

A Complete Guide To Rubrics Assessment Made Easy For Teachers K College Pdf

Whether you teach young students or teens, this book is an invaluable resource for guaranteeing that the feedback you give students is engaging, informative, and, above all, effective.

A Complete Guide to Rubrics 2012 Audrey M. Quinlan This book takes a developmental perspective at the use of scoring rubrics to assess student work. Citing developmental characteristics of each age, the author presents examples and adaptations of assessment rubrics on a variety of subjects for teachers from kindergarten through adult/college. After a presentation of foundation information on rubrics, separate chapters are devoted to each grade level from primary through adult. Written so that each chapter can be addressed independently, the book provides additional chapters devoted to assessing technological topics and using rubrics with students with special needs. The final chapters provide practical information to help teachers to create their own rubrics and to convert rubric scores to letter grades. An updated annotated listing of recommended rubric websites is included.

A Complete Guide to Rubrics 2006 Audrey M. Quinlan Citing developmental characteristics of each grade level, *A Complete Guide to Rubrics* presents examples and adaptations of assessment rubrics on a variety of subjects. It features examples of teacher-created rubrics, Internet resources, and additional chapters devoted to assessing technological topics, including blogging. This book will be of interest to all educators who are required to assess student performance.

How to Create and Use Rubrics for Formative Assessment and Grading 2013 Susan M. Brookhart Whether you're already familiar with rubrics or not, this book is a complete resource for writing rubrics that assist with learning as well as assess it. Plus, you'll learn how to wisely select from among the many rubrics available for classroom use.

Rubric Assessment Goes to College 2013-01-25 Mary J. Goggins Selke Do you want to expand working knowledge of how to construct, revise, and implement rubrics with specific how-to's and plenty of examples? *Rubric Assessment Goes to College* provides effective college-level rubrics that are the right tools for the job of objective, comprehensive assessment and can be constructed almost as easily as constructing an ice cream sundae!

Improving Learning Through Assessment Rubrics: Student Awareness of What and How They Learn 2023-08-14 Gonsalves, Chahna Assessment by rubrics has emerged as a tool with great potential to guide successful student learning from a competency-based approach. Rubrics, as instruments that make it possible to share the criteria for carrying out learning and assessment tasks with students, are excellent roadmaps for student learning largely because they allow students to know what they are expected to do and what they are expected to achieve by carrying out the learning tasks. *Improving Learning Through Assessment Rubrics: Student Awareness of What and How They Learn* contributes to the improvement of what is being evaluated by identifying the strengths as well as the weaknesses of the didactic use of rubrics in the assessment of university learning. The book also provides a set of theoretical issues, methodological elements, and practical resources for the assessment of university learning using rubrics. Covering topics such as active learning, self-assessment, and teacher identity, this reference work is ideal for administrators, policymakers, researchers, scholars, academicians, practitioners, educators, and students.

Assessing Student Learning 2018-01-05 Linda Suskie *Assessing Student Learning* is a standard reference for college faculty and administrators, and the third edition of this highly regarded book continues to offer comprehensive, practical, plainspoken guidance. The third edition adds a stronger emphasis on making assessment useful; greater attention to building a culture in which assessment is used to inform important decisions; an enhanced focus on the many settings of assessment, especially general education and co-curricula; a new emphasis on synthesizing evidence of student learning into an overall picture of an integrated learning experience; new chapters on curriculum design and assessing the hard-to-assess; more thorough information on organizing assessment processes; new frameworks for rubric design and setting standards and targets; and many new resources. Faculty, administrators, new and experienced assessment practitioners, and students in graduate courses on higher education assessment will all find this a valuable addition to their bookshelves.

Assessment Rubrics Decoded 2020-03-27 Kelvin Heng Kiat Tan Rubrics offer concrete artefacts of what schools evaluate to be of merit, and what educators and schools value to be worth rewarding. *Assessment Rubrics Decoded* offers insights into a myriad of issues that affect, and are affected by, the construction of merit in students' learning and the articulation of (underlying) educational ideologies in the assessment of student achievement. Designed for both students and teachers – who should have parity of involvement in developing and using rubrics – this book covers the problematic issues of assessment in schools while offering readers practical solutions to navigating the ensuing tensions and dilemmas. The notion that rubrics may hinder assessment transparency is also discussed, with examples, to warn against uncritical use of rubrics that may discipline rather than help learners. The perspective of a school leader in providing assessment leadership to rubrics usage across a school is included for extending awareness of rubrics beyond classroom contexts. This provides an informed approach for teachers to understand the stakes and complexities involved in judging learning, and learners, whilst offering concrete options and suggestions to consider. This book will be a valuable resource for classroom teachers, school leaders, teacher educators and researchers interested in the field of assessment rubrics.

Gifted Or Just Plain Smart? 2023 Audrey M. Quinlan This book is designed to be a useful guide for all who work with gifted school-age children: parents, teachers, principals, and pre-service teachers in university settings.

From Standards to Rubrics in Six Steps 2010-10-18 Kay Burke Practical tools for translating standards to rubrics and ensuring high student achievement! Burke's six-step process helps educators create tasks that promote learning for all students and write rubrics linked straight to the requirements of state standards. Featuring templates and sample tasks, rubrics, and units, this updated bestseller shows educators how to create more complex performance tasks, work in grade-level or vertical teams, and: Apply the six-step process to link teaching and assessment to standards Build their own tasks, checklists, and rubrics Differentiate for special needs within standards-linked tasks Share checklists and rubrics with students for ongoing formative assessment and self-assessment

EdPsych Modules 2019-12-04 Cheryl Cisero Durwin EdPsych Modules uses an innovative modular approach and case studies based on real-life classroom situations to address the challenge of effectively connecting theory and research to practice. Succinct, stand-alone modules are organized into themed units and offer instructors the flexibility to tailor the book's contents to the needs of their course. The units begin with a set of case studies written for early childhood, elementary, middle, and secondary classrooms, providing students with direct insight into the dynamics influencing the future students they plan to teach. All 25 modules highlight diversity, emphasizing how psychological factors adapt and change based on external influences such as sex, gender, race, language, disability status, and socioeconomic background. The Fourth Edition includes over three hundred new references across all 25 modules, and expanded coverage of diversity in new diversity-related research. This title is accompanied by a complete teaching and learning package.

Social Studies for Young Children 2013-11-01 Gayle Mindes Social studies is at the heart of content in education and takes on society's best hopes for helping children become good citizens and winners in the global economy. In its comprehensive scope, *Social Studies for Young Children: Preschool and Primary Curriculum Anchor* fulfills the promise of social studies as an integrator of the knowledge and experiences of young children. Filled with strategies, activities and resources, this book helps teachers develop a holistic, culturally relevant approach to social studies and social learning. It surveys the relevant state and national standards and offers essential guidance on how to integrate them into the curriculum – while at the same time looking beyond the tests to foster young social scientists' development into critical thinkers and lifelong learners. Special features include: Children's literature to foster social studies understanding Digital media for teaching and learning Emphasis on cross-disciplinary synthesis

Purposeful Co-Teaching 2008-10-15 Greg Conderman Create powerful teaching partnerships that promote success for every student in inclusive classrooms! Ideal for both general and special education classrooms, this indispensable resource integrates interpersonal skills, instructional design, and teaching philosophy to guide educators through the beginning stages of co-teaching relationships toward smooth collaboration. The authors provide proven instructional strategies such as visuals, mnemonics, formative assessment, and more, for use within co-teaching partnerships. Additional resources include: Chapter activities and checklists for planning lessons Case studies from various subject areas and grade levels to illustrate the realities of co-teaching Resources such as books, videos, and helpful Web sites

The SAGE Encyclopedia of Online Education 2016-09-20 Steven L. Danver Online education, both by for-profit institutions and within traditional universities, has seen recent tremendous growth and appeal - but online education has many aspects that are not well understood. The SAGE Encyclopedia of Online Education provides a thorough and engaging reference on all aspects of this field, from the theoretical dimensions of teaching online to the technological aspects of implementing online courses—with a central focus on the effective education of students. Key topics explored through over 350 entries include: · Technology used in the online classroom · Institutions that have contributed to the growth of online education · Pedagogical basis and strategies of online education · Effectiveness and assessment · Different types of online education and best practices · The changing role of online education in the global education system

Online Education 2.0 2016-12-05 Kelli Cargile Cook The collection asks how faculty, courses, and programmes have responded and adapted to changes in students' needs and abilities, to economic constraints, to new course management systems, and to Web 2.0 technologies such as social networking, virtual worlds, and mobile communication devices. Addressing these questions it includes contributing voices from a wide variety of post-secondary, from urban and

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rural institutions and from technological and career colleges.

Remote Learning in Times of Pandemic 2021-09-30 Linda Daniela This edited volume examines the implications of COVID-19 on distance and online learning, discussing how the move to online teaching and learning modes proved to be a source of immense institutional, organizational, and educational challenges. With chapters grounded in theoretical and methodological approaches pertinent to education and pedagogy, the book explores the relevance of theory to the educational situation brought about by the pandemic and highlights the specific issues and challenges that distance learning has to account for in crisis situations. Key topics discussed include innovations and best practices in online learning, research, and management; developments in computer-supported collaborative learning, training, and research; the use of intelligent tutoring and mentoring systems in times of crisis; the role of university leadership and users' perceptions and attitudes to online teaching and learning. The book offers fresh insights into the specificity of distance learning in a pandemic and its effects in established working patterns. It will be highly relevant reading for academics, researchers, and post-graduate students in the fields of online learning, distance learning, educational technology, and pedagogy, as well as university administrators and those directly involved in online teaching.

