

SYSTEMATIZED AND IN-DEPTH CLINICAL APPROACH TO MEDICAL ACUPUNCTURE. COVERING BASIC CONCEPTS IN ANATOMY, PHYSIOLOGY, AND PATHOLOGY, CLINICAL INTRODUCTION TO MEDICAL ACUPUNCTURE WILL GIVE PRACTITIONERS THE CONFIDENCE TO APPLY ACUPUNCTURE AND ANCILLARY TECHNIQUES, SUCH AS NEEDLING, MOXIBUSTION, CUPPING AND ELECTROACUPUNCTURE, TO TREAT A WIDE RANGE OF ACUTE AND CHRONIC DISEASES AND CONDITIONS. FEATURES: SUCCINCT DESCRIPTIONS OF THEORY AND POINTS TIPS ON USING ANATOMICAL LANDMARKS TO ENSURE PRECISE POINT LOCALIZATION CLINICAL PEARLS ON HOW TO APPLY TECHNIQUES FOR COMMON CONDITIONS CLEAR ILLUSTRATIONS AND COMPREHENSIVE TABLES THAT SYNTHESIZE KEY INFORMATION ON INDICATIONS, ACUPUNCTURE POINTS, AND TREATMENT PLANS, IDEAL FOR QUICK REVIEW AND REFERENCE SHORT SELF-STUDY QUIZZES FOR EACH TOPIC AND A COMPREHENSIVE FINAL EXAM THAT HELP THE PRACTITIONER IDENTIFY AREAS REQUIRING ADDITIONAL STUDY DISCUSSION OF THE IMPORTANCE OF SELF-CARE AND CULTIVATION, QI GONG, AND OTHER TECHNIQUES TO ENHANCE HEALING THIS BOOK WILL BENEFIT NOT ONLY ACUPUNCTURISTS AND COMPLEMENTARY MEDICINE PRACTITIONERS, BUT ALSO WESTERN MEDICAL PRACTITIONERS IN FAMILY MEDICINE, PHYSICAL AND REHABILITATION MEDICINE, PAIN MEDICINE, NEUROLOGY, ONCOLOGY, RHEUMATOLOGY, GYNECOLOGY, DENTISTRY AND OTHER SPECIALTIES. PRACTITIONERS STUDYING FOR CERTIFICATION AND LICENSING EXAMS IN MEDICAL ACUPUNCTURE WILL ALSO FIND THIS BOOK AN INDISPENSABLE TOOL.

ACUPUNCTURE FELIX MANN 1973-01-12 Dr. Felix Mann, President of the Medical Acupuncture Society, is one of the outstanding Western practitioners of the ancient Chinese art, which he has been using for some years in London. In this complete revision of his 1962 book -- over half of which is entirely new material -- he describes in detail for the first time how acupuncture works from a scientific point of view, explaining the neurophysiological mechanism involved as well as the basic principles and laws according to the theories of traditional Chinese medicine. Written for both the layman and the medical profession, the book illustrates its points with case histories drawn from Dr. Mann's own patients in England.

MODERN CHINESE EAR ACUPUNCTURE Ping Chen 2004 This useful and well-organised text presents a great deal of information that can quickly be adapted for clinical facility. It precisely lays out the indications and applications for ear acupuncture, the characteristics of point selection, and the principles of prescription formation. Using charts and descriptions, anatomical areas and points on the external anterior and posterior surface of the ear are described and depicted. Each is identified with an English name and the international standard nomenclature for point reference. The distribution patterns and classification, and standard names, locations, and indications for roughly 87 ear points are provided. The theoretical basis and methods of ear diagnosis, including inspection, palpation, and electrical detection are described. Diagnostic indicators for 100 commonly seen internal and external diseases, OB/GYN diseases, dermal diseases, and ENT disorders are delineated. A variety of therapeutic methods are covered: seed acupressure, filiform needling, intradermal needle implantation, electroacupuncture, plum blossom needling, bloodletting, medicine injection, ear moxibustion, ear massage, medicated plasters, and magnet therapy. There is an extensive section dealing with treatments for more than 132 common disorders. Each includes a treatment prescription (primary and supplementary points), therapeutic methods (listed above, and selected according to appropriate indications), and clinical notes. Case studies with commentaries, from the clinical records of Dr. Yang Yun Bi, a physician at Huang Shan Medical School in Anhui Province, PRC, have been included where they correspond to the disorders presented.

