

Yogas In Astrology Vedic Astrology Series Pdf Pdf

Download **Yogas In Astrology Vedic Astrology Series Pdf Pdf** upload **Arnold b Paterson**

This book features the last 13 nakshatras from Swati to Revati.

Yogas in Astrology 2003 Dr. K S Charak

Essentials of Medical Astrology 2002 Dr. K S Charak

Practical Vedic Astrology G. S. Agarwal Every student who has to call out information of several books to get the complete picture is in for a pleasant surprise. The book is a must for every student and comprehensive in dealing with every aspect of basic astrology. It gives in detail the procedure for casting a horoscope and making the ashtakavarga charts. The book also describes in detail the characteristics of every planet, its effect in different signs and houses as well as in combination with other planets.There are also chapters devoted to special subjects like profession, children, foreign travel, medical astrology and a detailed explanation for shodasvargas and reading of D-charts besides the logistics of dasa interpretation. The book also gives ready made charts for easy reference for interpreting the elements of planets, its mooltrikona signs, significance of odd and even signs, the constellations and its ruler besides a bit of gemology and the corresponding deities for various planets.

Core Yogas

The Art and Science of Vedic Astrology 2012-06-30 Richard Fish As a Yogic science, Vedic Astrology has been practiced for more than 5000 years with one ultimate aim: to provide insight and guidance towards the fulfillment of the soul's destiny. Vedic Astrology provides a map of the soul's territory, to quicken the journey and avoid delays in the process. You can learn to read the map of the birth chart and thereby harness the trends of the cosmos. This book is based on a tutorial course, and is arranged to systematically introduce the most important variables necessary to understand a Vedic horoscope. You can access the free 52 video class, based on this text here: https://www.youtube.com/user/RyansVedicAstrology Topics Include: Meditation and Astrology • The Planets • Planetary Conditions • The Houses • Planetary Aspects • The Ascendant • Planetary Yogas • Divisional Charts • Vimshotari Dasha System • Transits • Jyotish and Ayurveda • Astrological Remedies • The Yoga Sutras of Patanjali. Through "The Art and Science of Vedic Astrology", by Richard Fish and Ryan Kurczak, you will gain a solid understanding of the foundational material needed to comprehend the mystical science that is Vedic Astrology.

Fundamentals of Astrology 2013-01-01 M. Ramakrishna Bhat Astrology is both Science and Art. Hence only the talented can appreciate and understand it. Rightly Visnugupta declares that nobody other than a sage can master the ocean-like science of astrology. The great Varahamihira declares, "No sin will creep into a place that is sanctified by the presence of a true astrologer. No person who studies and divines the course of destiny will ever be found in hell but will reside permanently in the world of Brahman. This book brings to the fore not only the rationality of astrology but also the nature and structure of the correct knowledge that our forefathers possessed regarding the predictable influences of planets on human beings, and gives a spiritual bias to astrology. The reader is taken step by step in this work from the rudiments Viz., the distribution of constellations in the Zodiacal belt which is divided into twelve Signs, and the planetary hierarchy, through the method of calculating the ascendant and other houses of a natal chart, assessment of the strengths, influences, aspects, affliction, mutual relations etc., of the planets, to the final stage of reading the brighter and darker sides of the subject's life, his chances of success and failure, their periods, ingress of the soul into the mortal coil and exit there form as well as its departure to other worlds according to its karma. "In this book, an attempt has been made to give a good account of the science of astrology, with a view to making the reader a good and true astrologer. It also shows that astrology does not make a man a fatalist, helpless automation in the hands of a merciless Fate. It should, on the other hand, help him to take to self-exertion and self-help. This hoary lore, according to the author, is to be practised not for selfish ends but to guide the needy and the distressed, to remove the cause of their suffering and to turn their attention towards God.

Medical Astrology for Beginners Arun Bansal The diseases are the result of our past karmas and indicated by weak and afflicted planets. This can be easily understood by an astrologer. Therefore every book on astrology has discussed the diseases and yogas for these diseases are scattered throughout the astrological literature. Some of these Yogas have been compiled in this book for the intelligent readers with the observations and experiences of author. Author has used the astrology for the purpose of diagnosis as other laboratory tests, MRI and CAT SCAN etc. It gave good results to understand whether the chronic diseases are curable or not. Moreover it has helped to understand the time period of onset of the disease which no other science can explain. Therefore astrology is science of sciences. One must be careful while predicting diseases because so many factors are involved in prediction. Only the yoga for disease is not sufficient. If the yoga is aspected by benefic planets, the results will be nullification of malefic influence. The disease depends on the strength of the disease producing planets. Even if a disease may be indicated from a house from lagna but from Moon and navamsha lagna the same house is strong and lord is fortified, the malefic influence may get cancelled. Therefore while judging one must consider the house, lord of house and karaka of the house, rashish where the lord of house is posited i.e. dispostar, and navamshesh, the lord of house in navamsha chart where the lord of the house is posited, and relationship in navamsha chart between lagna lord and lord of the house into consideration from lagna, Moon, navamsha lagna and nakshatra of the planet in which he is posited. One must take into consideration the nature and qualities of the planets causing the disease; functional benefic or malefic to the lagna house in which they are posited. The benefic planet will certainly cause less harm than the malefic planet. The relationship between the two planets also affects the disease producing capacity. The relationship is also natural and functional. The aspect and conjunction of the planets should also be taken into consideration. The retrograde malefic planet is more powerful in causing diseases than the normal malefic planet. The retrograde benefic planet does not protect the native. When a benefic planet is lord of maraka house and posited in that house, it becomes strong maraka planet. Keeping the above factors into consideration we can predict the timing of onset of diseases with the help of dasha system and Gochar. The most common dasha system employed is Vimshottari dasha system. Still we can divided the timing of diseases into: 1.Yogas present in the horoscope 2. Dasha/bhukti/Paratyantar dasha 3. Transit (Gochar) 4. Horary All these factors have been discussed in this book in detail.

Top Secret Book on Vedic Astrology 2020-01-25 Saket Shah Dear Reader, With My experience in astrology I am covering top 43 topics of vedic astrology the list is 1.Bhrighu Rules -----> Page 5 2.Atmakara and Ishta Devta -----> Page 9 3.Secrets of Retrograde planets and Jupiter karko bhava nashaya ----->Page 40 4.The real meaning of rahu and ketu ----->Page 43 5.Theory of Retrograde Planets ----->Page 48 6.Jeeva and Sarira ----->Page 58 7. Hidden Fortune ----->Page 60 8. Neechabhanga Rajyoga ----->Page 65 9. Energies of Nakshatras ----->Page 75 10.Sins and pastlife ----->Page 92 11. Concept of Arudha ----->Page 99 12.Hidden secrets of Navamsa ----->Page 105 13.Jyotish Secrets of Nadi Texts----->Page 109 14.Extraordinary Raj yogas ----->Page 122 15. Secrets of Transits ----->Page 138 16.Rare Concepts of Vedic Astrology----->Page 150 17.Dharma and Divine Knowledge ----->Page 166 18.Secret Behind Lordship of Nakshatra----->Page 181 19.Pancha Mahapurusha Yogas --->Page 186 20.Kendra Trikona Rajayoga ----->Page 192 21.Four Pillars of Vedic Astrology ----->Page 195 22.Navamsa in Vedic Astrology ----->Page 199 23.How to Read Dasamsa Chart ----->Page 202 24.Ketu and Vedic Astrology ----->Page 206 25.Impact of Rahu and Ketu in our Lives----->Page 209 26.Bhagya Samhita and Astrological Houses---->Page 213 27.Bhagya Samhita and Planets ----->Page 219 28.Poverty and Kemdrum Yoga----->Page 226 29.Spirituality and Vedic Astrology----->Page 231 30.Complete Research on Aries Ascendant---->Page 240 31.Moksha Trikona ----->Page 287 32.Vargottam Planets Double the power----->Page 291 33. What is Good Karma? ----->Page 295 34.Planets Aspecting the Ascendant ----->Page 303 35.Nadi Astrology and its Secrets ----->Page 318 36.Important yogas in Astrology ----->Page 413 37.Upchaya Houses ----->Page 416 38.Wealth and Dhan Yogas ----->Page 419 39. Secret Energy of Nakshatra Padas ----->Page 423 40.Shadbala Strength in Jyotish ----->Page 468 41.8th house and Change /Transformation----->Page 481 42.Signification of Number 108 ----->Page 484 43. Sade-Sati of Shani ----->Page 488

Empirical Insights in Vedic Astrology 1999 Raj Kishore Wishwakarma Comprises contributed papers; commemoration volume in honor of K.N. (Kotamraju Narayana), b. 1931.

Ayurvedic Astrology 2007 David Frawley

500 Unique Nakshatra Predictive Techniques 2021-08-09 Saket Shah I have used nakshatras from many decades so in this book I am using 27 nakshatra from Ashwini to Revati and providing some quick snapshot techniques which can be used on horoscope while predicting. These techniques are very quick and easy. All these techniques are based on experience of many decades. I am expecting every reader might love this technique. Regards, Saket Shah AUTHOR DESCRIPTION I am practicing astrology from many decades. With my experience knowledge and wisdom I have written many books. I believe in providing best knowledge to all the people across globe. I have seen thousands of horoscope in my life and experienced many events of astrology in past few decades. I welcome each person to enhance their knowledge of astrology by joining me in this divine journey. I am a software engineer and investor by profession and I took astrology as a hobby. But this hobby became my passion when I started decoding the secrets of universe hidden in astrology or jyotish vidya. Our ancient seer possessed divine third eye to decode the universe and written down the astrology in form of scripture I am presenting this divine knowledge in front of entire world. I recommend every body to make the best out of my books. I welcome each person in the world to dip in the ocean of divine and cosmic energy of universe called jyotish. It is also called as light of God. Because knowledge of astrology is directly provided by God to humans in ancient times. The kind of bliss you will feel in this journey will evolve your soul to next stage of spiritualism. This journey will blow your mind and senses and will connect your soul to divine. I definitely believe you will feel bliss with this gyan(knowledge).