Paths to Learning 2014-09-17 Barbara F. Tobolowsky Higher education institutions are more diverse than ever before, as are the students they serve. Because of this great diversity, there is no silver bullet—one approach—that will work for teaching all students in all circumstances. This book offers a succinct description of several pedagogical paths available to faculty that can actively engage all students. In addition to providing the most recent information on learning and assessment, individual chapters tackle different approaches, including critical pedagogy, contemplative pedagogy, strengths-based teaching, and cooperative/collaborative learning. While the discussion is grounded in theory, authors present examples of applying these approaches in physical and virtual learning environments. *Paths to Learning* is a valuable overview of engaging pedagogies for educators seeking to sharpen their teaching skills, which in turn, will help students become more confident and successful learners.

New Perspectives on Virtual and Augmented Reality 2020-05-31 Linda Daniela *New Perspectives on Virtual and Augmented Reality* discusses the possibilities of using virtual and augmented reality in the role of innovative pedagogy, where there is an urgent need to find ways to teach and support learning in a transformed learning environment. Technology creates opportunities to learn differently and presents challenges for education. Virtual reality solutions can be exciting, create interest in learning, make learning more accessible and make learning faster. This book analyses the capabilities of virtual, augmented and mixed reality by providing ideas on how to make learning more effective, how existing VR/AR solutions can be used as learning tools and how a learning process can be structured. The virtual reality (VR) solutions can be used successfully for educational purposes as their use can contribute to the construction of knowledge and the development of metacognitive processes. They also contribute to inclusive education by providing access to knowledge that would not otherwise be available. This book will be of great interest to academics, researchers and post-graduate students in the field of educational technology.

Learning and Collaboration Technologies. Human and Technology Ecosystems 2020-07-10 Panayiotis Zaphiris This two-volume set LNCS 12205 and LNCS 12206 constitutes the proceedings of the 7th International Conference on Learning and Collaboration Technologies, LCT 2020, held as part of the 22nd International Conference, HCI International 2020, which took place in Copenhagen, Denmark, in July 2020. The total of 1439 papers and 238 posters included in the 37 HCII 2020 proceedings volumes was carefully reviewed and selected from 6326 submissions. The papers in this volume are organized in the following topical sections: communication and conversation in learning; cognition, emotions and learning; games and gamification in learning; VR, robot and IoT in learning; and collaboration technology and collaborative learning. As a result of the Danish Government's announcement, dated April 21, 2020, to ban all large events (above 500 participants) until September 1, 2020, the HCII 2020 conference was held virtually.

Introduction to Rubrics 2005 Dannelle D. Stevens "This wonderfully compact introduction to rubrics will serve higher education teachers well [and] when departments or groups of faculty use rubrics as described in this book, they will indeed achieve the 'academic currency' sought today in higher education." -- Amy Driscoll, director of Teaching, Learning and Assessment CSU, Monterey Bay. You need rubrics if:* You find yourself repeating the same comments on most student papers* You worry that you're grading the latest papers differently from the first* You're concerned about communicating the complexity of a semester-long assignment* You question the consistency of your and your colleagues' grading scales * Grading is taking up far too much of your valuable timeResearch shows that rubrics save professors' time while conveying meaningful and timely feedback for students, and promoting self-regulated and independent learning. The reason rubrics are little used in higher education is that few faculty members have been exposed to their use.At its most basic a rubric is a scoring tool that divides an assignment into its component parts and objectives, and provides a detailed description of what constitutes acceptable and unacceptable levels of performance for each part.Rubrics can be used to grade any assignment or task: research papers, book reviews, participation in discussions, laboratory work, portfolios, oral presentations, group work, and more.This book defines what rubrics are, and how to construct and use them. It provides a complete introduction for anyone starting out to integrate rubrics in their teaching.The authors go on to describe a variety of processes to construct rubrics, including some which involve student participation. They demonstrate how interactive rubrics -- a process involving assessors and the assessed in defining the criteria for an assignment or objective -- can be effective, not only in involving students more actively in their learning, but in establishing consistent standards of assessment at the program, department and campus level. "A valuable resource for the new user in a content discipline and belongs in every faculty developer's library." -- Edward Nuhfer, Director, Center for Teaching and Learning, Idaho State University

Engaging Students 2012-06-01 Dianna P. Beirne It has become increasingly evident while working with in-service and pre-service teachers that educators are seeking meaningful solutions to teaching and learning. *Engaging Students: Using the Unit in Comprehensive Lesson Planning* provides the solution. Beirne and Velsor have constructed a new method to design, implement, and manage teaching and learning that blends the tenets of Constructivism, Bloom's Taxonomy, and Multiple Intelligence Theory—including their updates and revisions.

Handbook on Measurement, Assessment, and Evaluation in Higher Education 2017-07-31 Charles Secolsky In this valuable resource, well-known scholars present a detailed understanding of contemporary theories and practices in the fields of measurement, assessment, and evaluation, with guidance on how to apply these ideas for the benefit of students and institutions. Bringing together terminology, analytical perspectives, and methodological advances, this second edition facilitates informed decision-making while connecting the latest thinking in these methodological areas with actual practice in higher education. This research handbook provides higher education administrators, student affairs personnel, institutional researchers, and faculty with an integrated volume of theory, method, and application.

Creating & Recognizing Quality Rubrics 2006 Judith A. Arter The DVD contents 14 parts (72 min.).

Teaching for Results 2012-07-23 Matthew J. Jennings In addition to establishing a solid foundation of teamwork skills, *Teaching for Results* will explain how to use the structure of co-teaching to practically and effectively implement differentiated instruction in their classrooms. This essential guide will demonstrate to readers how to use best practices in differentiated instruction in order to effectively co-manage, co-assess, co-plan, and co-instruct a diverse group of learners in any general education classroom.

Introduction to Rubrics 2023-07-03 Dannelle D. Stevens This new edition retains the appeal, clarity and practicality that made the first so successful, and continues to provide a fundamental introduction to the principles and purposes of rubrics, with guidance on how to construct them, use them to align course content to learning outcomes, and apply them in a wide variety of courses, and to all forms of assignment. Reflecting developments since publication of the first edition, the authors have extended coverage to include:* Expanded discussion on use of rubrics for grading* Grading on-line with rubrics* Wider coverage of rubric types (e.g., holistic, rating scales)* Rubric construction in student affairs* Pros and cons of working with "ready-made" rubrics* Using rubrics to improve your teaching, and for SoTL* Use of rubrics in program assessment (case study)* Application of rubrics in the arts, for study abroad, service learning and students' independent learning * Up-dated literature review

Assessment for Teaching 2017-10-18 Patrick Griffin Grounded in contemporary, evidence-based research, the second edition of *Assessment for Teaching* provides a comprehensive introduction to assessment and teaching in primary and secondary school settings. Taking a practical approach to assessment and the collaborative use of data in the classroom, this text advances a developmental model of assessment which aims to improve student outcomes through targeted teaching interventions. Thoroughly revised and updated to include the latest research, this edition features expanded content on collaborative teaching, competence assessment, learning and assessment and self-regulated teaching and learning. Each chapter features learning objectives, reflective questions, an extended exercise to link course content with classroom practice, and end-of-chapter rubrics which help readers assess their own understanding and learning. Written by a team of experts from the Assessment Research Centre at the University of Melbourne, *Assessment for Teaching* is an essential resource for both preservice teachers and inservice teachers.

On Your Mark 2014-08-05 Thomas R. Guskey Create and sustain a learning environment where students thrive and stakeholders are accurately informed of student progress. Clarify the purpose of grades, craft a vision statement aligned with this purpose, and discover research-based strategies to implement effective grading and reporting practices. Identify policies and practices that render grading inaccurate, and understand the role grades play in students' future success and opportunities.

Knowing What Students Know 2001-10-27 National Research Council Education is a hot topic. From the stage of presidential debates to tonight's dinner table, it is an issue that most Americans are deeply concerned about. While there are many strategies for improving the educational process, we need a way to find out what works and what doesn't work as well. Educational assessment seeks to determine just how well students are learning and is an integral part of our quest for improved education. The nation is pinning greater expectations on educational assessment than ever before. We look to these assessment tools when documenting whether students and institutions are truly meeting education goals. But we must stop and ask a crucial question: What kind of assessment is most effective? At a time when traditional testing is subject to increasing criticism, research suggests that new, exciting approaches to assessment may be on the horizon. Advances in the sciences of how people learn and how to measure such learning offer the hope of developing new kinds of assessments—assessments that help students succeed in school by making as clear as possible the nature of their accomplishments and the progress of their learning. Knowing What Students Know essentially explains how expanding knowledge in the scientific fields of human learning and educational measurement can form the foundations of an improved approach to assessment. These advances suggest ways that the targets of assessment—what students know and how well they know it—as well as the methods used to make inferences about student learning can be made more valid and instructionally useful. Principles for designing and using these new kinds of assessments are presented, and examples are used to illustrate the principles. Implications for policy, practice, and research are also explored. With the promise of a productive research-based approach to assessment of student learning, Knowing What Students Know will be important to education administrators, assessment designers, teachers and teacher educators, and education advocates.