CUPPING THERAPY FOR MUSCLES AND JOINTS Kenneth Choi 2021-03-23 “An important part of Traditional Chinese Medicine for thousands of years, cupping has recently gained widespread acclaim for its many benefits. It may look like some kind of torture and temporarily leave strange circles on your skin, but it’s so effective that everyone from professional athletes to famous celebrities is using it to improve their health and well-being. In this book, you will discover what cupping is, how it works, and which cupping techniques would be best for you. You will learn the science behind the suction and the many conditions and ailments it can alleviate.”--Back cover.

CLINICAL ACUPUNCTURE J. K. Patel 2001-04 It covers all the important aspects of acupuncture in a comprehensive manner . It provides a doctors not trained in acupuncture with a small manual from which he will get a birds eyes view of acupuncture.

SINGLE POINT ACUPUNCTURE AND MOXIBUSTION FOR 100 DISEASES Decheng Chen 2010 Single Point Acupuncture and Moxibustion for 100 Diseases is a comprehensive yet easy-to-follow guide to the clinical application of single point acupuncture and moxibustion therapy, with a special emphasis on methods and needle techniques. Single point acupuncture and moxibustion therapy differs from other forms of acupuncture in that only one point is selected during each session. The single point technique is noted for its quick therapeutic response and exceptional results, despite using far fewer points than traditional acupuncture therapy. It is a simple technique for practitioners to master, and patients are quick to extol the virtues of the single-point approach. Author Dr. Decheng Chen describes in detail how to treat one hundred of the most common clinical ailments, including headaches, neck pain, hypertension, and even the common cold. Dr. Chen uses both Western and traditional Chinese medical theory to describe his treatment methods. Each section consists of an introduction to the disease, a detailed explanation of the needle technique used, a case study of the treatment, and a discussion. With its easy-to-use format and step-by-step instructions, Single Point Acupuncture and Moxibustion for 100 Diseases is the definitive single point acupuncture guide for teachers, students, and acupuncture practitioners alike.

ACUPUNCTURE FOR EMERGENCIES Martin Wang 2018-08-09 Acupuncture is one of the therapies in Chinese medicine. It has been used for thousands of years for the treatment of various diseases. It is getting known by people in Western countries that it is useful for chronic diseases, such as chronic arthritis, migraine, diarrhea, but it can actually also be used for the treatment of many severe and emergent conditions, such as shock, coma, heavy bleeding, stroke, drowning, CO toxic, etc. Though the conventional medicine is good at saving life in emergency room, but it cannot prevent a later terrible trouble, such as a persistent vegetative status of the survivor, and it needs complex equipments to work. We believe that the combination of the conventional and the traditional ways would work better to solve emergency conditions faster and more efficient. This book intends to give an introduction for how acupuncture is used in these emergency conditions.

BASICS OF ACUPUNCTURE Gabriel Stux 2003-03-03 This work shows how it is possible to combine Western medicine with traditional Chinese concepts. It provides an updated review of the scientific bases of acupuncture and related research, and describes the Chinese systems of channels, functional organs and the most important acupuncture points.

ACUPUNCTURE IN THE TREATMENT OF CHILDREN Julian Scott 1991 Intended for those who are already practicing acupuncture and have some familiarity with the theory and practice of traditional Chinese medicine.