Untold Secrets of Ascendant 2021-09-10 Saket Shah Dear Reader, We always think why certain combination or planets give good results in one horoscope and bad result in another horoscope. So, the secret lies in ascendant for example for libra ascendant exalted Jupiter can give good results in career but for Gemini ascendant exalted Jupiter might give lot of problems because for libra ascendant it is benefic and for Gemini ascendant it is strong maraka planet. So, this is the big secret in prediction we need to predict every ascendant combination differently. There are 12 different ascendants from Aries to Pisces. Each planet behaves and act differently as they own different houses in horoscope for each ascendant. So, in this book I am describing fruitful yoga's and spoil yoga's for all ascendants. Which planet can give raj yoga or benefic results and which planet can give negative results? In Vedic astrology analyzing every ascendant differently is the key to predict the horoscope. This is one of my best presentation and I hope you will love reading it. Welcome to my world of Jyotish and divine knowledge. Regards, Saket Shah

Encyclopedia of Vedic Astrology: Remedies Shanker Adawal There are large number of books available in the public domain which talks about various remedial methods that could be followed. Also there are groups of people who talk about the benefits of yoga, mantra, yantra and allied topics, each of which has a scientific logic as is the case with the manuscripts left behind by the Rishis. As we all are aware, there are planets which by their interaction, govern our destiny. My belief, developed during the study of this science, is that destiny depends on four major things in equal proportion. These are; our previous karma, the place where we are staying, the people with whom we interact and our own efforts. These are the four parameters and within each comes the important of a large gamut of activities. There is a complex equation that is a matter of study and research which, like any other science, gets deciphered and known. I therefore believe that chart at the time of birth, coupled with the year's horoscope and the time at which the query is being asked, have to be co-related and a vector from them gives the correct analysis of the query. Similarly, as each planet is associated with a colour and the colours are in turn related to vibrations – a complex phenomenon by itself; the various mantras, colour therapy and other remedies have relevance.

Applications of Yogini Dasha for Brilliant Predictions 1994 Rajeev Jhanji

The Art and Science of Vedic Astrology Volume 2 2014-07-09 W. Ryan Kurczak The Art and Science of Vedic Astrology Volume II builds upon the previous work and takes us deeper into the heart of Jyotish. This book is based on an advanced tutorial course and is systematically arranged to expand upon the important variables necessary in horoscope analysis. The subtler aspects of astrology are brought to light, enabling the astute student of Vedic Astrology to enlarge comprehension and predictive abilities. Many potent, yet often neglected principles are explained in detail, such as the Lajjitadi Avashtas. A comprehensive delineation of planetary Karakas and house lord combinations are included to help guide the practicing astrologer towards accurate assessment of one's karmic state. Contents Include: Time and Cycles, Bhava Charts, Planetary States, The Non Luminous Sub Planets, Subtleties of the Divisional Charts, Additional Named Yogas, Shadbala, Relationship Compatibility Analysis, Introduction to Lajjitadi Avashtas, House Lord Combinations, Planetary Karakas in Vargas, Prasna (Vedic Horary) Astrology

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The Astrology of Seers 1992 David Frawley Astrology of the Seers is a clear yet comprehensive presentation of Vedic astrology and makes this difficult-to-understand subject clear, practical and relevant. it reveals the deeper implications of the Vedic system in sections on astrology as a spiritual science, astrology and psychology, astrology and yoga. Of special interest, the book explains the cycle of the world-ages (yugas), showing the Vedic view of human history, and the connection of our solar system with galactic sources of energy. Thirty-two example charts of all types are explained including those of many spiritual teachers, covering all the main aspects of its philosophy, background and practice, including chart interpretation and methods of balancing planetary influences such as mantra and gem therapy. The present edition has been thoroughly revised and updated.

Three Hundred Important Combinations 2016-01-01 Bangalore Venkat Raman Three Hundred Important Combinations is intended to provide knowledge of the Yogas which indicate specific horoscopic trends. All planetary combinations are divided into two groups viz., Yogas and Arishtas or fortunes and misfortunes. It deals with various standing combinations of yogas. The systematised account of all the important yogas is brought out so that it may illustrate practical horoscopes. The book certainly claims credit for being the first to bring together all scattered information and present it systematically.

The Art of Interpreting Horoscopes 2011-01-01 Gayatri Devi Vasudev A comprehensive guide to the techniques of astrological interpretation The Art of Interpreting Horoscopes gives, for the first time ever, the definition of a Graha in astrology. Shows how ancient classical dicta can be adapted and applied to contemporary charts to analyse: * Prim-Ministerial Yogas * Neechabhanga Raja Yoga * Adhi Yoga and Celebrity Status * Cases of Crime and Criminals * Crime Investigation * Possibility of Children and IVF * Loss of Children * Marriage from Navamsa Clues * Factors for Love Marriage * Swearing-in charts * Loss of Children India has always been an astrological society but at some point of time in the early part of the 20th century, the educated began to develop a certain distaste for this ancient science, largely because of the educational system in the country which distanced itself from the traditional branches of learning under a mistaken notion that by doing so, it was proving its rational credentials. However astrology being as good a science as any other of the modern ones, has stood the test of time and in recent years has made a resurgent reappearance as a result of my revered father, Father of Modern Astrology, the Late Dr. B. V. Raman's relentless efforts to propagate it as an academic subject. Astrology has now captured the interest of large segments of the educated public. The wave of resurgence has swept away this pseudo-rationalist resistance bringing with it the realization of the invaluable role astrology can play in helping cope with the ills of modern society. There has been some kind of snowballing effect in educated circles, both in our own country as well as in the west, primarily the United States of America, in their eagerness to retrieve, revive and restore Jyotish to its pristine glory. The ancient classical works on the subject are now being eagerly lapped up but the problem begins because of the times when the astrological rules were first formulated being so different from our own. The author has made effort to adapt and apply these rules in the form of dicta, Yogas and combinations to contemporary life in the process seeking to bridge the gap between the ancient rules and their application value to the present.

1001 Yogas in Vedic Astrology 2020-07-19 Saket Shah If you are even a little bit interested in Vedic astrology, you must have heard of the term "Raj Yoga". It is a special combination that if exists in a horoscope makes the native wealthy, healthy and prosperous. Like Raj Yoga, there are many other special Yogas that are considered important in Vedic astrology. "Yogas" is an aspect that is unique to Vedic astrology. Yogas essentially are special combinations and positions of planets in relation to houses and other planets. Certain planetary positions can lead to some specific results, whether good or bad. And Vedic astrology has defined some of these very special positions as Yogas. The meaning of the word Yoga is "union" so certainly, the different ways planets associate with each other and form combinations is also called Yogas. Most Yogas consist of more than one planet. There are a huge number of Yogas in Vedic astrology but some are more important than others, which apparently should be on tips of any perspective astrologer. When a Yoga is formed in a particular house by lords of different houses, it can deem positive or negative results based on the area of life that the associated planets and houses signify. You would rarely see someone who only has auspicious Yogas in his or her horoscope.

Saral Jyotish Part-1 Astrology Simplified V. P. Goel This book is written with the intent to help Astrology students and practitioners to 'digest' Astrology knowledge and deeply understand it and apply it in their daily practice. That is why, the author has named this book, Saral Jyotish. The author has simplified Vedic Astrology concepts into easy to understand chunks. For instance, Badhak, Kendradhipati Doshha and Pushkar Navamsha etc. Fourteen fundamental principles of Astrology are defined, explored and explained. These 14 principles are based on century old classics. Their meaning has been understood in depth; meaning has been understood not and then presented through simple to understand words and examples. The author's belief is that these 14 principles are fundamental to making correct predictions. He hopes that this book will sharpen the skills of beginner and professional Astrologers.

Planetary Conjunctions in Vedic Astrology 2020-01-16 Saket Shah In the most basic terms, planetary conjunction occurs when two or more planets occupy the same house. But what happens when planets are conjunct in a house? They DEFINE your life in a nutshell. A conjunction can be benefic or malefic, depending upon several factors such as the nature of the planets involved, their relationship with each other, and the house/sign they are placed in. The strength of the planet is also taken into account, like whether the planet is combust, retrograde or direct. There can be as many as 5 or 6 planets in the same house but such is a rare occurrence. These are in fact the most difficult horoscopes to interpret. Care must be taken in determining how the planets affect each other. There could be a Yoga or a planetary combination) forming due to the conjunction but if a malefic planet is operational in the same house, the Yoga may not fructify for the native. On the other hand, when multiple weak or malefic planets get together in a house, presence of a benefic could balance the situation. Nevertheless, its power would be low due to malefic influence so the horoscope can only be considered average. Conjunction of multiple planets in one house indicates the focus area of your life - the house where most of the planets are placed. Nevertheless, there could be some misbalance in the personality of the native due to the strong pull of a single house. The lord of house where conjunction of planets takes place is also under the spotlight. If it is positioned well, it casts a benefic influence upon the native. It tends to make other planets strong too. However, if it is weakly posited or under malefic influence, it may only deem negative results and may worsen the situation.

