

Asycuda World Customs Pdf Pdf

... **World**, the majority elect to use the services of **customs** brokers. For some traders, using such services is more ... **Customs** to facilitate commercial transactions and reduce the time and costs associated with cross border trade. 98 ... Border Management Modernization 2010-11-30 Gerard McLinden Border clearance processes by customs and other agencies are among the most important and problematic links in the global supply chain. Delays and costs at the border undermine a country's competitiveness, either by taxing imported inputs with deadweight inefficiencies or by adding costs and reducing the competitiveness of exports. This book provides a practical guide to assist policy makers, administrators, and border management professionals with information and advice on how to improve border management systems, procedures, and institutions.

Customs Administration Reform and Modernization in Francophone Sub-Saharan Africa, 1995–2010 2012-10-31 Mr.Gilles Montagnat-Rentier This paper outlines reforms that have been achieved in the modernization of the customs administrations of francophone sub-Saharan (African) countries since the mid-1990s. It also highlights the remaining issues in this process. Progress has been made in the automation of operations and procedures, with constant and significant efforts to strengthen revenue collection and improve trade facilitation in a number of countries. However, the pace and scope of modernization remains insufficient, particularly in developing customs control and enforcement capacities, and enhancing operational resources and management. The findings suggest that the authorities' strong commitment to reform, organizational and management changes, adequate technical assistance and project management, and effective implementation of modern customs standards, are critical to accelerate the modernization of customs in francophone sub-Saharan Africa.

Customs Modernization Handbook 2005-01-03 Luc De Wulf Trade integration contributes substantially to economic development and poverty alleviation. In recent years much progress was made to liberalize the trade regime, but customs procedures are often still complex, costly and non-transparent. This situation leads to misallocation of resources. 'Customs Modernization Handbook' provides an overview of the key elements of a successful customs modernization strategy and draws lessons from a number of successful customs reforms as well as from customs reform projects that have been undertaken by the World Bank. It describes a number of key import procedures, that have proved particularly troublesome for customs administrations and traders, and provides practical guidelines to enhance their efficiency. The Handbook also reviews the appropriate legal framework for customs operations as well as strategies to combat corruption.

Customs Modernization Initiatives 2004 Luc De Wulf A companion to the 'Customs Modernization Handbook', this book provides case studies on customs modernization initiatives in seven countries: Bolivia, Morocco, Mozambique, Peru, the Philippines, Turkey, and Uganda. The initiatives in each of these countries show similarities as well as differences in their approach and design. Some have relied on a model of independent revenue authorities (Uganda and Peru), others have called upon private sector service providers to initiate the modernization process (Mozambique), others have taken the drastic step of a complete overhaul of their customs staff (Bolivia and Mozambique), others introduced new information technology to streamline customs processes and to integrate other members of the trading community into an electronic network (Ghana), while still others have approached the modernization process as a pragmatic, well-focused, result-oriented process.

Adopting a Harmonized Regional Approach to Customs Regulation for the Tripartite Free Trade Agreement 2017-09-19 Vimbai Lisa Michelle Jana The three regional economic communities (RECs) in Eastern and Southern Africa are the Common Market for Eastern and Southern Africa (COMESA), the East African Community (EAC) and the Southern African Development Community (SADC). Together, they have recognised the need to work towards regional cooperation aimed at the eventual creation of a single regional economic community or Tripartite Free Trade Agreement (TFTA). This will replace the existent RECs in Eastern and Southern Africa to which the member states of these two regions have multiple membership. The TFTA region comprises a total of 27 member states which have a combined population of 527 million people and a combined gross domestic product (GDP) of USD 624 billion. These statistics translate into a potential regional economic powerhouse for Eastern and Southern Africa. One of the major goals of the TFTA is to harmonise trade arrangements among the three RECs, improve the movement of goods and persons within the single integrated region, facilitate the joint implementation of regional infrastructure projects and enhance co-operation of member states. This is a laudable initiative by the member states of the three RECs and it is recognised that regional integration is the first step towards integration into a multilateral trading system. For the TFTA member states, it is crucial that there is an awareness to move towards a review of domestic customs legislation and policy and to develop regional, supranational legislation and regulations in order to gain a stronger competitive edge in the global market. This study shies away from proposing a „quick fix“ or „instant benefit“ to the harmonisation of TFTA member states customs legislative frameworks and policies and the development of a single automated, interoperable electronic customs system. Rather, it places its focus on long-term sustainable benefits which will be realised over time. The harmonisation of TFTA member state customs legislative policies and the resultant Information and Communications Technology (ICT) reforms to the customs processes of the TFTA member states, though not immediate or short-term, will strategically position the region to conduct business in an increasingly volume driven, fast paced, electronic global economy.