TRADITIONAL ACUPUNCTURE Dianne M. Connelly 1979

JAPANESE ACUPUNCTURE Stephen Birch 1998 This book is a practical guide to tools, skills, and techniques common to all acupuncture practice with emphasis on those that are uniquely or creatively Japanese. It is clear, direct, and completely illustrated with high-resolution close-up photography. The instructions are simple and concise so that they may be easily applied to the practice of any acupuncture tradition. FEATURES: * Covers traditional needle techniques - filiform needling, supplementation and drainage, and needle with moxa, all with several approaches * Moxibustion is covered in detail, as are instruments, intradermal needles, press tack needles and spheres * Describes in detail highly specialised Japanese techniques such as shonishinpo (treatment techniques for children), hiratazone therapy and manaka wooden hammer and needle, as well as techniques such as cupping which are used throughout Asia * Introduction covers modern Japanese training and practice, including a highly useful guide to root treatment * Includes suggested treatment protocols for clinical application

POCKET ATLAS OF ACUPUNCTURE Carl-Hermann Hempfen 2006 The PA of Acupuncture provides the reader with a brief overview of the history of acupuncture in China and Europe, it describes the underlying principles of Chinese medicine and how it differs from Western medicine, and it looks at the way Western medicine attempts to explain the effects achieved by acupuncture therapy. The main focus of this book is the presentation of the 361 classic acupuncture points giving details of their locations, the way they are classified, their actions and indications, as well as the needling techniques to be used. On the pages facing the descriptions, there are precise anatomical drawings showing the paths of the channels and the points located on them.

EVIDENCE-BASED ACUPUNCTURE Tang-Yi Liu 2013 The technique of acupuncture is easily acquired although the evidence of efficacy remains subjective. Before the evidence can be sorted out through scientific explorations, confidence on efficacy can rely only on literature search and sharing of expert experiences.

A MANUAL OF ACUPUNCTURE Peter Deadman 2007 Established as the most complete work on the channels, collaterals and points in English, A Manual of Acupuncture has become the gold standard text for students and practioners of acupuncture. Introductory chapters on the channels and collaterals, point categories, point selection models, point location and needling. Illustrations and text descriptions of all primary, extraordinary, divergent, Luo-connecting and sinew channels. The points of the fourteen channels and the extra points with their English name, Chinese name, and Chinese character. The most exacting and accurate anatomical point locations yet published in any English text with practical point location notes to assist in easy location. Nearly 600 illustrations, with a single dedicated illustration for every point. Point actions to aid the understanding and memorization of each point's principal qualities. Extensive lists of point indications taken from numerous classical and modern source texts and grouped for ease of reference. Substantial commentaries explaining in detail the principal historical and modern applications of the point, and drawing on classical and modern texts and the extensive clinical experience of the authors. Numerous classical prescriptions showing how the points have been used and combined through nearly two millennia of practice. Area illustrations showing the locations of the major points in each region of the body. Extensive indexes including an index of every point indication. *Acupuncture for Body, Mind and Spirit* Peter Mole 2014-06-21 Written by one of the UK's leading practitioners, this authoritative and accessible introduction to acupuncture reveals everything you need to know before you step into the acupuncture clinic. It includes: - how acupuncture goes beyond quick cures and is used as preventative medicine - the origins and theory behind Chinese medicine and acupuncture - the differences between diagnosis in acupuncture and Western medicine - what to expect in the treatment room and how acupuncture will help you. Comparing acupuncture with Western medicine and demonstrating how the two are complementary, Peter Mole provides answers to the questions most frequently asked by acupuncture patients, prospective patients, prospective students and people who have simply heard about acupuncture and want to know more.

MEDICAL ACUPUNCTURE Jacqueline Filshe 2016-03-10 Comprehensively revised and expanded with vital new content, the second edition of Medical Acupuncture continues to explore the realistic integration of acupuncture into conventional medicine. Advocating the Western medical acupuncture approach (WMA), this science-based compendium provides the trained practitioner with all the latest research on the effectiveness of WMA and its associated mechanisms, techniques, clinical practice and evidence. Medical Acupuncture demonstrates a variety of needling techniques and clinical applications within the context of WMA and its evolution from traditional Chinese acupuncture using current knowledge of anatomy, physiology and pathology alongside the principles of evidence-based medicine. Split into seven sections the book begins by establishing the roots of WMA in the Introduction and then progresses on to describe the mechanisms of action in Section 2, including peripheral components of stimulation and evidence