Assessing Student Learning 2010-07-30 Linda Suskie The first edition of Assessing Student Learning has become the standard reference for college faculty and administrators who are charged with the task of assessing student learning within their institutions. The second edition of this landmark book offers the same practical guidance and is designed to meet ever-increasing demands for improvement and accountability. This edition includes expanded coverage of vital assessment topics such as promoting an assessment culture, characteristics of good assessment, audiences for assessment, organizing and coordinating assessment, assessing attitudes and values, setting benchmarks and standards, and using results to inform and improve teaching, learning, planning, and decision making.

Using Rubrics for Performance-Based Assessment 2021-10-03 Todd Stanley Writing a rubric that can accurately evaluate student work can be tricky. Rather than a single right or wrong answer, rubrics leave room for interpretation and thus subjectivity. How does a teacher who wants to use performance-based assessment in this day and age of educational data and SMART goals find a way to reliably assess student work? The solution is to write clear rubrics that allow the evaluator to objectively assess student work. This book will show classroom teachers not only how to create their own objective rubrics, which can be used to evaluate performance assessments, but also how to develop rubrics that measure hard-to-assess skills, such as leadership and grit, and how to empower their own students to create rubrics that are tailored to their work.

Scoring Rubrics in the Classroom 2001 Judith Arter A practical guide to more effective assessment for improved student learning Learn how to be more consistent in judging student performance, and help your students become more effective at assessing their own learning This book o

Teacher-Made Assessments 2015-03-24 Christopher R. Gareis Assessment is not only a measure of student learning, but a means to student learning. This bestselling book guides you in constructing and using your own classroom assessments, including tests, quizzes, essays, and rubrics to improve student achievement. You will learn how to weave together curriculum, instruction, and learning to make assessment a more natural, useful part of teaching. Find out how to... ensure your assessments are fair, reliable, and valid; construct assessments that meet the level of cognitive demand expected of students; create select-response items and understand technology-enhanced items that are increasingly being used on assessments; use constructed-response items and develop scoring criteria such as rubrics; and analyze student results on assessments and use feedback more effectively. This second edition features updated examples that reflect the Common Core State Standards as well as other content standards and new, useful samples of teacher-friendly techniques for strengthening classroom assessment practices. No matter what grade level or subject area you teach, this practical book will become your go-to resource for designing effective assessments.

Designing Quality Authentic Assessments 2018-04-19 Tay Hui Yong This book examines the principles and practice of authentic assessment. It seeks to answer the following questions. What is authentic assessment? How is authentic assessment different from 'performance assessment' or 'alternative assessment'? How can authentic assessment support learner-centred education, especially when a performance-oriented culture favours pen-and-paper examinations? The book is structured into two major parts. The first, 'Principles of authentic assessment design', provides readers with a conceptual explanation of authenticity; the principles for designing quality authentic assessments for valid evidence of student learning; and guidance about how to develop quality rubrics to structure assessment tasks. The second part of the book, 'Theory into practice' provides examples developed by teachers to demonstrate an understanding of authentic assessment. The subject areas covered include humanities, languages, mathematics, sciences, character and citizenship. Two case studies are discussed to demonstrate how authentic assessment can be used to comprehensively address key learning objectives in a variety of curriculum contexts. This book provides practitioners with concrete examples on how to develop authentic assessment to suit their context and also enhance their students' learning. The book will also enable teachers to face assessment challenges present in our changing world.

Planning and Assessment in Higher Education 2011-01-25 Michael F. Middaugh PLANNING AND ASSESSMENT IN HIGHER EDUCATION Demonstrating Institutional Effectiveness In this era of increasing pressure on higher education institutions for accountability, Planning and Assessment in Higher Education is an essential resource for college and university leaders and staff charged with the task of providing evidence of institutional effectiveness. Michael F. Middaugh, a noted expert in the field, shows how colleges and universities can successfully measure student learning and institutional effectiveness and use these results to create more efficient communications with both internal and external constituencies as well as promote institutional effectiveness to support student learning. "How can the assessment of institutional effectiveness be used to provide a solid foundation for planning? Middaugh has crafted a comprehensive, practical guide that also explains what accrediting agencies really want and need to know about these topics." —Elizabeth H. Sibolski, executive vice president, Middle States Commission on Higher Education "Only Michael Middaugh, the unquestioned national leader in this field, could write such a lucid overview of how to make institutional assessment and planning really work as a tool rather than as a tedious requirement. He helped invent and shape the focus of national assessment rubrics and now offers his insights into how to make them work for your institution." —John C. Cavanaugh, chancellor, Pennsylvania State System of Higher Education "Middaugh provides extremely helpful and practical guidance and insights on how colleges and universities can use assessment tools and frameworks to improve both academic programs and administrative operations. A valuable and timely book for all higher education leaders." —James P. Honan, senior lecturer on education, Harvard Graduate School of Education

Assessment Clear and Simple 2010-03-02 Barbara E. Walvoord The first edition of Assessment Clear and Simple quickly became the essential go-to guide for anyone who participates in the assessment process in higher education. With the increased pressure to perform assessment to demonstrate accountability, Assessment Clear and Simple is needed more than ever. This second edition of the classic resource offers a concise, step-by-step guide that helps make assessment simple, cost-efficient, and useful to an institution. It contains effective strategies for meeting the requirements of accreditation agencies, legislatures, review boards, and others, while emphasizing and showing how to move from data to actions that improve student learning. This thoroughly revised and updated edition includes many new or expanded features, including: Illustrative examples drawn from the author's experience consulting with more than 350 institutions A basic, no-frills assessment plan for departments and for general education Tips on how to integrate portfolios and e-portfolios into the assessment process Suggestions for using rubrics and alternatives to rubrics, including doing assessment for multidisciplinary work Clear instructions on how to construct a coherent institution-wide assessment system and explain it to accreditors Ideas for assigning responsibility for general education assessment Strategies for gathering information about departmental assessment while keeping the departmental workload manageable Information on how to manage assessment in times of budgetary cutbacks Praise for the Second Edition of Assessment Clear and Simple "Walvoord's approach to assessment is wonderfully straightforward; it is also effective in facilitating faculty engagement in assessment. We've applied a number of her methods to our campus assessment efforts with success. This book makes assessment both manageable and useful in improving and enhancing student learning." Martha L. A. Stassen, director of assessment, University of Massachusetts, Amherst, and president, New England Educational Assessment Network (NEEAN) "Walvoord's work clearly presents the basics for getting started in assessment of student learning while honestly addressing the complexities of assessment when driven by faculty passion for student learning. This book is a valuable resource for the novice as well as the developing experts who are leading their institutions in academic assessment." Bobbi Allen, faculty assessment director, Delta College

Assessing and Improving Your Teaching 2013-09-06 Phyllis Blumberg In order to make appropriate changes to improve your teaching and your students' learning, first you need to know how you're teaching now. Figure it out for yourself and invigorate your teaching on your own terms! This practical evidence-based guide promotes excellence in teaching and improved student learning through self-reflection and self-assessment of one's teaching. Phyllis Blumberg starts by reviewing the current approaches to instructor evaluation and describes their inadequacies. She then presents a new model of assessing teaching that builds upon a broader base of evidence and sources of support. This new model leads to self-assessment rubrics, which are available for download, and the book will guide you in how to use them. The book includes case studies of completed critical reflection rubrics from a variety of disciplines, including the performing and visual arts and the hard sciences, to show how they can be used in different ways and how to explore the richness of the data you'll uncover.

Complete Comprehension 2019-05 Jennifer Serravallo

Rubrics 1999-03-28 Germaine L. Taggart What is a rubric? How can I implement them as evaluation tools? How can I make better use of my existing rubrics?

This bestseller answers these questions, providing you with all the necessary information to apply rubrics—from the classroom to the administrative office. Each chapter stands alone as a practical reference guide. The authors cover curriculum evaluation, student input into rubrics, cross-curricular approaches, rubric categories, specialty rubrics, and teacher evaluation. Easily adaptable samples, as well as plenty of descriptive scenarios, will give educators the information and confidence they need to create, utilize, and evaluate rubrics.

The Social Profit Handbook 2015-03-16 David Grant How to Articulate and Assess What Success Looks Like The Social Profit Handbook offers those who lead, govern, and support mission-driven organizations and businesses new ways to assess their impact in order to improve future work rather than merely judge past performance. For-profit institutions measure their success primarily by monetary gains. But nonprofit institutions are different; they aim for social profit. How do you measure the success of these social profit institutions, where missions are focused on the well-being of people, place, and planet? Drawing upon decades of leadership in schools and the foundation and nonprofit worlds, author David Grant offers strategies—from creating mission time to planning backwards to constructing qualitative assessment rubrics—that help organizations take assessment back into their own hands, and improve their work as a result. His insights, illustrated by numerous case studies, make this book a unique organizational development tool for a wide range of nonprofit organizations, as well as emerging mission-based social venture businesses, such as low-profit corporations and B Corps. The Social Profit Handbook presents assessment and evaluation not as ends in themselves but as the path toward achieving what matters most in the social sector. The result: more benefits to society and stronger, more unified, more effective organizations prepared to make the world a better place.