A Practical Guide to Trade Policy Analysis 2012 Marc Bacchetta Trade flows and trade policies need to be properly quantified to describe, compare, or follow the evolution of policies between sectors or countries or over time. This is essential to ensure that policy choices are made with an appropriate knowledge of the real conditions. This practical guide introduces the main techniques of trade and trade policy data analysis. It shows how to develop the main indexes used to analyze trade flows, tariff structures, and non-tariff measures. It presents the databases needed to construct these indexes as well as the challenges faced in collecting and processing these data, such as measurement errors or aggregation bias. Written by experts with practical experience in the field, A Practical Guide to Trade Policy Analysis

has been developed to contribute to enhance developing countries' capacity to analyze and implement trade policy. It offers a hands-on introduction on how to estimate the distributional effects of trade policies on welfare, in particular on inequality and poverty. The guide is aimed at government experts engaged in trade negotiations, as well as students and researchers involved in trade-related study or research. An accompanying DVD contains data sets and program command files required for the exercises. Copublished by the WTO and the United Nations Conference on Trade and Development

Review of Maritime Transport 2022 United Nations Conference on Trade and Development The Review of Maritime Transport (RMT) has been published annually since 1968. The flagship report provides an analysis of structural and cyclical changes affecting seaborne trade, ports and shipping, as well as an extensive collection of statistics. Around 80% of the volume of international trade in goods is carried by sea, and the percentage is even higher for most developing countries. The 2022 RMT covers recent developments in maritime logistics related to the Covid-19 pandemic, the war in Ukraine, and a special chapter on consolidation and competition issues in container shipping.

Regulatory and Procedural Barriers to Trade in Georgia 2018 Hana Daoudi Since 2010, the ECE has been undertaking demand-driven national studies of regulatory and procedural barriers to trade, with a view to: helping countries achieve greater regional and global economic integration; informing donors as to where assistance might be required; and supporting policy discussions within the Steering Committee on Trade Capacity and Standards (previously, the Committee on Trade) and its subsidiary bodies on where additional work is required. This study summarizes the key findings of the seventh study, which focuses on Georgia. It was prepared by the ECE secretariat in close consultation with public and private sector stakeholders. The study integrates the outcome of the stakeholder meeting, which was organized in Tbilisi, Georgia on 23 April 2018 by the Ministry of Economy and Sustainable Development to discuss the initial results and recommendations.

ASYCUDA Annual Report 2020 2022 United Nations Conference on Trade and Development This report showcases all the activities undertaken by the ASYCUDA Programme in 2020 including the projects and MOUs signed, the rollouts of ASYCUDA systems in user-countries, the economic impact of such implementations in user-countries and the development of new systems/modules/tools.

The New Common 2021-04-20 Emile Aarts This open access book presents the scientific views of some fifty experts on how they believe the COVID-19 pandemic is currently affecting society, and how it will continue to do so in the years to come. Using the concept of a “common” (in the sense of common values, common places, common goods, and common sense), they elaborate on the transition from an Old Common to a New Common. In carefully crafted chapters, the authors address expected shifts in major fields like health, education, finance, business, work, and citizenship, applying concepts from law, psychology, economics, sociology, religious studies, and computer science to do so. Many of the authors anticipate an acceleration of the digital transformation in the forthcoming years, but at the same time, they argue that a successful shift to a new common can only be achieved by re-evaluating life on our planet, strengthening resilience at an individual level, and assuming more responsibility at a societal level.