Astrological Real Life Q & Answers - For Applied Astrology and Practice 2015-04-01 Natarajan S Most of the How to Books teach the elementary things. This Astrology book is thinking from top. But this is most practical professional worked out analysis of about 65 charts and wrote 10 articles. If you want to read theory, then this not the book, you perhaps need to spend 5 to 10 years to study the basics . Instead by reading the question answers you will have knowledge that the most professional astrologers will envy. It is not "Your Sun or Moon Sign" Book: Most of the Sun Sign and Moon Sign Books are general in nature. At the end of reading 500 page book you will be exhausted, still nothing learnt for sure to apply in your real life. Then where is the time to read moon sign/sunsign books of other signs, to capitalise on your elementary knowledge gained? This book is not related your moon or sun sign but you can understand how Astrologers analyse charts, and that interest will make you start on analysing others charts- that is why the author calls it applied call it applied astrology and practice. Paperback Add to Cart eBook Add to Cart for immediate download It is useful reference guide for Astrologers as well as people who want to understand Vedic Astrology from practical aspect It is a defence book : What about some self-proclaimed Vedic Astrologer bluffing you towards his personal agenda? Read this book and grasp the words used and you are a martial law expert in defending the astrological assault,because you know more words and meanings than him. This is a friendship book: How many people in their daily usage talk about moon signs, sun signs and relate their luck with that? What if you can relate their problems now from Vedic angle and point them to proper people? Will they be thankful to you, for you are caring about them and guiding them properly? This is an interesting book: From stupid individual life-questions to most intelligent general questions are answered. 2010 Book ISBN:9780958286350 https://books.google.com.au/books?id=70lvAgAQBjAJ

Encyclopedia of Vedic Astrology: Planets, Signs & Houses Shanker Adawal The notion that astrologers can unfold lives and reveal what waits at the next bend is a thought that comes to all and populist claims have inspired the author to come up with a series of books that will discuss the various aspects in astrology, putting together the research and findings by various groups and the experience gained during his journey. The purpose of the encyclopedia is an attempt to put a clear understanding of the process of astrology, taking into account the first basic principles and dealing with different topics. The encyclopedia which would consist of over eighteen books, is intended to be brought out over a period of two years. These would cover the basics in astrology and then go on to the predictive techniques, the nadi astrology, tajik, yogas, nakshatras, rectification of birth time, vargas, dashas, mundane prashna, muhurta, remedy and other aspects of interest. The advantage of this would be that both students and those who want to pursue research can progress the understanding of this science in a systematic manner. Also the complete set will be of great value to those in India and abroad who want to understand various levels and will give them the flexibility of dwelling into the complexities in a coherent manner. With the growing interest to learn this science in various countries, the readers there will find this series of books very useful. This is the first book in the series and is the most important. The foundation is based on the principles of basic astrology propounded by various schools of thought. The book covers signs, their impact, the planetary impact in each sign, the role of depositors, details on each planet and their relationship when in aspect and in the divisional charts as also the complexities they can pose. This book attempts at conveying that the basic importance has to be given to the planets, their placement and various relationship as a result of the same. The yogas, dasha, nakshatras etc. will be dealt in the other books that follow, but all have to be applied keeping in mind the first basic principles that are being enumerated in this book.

Astrological Flaws and Their Remedies 2019-02-13 Dr. Deepak Singla God exists within us on this planet. The 'soul' enters the human form after going through the complete cycle of eighty-four lakh lives and deaths. Human life is determined by the position of planets. Good and bad ideas travel into our minds through waves transmitted by the planets. A woman carries the child in her womb for nine months like the nine planets. Thus the position and stationing of the planets determine the good and bad times in our lives. This arithmetic of favourable and unfavourable positioning of planets, form the basis of 'Horoscope'. Astrology is a science based on very specific calculation. It is not superstition and it is easy to follow. People who cannot consult an astrologer can just read the book, identify their problems, look for remedies and follow them without guidance or consultation. The science of astrology is a gift from God and is acquired by following His diktat.

Essentials of Vedic Astrology 1999-01-20 Komilla Sutton The most comprehensive book to date on the use and understanding of the Lunar Nodes in Vedic astrology. The author is a widely known and immensely respected teacher with students all over the world. She has used her experience of working with the nodal axis to show how, by sign and placement, they affect every level of our spiritual existence. Students of astrology, yoga and ayurveda will find this book particularly helpful.

ABC OF VEDIC ASTROLOGY S.Nallakuttalam ABC of Vedic Astrology is a genuine effort to bring Astrology closer to the aspiring students and beginners. The book is well structured, simplified and adheres to the principles of Vedic Astrology. Several topics in the book are presented with a contemporary outlook and easy to remember fashion. The book starts with an introduction to Rasi, Nakshatras and planets and also goes on to explain the various facets of Vedic Astrology. There are also deliberations, case studies, Astro charts and useful tabulations for better understanding of Vedic Astrology.The USP of the book is brevity shown in the narration. Normally beginners are bewildered with several rules and this book makes an attempt to dispel the same. The book though short and crisp, is exhaustive enough for the beginners to understand the basics of Vedic Astrology. In fact my earlier book, "Astro Musings" is compliment to this book.

A Textbook of Varshaphala 1996 K. S. Charak The First Book On Annual Horoscopy Or Varshaphala (The Tajika System) Which Id Fully Illustrate.

Elements of Vedic Astrology 1998 K. S. Charak

Encyclopedia of Vedic Astrology: Yogas Shanker Adawal In Vedic astrology, the associations the planets form or variations of how they are placed in a horoscope are referred to as yogas. Yoga literally means union or that which adds, joins or yokes. Astrologically, Yoga refers to planetary combinations or configurations and their special results, which affect the life of an individual. In traditional Indian ephemeris, known as Panchang, Yoga is also a particular division of time, arrived at by adding longitudes of the Sun and the Moon at birth. These are 27 in number, starting from Viskumbha to Vaidhriti, each governed by a different constellation or lunar-mansion, which are also 27 in number. In spiritual field, the word "Yoga" means training, taming and stimulating the body and mind with universal soul. In Ayurveda, the yoga of two or more medicines gives specific results. Yogas are one of the unique features of Vedic astrology. There are hundreds of yogas mentioned in various classical texts. Most of the yogas are formed of more than one planet, but all combinations do not mean a yoga formation. The idea behind these yogas is to equate the planets' strength in a chart, and how & when they will produce their effects in a native's life.

Education and Astrology
Raj Kumar
The evolution of human race to its present state is due to constant endeavour of each parent to see that even at the cost of their own discomfort, their children move ahead and achieve, what even they could not for any reason. The aim of education has been to awaken the consciousness of a person. The education liberates a soul from darkness of ignorance to the glory of true knowledge and bliss. To acquire knowledge is a natural trait of all human beings. However these days the stream/ branches of education are so many and varied and to get admission therein is so competitive and difficult that the task of the young students and their parents have become difficult. Hence there is a definite need to have astrological/ psychological counseling for specific educational fields. There are number of astrological yogas, combinations, Arishtas (to be countered) as tools for astrologers; yet the astrologer have to invoke his knowledge and intuition to the maximum to be able to provide the correct and timely counsel. Hope the book will help one and all in pursuit of the same.

Applied Vedic Astrology 2017-05-09
K. Guru Rajesh
This book contains eighteen articles of the author published in various astrological journals, starting from 2003 to 2017. Contents of the book include: I. The Bhagavad Gita-The Astrologer's Guide; II. Sun's Role in Judging Profession; III. Guru Chandala Yoga and Religiousness; IV. Eighth House and Astrologers; V. Poets, Musicians and Venus; VI. Ninth House and Unconventional Marriages; VII. A Critical Analysis of Asura and Sarala Yogas; VIII. Astrology in Ayurvedic classics; IX. Astrology and Homosexuality; X. Integrating Multiple Predictive Tools - A Case Study; XI. Astrology and Paedophiles; XII. Health Issues of Relatives - Astrological Clues; XIII. Jatakabhanga or Failure-in-Life Yogas; XIV. Mars and Earth Science Professions; XV. Astrological Study of Rape Cases; XVI. How Transits Affect Dasa-Bhukti Lords; XVII. Decoding Devakeralam; XVIII. Mahamahopadhaya Sri Madhura Krishnamurthy Sastry - An Astrological Portrait.

Rahu & Ketu Secrets 2020-01-05
Saket Shah
In Hindu astrology, Rahu and Ketu signify the two mathematical points on each side of the moon that have a significant impact on self-experience. The Significance of Rahu and Ketu in Vedic Astrology is realized positively and negatively in a person's life. As a rising node of the moon, Rahu is known to cause spiritual growth and whenever it exists in a chart; the result is luxury and obsession. It's a powerful node favorable to politicians as it presents opportunities and immense power to ascend in political affairs both justly and unjustly. Rahu also influences criminals, snakes as well as magicians just to mention a few. Rahu has the power to give wealth and make a person popular. At the same time, this shadow planet is likely to cause confusion, despair and emotional inequity. It's very powerful in the 3rd, 6th and 11th houses of a horoscope. Ketu is a shadowy, descending and malefic planet but not as malefic as Rahu. Ketu offers liberation and nonattachment to material desires and worldly ambitions. It provides spiritual knowledge, power to differentiate, self-knowledge as well as wisdom. Whenever present in a chart, it gives a person psychic abilities. A person can perform natural healing, deal with ghosts, evil spirits, and astral forces as well as make them wizards of foods, herbs and spices. Ketu enables a person to blend in naturally among people

Light on Life: An Introduction to the Astrology of India 2019-05-01
Dr. Robert Svoboda
Light on Life brings the insight and wisdom of Indian astrology to the Western reader. Jyotish, or Indian astrology, is an ancient and complex method of exploring the nature of time and space and its effect upon the individual. Formerly a closed book to the West, the subject has now been clarified and explained by Hart de Fouw and Dr. Robert Svoboda, two experts and long-term practitioners. In Light on Life they have created a complete and thorough handbook that can be appreciated and understood by those with very little knowledge of astrology.