from neuroimaging. Sections 3 and 4 cover clinical approaches (eg, superficial needling, electroacupuncture, safety of acupuncture) and techniques related to acupuncture (TENS, laser therapy). Section 5 takes a closer look at the difficulties faced by trials and reviews while Section 6 goes on to showcase 21 clinical uses of WMA, ranging from chronic pain, mental health, obstetrics and primary care to sports medicine, respiratory conditions and neurology. The final reference section contains dermatome/myotome maps, meridian/channel charts and standard international nomenclature. Comprehensive coverage of the scientific evidence and clinical application of acupuncture in medicine balances the genuine benefits of acupuncture against unfounded claims Presents a wide range of treatable conditions from psychiatry and palliative care through to the pain clinic and veterinary medicine Clinical points boxes highlight key knowledge and learning Illustrated with over 130 drawings and photographs Content restructure and overhaul with contributions from over 40 world leading experts Individual chapters on the use of acupuncture for a wide range of medical conditions including gynaecology and infertility, cancer and palliative care, drug dependence, obesity, sports medicine, dentistry and veterinary practice Updated with the latest scientific evidence Expanded information on neuroanatomical and neurophysiological considerations in relation to the mechanisms of acupuncture

A PRACTICAL GUIDE TO CUPPING THERAPY Wu Zhongchao 2020-01-14 This comprehensive guide to Chinese cupping therapy details this traditional and effective treatment with extensive clinical examples, commentary, and detailed diagrams. Cupping therapy delivers healing effects by improving blood circulation, promoting smoother flow of qi through meridian points and dispelling cold and dampness in the body. It involves local suction on the skin through vacuum created by heating and subsequent cooling of the air in the cup. Because of its easy application and immediate effects, cupping therapy has been practiced in China since time immemorial and remains to this day as a form of traditional medicine for treating illnesses and enhancing health. With solid grounding in both theory and clinical practice, the author introduces the fundamental principles of cupping therapy and areas that require special attention, which are followed by techniques of cupping for targeted ailments. The book covers nine areas: internal medicine, surgery, ENT and ophthalmology, dermatology, andrology, gynecology, and pediatrics (with 73 common illnesses), as well as sub-health condition and health and complexion enhancement, with cupping options for various target skin areas. A Comprehensive Guide to Cupping Therapy contains: A therapy for healing, enhancing health and improving quality of life through the natural way of traditional Chinese medicine Techniques of cupping that can be quickly mastered to help yourself heal, with easy to follow illustrations Tips from a medical professional on having a better diet and life style to prevent illness and gain a healthy complexion.

CHINESE ACUPUNCTURE AND MOXIBUSTION Mao-Liang Qiu 1993 A textbook of acupuncture and moxibustion from a highly respected Chinese specialist of Traditional Chinese Medicine (TCM). Qiu is also well known in Europe following lecture tours on these therapies. The text discusses acupuncture and moxibustion from adialective materialist perspective, in keeping with importance the contemporary Communist state places on TCM for all the people. The text has been expertly translated from the Chinese by Richard Bertsinger (author of the ‘Golden Needle’). The original Chinese version of Chinese Acupuncture and Moxibustion was recently accepted by the All China Medical Board as the official teaching manual for students in China. Its scope and authenticity are unique among presently available Western textbooks. Comprehensive coverage includes: ♦ The more usual philosophy and history of Chinese traditional medicine ♦ Regular descriptions of the meridians and points ♦ Extra meridians and extra points ♦ Detailed sections on less well known therapies - scalp and ear needling, electro-acupuncture ♦ Abstracts from ancient texts, including the Odes ♦ Methods and styles of needling ♦ Discussion of the character patterns of disease

HAND ACUPUNCTURE THERAPY Hsin Chao 1997

ACUPUNCTURE - BASIC RESEARCH AND CLINICAL APPLICATION Gerhard Litscher 2018-10-09 This book is a printed edition of the Special Issue “Acupuncture - Basic Research and Clinical Application” that was published in Medicines

TRADITIONAL CHINESE MEDICINE CUPPING THERAPY - E-BOOK Ilkay Z. Chirali 2014-06-27 This new edition explores and describes techniques of cupping in the context of TCM theory. It provides a clear and detailed set of practical guidelines to applying this technique for various common conditions, and looks closely at issues of safety, expectation and theoretical principles of action. This new edition includes new scientific research on cupping therapy and the effect on the immune system as well as new material on muscular pain, stress management and cupping therapy and sports medicine. A dedicated website complements the text with video clips showing the eleven methods of cupping therapy. DVD containing 12 video clips showing the use of cupping in practice. Unique scientific research on cupping therapy and the effect on the immune system. LI>16 page colour plate section containing 63 halftones. New page layout including new features. Thoroughly revised and updated throughout with more details allocated to individual treatment and methods. LI>New material on muscular pain, stress management and cupping therapy and sports medicine.