How to Give Effective Feedback to Your Students, Second Edition 2017-03-10 Susan M. Brookhart Properly crafted and individually tailored feedback on student work boosts student achievement across subjects and grades. In this updated and expanded second edition of her best-selling book, Susan M. Brookhart offers enhanced guidance and three lenses for considering the effectiveness of feedback: (1) does it conform to the research, (2) does it offer an episode of learning for the student and teacher, and (3) does the student use the feedback to extend learning? In this comprehensive guide for teachers at all levels, you will find information on every aspect of feedback, including • Strategies to uplift and encourage students to persevere in their work. • How to formulate and deliver feedback that both assesses learning and extends instruction. • When and how to use oral, written, and visual as well as individual, group, or whole-class feedback. • A concise and updated overview of the research findings on feedback and how they apply to today's classrooms. In addition, the book is replete with examples of good and bad feedback as well as rubrics that you can use to construct feedback tailored to different learners, including successful students, struggling students, and English language learners. The vast majority of students will respond positively to feedback that shows you care about them and their learning. Whether you teach young students or teens, this book is an invaluable resource for guaranteeing that the feedback you give students is engaging, informative, and, above all, effective.

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History a complete guide to rubrics assessment made:Acupressure is another example and here, the fingers are used to relive the pain. This can be used by itself or with other manual healing techniques.

Impulses of electromagnetic energy are used because our bodies generate tiny but electrical discharges which influence the function, growth and maturity of certain types of cells. By inserting the needles in these areas, it stimulates and alters the neurotransmitters in the body thus making the patient feel better after treatment. This is also sometimes used for diagnosis and testing.

According to the World Health Organization or WHO, here is a list of some illnesses where acupuncture is used. These include acute bronchitis, the common cold, cataract, toothaches, gingivitis, hiccups, ulcers, constipation, diarrhea, headache and migraine, Meniere's disease, osteoarthritis and a lot more. In the US, acupuncture is often used to treat chronic pain conditions and mind body disorders.

File Pdf a complete guide to rubrics assessment made

Suppose you're not a graduate of accountancy and you're already too old to attend classes in traditional classroom-based colleges. Don't you worry because there are now online colleges that let's you earn a degree in accounting from your very own home. You simply need an internet connection at home and then you have to comply with the requirements of the online college and that's it.

Are you already a CPA? If you're not, then you can also get a certification online. Comply with all the requirements and pass the exams and you can become a CPA.

State requirements vary when it comes to accounting degrees. You have to ensure that the accounting degree you've taken fulfills all the requirements of the sate you live in or in the state that you plan to have your accounting career.

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Although there are no studies which prove that one technique is better than the other, some patients are more comfortable with one type over the other.

Another question you should ask and discuss further is the length of the treatment. Patients who are suffering from a chronic illness will have to be treated over a period of months before any improvements can be seen. This will help you plan your schedule since you need to go to the clinic 2 to 3 times weekly.

The acupuncturist just like a medical doctor is there to help you get better. If you don't see any progress with this person, perhaps you should seek the help of another specialist.

What is Acupuncture?

What is acupuncture? It is a form of holistic healthcare that is used to prevent and treat certain diseases as well as relieve pain and anesthetize patients for surgery. Research shows that this began in China and has been practiced for more than 5,000 years.

Solutions a complete guide to rubrics assessment made

The earliest account of this is found in the book called Nei Jing which in English means the Yellow Emperor's Classic of Internal Medicine. The contents of this book date somewhere around 200 BC. Back then, they did not use metal needles and instead used those made out of stone, moxibustion and herbs to treat a patient.

Acupuncture prevents and treats diseases by inserting very fine needles into the skin specifically at the anatomic points of the body.

The principle behind this concept is that illnesses occur because there is an imbalance in your life force otherwise known as Qi. It is believed that this flows in 14 channels in the human body known as meridians which branch out to bodily organs and functions. If there is a blockage or obstruction in any of them, this is when you succumb to a disease or an illness.

Reading a complete guide to rubrics assessment made:Have you looked at the steps carefully? By now, you can already tell if you still have a chance to reach your goals or not. Age should not hinder your ambitions. Besides, by now you're probably a senior accountant in the company and you're earning big money. Still, if you're not contented with your current position, you can always take advanced career trainings to improve and develop up-to-date accounting skills.

Don't be left behind and don't stop learning. Bear in mind that every year, new accounting graduates are produced and you have to stay as competitive as ever to maintain your seniority in the office.

The licensing requirements for accountants vary from state to state. This is a very important consideration when choosing a degree program in accounting. Before you can take the exams to become a CPA, you will need a 150 hours course. By 2009, almost all the states in the US will follow the same requirements.

Investment a complete guide to rubrics assessment made

Advanced accounting career training is an essential part of career development and continuing education. Once you've accomplished the career training's key components, you will be prepared at all times in case unforeseen events or circumstances come your way.

For those individuals who practically hate their current jobs, why not take up advanced career training in accounting? In just a week's time, you will be ready to explore the accounting field. Don't hesitate to make changes if it's going to create positive results. Accounting careers pay good money and with a bit if dedication and hard work, you can be one of the top accountants in the business industry.

You can use the internet to find free advanced accounting career training. There are also paid trainings that you can choose from. For now, you have to look for the specific career training that you would like to take. Do some surfing on the net during your free time. You can even make a list of the top five career trainings that you come across on the net.

Study case a complete guide to rubrics assessment made

Basically, public accountants offer their services in partnerships. They offer their services to individuals, as well as businesses and the government. You need to remember that in order to become a public accountant, you need to be a certified public accountant in order for you to work individually or as part of an accounting firm.

Public accountants basically do jobs, such as taxation, auditing, as well as management advisory services. You should remember that this particular career is considered to be a stepping stone of most accountants. If you want to start your career as an accountant, being a public accountant is usually the first job that you have to take. Here, you will learn a lot of things about running a business and you will also increase your experience.

Another great thing about being a public accountant early on in your accounting career is that it provides a lot of great opportunities as it will give you lots of experiences, and become more in demand by companies to handle their accounts and income.

Read Only : a complete guide to rubrics assessment made...Nicotine is the addictive and toxic substance present in a cigarette. This is the same substance that makes quitting a big challenge for most smokers. The nicotine that you get from smoking will attach itself to the pleasure areas in the brain, making it hard for you to stop. Without a steady stream of this substance, a smoker will tend to feel depressed and uncomfortable.

People who have undergone acupuncture treatment reported that they no longer find cigarettes as tempting or as satisfying. Oftentimes, smoking would leave an awful taste in their mouths prompting them to stop their habit for once. Some patients would even resort to eating mints or lozenges to clear to get rid of the terrible aftertaste.

According to skilled practitioners, approximately 7 out of 10 smokers will successfully extricate themselves from their smoking habit after 2 or 3 weeks. While the others are unable to quit totally, these smokers will be able to cut down on their cigarette consumption quite significantly.

Challenge a complete guide to rubrics assessment made,The profit & loss of a certain company is determined by finance professionals through accounting. They can determine what created the profits as well as the losses. Accountants form some sort of business equation so justify the profits & losses of a business. By doing so, they can easily tell a company's net worth.

It seems that by simply starting to define one accounting term, it eventually leads to defining other terms as well. Net worth is another term that is quite difficult to understand. It refers to the resulting amount after deducting the liabilities of a company from the assets. Private companies refer to net worth as owner's equity. Why owner's equity? Well, after deducting all the liabilities, what's left basically belongs to the owner. In the case of public companies, the profit of the business is returned as dividends to shareholders. As you can see, before owner or shareholders of a company can take hold of the profits, all liabilities must be deducted first.

*Learn a complete guide to rubrics assessment made*___Chances are, you were consulting with a doctor prior to your visit to the acupuncturist. If there are any prescription medicines given, don't forget to take them.

You will not feel any improvement after just one or two visits with the acupuncturist. Just the same, you should write this down so you can go back to the acupuncturist on your next visit and tell him or her how you felt during the previous session. Such feedback will let the specialist know what needs to be modified in the future to help you with your problem.

The acupuncturist might give you some herbs to take as part of your treatment. Since you don't know if taking them will have any side effects with the medication you are taking, you should first consult with your doctor if it is safe to consume both.

The Best a complete guide to rubrics assessment made

What is acupuncture?

Acupuncture has surged in popularity for the last few decades as brought on by the recent health trend. Mostly known as a traditional Chinese medical technique, acupuncture is seen as a homeopathic method of treatment. While alternative medicine does raise a lot of eyebrows for the scientifically-inclined, it does merit attention before being dismissed as a quack cure.

Basic Procedure

Basically, needles are inserted into the skin, each corresponding to one of the numerous pressure points located throughout the body. According to Traditional Chinese Medicine, by inserting a needle into the pressure point, an acupuncturist can manipulate the flow of chi or life force, thus relieving pain and gradually treating the patient. While most would say that the whole chi thing is a bunch of nonsense, science has suggested that with the needles inserted, the body's natural painkillers called endorphins are released, thus helping with pain relief.