How To Mess Up Your Life With Astrology

Predictive Techniques In Varshaphala 2003
Dr. K S Charak

Role of Nakshatra in Astrology
Raj Kumar
The stars or Nakshtras have fascinated most of us during our childhood. During hurly-burly of adulthood, they seemed to be put in background, but come back to centre stage again once we settle down in life and concept of Almighty/ destiny dawns on us. Nakshtras are said to be the abodes into which the fruits of our past labour or Karma is transferred and stored. Thus, Nakshtras distribute the outgrowth of Karma according to the theory of cause and effect. We should look more and more into them and try and identify ourselves with our own Nakshtra to understand ourselves and people around us better. The deity, nature, working style, caste, sex, Yoni, Gunas, Tatwa, Tridosh, body parts, lord of Nakshtra and its Pada, Muhurats, longevity, profession, diseases/ health, marriage, children & relationships and remedial measures for afflicted/ ill placed Nakshtra are unique for each individual and his Nakshtra. This book takes us through a sojourn of cosmic path of 27 Nakshtras. The author hopes this journey is interesting, knowledgeable and satisfying.

Encyclopedia of Vedic Astrology: Tajik Shastra & Annual Horoscopy
Shanker Adawal
Tajik is an important aspect in the journey of our understanding various aspects of Astrology. This is the endeavor of the encyclopedia. In this book the author has divided the study primarily in two parts. The first part dealing with various factors like the yoga, aspects and so on with an explanation of factors that makes Tajik different and unique. The second part dwells in the predictive aspects with illustrations. This book will surely evince the interest of the beginners as well as others who are in research or predictive astrology.

Remedies of Astrological Science
Tilak Raj
Very often it is asked as to what is the use of astrology? Can the malefic result of planets be glozed? Suppose a man starts from home with an umbrella if he knows that it will rain today. He cannot prevent the rain but he can save himself to some extent with the umbrella. Likewise, we try to lessen the malefic effect of the harmful planets by Tantra, Mantra, Yantras, gems, worship or Jap if we know by Astrology that the period ahead is not auspicious. Different methods of remedies have been mentioned in this book. Learned astrologers prescribe various remedies to curb evil effects of planets. Some scholars advise to wear gems while others prescribe mantras. There are scholars who stress on Yantra-pooja or wearing Rudraksha. Some of them go for propitiating planets or for that matter tantrik remedies. This book explains that one should seek remedies for which planets and what type of remedies should be prescribed. Lal Kitab remedies have also been discussed in this book. One form of remedy can be to worship the planets by chanting their mantras. Recommendation of establishing Navgrah yantras is also very popular. The objective of establishing important yantras is also mentioned in this book. Those who do not know the mantras of planets they can learn the important mantra of concerned from this book. If a planet is strongly placed in ones chart in that case the benefic effects of that planet can be multiplied by wearing its gem. This books also helps in selecting the appropriate gem for the native. Method of wearing gem has also been explained. This book in one of its chapters talks about the use of rare tantric items. In next chapter one can read about the healing touch of Rudraksha. In chapter no. 8 and 9 the remedies for the rectification of malefic influence of sadhesati and Kalsarpayoga are discussed. In concluding chapters the contemplation of God and worship of deities related to planets is discussed.

Vedic Astrology Practitioner Manual (Fifth Edition) 2017-01-29
Gaurish Borkar
As a student of Vedic Astrology, one of the challenges that I faced was to study classical texts. We have so much data and every text has some exceptional content. Most of the translators did not get a chance to validate the principles mentioned in the texts and due to this; the accuracy of translation was reduced. Over the period, I also felt that novice students of Astrology could progress faster if they get validated knowledge. This is also good for the development of Vedic Astrology. Therefore, I decided to publish my notes from various classical texts as a manual. This book consists of my notes from Brihat Parashari Hora, BrihatJatak, Brihat Samhita, Jataka Bharanam, Faladeepika, Saravali, Bhavartha Ratnakar, Muhurta Chintamani and Vishwakarmaprakash. It is a good reference book for a novice student of Vedic Astrology.

Nakshatras Part 2 2021-01-30
Himanshu Shangari
Welcome to the revised version of Nakshatras. The journey from Ashwini to Revati is the journey of liberation, as we will try to find out through this series of books. The first two nakshatras Ashwini and Bharani deal more with the early stages of evolution. On the other hand, the last two nakshatras Uttarabhadrapada and Revati deal more with the final stages of evolution. Between the beginning and completion of this journey, each soul crosses many levels and stages of evolution; represented by different nakshatras. Through this series of books, we will try to understand the role of different nakshatras in shaping our personalities as well as in indicating our stages of evolution at the beginning of various lives that we assume. This book features the last 13 nakshatras from Swati to Revati.

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Asthma in Adolescents

Most of the teenagers who have asthma are also allergic to many things. The asthma can get severe even if the people with asthma are exposed to allergens of low grade. Allergies play an important role in asthma cased which are undiagnosed. Other factors that also trigger childhood asthma include upper respiratory infections like colds, second hand smoke, and certain climate conditions like cold air and due to emotional physical expressions like laughing, crying or yelling.

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However, it is not the end of the road for asthmatics as they can live active and healthy if they manage asthma properly by avoiding asthma triggers, regular intake of prescribed medications, being alert of the warnings and be aware of the ways to deal with an asthma attack.

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Common Oral Health Problems in Adolescents

Adolescents face many oral health problems which may require them to visit a dentist or any other healthcare professional. Irregular teeth growth is a common problem and adolescents with braces are a common sight. Another problem is wisdom teeth extraction or the removal of the third molar. Dental cavities are yet another common problem in adolescents.

Orthodontics is a specialty in dentistry which deals with correction, development and prevention of irregular teeth, jaw and bite. Orthodontics also helps to correct jaw disorders and facial abnormalities. If a general dentist feels abnormalities in the adolescent, he/she will refer the patient to an orthodontist. The American Dental Association suggests that every adolescent above the age of seven should get an orthodontic evaluation done. Problems which require orthodontic treatment are crowded or crooked teeth, extra teeth, missing teeth, under-bite, overbite, jaw joint disorder, and incorrect or misaligned jaw position.

To get braces or any other orthodontic treatments, the appropriate age is ten to fourteen years. But regardless of the age, the same physical and biological process is used in correcting and moving the teeth alignments. Braces are also known as fixed orthodontic appliances. There are three types of braces used to move and reposition the teeth. The first consists of brackets which are made out of plastic or metal. They are either of tooth color or clear and are bonded onto the teeth. The second type is the lingual type of brackets which are attached to the back teeth and cannot be seen while talking. The third type is a band. It is a metal band which covers the teeth and wraps around the last ones.

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A course of acupuncture therapy will last anywhere from a few weeks to a few months. This depends upon the complexity of the particular medical condition. Results also vary, so it is important to have a frank discussion with the acupuncturist regarding expected results and their time frame. In general, the patient will begin to feel beneficial effects after three or four session. Certain specific conditions will actually get a little worse before improving so keeping informed is key. In modern medicine, the use of traditional techniques with proven results has become a widely accepted practice. Acupuncture has proven its worth time and again. Modern practice guidelines make it effective, reproducible, and safe. It is a gift of healing form ancient sages that has the potential to bring relief to millions of people.

Preliminary studies have shown that acupuncture may provide symptomatic relief to children suffering from autism. Although difficult at first, it is believed that it is rewarding in the long run. This is because while conventional therapy and treatment requires that the child stay still, acupuncture doesn't. Some say it's a quick prick at the vital points in the body.

Instruction yogas in astrology vedic astrology series pdf

There is a great consensus among the parents whether their children would outgrow asthma as they grow up. But the truth is it depends from child to child. While some children experience improvement in their teens others see asthma becoming even more severe. But almost half of the children who have asthma outgrow asthma as they grow although some symptoms may come back later.

Many parents have questions like whether their children can take part in sport activities. The answer is both yes and no. Some kids may get an asthma attack when they participate in exercises like running. But with proper management a teenager suffering from asthma can actively participate in sports. Special aerobic exercises can improve airway function. This strengthens the breathing muscles. Some of the ways that one can participate in sports is to follow the regimen of stretching the muscles prior to and after exercising, nose-breathe instead of breathing through the mouth and make sure that humidified air passes through the airways. Also parents should make sure that the adolescent has taken all prescribed medication supposed to be taken before they begin exercising. Carrying a reliever is a must for asthmatic teens which would come handy if asthma attack occurs. Asthmatic teenagers should make sure that they wear something over their mouth and nose to stop cold air from entering.

It is not easy for adolescent teens to attend school when they have asthma but it is not difficult also at the same time if proper coordination is made among the teenager, doctor, family and school employees. It is a good idea to consult teachers, nurses and other pertaining employees of the school and let them know that the teenager has asthma and may have special requirements. Also, let the school management know on medications the teenager regularly takes and how to help the teenager when an attack occurs. The school staff should be asked to treat the teen normally once the attack subsides. The physical education coach should also be informed about the condition so that he/she can let the kid stretch the muscles before any exercises or to deal with asthma attack induced due to exercises. Also, before admitting the teenager to a new school care must be taken to check the quality of air, irritants and allergens if any present in the school. The school staff should take considerations to avoid symptoms which could hamper the energy level kids. Also asthmatic teens should be assured from time to time that they are no different from others and asthma in any way does not slow them down, They need this emotional confidence otherwise they may have personality problems.