Niger 2016-07-21 International Monetary Fund. African Dept. This paper discusses Niger's Eighth Review Under the Extended Credit Facility (ECF) Arrangement and Request for Waivers of Nonobservance of Performance Criteria (PC) and for Modification of PCs. Niger's medium-term prospects are closely linked to returns on major projects in oil and mineral extraction that are under way. Two of the end-2015 PC for the eighth ECF review were missed (on domestic financing and domestic arrears repayment), as were several indicative targets. The IMF staff supports the authorities' request for waivers for the unmet PC on domestic financing and domestic arrears repayments at end-December 2015.

Integrated Approach to Trade and Transport Facilitation 2022-12-01 Asian Development Bank To promote smoother flows of goods across borders while reducing trade costs, this report explores an integrated approach to facilitating trade and transport across Asia and the Pacific, for better engagement in value chains. The report examines the current state of trade and transport facilitation, analyzes gaps in the available guidance, and provides strategic recommendations. It includes a framework for the assessment of trade readiness at national and subnational levels and illustrates its implementation through case studies of Cambodia and Thailand. The report aims to help governments boost the region's recovery from COVID-19 disruption by making cross-border trading and transport arrangements more efficient and more sustainable, inclusive, and equitable.

Doing Business 2018 2017-11-14 World Bank Fifteen in a series of annual reports comparing business regulation in 190 economies, Doing Business 2018 measures aspects of regulation affecting 10 areas of everyday business activity: • Starting a business • Dealing with construction permits • Getting electricity • Registering property • Getting credit • Protecting minority investors • Paying taxes • Trading across borders • Enforcing contracts • Resolving insolvency These areas are included in the distance to frontier score and ease of doing business ranking. Doing Business also measures features of labor market regulation, which is not included in these two measures. The report updates all indicators as of June 1, 2017, ranks economies on their overall “ease of doing business”, and analyzes reforms to business regulation †“ identifying which economies are strengthening their business environment the most. Doing Business illustrates how reforms in business regulations are being used to analyze economic outcomes for domestic entrepreneurs and for the wider economy. It is a flagship product produced in partnership by the World Bank Group that garners worldwide attention on regulatory barriers to entrepreneurship. More than 137 economies have used the Doing Business indicators to shape reform agendas and monitor improvements on the ground. In addition, the Doing Business data has generated over 2,182 articles in peer-reviewed academic journals since its inception. Data Notes; Distance to Frontier and Ease of Doing Business Ranking; and Summaries of Doing Business Reforms in 2016/17 can be downloaded

separately from the Doing Business website.

Doing Business 2017 2016-10-25 World Bank Fourteenth in a series of annual reports comparing business regulation in 190 economies, Doing Business 2017 measures aspects of regulation affecting 10 areas of everyday business activity: • Starting a business • Dealing with construction permits • Getting electricity • Registering property • Getting credit • Protecting minority investors • Paying taxes • Trading across borders • Enforcing contracts • Resolving insolvency These areas are included in the distance to frontier score and ease of doing business ranking. Doing Business also measures features of labor market regulation, which is not included in these two measures. This year's report introduces major improvements by expanding the paying taxes indicators to cover postfiling processes—tax audits, tax refunds and tax appeals—and presents analysis of pilot data on selling to the government which measures public procurement regulations. Also for the first time this year Doing Business collects data on Somalia, bringing the total number of economies covered to 190. Using the data originally developed by Women, Business and the Law, this year for the first time Doing Business adds a gender component to three indicators—starting a business, registering property, and enforcing contracts—and finds that those economies which limit women's access in these areas have fewer women working in the private sector both as employers and employees. The report updates all indicators as of June 1, 2016, ranks economies on their overall “ease of doing business”, and analyzes reforms to business regulation + identifying which economies are strengthening their business environment the most. Doing Business illustrates how reforms in business regulations are being used to analyze economic outcomes for domestic entrepreneurs and for the wider economy. It is a flagship product produced in partnership by the World Bank Group that garners worldwide attention on regulatory barriers to entrepreneurship. More than 137 economies have used the Doing Business indicators to shape reform agendas and monitor improvements on the ground. In addition, the Doing Business data has generated over 2,182 articles in peer-reviewed academic journals since its inception.

Aid for Trade in Action 2013-06-11 OECD The almost 300 case stories in this book show clear results of how aid-for-trade programmes are helping developing countries to build human, institutional and infrastructure capacity to integrate into regional and global markets and to make good use of trade opportunities.

