our society.” Donna E. Shalala, Trustee Professor of Political Science and Health Policy, University of Miami; former U.S. Secretary of Health and Human Services “Mental health is an underappreciated, and oft-misunderstood challenge that is growing in the modern workplace. This book provides leaders with practical advice to address mental health challenges in their organization and improve productivity and wellbeing. This is a topic that can no longer be ignored by leaders in any field, and a book that will fundamentally change the way we think about and help improve mental health in the workplace.” Dominic Barton, Managing Director, McKinsey & Company

Supporting compassionate healthcare practice

2018-10-11 Claire Chambers The pursuit of excellent compassionate care should be at the heart of all practice. However, it can be challenging for practitioners to deliver this day after day in a context of tight budgets and targets, which can erode the passion with which they entered their professions. Supporting Compassionate Healthcare Practice encourages healthcare professionals to look after themselves in order to maintain and develop their compassionate practice. This book considers how stress management, resilience, wellbeing and positivity can help all health professionals remain close to the values, attitudes and attributes that brought them into the caring professions. It presents and critiques the evidence base for these key concepts, bringing them to life with numerous case studies and examples, and develops a framework - RESPECT - for practice. This innovative volume is essential reading for all healthcare students, academics and professionals interested in improving both the quality of care and the wellbeing of patients and practitioners alike.

Handbook of Innovative Career Counselling

2019-07-20 Jacobus G. Maree This book examines a topic widely regarded as the most pressing in career counselling today, i.e., how to ensure that everyone receives career counselling and that all workers have the opportunity to engage in sustainable, decent work. The author holds that career counselling should not only advance workers' self- and career construction, helping them design successful career-lives and make social contributions, and live purposeful lives – it should also expound new theoretical approaches and interventions. Furthermore, the book criticizes global society for overlooking the basic needs of many workers, especially the most vulnerable and disadvantaged. An important feature of the book is its emphasis on promoting a creative and innovative approach to career counselling so as to better answer contemporary career-related questions. It offers guidance on how to advance entrepreneurship and help workers develop critical thinking, curiosity, creativity, collaboration, and communication skills. In this way the book promotes innovation in career counselling and maps the way forward in a theoretical and practical manner that helps clients 'flourish' rather than merely 'survive' in turbulent times impacted by the fourth wave in psychology, career counselling, the economy, as well as the 4th industrial revolution (Work 4.0).

Launching Your Career in Nursing and Midwifery

2015-12-01 Annabel Smoker Gaining a first job as a nurse or midwife is becoming not only highly competitive but an increasingly more complex process. This practical guide will help students get ahead of other applicants by picking apart the experience of applying for a job from start to finish. Readers will discover a wealth of information on career planning, continuing professional development and next steps. Accessible and user-friendly, this is an essential text for student nurses and midwives at any stage in their pre-registration education, and more especially for those in their final year, as they prepare for the move into qualified employment or further discipline specific study.

The Art of Compassionate Business

2023-12-01 Bruno R. Cignacco There are several well-ingrained assumptions regarding the dynamics of work and business activities, which can be refuted. Some examples of these widespread assumptions in business and work environments are employees being viewed as commodities, competitors perceived as threats, companies' resources seen as limited, and customers perceived as scarce and difficult. All this leads to the question: "Is there a way to perform business activities more humanely?" The second edition of this book challenges the reader to change the way they perform in business situations and become more focused on the human aspects of business activities. The users of this knowledge and those affected by them will undergo a profound transformation in the way they perform business activities. They will benefit from gradually testing and implementing the guidelines conveyed in this book, both in the business environment and in the workplace. When readers put these principles into practice, positive ripple effects are bound to affect other stakeholders of the organisation they work for or own. The author has refreshed all the concepts and examples introduced in the first edition which include aspects related to

mission and vision, passion, business mindset, organisational learning, improvement of business conversations, use of constructive criticism, and betterment of relationships with the most relevant stakeholders (customers, suppliers, intermediaries, community, employees, etc.). The author also includes a discussion of creativity and the innovation process as well as other relevant aspects related to a healthy business environment and provides various real-life examples of companies which have adopted a loving attitude towards their stakeholders – which has become so important in the current business environment.

Transform or Perish: Take Ownership of your Career Destiny

2021-10-01 Chong Tack Chun About the book, Transform or Perish: Take Ownership of your Career Destiny The COVID-19 pandemic has disrupted enterprises across many industries. To remain employable in times of uncertainty, Professionals, Managers and Executives (PME) will need to continuously adapt to changes at work and “transform” to be prepared for new job opportunities ahead. This newly launched book, Transform or Perish: Take Ownership of your Career Destiny, is an invaluable information resource for PMEs to embrace the new economy. It contains a repertoire of proven career transformation strategies and a collection of personal stories by senior PMEs and industry leaders who were successful in their own transformation journeys. There are also practical exercises to guide PMEs in developing their personal career roadmap.

Professional Development for Psychiatrists, An Issue of Psychiatric Clinics of North America

2019-08-07 Howard Y. Liu This issue of Psychiatric Clinics, guest edited by Drs. Howard Liu and Donald Hilty, will take a unique approach to examining Professional Development for those practicing in the field of Psychiatry. Under the guidance of series consulting editor Dr. Harsh Trivedi, Drs. Liu and Hilty will explore development issues that might emerge for practicing psychiatrists over the course of their careers. Topics covered in this volume will include: Defining Professional Development in Medicine, Psychiatry & Allied Fields; Developmental Approaches to Professional Development; Developing Clinical Skills; Professional Development in Academia; Model Programs in Lifelong Learning for Professional Development; The Role of Mentoring and Coaching; Career Transitions; Advanced Leadership Training; Contributing to Culture and Diversity of Leadership; Wellness, Work/Life Integration, Burnout & Resilience; and the Role of Technology in Professional Development.

Power Verbs for Job Seekers

2013-02-19 Michael Lawrence Faulkner Electrify all your job search communications and build the great career you want! The right verbs • make you unforgettable • powerfully demonstrate your value • attract employers like moths to flame Grab the right verb and use it the right way to: Craft outstanding résumés, cover letters, and thank-you notes Draw attention to your best achievements and accomplishments Get your face-to-face interview—and ace it Pitch yourself brilliantly, even if you only have a minute Weave crucial “soft skills” expertise into your career communications Prove you’re the person they’re looking for Jam-packed with examples drawing on thousands of years of storytelling, literature, and experience Indispensable for everyone who wants a rewarding, successful, well-paid career!

Careers in Focus

2008 Ferguson Careers in Focus: Nonprofit Organizations includes 20 career profiles for compassionate job seekers. Job profiles include:Alcohol and drug abuse counselorsCareer and employment counselors and technicians

Compassionate Careers

2015-03-23 Jeffrey W. Pryor Many young people today are seeking something more—purpose, meaning, a cause.Compassionate Careers is filled with examples of people who have meaningful jobs in cause-focused organizations. These stories capture their spirit, intelligence, imagination, and heart. The book is an inspirational guide to finding purpose-driven work and offers advice to anyone who feels that sitting on the sidelines is just not enough. It includes:Stories from people of all walks of life who have jobs that make a difference, including Bill Clinton, Jane Goodall, and Dave Matthews.Information on how to get started in a cause-focused career.An online assessment that identifies the type of organizational culture for which you are best suited.Exercises and resources for hands-on exploration of compassionate career opportunities.An old Yaqui Indian proverb reads, “If you have a choice of paths to take in life, take the path with a heart.” Compassionate Careers will show you how.

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