Solutions yogas in astrology vedic astrology series pdf

Seventy four percent of females above fourteen years and sixty percent of females below fifteen years have reported to have involuntary sex. Fifty percent of the adolescent pregnancies are within the time period of six months after the initial sexual intercourse. More than nine hundred thousand teenagers are reported to have become pregnant every year in the United States. Fifty one percent of the adolescent pregnancies result in live birth, thirty five percent result in induced abortion and fourteen percent result in stillbirths or miscarriages. Four out of ten adolescent females get pregnant, before they turn twenty, at least once. Twenty five percent of adolescent deliveries aren't the mother's first child. When a teenager gives birth to her first child, she increases the risk of begetting another child. One third of the adolescent parents are themselves result of adolescent pregnancies.

There are many reasons why adolescents choose to become sexually active at an early stage in life. The reasons can be early pubertal development, poverty, sexual abuse in childhood, lack of parent's attention, lack of career goals, family and cultural patterns of early sex, substance abuse, dropping out from school and poor school performance. Factors which discourage an adolescent to become sexually active are stable family environment, parental supervision, good family income, regular prayers, connectedness with parents and living with complete family and both the parents. The factors which are responsible for the consistent use of contraceptive among adolescents are academic success, anticipation for successful future, and involvement in a stable relationship.

There are many medical risks associated with adolescent pregnancies. Adolescents who are less than seventeen years are at a greater risk of developing medical complications, when compared to adult females. The risk is even more in teenagers below seventeen. The weight of the child, given birth by an adolescent, is very low in these pregnancies. It is usually below 2.5 kilogram. The rate of neonatal birth is also three times greater in adolescents, when compared to adults. Other problems caused by adolescent pregnancies are prematurity of the child, birth of underweight child, poor maternal weight gain, poor nutritional status, anemia, STDs and hypertension induced due to pregnancy.

Analysis yogas in astrology vedic astrology series pdf-Although there is an increase in the use of contraceptive methods by adolescents during their first sexual contact, only sixty three percent of the high school students have said to use condom while having sex previously. Adolescents, who use prescription contraceptives, delay their doctor's visit until the time they become sexually active for over a year.

According to a research, youngsters who have participated in sex education programs which gave them knowledge about contraception methods, abstinence, sexually transmitted diseases and youngsters who involved in discussions in order to get a clear picture, used contraceptives and condoms effectively without any increase in sexual activity. The Center for Disease Control & Prevention has said that the solution for unwanted adolescent pregnancies and STDs are barrier contraceptive use and abstinence.

Allergies in Adolescents

Allergies are reactions by immune system that are abnormal in nature to stuff that are usually harmless to majority of the people. When somebody is allergic to something the immune system of that person gets confused and thinks that the substance is detrimental to the body. The substances causing allergic reactions are known as allergens. The examples of allergens are dust, food, plant pollen, medicine etc. The body produces antibodies to protect itself from these allergens. The antibodies make certain cells present in the system to let chemicals to mix with the bloodstream and one of them is histamine. This chemical then acts on nose, eyes, skin, lungs, gastrointestinal tract and results in allergic reaction symptoms. Exposure to the same chemicals in future triggers same response to the antibodies again meaning every time one comes in contact with the same allergen, allergic reaction is produced in the body.

*Power yogas in astrology vedic astrology series pdf-*The eighth myth is that acupuncture is only used in third world countries. This is not true because this technique originated in China more than 2000 years ago and this has spread to developed nations in Asia such as Japan, South Korea, Singapore and Malaysia.

Here at home, acupuncture been practiced for more than 2 decades and is legal in 30 states. In fact 22 of them, license professionals after they graduate once they pass the state board examination.

Although acupuncture has been around for a very long time, there is still a need for this form of holistic healthcare which is why this is being taught in colleges and in use today. It is painless and cost efficient and a lot of studies have shown that it is effective in treating various illnesses and preventing some of them.

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In the 5th or 7th treatment, this becomes more evident as your face looks more relaxed as though you just came from a vacation.

The end result is that you will look and feel 5 to 15 years younger but of course this depends on how well the patient has taken care of themselves outside the confines of the clinic.

To sum things up, facial acupuncture can do for you. It can eliminate fine lines and reduces wrinkles, improve your overall facial color and add luster to the skin, relaxes tension in the face and furrows in the brow, brightens the eyes and reduce dark circles and puffiness, improve muscle tone for sagging skin, enhance your natural radiance in the skin and eyes, slow the aging process within, promotes overall health and well being as well as relaxes and revitalizes the entire body.

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The Benefits of an Accountancy Career

There is an increase in demand for knowledgeable CPAs all over the world. When you say knowledgeable, the accountant must know how to perform various duties like bookkeeping, tax preparation, company audits, and even project management. The demand for the best CPAs in different industries is due to the updated laws, business practices, and the reliance to technology.

Here's great news to those accountancy graduates who love to work with numbers and who are willing to learn the newest accounting software – there are a lot of job opportunities out there, waiting for qualified accountants. According to statistics, the accountancy field is growing at a very fast rate. Presently, there areabout 1.2M accountants in different industries including corporations, public agencies, charitable organizations, and educational institutions; this is the best time to join the accounting field.

If you've earned a Master's degree in accounting, the better because you have a higher chance of landing a job; those who have a bachelor's degree can also take advantage of the various job opportunities online or in the local papers.

First yogas in astrology vedic astrology series pdf-Acupuncture and Autism

Studies have shown that there is an increase in the number of children that have been diagnosed with autism. Until now, doctors have not yet found a cure to this illness which is why some parents want to experiment with alternative forms of treatment and one example is acupuncture.

Acupuncture is a holistic approach in treating and preventing certain diseases. Its main tool are very thin needles that are inserted to targeted points in the body. The body has about 400 of them linked through a system known as meridians or pathways. Once these are stimulated, these are supposed to create balance in the body.

Autism on the other hand is a brain disorder that is long term. This disease is characterized by deficits in language, social communication and cognition. Children who are diagnosed with this illness may also suffer from secondary problems such as aggression, irritability, stereotypes, hyperactivity, negativism, volatile emotions, temper tantrums, short attention span and obsessive-compulsive behavior.

Lolita yogas in astrology vedic astrology series pdf—Although there are risks if you decide to go undergo acupuncture, these can be avoided as long as the one doing it is a licensed professional who makes sure that the needles used are sterilized before they are inserted into the body.

These days, a lot of people in the medical field have accepted the fact that alternative medicine such as this can also help the patient which is why they may refer someone when it is needed.

So, if you are tired of experiencing the side effects of conventional medicine and want to try a holistic form of healthcare, why don't you see what acupuncture can do for you? It is painless and cost effective. In fact, it is just one of many you can try to help treat a chronic condition.

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Most patients that undergo acupuncture will not feel any significant change after one session which is why a few sessions are needed. Best of all, it is painless so your body will not feel sore afterwards.

Several studies have been conducted about acupuncture and there have been positive results. For instance in the UK, 400 participants who were suffering from migraines claimed they felt better after 3 months worth of sessions.

In the US, acupuncture has also proven to be effective in helping people deal with arthritis because the needles help the body fight against this chronic illness that is much cheaper and more effective than conventional medicine.

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Behind the yogas in astrology vedic astrology series pdf

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Transformation yogas in astrology vedic astrology series pdf

Obsessive Compulsive Disorder in Adolescents

Obsessive compulsive disorder or OCD starts from adolescence onwards. OCD is feeling of strong obsessions and compulsions which result in intense discomfort and affects daily functioning. Obsessions are thoughts which are persistent and recurrent. They even include unwanted images and impulses which lead to distress and anxiety. These feelings and thoughts are usually irrational or unrealistic. Compulsions are repetitive rituals or behavior such as checking something again & again, or mental acts such as counting. These obsessions & compulsions cause intense distress and anxiety and can interfere with the daily activities, relationships, social activities and academic functioning. The person with OCD thinks that he has no control over his actions. OCDs are relapsing and chronic illness.

The thoughts change as the adolescent grows. Younger children suffering from OCD often have thoughts of harm befalling on them and their family such as thief getting into the house through an unlocked door. This will make the children to recheck the door and windows again and again fearing that they might have left the door unlocked accidentally. Teenagers suffering from OCD fear that they might get fall sick due to germs, contaminated food and AIDS. The adolescent develops certain rituals, such as washing hands innumerable times, in order to get over the fear. These rituals help them to think that they have overcome the problem for the time being and give them temporary relief. If they do not perform these rituals, they become more and more anxious.

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Orthopedic Problems in Adolescents

Physical health problems encountered during adolescence can affect the development of the body, if not treated. There are few anatomic regions, such as spine, knee and ankle, in adolescents which can get orthopedic problems such as Osgood-Schlatter disease, and Slipped Capital Femoral Epiphysis.

Osgood-Schlatter disease is caused due to injury or overuse of the knee which causes swelling and pain in the area below the knee, above the shin bone. The patellar tendon and the soft tissues surrounding it gets inflamed, because of the constant pulling of the area where the tendon joins the below knee. Usually, adolescents who participate in sports actively and are athletic, such as football, basketball, soccer, ballet and gymnastics, tend to get the Osgood-Schlatter disease. Boys of age eleven to fifteen and girls of age eight to thirteen are at greater risk. The reason why adolescents get this problem is that their bones grow faster when compared to the tendons and muscles in this age and because of this the muscles and tendons stretch and become tight.

Investment yogas in astrology vedic astrology series pdfFinding an Accounting Job

Now that you've finished your accounting course, it is time to find an accounting job. A lot of young adults are now wondering where to find the perfect job. They find it very difficult because there are not so many job opportunities out there. But if you only know where to look, you can get a job right away especially if you meet all the job qualifications.

When looking for a job, you should make use of all the available resources like a headhunter or an employment service, the local papers, and of course, the internet.

Consider the following tips when searching for an accounting job.