Aid for Trade at a Glance 2019 Economic Diversification and Empowerment 2019-07-11 OECD This edition analyses how trade can contribute to economic diversification and empowerment, with a focus on eliminating extreme poverty, particularly through the effective participation of women and youth. It shows how aid for trade can contribute to that objective by addressing supply-side capacity and trade-related infrastructure constraints, including for micro-, small- and medium-sized enterprises notably in rural areas.

Doing Business 2019 2018-11-30 World Bank Sixteenth in a series of annual reports comparing business regulation in 190 economies, Doing Business 2019 measures aspects of regulation affecting areas of everyday business activity.

Can Blockchain Revolutionize International Trade? 2018 Emmanuelle Ganne Trade has always been shaped by technological innovation. In recent times, a new technology, Blockchain, has been greeted by many as the next big game-changer. Can Blockchain revolutionize international trade? This publication seeks to demystify the Blockchain phenomenon by providing a basic explanation of the technology. It analyses the relevance of this technology for international trade by reviewing how it is currently used or can be used in the various areas covered by WTO rules. In doing so, it provides an insight into the extent to which this technology could affect cross-border trade in goods and services, and intellectual property rights. It discusses the potential of Blockchain for reducing trade costs and enhancing supply chain transparency as well as the opportunities it provides for small-scale producers and companies. Finally, it reviews various challenges that must be addressed before the technology can be used on a wide scale and have a significant impact on international trade.

RECOMMENDATION NO. 47 2022 United Nations Economic Commission for Europe The COVID-19 pandemic has revealed the challenges of facing a health crisis and its impact on society and economies. The disruptions caused by the pandemic could potentially leave a lasting scar on the global economy. In an effort to ensure that global supply chains remain functional despite the pandemic, the United Nations Centre for Trade Facilitation and Electronic Business (UN/CEFACT) has developed this paper to outline measures to mitigate the adverse impact of the pandemic on trade flows.

OECD Digital Economy Outlook 2017 2017-10-11 OECD The OECD Digital Economy Outlook examines and documents the evolutions and emerging opportunities and challenges in the digital economy. It highlights how OECD countries and partner economies are taking advantage of ICTs and the Internet to meet their public policy objectives.

The World Customs Organization 2022-02-12 Héctor Hugo Juárez Allende This book will take the reader through the past, the present, and into the future of the flagship institution of the international customs community: the World Customs Organization (WCO). The purpose is to present to the reader, in a comprehensive, orderly, and synthetic manner, the enormous contributions that this prestigious and recognized institution has been making to the secure growth of global international trade. In the development of the text, special consideration has been given to the relevant instruments in day-to-day customs work, which constitute the bases of the WCO (the Harmonized System Convention, the Revised Kyoto Convention, and the SAFE Framework of Standards, among many others), as well as those issues that are currently of specific interest to the global customs community (cross-border e-commerce, trade facilitation, and authorized economic operator, to mention but a few), trying to reconcile the various practical aspects of customs operations with their theoretical underpinnings. In the final part, the book turns to the future of customs, analyzing the most pressing challenges presented by technological advances, including the Internet of Things, artificial intelligence, 3D printing, and blockchain. In short, this book will be of great interest to all foreign trade operators, mainly to customs officials, customs brokers, carriers and international forwarding agents, managers of importing and exporting companies, as well as all those (professionals and students) who wish to deepen their knowledge of the exciting world of customs and international trade.

Iraq—Technical Assistance Report—Customs Valuation, Rules of Origin and Tariff Classification of Goods 2021-07-19 International Monetary This report summarizes key findings and recommendations from a remote technical assistance (TA)

assignment performed by a short-term expert (STX), Mr. Djamel Bouhabel, from January 17 to February 4, 2021, to the General Customs Authority of Iraq (GCA). The main objective of the TA was to advise GCA on the development and effective application of customs assessment processes based on international standards and best practices.