Fight a complete guide to rubrics assessment made-Instruments

Modern acupuncturists nowadays use disposable fine stainless steel needles that are 0.007 to 0.020 inches in diameter which are sterilized with either ethylene oxide or by autoclave. Since they are way finer than hypodermic syringe needles, being poked by these needles are relatively painless. The upper third of the needle is covered with either a thicker bronze wire or plastic to make the needle sturdier and easier to handle. The length of the needle and how far they are inserted is all up to the acupuncturist and his practised style of acupuncture.

Example Of Treatment

If a patient has a headache, he/she is diagnosed and is treated by stimulating the sensitive points located at the webs between the thumbs and palms. In acupuncture theory, these points are connected to the face and head and can be used for treatment of headaches and other ailments involved. Needles are then carefully inserted into the skin until the patient feels a twinge, which is usually accompanied by a slight involuntary twitching of the area. During this treatment, a number of things may occur.

- Sensitivity to pain in where needles are inserted.
- A hint of nausea during treatment in case of bad headaches.
- Near-immediate headache relief.

Power a complete guide to rubrics assessment made--Types of Accountancy Career

Now that you've taken up a course in accountancy, you probably know that there are various types of careers in accountancy waiting for you after you've graduated. If you pass the CPA examination, you will have higher chances in securing a position as a professional accountant.

Accounting in itself is considered an art. It involves analysis and interpretation of financial data. Do you believe that individuals and businesses need accounting one way or another? Aside from business establishments, individuals also make use of accounting in their everyday life. For instance, when you compute or evaluate your expenses, income, and other financial information, that is already considered accounting. Accounting is very important and because of that, it is considered an indispensable business tool. Big and small businesses, as well as individuals, need accounting.

Accounting is of several types and therefore, when you decide to look for an accountancy career in the future, you will notice that there also several types of accountancy careers available.

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Although there are risks if you decide to go undergo acupuncture, these can be avoided as long as the one doing it is a licensed professional who makes sure that the needles used are sterilized before they are inserted into the body.

These days, a lot of people in the medical field have accepted the fact that alternative medicine such as this can also help the patient which is why they may refer someone when it is needed.

So, if you are tired of experiencing the side effects of conventional medicine and want to try a holistic form of healthcare, why don't you see what acupuncture can do for you? It is painless and cost effective. In fact, it is just one of many you can try to help treat a chronic condition.

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In the 5th or 7th treatment, this becomes more evident as your face looks more relaxed as though you just came from a vacation.

The end result is that you will look and feel 5 to 15 years younger but of course this depends on how well the patient has taken care of themselves outside the confines of the clinic.

To sum things up, facial acupuncture can do for you. It can eliminate fine lines and reduce wrinkles, improve your overall facial color and add luster to the skin, relaxes tension in the face and furrows in the brow, brightens the eyes and reduce dark circles and puffiness, improve muscle tone for sagging skin, enhance your natural radiance in the skin and eyes, slow the aging process within, promotes overall health and well being as well as relaxes and revitalizes the entire body.

Review a complete guide to rubrics assessment made:Acupuncture and Weight Loss

There are a lot of people who are overweight. For those who are obese, perhaps surgery is the best option but for those who can't, they can try to see if acupuncture can help take out the excess weight.

Acupuncture is a form of holistic healthcare that uses needles to help treat a patient. Unlike the cartoon where the balloon will pop and all the air will go out, the needles that are inserted into the vital points will stimulate the body to release endorphins thus helping the person control their appetite.

But before needles are inserted, the specialist will first ask the patient some questions and perform an examination. This is needed to understand the main cause for the person to be overweight.

*Rating : a complete guide to rubrics assessment made.*Fifth, medical doctors do not believe in the potential of alternative medicine. This is not true because there are more doctors these days that are open to the idea that there are other ways to help patients aside from conventional medicine. In fact, some of them even recommend an acupuncturist if they know that what they have done is not effective.

Another myth is that every patient will undergo the four needle technique. This is not true and it will only be used when the specialist feels that the energy of the patient is virtually not moving as a last resort.

The seventh myth is that it is better for a medical doctor to perform acupuncture. This is wrong because the training is much different than that taught in medical school. Students who have an acupuncturist license train for 3,000 hours before they are allowed to practice this profession. So between an acupuncturist and a medical doctor, you should go with someone who has learned about this much longer.

*Study a complete guide to rubrics assessment made*___Being a CPA, a professional accountant, or a chief accountant are just few of the many careers in accountancy. There are still other careers out there that you can pursue for as long as you're a graduate of accountancy. How can you find the many careers in accountancy?

That's very simple. You can start by logging on to the internet. There are specialized websites that offers job opportunities in accountancy. You can search these sites and find a job opening that you can qualify for. Make sure that you send your complete resume to the employer or the employment agency. If you do qualify for the job, you will be notified or informed.

In choosing among the careers in accountancy, you have to know your strong points and weak points. That way, you can choose a career that best suits your capability. You must always remember to choose a career that you like. If you love your career, you will not ask for anything else; you will be contented.

Legend a complete guide to rubrics assessment made:Reactions And Research

Not everyone is impressed with acupuncture itself. Most western medical professionals have expressed either doubt or indifference to the oriental method while others have downright driven it down into the earth with criticisms and brutal skepticism. However, recent research shows the efficacy (or lack thereof) of acupuncture, and while more research has to be done, it has been proven to actually positively affect some, but not all, forms of ailments that it claims to cure.

So as the doors open to a new age of acupuncture, give it a try when you feel the need for pain relief and you will not be disappointed. As the Chinese have used it for many centuries, so should we.

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The clients can expect the representatives of Accounting Principals to listen to them and respect their needs. Representatives treat clients equally and honestly. They also maintain absolute confidentiality and keep their clients' best interests.

Client services offered by Accounting Principals include a variety of workforce solutions in finance and accounting through the company's branch network nationwide. Accounting Principals started out just like other companies so they know what these companies are going through. At present, Accounting Principals have a great number of client-companies all over the world.

The location of Accounting Principals is just perfect since Tulsa is city where the entrepreneurial spirit is nurtured. It's no wonder that the company is enjoying success. Through hard work and dedicated representatives (CPAs and MBAs), Accounting Principals still has a long way to go. The company can expect better years to come.

Best Seller : a complete guide to rubrics assessment made

If you look at the history of acupuncture, not much has changed since the needle technique used back then is still being used today. Even if various forms have developed through the years, one thing for sure is that it works.

In order for you to see how effective it is, you have to see a specialist who is not only qualified to treat your condition but also one is well trained.

The Soothing Effects of Acupuncture

Acupuncture is an ancient form of Chinese medicine that has been practiced for thousands of years. Commonly used to treat bodily pains, acupuncture actually has a wide range of uses that range from addictions, to injuries, to disease prevention. If you are thinking about trying acupuncture, the following will give you a better idea of its many benefits.

Rating : a complete guide to rubrics assessment made

If you are suffering from any of the ailments mentioned above, acupuncture may just be the remedy for you. Acupuncture is harmless, and is known to promote health and a sense of well-being. It is a healthy, chemical-free alternative to traditional forms of medical treatment.

Things You Should Know About Acupuncture

Acupuncture has been practiced for hundreds of years. To let you know more about this practice, here are a few things that you should know.

First, acupuncture is a holistic healthcare technique that involves inserting needles into specific points in the body. Studies have been conducted and it has been proven to treat ear, nose, throat, respiratory, gastrointestinal, eye, nervous system and muscular disorders.

*Reading a complete guide to rubrics assessment made...*There is a great consensus among the parents whether their children would outgrow asthma as they grow up. But the truth is it depends from child to child. While some children experience improvement in their teens others see asthma becoming even more severe. But almost half of the children who have asthma outgrow asthma as they grow although some symptoms may come back later.

Many parents have questions like whether their children can take part in sport activities. The answer is both yes and no. Some kids may get an asthma attack when they participate in exercises like running. But with proper management a teenager suffering from asthma can actively participate in sports. Special aerobic exercises can improve airway function. This strengthens the breathing muscles. Some of the ways that one can participate in sports is to follow the regimen of stretching the muscles prior to and after exercising, nose-breathe instead of breathing through the mouth and make sure that humidified air passes through the airways. Also parents should make sure that the adolescent has taken all prescribed medication supposed to be taken before they begin exercising. Carrying a reliever is a must for asthmatic teens which would come handy if asthma attack occurs. Asthmatic teenagers should make sure that they wear something over their mouth and nose to stop cold air from entering.

It is not easy for adolescent teens to attend school when they have asthma but it is not difficult also at the same time if proper coordination is made among the teenager, doctor, family and school employees. It is a good idea to consult teachers, nurses and other pertaining employees of the school and let them know that the teenager has asthma and may have special requirements. Also, let the school management know on medications the teenager regularly takes and how to help the teenager when an attack occurs. The school staff should be asked to treat the teen normally once the attack subsides. The physical education coach should also be informed about the condition so that he/she can let the kid stretch the muscles before any exercises or to deal with asthma attack induced due to exercises. Also, before admitting the teenager to a new school care must be taken to check the quality of air, irritants and allergens if any present in the school. The school staff should take considerations to avoid symptoms which could hamper the energy level kids. Also asthmatic teens should be assured from time to time that they are no different from others and asthma in any way does not slow them down, They need this emotional confidence otherwise they may have personality problems.