All you have to now is find a clinic that offers this service to customers so you will soon look radiant to other people.

History yogas in astrology vedic astrology series pdf

Accounting Principals and Tulsa

Have you ever been to the city of Tulsa? Tulsa is a city that embraces challenges and it also values collaborative solutions. The top officials of the city are trying very hard to promote public safety, green initiatives, innovative educational opportunities, and diversity. If you want to free your entrepreneurial spirit, Tulsa is the best place for you.

You can also find Accounting Principals in the city of Tulsa. The company is considered a leader in terms of offering the best workforce solutions specifically in the financial and accounting services industries.

How can Accounting Principals do this? Well, the company makes use of a blend of temp-to-hire, temporary staffing, payroll services, contract services, direct placement, and a lot more. Accounting Principals can provide their clients with an accounting professional or even a team of CPAs when needed. The company is made up of nationwide representatives who have experienced accounting in the real world, and not just by the books.

Power yogas in astrology vedic astrology series pdf

Symptoms of depression in adolescents are eating disorders, weight change, irritable mood, excessive sleeping in daytime, excessive temper, criminal behavior, memory loss, fatigue, self preoccupation, sadness, difficulty in concentrating, worthlessness feelings, loss of interest, self hatred, obsession with death and thought & attempts of suicides. When these symptoms are being noticed for more than two weeks, it is important to get treatment for the adolescent. Depression not only affects interpersonal relationships, but school performance as well. Depressed adolescents are more prone to take onto drugs and alcohol as an attempt to overcome their depression. Such problems require intensive treatment.

The doctor will take blood test and perform physical examination to determine the cause of depression. The adolescent can also be tested for substance abuse such as smoking, heavy alcohol consumption, marijuana smoking, and usage of other drugs. After the physical examination, psychiatric evaluation is also done to understand the cause of sadness, loss of interest and irritability. Depression can also lead to the development of other psychiatric disorders such as schizophrenia, mania and anxiety. It is also important to determine whether the adolescent poses a risk for himself/herself and others. Family and school personnel can provide valuable information about the adolescent to the doctor.

Treatment for depression for adolescent is similar to the treatment of depression for adults. Along with the treatment, the adolescent are given antidepressant medication and psychotherapy. Antidepressant medications include tricyclics, Prozac, selective serotonin reuptake inhibitors or SSRI. Some of the medicines increase the risk, so it is a good idea that parents discuss the possible risks with the doctor. Only some of the antidepressant medications are meant for children and adolescents. Adolescents with severe depression need to be hospitalized as they are more prone to kill themselves.

example yogas in astrology vedic astrology series pdf

Diabetes is a disease where the human body is incapable of producing or utilizing insulin. Insulin is a hormone produced by the body in order to get energy by converting starches, sugar and other items. Since the insulin isn't used properly in diabetic people, the blood sugar level increases. This glucose buildup is found in blood and is then passed onto the urine and comes out of the body and the major source of body energy is lost.

Diabetes is a serious chronic disease and should be handled at proper time; otherwise it can create serious problems. It can pose a risk and can damage parts of the human body such as eyes, teeth, gums, blood vessels, nerves, and kidneys. This is the reason why diabetes is responsible in most of the cases of adult blindness, kidney failure and lower limb amputations. And if left untreated, it can cause stroke, heart disease and eventually, death. These problems are not only faced by adults, but also adolescents who get diabetes in their childhood. The important factor in treatment of diabetes is to keep the blood sugar level normal at all times.

Behind the yogas in astrology vedic astrology series pdf;Precautions should not only be taken indoors, but outdoors too. This is because; more than forty thousand people get eye injuries outdoors. Ninety nine percent of the injuries are caused while playing sports. So it is necessary for the youngsters to wear protective eyewear while playing sports or when involved in outdoor recreational activities. A special helmet is designed with wire shield or polycarbonate face mask which is not only safe, but comfortable, too. Protective eyewear should also be worn while performing experiments in science lab. Fireworks must only be handled by adults.

Because of increasing use of computers, more and more youngsters are getting eye strains. The symptoms of eye strain caused by computer are red & watery eyes, focusing problems, aching & tired eyelids, eye muscle spasm, backache and headache. In such an environment, eye exercise must be done regularly. The eyes must be made to focus on distant objects and should be rotated from side to side. It is extremely important to give ample rest to the eyes. Glasses with UV shield must be worn when looking at the computer screen. Eye strain can be avoided by increasing the distance from the monitor.

Eye hazards are also caused when cosmetics are used improperly by contact lens wearers. Some of the adverse reactions are injury, eye irritation, allergy, dryness, infection, and lens deposition. That is the reason why adolescents must be made aware of the risk they will face when opting for contact lens. Girls should understand that they should buy hypoallergenic cosmetics and especially the non-scented variety, manufactured by big brand names. Cosmetics should not be shared with anything else. The applicator brushes must be washed regularly and old mascara must be disposed and not refilled. Eye shadows which are glittery, pearlized, frosted or iridescent contain ground tinsel or oyster shell, which should be always avoided. Eyeliner should not be applied in the inner lid edge. Loose powder should be avoided. Cream should not be applied near the eyes. The wearer should wash hands while handling contact lens. No crying, washing of face or bathing should be done with the contact lens on.

yogas in astrology vedic astrology series pdf

The needles used helps the body balance the serotonin levels since it is a neurotransmitter that affects blood vessels and has a role to play in migraines. In fact the more frequent these sessions are the better. It may even come to a point where the specific point of contact is no longer needed but the general stimulation itself.

The end result of undergoing acupuncture is amazing. If you experience 15 to 20 days of agonizing pain, this may be count down to only 8 days. You won't even need to use that much medication anymore as before.

For those who are working, this is good so that they are not absent from work that much and there won't be that much deductions in their salary.

Legend yogas in astrology vedic astrology series pdf;Along with doctor consultation, a psychologist must also be consulted who can deal with the emotional challenges of the adolescent. The family should also play an active role in making the youngster feel better. The family should work in collaboration with physician, dietitian and diabetes educators. Teachers, counselors, school nurses, day care providers, and other community members can provide extended support and guidance. They can provide help with transportation, mental health counseling, health education, social services and financial services.

Eating Disorders in Adolescents

Since the adolescence is the age where bones are sprout and grow rapidly, well nourished food must be given to the adolescent to facilitate normal growth & development. The nutritional intake must be monitored regularly and modified depending upon the growing needs. Teenagers tend to develop eating disorders which affect their nutritional health. The eating behavior must be corrected as early as possible as it can lead to the development of complex illnesses. Eating disorder is the third common chronic illness, especially in adolescent females and the number has been increasing rapidly from the past thirty years.

Reading yogas in astrology vedic astrology series pdf—Results have showed that of 30 respondents in the test, majority showed functional improvement of various degrees depending on the age and severity of their disabilities. Some improvement was noticeable within a few TAC sessions, especially for drooling, spasticity (scissoring or tiptoeing), ataxia, and poor balance in walking. Functional improvement was noted after one to two courses of TAC. Most children tolerated TAC well, with only occasional pain and minor bleeding in some patients.

The reason why tongue acupuncture is being experimented with is because there is a connection between the tongue and the heart through the meridians that spread to all the organs in the body. It is believed that the points on the tongue can influence the state of the other body organs thus giving relief to the one suffering from autism.

But many believe that acupuncture alone cannot help autism sufferers. It has to be combined with other things like maintaining a certain diet to help improve one's mood and communication schools. Although it is only short term, it is better than nothing until a cure is found.

example yogas in astrology vedic astrology series pdf__The first is called TCM based acupuncture. Here, it uses eight principles of complementary opposites to create harmony in the body. These include yin/yang, internal/external, excess/deficiency, hot/cold.

Next is called French energetic acupuncture. This is often used by MD acupuncturists. Meridian patterns are emphasized here particularly the yin-yang pairs of primary meridians.

Korean hand acupuncture is another as practitioners believe that the hands and feet have concentrations of qi, and that applying acupuncture needles to these areas is effective for the entire body.

Analysis yogas in astrology vedic astrology series pdf-The needles used in acupuncture are very small and you will probably feel a slight twitch when the needle goes in. They will be inserted carefully to ¼ or an inch in depth and will stay there from 45 minutes to an hour depending on the condition of the patient.

If inserted properly, you should feel some cramping, distention, electric sensation or tingling which means that the treatment is working.

Needles used for acupuncture especially in the US are clean because they are required to be disposable. This prevents any chance that those who go for treatment will be contaminated by a communicable disease like hepatitis or HIV.

Liberation yogas in astrology vedic astrology series pdf

Which type of acupuncture should you try? That is up to you. All of them are effective so discuss this with your doctor and do some research so you know what you are getting yourself into. Each of these is painless so just relax and let the professional do the rest.

Just like conventional medicine, don't expect an improvement overnight as this takes time so just keep an open mind.

What Do Acupuncturists Do

The acupuncturist is the specialist who conducts acupuncture. He or she may use needles or some other instruments depending on the type that will be used to create harmony and balance in the body.

Lolita yogas in astrology vedic astrology series pdf

The question now is whether you should get free accounting software or not. It's only a download away but before anything else, there are some things that you need to look for in accounting software; consider the following tips.

Large companies who want to promote products and marketing campaigns are now providing the public with free accounting software. You have to surf the internet diligently so that you can immediately take advantage of it.

You can find a lot of free things online but you should be warned about scams. There are dishonest websites that tell surfers they offer free accounting software that are downloadable. The site will ask you to provide personal information on their registration forms and then ask for the number of your credit card. Legitimate websites that offer free accounting software will not request for any personal information.