Leveraging Export Diversification in Fragile Countries 2020-02-12 José López-Cálix Despite multiple past efforts, fragile Sub-Saharan African economies such as those of Mali, Chad, Niger, and Guinea still rank among the least diversified worldwide, with natural resources constituting a high share of their gross domestic product or exports. Large-scale production of gold for Mali, oil for Chad, uranium for Niger, and bauxite for Guinea offers substantial opportunities, but also has major shortcomings. Conclusive evidence shows poor economic performance by resource-rich but fragile Sub-Saharan African countries. The primary reason is not only their high vulnerability to external shocks, but the greed or grievances that typically lead to rents appropriation by a small group of elites in countries that are prone to conflict. Leveraging Export Diversification in Fragile Countries explores the following questions: What are Mali's, Chad's, Niger's, and Guinea's main constraints to export diversification as perceived by key exporting firms? How it could be beneficial for these countries to target certain emerging export products? Are their current interventions to promote global value chain (GVC) adequate? What lessons can be extracted from specific cases? How can trade and logistic policies favor (or hamper) export diversification? led growth? The book lays the groundwork for effective step-by-step multidimensional policies to propel export diversification in fragile economies that are hindered not only by poor governance and weak institutions, but also by their landlocked position (except Guinea), small domestic markets, and business-unfriendly environments. Recognizing that traditional project interventions in these countries have had limited success, mainly due to their unidimensional focus on single components of an agricultural value chain, the book proposes a GVC 2.0 cluster-based approach to export diversification, in which complementary efforts attract foreign firms and public investment in support of agribusiness. Promising pilot examples of joint implementation plans among multiple donors, risk-sharing facilities, and agribusiness clusters provide valuable insights into recent global value chain developer interventions.

Doing Business 2020 2019-11-21 World Bank Seventeen in a series of annual reports comparing business regulation in 190 economies, Doing Business 2020 measures aspects of regulation affecting 10 areas of everyday business activity.

Trade and Transport Facilitation 2003

Haiti 2009-09-14 International Monetary Fund This paper discusses Haiti's progress under the Enhanced Initiative for Heavily Indebted Poor Countries. Substantial advances have been made toward meeting the four triggers not fully implemented, and the authorities are committed to further progress in the near future. These triggers relate to publication of audited government accounts, implementation of a new procurement law, education funding, teacher training and school inspections, and increasing immunization rates. Haiti's parliament passed a new procurement law in June 2009, which is in line with international best practices.

Blockchain Technology for Paperless Trade Facilitation in Maldives 2020-12-01 Asian Development Bank The Asian Development Bank, under the South Asia Subregional Economic Cooperation program, is helping Maldives implement a robust domestic and regional trade system. This integrated trade network facilitates seamless movement of goods and documents, across organizational and national boundaries, and will vastly improve the business environment and overall economic activity. This publication outlines key blockchain use cases recommended for implementation in Maldives for trade facilitation. A feasibility study conducted from April to July 2019 established the use cases of blockchain technology to facilitate cross-border trade and improve operational performance of domestic trade processes in Maldives.

Suriname: Technical Assistance Report—External Sector Statistics 2022-04-12 International Monetary A technical assistance (TA) mission on external sector statistics (ESS) was conducted in Paramaribo, Suriname, during March 2–13, 2020. The mission was part of the Caribbean Regional Technical Assistance Centre (CARTAC) work program on ESS and was carried out in response to a request from the Central Bank of Suriname (CBvS). The mission reviewed estimates and coverage of the balance of payments and international investment position (IIP), which have been prepared in the sixth edition of the Balance of Payments and International Investment Position Manual (BPM6) format. In particular, the mission's work mainly aimed at enhancing the coverage and the classification of (i) currency and deposits assets held abroad by the nonfinancial sector; (ii) insurance services, transport, travel account and trade credit and advances; (iii) offshore petroleum exploration companies; (iv) government external debt; and (iv) the use of business survey. Improvements in these key areas will facilitate a more robust assessment of external sector developments. Reliable ESS is essential for informed economic policy-making by the authorities and for IMF's surveillance.