First a complete guide to rubrics assessment made:Cholesterol in Adolescents

Parts of adolescent's body are filled with a waxy stuff identified as cholesterol. It helps to produce vitamin D, cell membranes and certain hormones. Blood cholesterol comes from two different sources, liver within the body and food. The adolescent's liver produces enough cholesterol to carry out proper functioning.

The blood acts as the carrier of cholesterol and transports it to different parts of the body. They are transported in round particle form known as lipoproteins. There are two types of lipoproteins called the low density lipoproteins or LDL and high density lipoproteins or HDL. Low density lipoprotein or LDL cholesterol is commonly known as bad cholesterol. It helps in the building up of plaque in arteries and this condition is known as atherosclerosis. The LDL level must be low in the blood and if it is high it must be decreased. Healthy weight must be maintained and exercise should be done regularly. Food items which have high contents of calories, dietary cholesterol and saturated fat must be avoided.

High density lipoprotein or HDL cholesterol is the good cholesterol. It is actually a kind of fat in blood which helps to remove bad cholesterol from the body and stops the build up of plaque in the arteries. The more the HDL cholesterol in the blood the better it is. The HDL can be raised by at least twenty minutes of exercising daily, decreasing body mass and keeping away from food with saturated fat. Some adolescents need to take medications in order to increase HDL. In such cases, increasing HDL can be a complicated procedure and the physician can make a therapeutic plan to increase HDL in the blood stream.

Legend a complete guide to rubrics assessment made

The last is being a national income accountant. This type of career makes use of the social and economic concepts and not the concept of business entity. As a national income accountant, it is your task to provide a public estimate of the yearly purchasing power of a nation.

Now you know the different types of career in accountancy. To sum it all up, the five types are as follows: industrial or public accounting, public accounting, government accounting, fiduciary, and national income accounting. So, which of these five careers will you specialize in? You have to choose wisely because your future career will depend on it. While you're still studying, you can already determine which career path to take.

Plan ahead because by doing so, you can reach all your goals in life.

Power a complete guide to rubrics assessment made

A course of acupuncture therapy will last anywhere from a few weeks to a few months. This depends upon the complexity of the particular medical condition. Results also vary, so it is important to have a frank discussion with the acupuncturist regarding expected results and their time frame. In general, the patient will begin to feel beneficial effects after three or four session. Certain specific conditions will actually get a little worse before improving so keeping informed is key.

In modern medicine, the use of traditional techniques with proven results has become a widely accepted practice. Acupuncture has proven its worth time and again. Modern practice guidelines make it effective, reproducible, and safe. It is a gift of healing from ancient sages that has the potential to bring relief to millions of people.

Preliminary studies have shown that acupuncture may provide symptomatic relief to children suffering from autism. Although difficult at first, it is believed that it is rewarding in the long run. This is because while conventional therapy and treatment requires that the child stay still, acupuncture doesn't. Some say it's a quick prick at the vital points in the body.

Review a complete guide to rubrics assessment made,

Study a complete guide to rubrics assessment made

A group of children in the US participated in a test to see how effective acupuncture is among children. There are 22 respondents and each of them was given the treatment once every other day for four months.

After the treatment 20 out of the 22 respondents showed remarkable improvement. In fact 2 of them has cerebral blood flow. The only thing that did not change prior to treatment and after was the blood flow between the left and right cerebrum as it showed no differences.

Aside from traditional acupuncture to help children with autism, a preliminary study in Hong Kong is trying to see if tongue acupuncture can produce better results.

First a complete guide to rubrics assessment made

You can think of a session with the acupuncturist as very much like massage therapy. A good massage would help give you a very relaxing sleep that night and an acupuncturist could help you with your sleep as well. You might immediately start to feel drowsy as soon as the right nerves are stimulated by the acupuncturists needles.

You might be asking yourself how you'd be able to relax if you're suffering from the pain of the needles attached to your body. What you might not realize is that because of the thinness of the needles, you would hardly feel anything. The most that many people claim they feel is a kind of tingling feeling where the needles are. And that is actually a sign that the process is working.

Acupuncture is a practice that helps you use your bodies own ability to manage stress properly. This leaves you healthier, and more importantly, prevents any of the serious diseases that could come from unbalanced, stressful lifestyles.

Study a complete guide to rubrics assessment made

Heat stroke is the severest condition of all heat related illnesses. In this condition the body gets overwhelmed with excessive heat and the efficiency of the system that regulates body heat goes down considerably which can result in a serious emergency requiring immediate medical care. The symptoms of heat stroke include dry and warm skin, very high fever generally above 104 degree Fahrenheit, increased heart rate, appetite loss, nausea, headache, vomiting, fatigue, agitation, confusion, stupor, seizures, coma and possible death. A teenager experiencing symptoms of heat stroke should stay in a cool place and have adequate rest. Heat stroke is a serious condition and emergency attention should be sought by calling 911. In the meanwhile the affected teenager should be made free of excessive clothing and should be worn with cool clothes and also put cool water on the skin to lower the temperature. Placing ice bags in armpits also helps. Make the teenager drink cool drinks if the teenager is alert.

Heat strokes are very much preventable if certain precautions are taken like drinking adequate water during hot days, avoiding alcoholic and caffeine drinks, wearing light clothes, exercising in cooler time of the day, wearing sunglasses and hat, using umbrella on a hot day, applying sun cream with a spf of at least 15 etc.

example a complete guide to rubrics assessment made

Variations of Conventional Acupuncture

Auriculotherapy or ear acupuncture is one of the variations of conventional acupuncture. In this practice, it is believed that the ear provides a map for all the major bodily organs. A specific area or point on the ear corresponds to a particular organ, such as the heart, kidneys, or liver. Thus, the needles are placed in particular points around the ear and on the ear cartilage.

Staplepuncture is a method used in smoking cessation, wherein staples are placed for a certain period anywhere on the ear area to provide stimulation.

Indeed there is growing evidence that this traditional Oriental practice can rival any modern forms of treatment. If you are one of the many people who are looking for a widely recognized and time honored therapeutic practice, acupuncture may just be the alternative treatment for you.

Life Lessons from a complete guide to rubrics assessment made-Heat cramps are the mildest of all heat related injuries and constitute aching muscle cramps and also spasms that occur during intense exercising and also after intense exercising and also sweating in high heat. The symptoms of heat cramps include cramps that are painful in the legs. Flushed and moist skin is also symptoms of heat cramps. The symptoms could also include mild fever generally below 102 degree Fahrenheit. Teens suffering from heat cramps should move to a cool place and take adequate rest. Remove any excessive clothing and wear or put cool clothing on skin or cool skin using air conditioner or fan. Sports drinks which are cool and which contains sugars and salts can also be taken. Stretching out cramped muscles slowly and steadily also helps reduce heat cramps.

On the other hand heat exhaustion is more serious and severe compared to heat cramps and occur due to heavy loss of salt and water from the body. Extreme heat conditions, inadequate fluid intake and excessive sweating results in this conditions. Also, heat exhaustion occurs as a result of inability of the body to maintain the body temperature below the normal which can deteriorate further and also result in a heat stroke which is even worse. The symptoms of heat exhaustion are: muscle cramps, moist skin, pale skin, nausea, fever above 102 degree Fahrenheit, diarrhea, vomiting, fatigue, headache, weakness, anxiety and faint feeling. Teens suffering from heat exhaustion should stay in cool surrounding and take enough rest. Removing excessive clothing, putting on cool clothes and sitting in fan or air conditioning also helps the situation. Intake of cold sports drinks which contains salts and sugars are also advisable. If a teen doesn't show any signs of improvement even after taking all these measures a physician should be consulted immediately.

Reading a complete guide to rubrics assessment made.Amenorrhea is the condition in which the female skips her menses for more than three consecutive menstrual cycles. Amenorrhea is also classified as primary amenorrhea and secondary amenorrhea. Primary amenorrhea develops from the onset of menstrual periods. In this condition, the adolescent might not get periods when she enters puberty. Secondary amenorrhea is a condition where periods become irregular after a period of time and not from the start.

There are many causes of amenorrhea such as ovulation abnormality, eating disorders, birth defects, anatomical abnormalities, malnourishment, anorexia, bulimia, pregnancy, over exercising, thyroid disorder, obesity and other medical conditions. Out of these ovulation abnormalities are a common cause for absent or irregular periods. It is a must that an adolescent start getting menses at least by the age of sixteen. If not, anatomical abnormality, birth defect and other medical conditions are the cause. Adolescents who participate in sports actively and are athletic have a lower body fat content because of which they have absent menses. Even because of malnourishment, the body is incapable of sustaining pregnancy. So in turn the body itself shuts down the reproductive system and menses. Extra fat cells in the body interfere with ovulation and that is the reason why obese female have irregular menses. Amenorrhea is treated by dietary modifications, ovulation inhibitors and hormone treatment.