Reading yogas in astrology vedic astrology series pdf

Insomnia

Acupuncture has become a popular alternative to common remedies such as sleeping pills. It works at the nerve levels, relaxing and soothing your senses. Acupuncture is thought to be a safer route for insomnia because it brings back your natural sleeping cycle through natural means and not through chemicals, which can turn into an addiction. Using acupuncture for insomnia usually starts working after the very first session. The treatment is usually stretched out for a period of time, until your body returns to its natural sleeping cycle.

Infertility

Studies show that acupuncture is a beneficial form of complementary therapy for women who are having undergoing treatments for fertility problem. Acupuncture is believed to relieve the anxiety of women undergoing fertility treatment. Also, acupuncture's success in aiding fertility is more pronounced in in-vitro fertilization. In addition, the rate of miscarriages has been found to be lower for women who do acupuncture.

Opportunity yogas in astrology vedic astrology series pdf

Others

The following are other ailments that acupuncture has been known to remedy:

- Menopausal problems such as hot flushes, infertility, and premenstrual tension.
- Bladder or bowel problems, difficulty or pain in urination, and urinary infections.
- Digestive disorders including nausea, indigestion, heartburn, and diarrhea.
- Respiratory problems such as rhinitis, hay fever, prickly heat, rashes and ulcers, eczema, and some types of dermatitis and psoriasis.
- Conditions of the eyes and mouth such as cataracts, dry eyes, conjunctivitis, retinitis and toothache, and post extraction pains.
- Heat problems such as poor circulation, stroke recovery, and hypertension.
- Addictions such as smoking, drinking, or other harder drugs.

Power yogas in astrology vedic astrology series pdf..The history of acupuncture is first discussed in an ancient Chinese medical text called the "Huang Di Nei Jing" or The Yellow Emperors Classic of Internal Medicine.

But there have been a few who are skeptic as archaeologists have found a 5,000 year old mummy in the Alps with similar acupuncture points in the body. This gives some people the idea that it was used even before the Chinese did but sine there is no written text to prove that, no one is certain and credit to this ancient practice goes back to the Chinese.

In the 6th century, this knowledge moved to Japan. In the 17th century, a man by the name of Waichi Sugiyama wanted to make this procedure painless for the patient so he developed the insertion tube, a small cylindrical tube through which the needle is inserted. Believe it or not, this technique is still being used today.

*The Best yogas in astrology vedic astrology series pdf*__But acupuncture only reached the US in the early 80's with the establishment of a regulatory board called the National Commission for Acupuncture and Oriental Medicine. As a result, various schools have been built and those who want to become licensed acupuncturists are now able to practice their profession.

Despite that, there were a lot of people who are not yet convinced on the positive effects of alternative forms of medication. It was only in 1995 that the US Food and Drug Administration decided to classify the needles used for acupuncture as medical instruments and assured the public that they are both safe and effective.

To further promote acupuncture, the NIH or National Institute of Health in 1997 has stated that this technique is very useful in treating various health conditions. These include ear, nose, throat, respiratory, gastrointestinal, eye, nervous system and muscular disorders. In some cases, acupuncture is able to prevent some of them from happening.

For Free yogas in astrology vedic astrology series pdf..About the salary of accountants, the lowest rate is roughly \$35,000 per year and that is for starters only. Once you're hired and you've been with a company for many years, the salary will naturally increase. Did you know that the senior accountants can earn as much as \$80,000 per year on the average? That's a lot of money, right? Being an accountant has its benefits, especially in term of salaries.

It seems that accountancy graduates of today are given more job opportunities. You should be thankful because unemployment is prevalent in many areas. If you're a graduate of accountancy, it means that you have better chances of finding a good paying job as compared to graduates of other courses. If you try to analyze the business situation, accountancy is essential to the success of a business organization or company. With the growing number of business worldwide, big scale or small scale, accountants are badly needed.

For those who are just going to start college, why don't you consider an accountancy course? According to statistics, the demand for knowledgeable accountants will increase in the years to come, so why not join the force? It will only take a couple of years to graduate. Make sure that you have excellent grades so that you will have an edge when you apply for a job. It pays to study hard now because you can use the knowledge in the future. You can be one of the assets of the biggest company in the world – now who wouldn't want that?

Power yogas in astrology vedic astrology series pdf

When looking for an acupuncturist, make sure that person is licensed. Before he or she can obtain one, they have to complete 4 years of training at an approved college of oriental medicine. In the state of California, one governing body that gives the person the title is the California Acupuncture Committee.

If they get this from another organization, a copy of their license must always be clearly displayed in the practitioner's office. One example is the National Certification Commission for Acupuncture and Oriental Medicine.

When choosing an acupuncturist, there are a few things you should ask aside from their credentials. You should know what styles of acupuncture is used as there are some techniques that do not use needles to treat a patient.

*Learn yogas in astrology vedic astrology series pdf*Treatment of acne is classified into topical and systemic drug therapies which are given based on extent of severity. In some instances the combination of both the methods might be the way to go for acne treatment. Topical medication is nothing but creams, gels, lotions, solutions etc. prescribed to patients for acne treatment. Some of the examples of topical medication are: Benzoyl Peroxide which kills the Propionibacterium Acnes bacteria, antibiotics helps in stopping or slowing down the growth of the bacteria and also reduces inflammation, Tretinoin helps in stopping the formation of new acne lesions and Adapalene reduces formation of comedo.

Systemic drug therapies involve prescription of systemic antibiotics primarily for the treatment of acne problem which is moderate to severe in nature. The examples of antibiotics prescribed are Doxycycline, erythromycin and tetracycline. In some cases an oral drug called Isotretinoin is prescribed for teenagers with severe acne problem which shrinks down the sebaceous glands that produce oil. The results are pretty good and almost ninety percent of the adolescents have success with this oral drug. But the drug has some serious side-affects and thus it is very important that one consults a doctor before use.

Adolescent Pregnancy

Adolescent pregnancy in ninety nine percent of the cases is unwanted and is the major consequence of adolescent sexual activity, other than STDs. This issue has affected youth, families, educators, health care professionals, and government official. A study on the high school adolescents has concluded that forty eight percent of the males and forty five percent of the females are sexually active. One fourth of the high school students had sexual contact by fifteen years of age. The average age of boys is sixteen and a girl is seventeen, who have had intercourse. Ninety percent of adolescents, in the age range of fifteen to nineteen, say their pregnancy is unintended.

Study yogas in astrology vedic astrology series pdf____There can be various causes why Acne forms. Apart from rising hormone levels due to puberty it can also be attributed to certain other factors like intake of drugs which contain lithium, barbiturates and corticosteroids. Acne can also be caused due to excess grease and oil in the scalp, due to cooking oil and use of some cosmetics can actually alleviate the acne problem. Acne problem many times is inherited also. Acne problem is worsened if the pimples are squeezed or scrubbed too hard.

Acne can form at any place of the body but they most commonly form in the areas where there sebaceous glands are present in high proportions like face, chest, shoulders, neck and upper back. The symptoms may differ from person to person but commonly seen symptoms are: formation of blackheads, whiteheads, lesions filled with pus and which are very painful and lastly nodules. One may get confused sometimes as symptoms of acne may be like some other skin condition and it is always advised to consult a doctor in this scenario.

There are lots of treatments available today to treat acne. The primary goal of the treatment is to reduce scars and better appearance. There are various treatments and the doctor decides which specific treatment you need based on: the extent of acne problem, age, medical history, overall health, tolerance to specific medications and procedures, expectations and last but not the least what patients prefer.

example yogas in astrology vedic astrology series pdf

Chances are, you were consulting with a doctor prior to your visit to the acupuncturist. If there are any prescription medicines given, don't forget to take them.

You will not feel any improvement after just one or two visits with the acupuncturist. Just the same, you should write this down so you can go back to the acupuncturist on your next visit and tell him or her how you felt during the previous session. Such feedback will let the specialist know what needs to be modified in the future to help you with your problem.

The acupuncturist might give you some herbs to take as part of your treatment. Since you don't know if taking them will have any side effects with the medication you are taking, you should first consult with your doctor if it is safe to consume both.

File Pdf yogas in astrology vedic astrology series pdf~**Treatment from Acupuncture Experts**

It is very essential for a patient to consult with a skilled acupuncturist. A more personalized service will be provided by an expert, as well as added counseling for the patient. Moreover, an acupuncturist may prescribe herbal supplements to aid the patient in quitting efforts.

During treatment, filiform needles are inserted into specific points on the ear cartilage, as well as the hands and wrists. Normal procedures last for about 30 minutes. Body acupuncture can be used in combination with the ear and wrist needle placements. An acupuncturist may also utilize a mild electric current, to enhance the effect of the needles through the body.

Fight yogas in astrology vedic astrology series pdf

Basically, public accountants offer their services in partnerships. They offer their services to individuals, as well as businesses and the government. You need to remember that in order to become a public accountant, you need to be a certified public accountant in order for you to work individually or as part of an accounting firm.

Public accountants basically do jobs, such as taxation, auditing, as well as management advisory services. You should remember that this particular career is considered to be a stepping stone of most accountants. If you want to start your career as an accountant, being a public accountant is usually the first job that you have to take. Here, you will learn a lot of things about running a business and you will also increase your experience.

Another great thing about being a public accountant early on in your accounting career is that it provides a lot of great opportunities as it will give you lots of experiences, and become more in demand by companies to handle their accounts and income.

Obsession yogas in astrology vedic astrology series pdf

Advanced accounting career training is an essential part of career development and continuing education. Once you've accomplished the career training's key components, you will be prepared at all times in case unforeseen events or circumstances come your way.

For those individuals who practically hate their current jobs, why not take up advanced career training in accounting? In just a week's time, you will be ready to explore the accounting field. Don't hesitate to make changes if it's going to create positive results. Accounting careers pay good money and with a bit if dedication and hard work, you can be one of the top accountants in the business industry.