ACUPUNCTURE AND THE CHAKRA ENERGY SYSTEM John R. Cross 2012-06-05 Acupuncture and the chakra energy system have both become increasingly mainstream in the West, but rarely have the two approaches been joined into one practice. Acupuncture and the Chakra Energy System: Treating the Cause of Disease does just that. By comparing the traditional approaches of Chinese medicine and modern Western acupuncture with the chakra energy system of Ayurvedic philosophy, author John Cross offers clinically proven strategies for treating the causes of conditions, not just the symptoms. The book describes the seven major and twenty-one minor chakras in detail and explains how each is related to the body’s aura, meridians, key points, endocrine glands, autonomic nervous system, and varying symptomatology. Focusing on how to use the chakras in the treatment of chronic physical and emotional conditions—osteo-arthritis, rheumatoid arthritis, low back pain with sciatica, insomnia, hypertension, depression, menopausal symptoms, and frozen shoulder, among others—Cross’s clear, in-depth explanations make his techniques easy for anyone to follow. Including appendices on how to use the chakras with copper and zinc needles and biomagnets, as well as which types of patients respond to such treatments, Acupuncture and the Chakra Energy System is a well-rounded guide for acupuncturists and other practitioners as well as interested students.

QIGONG EXERCISE THERAPY Jian’guo Zhang 1997

THE ART OF ACUPUNCTURE TECHNIQUES Robert Johns 1996-12-17 Acupuncture patients who want the nitty-gritty of such needling techniques as depth, placement, and needle type should read The Art of Acupuncture Techniques. It’s unique historical perspective preserves theoretical concepts that haven’t been taught in China since the Cultural Revolution. If you really want to know what’s going on during treatment, whether you’re seeking relief from a skin condition, angina, or infertility, it’s right on target.

MORE THAN ACUPUNCTURE Martin Wang 2018-04-16 Acupuncture has become more popular in recent years because it can help many patients who have not found relief through conventional medicine. As people have become more aware of acupuncture, they have lots of questions about how and why it works. This book attempts to answer the most frequent questions our own patients have asked during their visits. A better understanding of acupuncture can help patients cooperate with their acupuncturist for faster improvement of their illness. And because acupuncture is only a branch of traditional Chinese medicine (TCM), we also introduce other aspects of Chinese medicine in this book, including herbal therapy, cupping, bleeding, folk therapy, and more. The information of this book is based on the author’s own understanding about Chinese medicine and goes far beyond the scope of the standard Chinese medicine textbooks. Therefore, professional acupuncturists will also find it useful to expand their own knowledge about Chinese medicine.

PAIN RELIEF THROUGH TRADITIONAL CHINESE MEDICINE Naigang Liu 2022-10-10 Combining text and illustrations, this easy-to-understand book provides a comprehensive explanation of the causes of pain in the shoulders, neck, waist, legs, and knees. It offers detailed solutions from Traditional Chinese Medicine according to the various symptoms, addressing the individual characteristics of modern physiological pain. It also suggests easy and effective methods of pain relief for various parts of the body through simple and easy-to-use acupressure, complemented by a variety of natural and effective TCM treatments, such as gua sha, cupping, and food therapy, which can be done at home at any time. You will learn about: ·The principles and causes of pain. ·How to improve your lifestyle habits and prevent chronic pain. ·Commonly used acupressure point locations and TCM massage techniques for pain relief in various parts of the body. ·Both self-massage and family-assisted massage, which benefit the whole family. ·Other complementary physical therapy methods, including moxibustion, cupping, hot compresses, health exercises, and dietary therapy, which can offer all-around comfort through natural approaches. ·Professional daily healthcare advice and self-assessment methods.