Challenge a complete guide to rubrics assessment made

Acupuncture treatment for smokers should only be done by a license professional. You can do some research online to find out if they are accredited by the National Commission for Acupuncture and Oriental Medicine, ask how long they have been in the profession, find out how many smokers they have helped and how much will they charge.

Once you have found one, you have to commit yourself to the program because both you and the acupuncturist have to work together to give up this habit.

Acupuncture can help smokers in the same way that it has helped addicts and alcoholics quit their addictions. You just have to try it even if you may not believe in it.

Solutions a complete guide to rubrics assessment made

Biotechnology in Mastering Biology is a comprehensive learning resource that covers different aspects of biotechnology. It includes flashcards and quizzes that assist students understand difficult concepts such as the function of the Pax-6 gene in vertebrates and flies. The resource also covers the process of inserting a human gene into a bacterial plasmid for cloning. It discusses the use of antibiotic resistance genes to recognize recombinant bacteria. Additionally, it explains the use of PCR in examining degraded DNA samples. The resource also addresses concerns related to the use of genetically modified food crops.

Liberation a complete guide to rubrics assessment made...Biotechnology in Mastering Biology is a comprehensive learning resource that covers different aspects of biotechnology. It includes flashcards and quizzes that assist students understand difficult concepts such as the function of the Pax-6 gene in vertebrates and flies. The resource also covers the process of inserting a human gene into a bacterial plasmid for cloning. It discusses the use of antibiotic resistance genes to recognize recombinant bacteria. Additionally, it explains the use of PCR in examining degraded DNA samples. The resource also addresses concerns related to the use of genetically modified food crops.

Opportunity a complete guide to rubrics assessment made

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Transformation a complete guide to rubrics assessment made

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Obsession a complete guide to rubrics assessment made-Biotechnology in Mastering Biology is a comprehensive learning resource that covers different aspects of biotechnology. It includes flashcards and quizzes that assist students understand difficult concepts such as the function of the Pax-6 gene in vertebrates and flies. The resource also covers the process of inserting a human gene into a bacterial plasmid for cloning. It discusses the use of antibiotic resistance genes to recognize recombinant bacteria. Additionally, it explains the use of PCR in examining degraded DNA samples. The resource also addresses concerns related to the use of genetically modified food crops.

Guide a complete guide to rubrics assessment made...Orthopedic Problems in Adolescents

Physical health problems encountered during adolescence can affect the development of the body, if not treated. There are few anatomic regions, such as spine, knee and ankle, in adolescents which can get orthopedic problems such as Osgood-Schlatter disease, and Slipped Capital Femoral Epiphysis.

Osgood-Schlatter disease is caused due to injury or overuse of the knee which causes swelling and pain in the area below the knee, above the shin bone. The patellar tendon and the soft tissues surrounding it gets inflamed, because of the constant pulling of the area where the tendon joins the below knee. Usually, adolescents who participate in sports actively and are athletic, such as football, basketball, soccer, ballet and gymnastics, tend to get the Osgood-Schlatter disease. Boys of age eleven to fifteen and girls of age eight to thirteen are at greater risk. The reason why adolescents get this problem is that their bones grow faster when compared to the tendons and muscles in this age and because of this the muscles and tendons stretch and become tight.

Fight a complete guide to rubrics assessment made

It doesn't matter if you are still in high school or if you are already working because a shift in your career could let you achieve your true calling.

The best way to start though is to talk with an acupuncturist about what it takes to become one so he or she will be able to give you an idea of what happens in the job.

If you haven't picked a school, talk to students about the curriculum so you get your money's worth should you decide to attend this college.

Curse a complete guide to rubrics assessment made

Forensic Accounting

Is there such a thing as a forensic accountant? Well, you might find it hard to believe but there are actually forensic accountants out there and it is a very good profession. Forensic accounting is used in areas like litigation support and investigative accounting.

Litigation support is very important and the forensic accountants play a very important role in it. But before it can provide litigation support, forensic accountants should first investigate the concerned company's financial operations. After the investigation, the forensic accountants will prepare the necessary information that will be used for filing civil or criminal court cases.

These accountants spend most of their time in the concerned company or enterprise. There they investigate, collect, and analyze all gathered financial data. In order to be a forensic accountant, one should be well-versed with the computer. You see, the analysis of the financial data is done mainly on computers. Excellent computer skills as well as knowledge in the specific accounting software used are critical if you want to become a forensic accountant.

Study case a complete guide to rubrics assessment made

The Skinny on Acupuncture Weight Loss

It has been found that weight gain is directly related to emotions. Other than physical hunger, people reach for a huge chocolate bar or a big platter of burger and fries because of the sense of comfort derived from food and eating. More often than not, excessive weight gain is an emotional issue, rather than a mere physical one. You may not realize it, but you tend to take in more food whenever you're stressed, upset, or pressured.

In Acupuncture, there are specific spots on the body being targeted by the hair-like needles. These spots are linked to certain areas in the body and by stimulating these spots; the patient will achieve a greater sense of inner balance. As these points are inserted by the needles, certain hormones are released throughout the body. These substances work by helping you manage hunger and efficiently control the impulse to overeat.

Project a complete guide to rubrics assessment made,Based on what the acupuncturist finds out about your sickness, he or she would then formulate the treatment that your body needs. With traditional Chinese medicine, sicknesses are seen as a kind of imbalance and loss of harmony between your bodies organs. You can consider the use of needles on your body as just a way to push your body and its organs back into balance.

The specialist would begin inserting very thin needles into the right places in your body. To many people, inserting these needles doesnt really hurt. After all, an acupuncturists needles are usually much thinner than the needles that are used for injections. Many have claimed that inserting these needles actually calms them down and relaxes them.

How does the use of these needles help you?

A lot of problems have been claimed to have been alleviated through this practice. These include headaches, the common cold, arthritis, back pains, asthma and even infertility.

Curse a complete guide to rubrics assessment made

Diabetes is a disease where the human body is incapable of producing or utilizing insulin. Insulin is a hormone produced by the body in order to get energy by converting starches, sugar and other items. Since the insulin isn't used properly in diabetic people, the blood sugar level increases. This glucose buildup is found in blood and is then passed onto the urine and comes out of the body and the major source of body energy is lost.

Diabetes is a serious chronic disease and should be handled at proper time; otherwise it can create serious problems. It can pose a risk and can damage parts of the human body such as eyes, teeth, gums, blood vessels, nerves, and kidneys. This is the reason why diabetes is responsible in most of the cases of adult blindness, kidney failure and lower limb amputations. And if left untreated, it can cause stroke, heart disease and eventually, death. These problems are not only faced by adults, but also adolescents who get diabetes in their childhood. The important factor in treatment of diabetes is to keep the blood sugar level normal at all times.

example a complete guide to rubrics assessment made

When will the cure be found? Only time can tell as there are many other questions that have to be answered in order for doctors to further understand neurological disabilities. Doctors who are conducting research believe that an interdisciplinary approach is needed given that acupuncture has shown positive results in helping children with autism.

Part of examination is to help the acupuncturist figure out where the needles will be inserted. Your pulse will give the person an idea on your general state of energy and the general health of your stomach.

You will also have to open your mouth and show your tongue to check for cracks, peelings or puffiness on the stomach area as this provides clues to why you are overweight.

Revenge a complete guide to rubrics assessment made

Depression in Adolescents

Depression in adolescents is a disorder which occurs due to persistent sadness, loss of interest, loss of self worth and discouragement. Depression is normally a temporary reaction towards situations of stress. Depression is a normal part of the maturation process of adolescents. It is even induced due to production of sex hormones. Adolescent females are depressed twice more than adolescent boys according to a study.

Adolescent behavior is normally marked with good and bad moods. The transition from a good mood to bad mood and vice-versa, can take minutes, hours and even days. That is the reason why true depression is very difficult to find out. Depression in adolescents can be caused due to bad school performance, break up with boyfriend or girlfriend, and failing relations with friends and family. These causes can lead to persistent depression. Other serious causes are chronic illness, obesity, child abuse, stressful lifestyle, poor social skills, unstable care giving and depression in family history.

Best Seller : a complete guide to rubrics assessment made

Once he or she knows the reason, this is the time that the needles are inserted into different parts of the body. One way is called the multi-targeted approach which is designed to lower the body's weight by increasing the output of the pituitary gland.

The areas where the needles will be inserted will be in the ear and in two of three body points. These areas could also include the mouth, the stomach, the lung, the endocrine, the spleen, kidney or thyroid.

During the initial treatment, the "Four Gate" points would be used to circulate energy throughout the entire body. It is also possible that electro simulation will also be done to increase endorphin release and stimulate metabolism.

a complete guide to rubrics assessment made...Along with doctor consultation, a psychologist must also be consulted who can deal with the emotional challenges of the adolescent. The family should also play an active role in making the youngster feel better. The family should work in collaboration with physician, dietitian and diabetes educators. Teachers, counselors, school nurses, day care providers, and other community members can provide extended support and guidance. They can provide help with transportation, mental health counseling, health education, social services and financial services.