COVID-19 and E-commerce 2022-04-30 United Nations Publications This publication assesses the impact of COVID-19 on e-commerce and digital trade. While the pandemic caused a sharp deceleration in economic activity, it also led to a rapid acceleration of e-commerce. With restrictions on movement and other public health interventions in place, digital solutions have become essential to continued delivery of economic and social activities. And, as the digital economy and e-commerce play an increased role in Sustainable Development, stakeholders at all levels have a responsibility to ensure that these technologies play a positive and powerful role in national and international recovery efforts. Indeed, those that can harness the potential of e-commerce will be better placed to benefit from global markets for their goods and services, while those that fail to do so risk falling behind. Thus, the critical global policy challenge that emerges from this study is that greater efforts are needed to help reduce inequalities in e-trade readiness that currently prevail amongst countries.

Borders Without Barriers 2019-12 Marwa Abdou This book presents an analysis of the state of trade facilitation in member countries of the South Asia Subregional Economic Cooperation (SASEC) program. It includes country-level studies and identifies four common trade facilitation priorities among SASEC countries: (i) implementation of the Trade Facilitation Agreement and other international conventions; (ii) logistics and infrastructure development, and related regulatory reforms; (iii) coordinated border management; and (iv) institutions and capacity building.

G. B. S. 90 1946 Stephen Winsten

Regulatory and Procedural Barriers to Trade in the Republic of Moldova 2017-06-28 United Nations Economic Commission for Europe This study is a contribution to the Republics of Moldova's trade development efforts. It provides action-oriented recommendations, which draw on extensive primary information collected during face-to-face interviews using UNECE evaluation methodology and consultations with public and private stakeholders.

Aid for Trade at a Glance 2015 Reducing Trade Costs for Inclusive, Sustainable Growth 2015-06-30 OECD The Aid for Trade Initiative has allowed for the active engagement of a large number of organisations and agencies in helping developing countries and especially the least developed build the infrastructure and supply-side capacity they need to connect to regional and global markets and improve ...

Global Value Chains in a Changing World 2013 Deborah Kay Elms A collection of papers by some of the world's leading specialists on global value chains (GVCs). It examines how GVCs have evolved and the challenges they face in a rapidly changing world. The approach is multi-disciplinary, with contributions from economists, political scientists, supply chain management specialists, practitioners and policy-makers. Co-published with the Fung Global Institute and the Temasek

International Merchandise Trade Statistics 2017-02-22 United Nations Department of Economic and Social Affairs The International Merchandise Trade Statistics: Compilers Manual, Revision 1 (IMTS 2010-CM) supports statisticians in countries in the implementation of the new and updated recommendations contained in International Merchandise Trade Statistics: Concepts and Definitions, Revision 3 (IMTS 2010). The Manual contains further and more detailed explanation of certain recommendations and provides practical guidance for trade statistics compilers by describing good or best practices applicable under different circumstances. However, the Manual is also a very valuable source of information for all users and analysts of trade statistics as it highlights critical issues of trade statistics and its compilation and describes existing country practises in numerous examples. Readers will gain an inside look in trade statistics, allowing an in depth understanding of issues and practises.

Customs Matters 2022-06-15 International Monetary Fund Customs administrations around the world face new challenges: an increasing volume of international trade, a revolution in new technologies, and fundamental changes in business models. The benefits of a well-performing customs administration are clear, as is the need to develop efficient, effective, fair, and modern customs administrations. Customs Matters analyzes the many changes and challenges customs administrations face and pro-poses ways to address them. By offering a cross-sectional view of the main aspects of customs ad-ministration, the book guides policymakers and customs officials as they evaluate the current state of their customs system with a view to developing, reinforcing, or relaunching their own roadmaps for customs modernization.

Reform by Numbers 2012-11-13 Thomas Cantens This book was written in the context of new and innovative policies for customs and tax administration reform. Eight chapters describe how measurement and various quantification techniques may be used to fight against corruption, improve cross-border celerity, boost revenue collection, and optimize the use of public resources. More than presenting "best practices" and due to the association of academics and practitioners, the case studies explore the conditions under which measurement has been introduced and the effects on the administrative structure, and its relations with the political authority and the users. By analyzing the introduction of measurement to counter corruption and improve revenue collection in Cameroon, two chapters describe to which extent the professional culture has changed and what effects have been noted or not on the public accountability of fiscal administrations. Two other chapters present experiments of uses of quantification to develop risk analysis in Cameroon and Senegal. By using mirror analysis on the one hand and data mining on the other hand, these two examples highlight the importance of automated customs clearance systems which collect daily extensive data on users, commodities flows and officials. One chapter develops the idea of measuring smuggling to improve the use of human and material resources in Algeria and nurture the questioning on the adaptation of a legal framework to the social context of populations living near borders. Finally, two examples of measurement policies, in France and in South Korea, enlighten the diversity of measurement, the specificities of developing countries and the convergences between developing and developed countries on common stakes such as trade facilitation and better use of public funds.