ADVANCED MODERN CHINESE ACUPUNCTURE THERAPY Ganglin Yin 2000-01

THE GUIDE TO MODERN CUPPING THERAPY Shannon Gilmartin 2017-09 An ancient alternative technique that has found its right place in the modern world of healing. In recent years countless high profile athletes and celebrities have been sporting distinctive circular “cupping” welts on their bodies -- the back and shoulder area being most common. Dating back thousands of years, cupping is a form of alternative medicine. The cups create suction and help with pain, inflammation, blood flow, deep relaxation and can even provide relief for sciatica and sinus congestion. Massage Cupping body therapy is a modern and modified version of cupping therapy that creates suction and negative pressure through the use of both stationary and moving cups. These cups are available at pharmacies and do not use heat like old-fashioned glass cupping -- making them entirely safe and easy for home use. Shannon Gilmartin is a licensed and nationally certified massage therapist and certified vacutherapies educator who teaches this wonderfully diverse therapy and has witnessed the positive outcomes for patients. This book shares all her extraordinary professional and hands-on experience, so that everyone can experience the positive benefits of cupping. Nearly 200 step-by-step photos and full color pages make it easy to follow this expert instruction. The book includes: The history of cupping, the types of cups and the many therapeutic benefits of cupping from skeletal and muscular to the digestive and nervous systems What to expect after a cupping session including comprehensive safety and techniques information Applications for common conditions that range from stress and back tension to frozen shoulder, carpal tunnel syndrome, TMJD (temporomandibular joint dysfunction) and even acid reflux A section for speciality applications like athletic performance, prenatal therapy and working with inflammation (acute vs. chronic). A comprehensive and easy-to-read cupping therapy book, with plenty of practical suggestions. This must be one of the best cupping therapy books I have seen recently published. -- Ilkay Zihni Chirali, Author of Traditional Chinese Medicine Cupping Therapy

ACUPUNCTURE IN CLINICAL PRACTICE Nadia Ellis 1994-01-01

THE CLASSIC OF SUPPORTING LIFE WITH ACUPUNCTURE AND MOXIBUSTION: Lorraine Wilcox 2014-06-10 The Zh n J u Z Sh ng J ng (The Classic of Supporting Life with Acupuncture and Moxibustion) by Wang Zhizhong as translated by Yue Lu (with editing by Lorraine Wilcox) is an absolutely phenomenal resource for the clinical use of acupuncture and moxibustion. This text stands out amongst many of the Classics for several reasons: the first of which is that Wang Zhizhong was a keen researcher, who would not only compare source materials against each other, but also cite which source materials he compared, and how they were the same or different. Secondly, while Wang was a gatherer of information, he was also practical, and this book is filled with his many many pearls of how he used a point prescription, why and what the results were of his own tests of the material. Thirdly, to date there is no other classical material which is as complete in subject matter as the Zh n J u Z Sh ng J ng. Wang categorized not only the point locations, and how to use the points with what method, but systematically collated 196 disease patterns from the most exterior down to the deepest levels,

DOCUMENTING MULTIPLE PRESENTATIONS AND TREATMENTS FOR EACH PATTERN. LASTLY, WANG'S PRIMARY FOCUS WAS ON SUPPORTING OR NOURISHING LIFE THROUGH THE USE OF THESE TECHNIQUES, AND THEREFORE THERE ARE A SIGNIFICANT NUMBER OF THESE TREATMENTS THAT EITHER USE MOXIBUSTION AS THE PRIMARY TREATMENT METHOD, OR USE MOXIBUSTION AFTER THE PRIMARY TREATMENT METHOD. IN THE MODERN AGE, WE ARE EXTREMELY LUCKY TO HAVE ACCESS TO THE CLASSICAL SOURCES FOR EAST ASIAN MEDICINE, AND THIS IS PARTLY BECAUSE OF THE HARD WORK OF TRANSLATORS LIKE YUE LU AND LORRAINE WILCOX.