Eating Disorders in Adolescents

Since the adolescence is the age where bones are sprout and grow rapidly, well nourished food must be given to the adolescent to facilitate normal growth & development. The nutritional intake must be monitored regularly and modified depending upon the growing needs. Teenagers tend to develop eating disorders which affect their nutritional health. The eating behavior must be corrected as early as possible as it can lead to the development of complex illnesses. Eating disorder is the third common chronic illness, especially in adolescent females and the number has been increasing rapidly from the past thirty years.

Power a complete guide to rubrics assessment made.These needles will be kept in place for 30 to 45 minutes depending on how much support is needed. These are then removed and replaced with ear tacs with adhesives to make sure they are in the same spot as the needles.

These ear tacs work by applying mild pressure whenever he or she feels hungry. It causes a mild endorphin release and helps the patient relax making it possible to use their willpower and resist the temptation to eat.

The patient will also have to reduce cravings on certain food by cutting down the intake. Some studies suggest that this can also lower insulin levels or lipid levels in the blood.

Rating : a complete guide to rubrics assessment made

Some patients will experience immediate relief after the first session but others will not experience anything at all. This is the reason that an average session should be done 12 to 15 times at least 2 to 3 times a week.

If acupuncture works for you, then the only thing you need are follow up sessions. This can be done twice every 2 weeks or monthly. It is really up to you. But don't forget to also see your regular doctor so he or she can also monitor the progress of your condition.

Types of Acupuncture

There are different types of acupuncture. Whichever you decide to use, they are designed to do the same thing and that is to relieve pain or treat certain diseases.

Project a complete guide to rubrics assessment made.The number of treatments you will need depends on the patient's condition. On average this could be from 10 to 5 treatments and 2 to 3 times a week. How much it will cost also varies as this could be from \$40 to \$150. Some insurance companies and HMO's now cover that or partially so you should check if this is included in your policy.

Anyone can try acupuncture to relieve pain or prevent one but many practitioners decline to see someone during pregnancy. But if you have already started, it is generally safe to do so until the infant is born.

Some acupuncturists may ask you to take in some herbs as part of the treatment. Since you have no idea what it can do, have this checked first by your local doctor to make sure this is safe as this could interact with the drugs you are taking causing side effects.

The Best a complete guide to rubrics assessment made

Every business aims to get a good and positive figure because that would mean profit to them; if not, the business is at a loss. Societies and economies are built on profit. However, there are times when a certain business incurs losses. Consumer behaviors and economic trends change. Because of this fact, it is not possible to foresee the company's future performance at all times.

How can you tell if a business is at a loss? That is understandable and even those who have no background in accounting know what it means. All liabilities will be deducted from the assets and if results to a negative amount, then the business is at a loss. The accounting staff of the company can still pursue effective measures to revive the business. If the business has efficient and effective accounting staffs, the business can improve in the near future.

Happiness a complete guide to rubrics assessment made:Government service – you can look for job opportunities in the state or federal level. Government accountants are responsible for tracking costs, budgets, and analyzing the various government programs that involves huge amounts. Being a government accountant can give you the chance of improving the conditions of the poor however, due to political influence, your will experience bureaucratic impediment.

If you want to become a government accountant, you have to think twice because the public usually think differently of those in position. But it doesn't really matter what other people think as long as you're doing your work honestly and effectively.

Commerce – accounting groups are maintained by corporations, whether big or small. The groups of accountants prepare and organize all the financial statements, handle tax issues, track costs, handle international transactions, and a lot more.

History a complete guide to rubrics assessment made:The duration of your treatment varies depending on the nature of your problem. Some are easy to fix compared to others especially if you are dealing with something long term. For instance, alcoholics and drug users may quit their vices after 3 or 4 months while those suffering from a disease like autism will take years as there is no know cure yet for the this illness.

Before the needles are inserted, you need to undergo a physical examination and answer a few questions. There are risks involved even though it is a painless procedure because the needle might hit something vital inside but if the specialist is good, then there is nothing to worry about.

You may notice a spot of blood when the needles come off. But if you are concerned about it, talk to your acupuncturist so he or she can prescribe something.

Challenge a complete guide to rubrics assessment made

Before this person does anything, you will first have to answer a few questions. You will then be given a physical exam to check your pulse and observe the shape, color and coating of your tongue. Other things that are checked will be the color and texture of the skin and your posture as this will give clues to your health. Only then will you be told to lie down on a padded examining table and the needles are inserted to the skin. The difference with this kind of needle is that they twirl and jiggle each time they are pushed further into the body.

You may not feel them at all and if you do, it will only be a twitch that soon goes away. Once they are in place, this will be left there for 15 to 60 minutes that may make you feel very relaxed and sleepy that you may even doze off. Once the session is complete, the needles are removed and you will be on your way.

Obsession a complete guide to rubrics assessment made

You can go for a forensic accounting career if you're interested in an interesting yet lucrative job. Upward mobility is very much possible and that means higher salary as well. This career is a great potential especially in the coming years.

While you're still young or you're about to pursue a college degree, why not take up accountancy? Who knows, you might become one of the best forensic accountants in the country. This is an opportunity that is difficult to turn down especially if you want to earn big money.

Don't expect too much from a free accounting software. Since it is free, it can't offer the same features and functions as that of a high-end accounting software. This free software is simple and easy. It can only handle the accounting needs of homeowners and small businesses. The software focuses mainly on simple accounting management. By taking advantage of the free software, you can already perform the basic accounting tasks that paid software's do.

Concepts a complete guide to rubrics assessment made

Eight Myths About Acupuncture

There are a lot of myths with regards to acupuncture. Some of these are true; others are silly while the rest only have a half truth. As you read on, you will learn which ones are worth believing.

The first myth is that acupuncture is painful. This is not true because those who have tried it claimed they only experienced a tiny prick while others did not feel anything at all. There is no tissue damage when the needle is inserted into the skin or pulled out and only in very rare cases are there traces of bruising.

The second myth is that you can get hepatitis or AIDS from acupuncture. This is true only if the needles used are not sterilized. In the US, this will never happen because acupuncturists are required to use disposable needles thus you are not at risk from these two diseases.

Transformation a complete guide to rubrics assessment made

Acupuncture in the Western World

One of the most debated issues between the East and the West is the use of acupuncture as a western means of medical treatment. Even though this form of medicine has been used as an effective method for over five thousand years in China, there is no concrete evidence from scientific research studies that have proven the healing properties of acupuncture.

Skeptics shrug off the positive effects of acupuncture as merely placebo effects. Believers in acupuncture, however, say that the benefits have simply not yet been proven. Believers promote that the treatment is harmless and can be used as a complement to western medicine.

Learn a complete guide to rubrics assessment made___**Acupuncture Can Help You Quit Smoking**

Smoking is one hard habit to break. If nicotine patches and gum doesn't work, perhaps you should try something else like an alternative form of healthcare like acupuncture.

Acupuncture is an ancient practice involving the use of needles. This instrument is inserted into the skin to allow you energy or Qi to start flowing freely around your body and thus help you quit smoking.

When you go visit an acupuncturist for the first time and tell him or her that you want to quit smoking, after answering some questions, the specialist will carry out an examination of your ears and search for areas where the energy is low.

Investment a complete guide to rubrics assessment made

Is Acupuncture The Remedy for You?

With the growing acceptance of alternative medicine in Western cultures, acupuncture is quickly becoming a popular practice. More and more people today are choosing acupuncture over western medicine to treat bodily pains, relieve stress, or to promote overall health. If you are thinking about trying acupuncture but are wondering if it is safe or if it's the right treatment for you, the following information may aid you in making a more informed decision.

Description and Origin

Acupuncture is the practice of inserting fine needles into specific points in the body for therapeutic purposes. According to theory, these specific points called "acupuncture points" lie along pathways of the body along which one's vital energy is said to flow. The needles are used to promote free-flow of energy in areas of the body that circulation may have stagnated. Although acupuncture is practiced in many Asian cultures such as Japan, Tibet, and Korea the practice is commonly known to have originated in China.

Rating : a complete guide to rubrics assessment made:**Acupuncture Could Help You Finally Manage Your Stress Levels**

Today's world can fill the very busy individual with a lot of stress. Without some way of removing this stress from your system, you're placing yourself in danger from a lot of stress-related diseases. You might suffer from insomnia or headaches or very serious heart diseases.

You could take anti-stress pills to help you relax but, like me, you might also be worried about the side effects these pills could have. The good news is that you could try acupuncture at least once to see if it could help you manage the stress. It certainly couldn't hurt to try acupuncture if all you're after is stress relief.

If you find it doesn't work for you, then you can just easily stop taking acupuncture treatments. If it works, though, then you can say you've found a good treatment for stress that doesn't rely on those dangerous chemicals and pills.

History a complete guide to rubrics assessment made. Acupuncture for Effective Weight Loss

In a generation when physical fitness is given topmost attention, people are always on the lookout for the newest and most effective means for weight loss. Acupuncture, the method of inserting thin, filiform needles on certain points in an individual's body, has been found to be one effective method for losing weight.

Not many people may find the idea of being inserted by needles quite comforting in their quest for weight control. However, this ancient Chinese alternative treatment seeks to deliver a control mechanism, enabling the patient to manage hunger cravings more successfully in the long run.