You can use the internet to find free advanced accounting career training. There are also paid trainings that you can choose from. For now, you have to look for the specific career training that you would like to take. Do some surfing on the net during your free time. You can even make a list of the top five career trainings that you come across on the net.

yogas in astrology vedic astrology series pdf

The profit & loss of a certain company is determined by finance professionals through accounting. They can determine what created the profits as well as the losses. Accountants form some sort of business equation so justify the profits & losses of a business. By doing so, they can easily tell a company's net worth.

It seems that by simply starting to define one accounting term, it eventually leads to defining other terms as well. Net worth is another term that is quite difficult to understand. It refers to the resulting amount after deducting the liabilities of a company from the assets. Private companies refer to net worth as owner's equity.

Why owner's equity? Well, after deducting all the liabilities, what's left basically belongs to the owner. In the case of public companies, the profit of the business is returned as dividends to shareholders. As you can see, before owner or shareholders of a company can take hold of the profits, all liabilities must be deducted first.

example yogas in astrology vedic astrology series pdf

There are basically 14 pathways throughout the body where chi flows continuously. These are called the meridian points. In order for chi to course through the body unobstructed, there has to be a balance between the strengths of yin and yang. In ancient Chinese philosophy, yin and yang represent the forces of the universe- yin is for feminine, while yang is for masculine. Every single thing in the universe is believed to contain both yin and yang for harmony.

When the yin and yang are not balanced, chi cannot stream through the body liberally. Therefore, the meridian points through which chi courses through need to be stimulated. This is done by the insertion of hair-thin, disposable needles in specific areas on a person's body to induce bodily harmony and bring about healing.

A certified and trained acupuncturist will be able to carry out an excellent therapy session for the patient. Trainings for acupuncturists are given in order for them to obtain their licenses. A poor practitioner may not be proficient enough with the practice and could end up jeopardizing the results of the entire procedure. Nowadays, it is wise to verify on a practitioner's credentials to ensure a safe and effective acupuncture treatment.

*Investment yogas in astrology vedic astrology series pdf*You can think of a session with the acupuncturist as very much like massage therapy. A good massage would help give you a very relaxing sleep that night and an acupuncturist could help you with your sleep as well. You might immediately start to feel drowsy as soon as the right nerves are stimulated by the acupuncturists needles.

You might be asking yourself how you'd be able to relax if you're suffering from the pain of the needles attached to your body. What you might not realize is that because of the thinness of the needles, you would hardly feel anything. The most that many people claim they feel is a kind of tingling feeling where the needles are. And that is actually a sign that the process is working,

Acupuncture is a practice that helps you use your bodies own ability to manage stress properly. This leaves you healthier, and more importantly, prevents any of the serious diseases that could come from unbalanced, stressful lifestyles.

yogas in astrology vedic astrology series pdfVariations of Conventional Acupuncture

Auriculotherapy or ear acupuncture is one of the variations of conventional acupuncture. In this practice, it is believed that the ear provides a map for all the major bodily organs. A specific area or point on the ear corresponds to a particular organ, such as the heart, kidneys, or liver. Thus, the needles are placed in particular points around the ear and on the ear cartilage.

Stapleuncture is a method used in smoking cessation, wherein staples are placed for a certain period anywhere on the ear area to provide stimulation.

Indeed there is growing evidence that this traditional Oriental practice can rival any modern forms of treatment. If you are one of the many people who are looking for a widely recognized and time honored therapeutic practice, acupuncture may just be the alternative treatment for you.

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There are many premenstrual syndrome symptoms which can be broadly classified as neurologic & vascular symptoms, psychological symptoms, gastrointestinal symptoms, fluid retention, eye problems and respiratory problems. The cause of premenstrual syndrome are fluctuations in the levels of progesterone & estrogen, hypoglycemia, hyperprolactinemia, psychogenic factors, changes in carbohydrate metabolism, excessive aldosterone, progesterone allergy and water retention by kidneys. The good thing is that premenstrual syndrome can be prevented by exercising regularly, eating balanced diet and sleeping adequately.

Dysmenorrhea is feeling intense menstrual pain and cramps. Depending on the severity, dysmenorrhea is stated as primary dysmenorrhea or secondary dysmenorrhea. Primary dysmenorrhea symptoms are felt from the onset of the menstrual periods and are felt life-long. Because of abnormal uterine contractions due to chemical imbalance, severe menstrual cramping is experienced. Secondary dysmenorrhea starts in the later stages. The causes are different for primary and secondary dysmenorrhea. Secondary dysmenorrhea can be blamed on medical conditions such as endometriosis, uterine fibroids, pelvic inflammatory disease, tumors, infections, and abnormal pregnancy.

Dysmenorrhea symptoms are lower abdomen cramping & pain, lower back pain, nausea, diarrhea, vomiting, fatigue, fainting, weakness and headaches. Females who are overweight, smoke, and have started to menstruate before turning eleven are at a higher risk of developing dysmenorrheal. Females who drink alcohol during menstrual period experience prolonged pain. After studying the health conditions, age, cause of dysmenorrhea, and extent of condition of the individual, corresponding treatment will be recommended. Regular exercise, abdominal massage, hot bath, vitamin supplements, and dietary modifications can help overcome dysmenorrhea.

Life Lessons from yogas in astrology vedic astrology series pdf

How does sticking needles into your body help manage the stress?

In traditional Chinese medicine, much of the treatments depend on an understanding of the balance in our bodies and its internal organs. The sicknesses we sometimes develop are seen to be caused by imbalances in our lifestyles and environment. Stress is also affected by this imbalance. That is why when there is something wrong with your body, you'd typically have less of an ability to deal with stress. You'd get more irritable and find it really to difficult to relax.

By sticking these very thin needles past the surface of our skin, the acupuncturist stimulates nerves in our body. These nerves send signals to our brain and scientists believe that the brain then releases its natural painkillers into our system. This immediately causes a feeling of relaxation for many people.

The needles could also help your body by stimulating its circulation. With the circulation between the organs of the body improved, a lot of the bodys wastes could be cleansed properly. Your organs would also receive the full benefit of the oxygen from your lungs making its way into the cells of your body without any blockages. This makes your organs much healthier and leaves you feeling much better in the long term as well.

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Eight Myths About Acupuncture

There are a lot of myths with regards to acupuncture. Some of these are true; others are silly while the rest only have a half truth. As you read on, you will learn which ones are worth believing.

The first myth is that acupuncture is painful. This is not true because those who have tried it claimed they only experienced a tiny prick while others did not feel anything at all. There is no tissue damage when the needle is inserted into the skin or pulled out and only in very rare cases are there traces of bruising.

The second myth is that you can get hepatitis or AIDS from acupuncture. This is true only if the needles used are not sterilized. In the US, this will never happen because acupuncturists are required to use disposable needles thus you are not at risk from these two diseases.

Challenge yogas in astrology vedic astrology series pdf-**Acupuncture for Effective Weight Loss**

In a generation when physical fitness is given topmost attention, people are always on the lookout for the newest and most effective means for weight loss. Acupuncture, the method of inserting thin, filiform needles on certain points in an individual's body, has been found to be one effectual method for losing weight.

Not many people may find the idea of being inserted by needles quite comforting in their quest for weight control. However, this ancient Chinese alternative treatment seeks to deliver a control mechanism, enabling the patient to manage hunger cravings more successfully in the long run.

Review yogas in astrology vedic astrology series pdfHow It Stops the Addiction

The placement of needles is usually located behind the ear, or on the ear cartilage. This is where the calming effect takes place, curbing the patient's cravings for more cigarettes. People who have a smoking habit are bound to take up the nicotine stick more often whenever they feel stressed, bored, or depressed. Needles are also often inserted on the hand and wrists to promote a steadier flow of bodily energy. The feeling of relaxation will help an individual think twice about lighting a cigarette again.

Furthermore, this treatment has been found to help an individual deal with the withdrawal symptoms better. This alternative medicine promotes better tolerance to pain and discomfort during smoking cessation. Withdrawal symptoms can range from mild to severe and may involve nausea, palpitations, and dizziness. Oftentimes, these same conditions will propel an individual back to his smoking tendencies sooner than later.

*Story of" yogas in astrology vedic astrology series pdf*Unfortunately, standards of acupuncture have not been fully approved by the FDA due to many unregulated practices that still exist such as the re-use of needles. Furthermore, acupuncture certification today is mostly a sham, used to make money on desperate patients who have not benefited from western medical treatments. The National Council Against Health Fraud has even declared acupuncture as an unproven means of

treatment whose concepts of healing are primitive and false.

Should You Try It

One thing that Western science can agree upon is that there are no proven harmful effects of acupuncture. Many doctors agree that as long as a medication is not detrimental to ones health, then there is no reason why it should not be used if there are noticeable benefits. Most scientists would also state that it is simply due to a lack of research that the therapeutic properties of acupuncture have not yet been proven.

Curse yogas in astrology vedic astrology series pdf

Acupuncture Could Help You Finally Manage Your Stress Levels

Todays world can fill the very busy individual with a lot of stress. Without some way of removing this stress from your system, youre placing yourself in danger from a lot of stress-related diseases. You might suffer from insomnia or headaches or very serious heart diseases.

You could take anti-stress pills to help you relax but, like me, you might also be worried about the side effects these pills could have. The good news is that you could try acupuncture at least once to see if it could help you manage the stress. It certainly couldnt hurt to try acupuncture if all youre after is stress relief.

If you find it doesnt work for you, then you can just easily stop taking acupuncture treatments. If it works, though, then you can say youve found a good treatment for stress that doesnt rely on those dangerous chemicals and pills.