Export and Import Price Index Manual: Theory and Practice 2010-04-06 OECD A joint production by six international organizations, this manual explores the conceptual and theoretical issues that national statistical offices should consider in the daily compilation of export and import price indices. Intended for use by both ...

Mali 2013-12-06 International Monetary Fund. African Dept. This Technical Assistance Report focuses on continued modernization of the Malian tax system and administration. The crisis that has afflicted Mali since 2012 has had an adverse economic impact, reflected in a 25 percent decline in government resources and negative growth of -1.2 percent. Despite the difficult context, the combination of reduced investment expenditure, improved tax collection, reduced subsidies, and increased taxes on petroleum products served to contain the budget deficit at 1.3 percent of GDP. In regard to increasing own resources, the government is committed to increasing tax receipts to reduce dependence on foreign aid.

Regulatory and Procedural Barriers to Trade in the Republic of Albania 2016-12-31 United Nations Economic Commission for Europe This study is a contribution to Albania's trade development efforts. It provides action-oriented recommendations, which draw on extensive primary information collected during face-to-face interviews using UNECE evaluation methodology and consultations with public and private stakeholders.

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At the Intersections Inn, where the roads of reality merged, travelers from alternate dimensions gathered to share tales of their divergent lives. Each doorway in the inn led to a unique reality, and the innkeeper, a guardian of the Crossroads, ensured that the stories flowed seamlessly between worlds.

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At the Intersections Inn, where the roads of reality merged, travelers from alternate dimensions gathered to share tales of their divergent lives. Each doorway in the inn led to a unique reality, and the innkeeper, a guardian of the Crossroads, ensured that the stories flowed seamlessly between worlds.

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Accounting Terms – Profit & Loss and Other Terms

Different fields of study make use of certain terms that are not easily understood by others. If you're an accounting student or a professional accountant, you know the different terms used in accounting. One very popular term is profit & loss.

So, do you know what the term means? To start with, you have to determine what profit means. Profit can be referred to as net earnings or net income. Businesses can either sell services or even products. Profit will come from the sales of these services and products. If the costs of running a business are controlled, it can add up to the profits.

Profits are also called ROI or return on investment. However, this term is often limited to securities like bonds or stocks. But still, some companies use ROI to mean short or long term business outcomes. Taxable income is another term for profit.

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Apart from studying the medical history of the patient, the doctor will recommend diagnostic procedures such as bone scans, X-ray, magnetic resonance imaging and blood test. The bone scans will determine the arthritic changes and degenerative changes in the joints, which helps to detect tumors & bone diseases and the cause of pain and inflammation. The X-ray will give the inside picture of the bones, tissues and organs. The magnetic resonance imaging provide detailed image of the structures within the body with the help of large magnets. It is best if slipped capital femoral epiphysis is determined in the early stages, so that the femur bone's head doesn't slip off any further. The adolescent may need to undergo a surgery along with physical therapy.

Periodontal Disease in Adolescents

The meaning of the word "periodontal" is around the tooth. Also known as gum diseases periodontal diseases are nothing but serious infections caused by bacteria that harm the gums and tissues in the vicinity of the mouth. While dental cavities or caries only affects the tooth Periodontal disease is devastating affecting the bones that surround the tooth, gums, coverings of teeth root and tooth membrane. A physician specializing in the treatment of periodontal disease is known as Periodontist.

example asycuda world customs pdf pdf.Finding an Accounting Job

Now that you've finished your accounting course, it is time to find an accounting job. A lot of young adults are now wondering where to find the perfect job. They find it very difficult because there are not so many job opportunities out there. But if you only know where to look, you can get a job right away especially if you meet all the job qualifications.

When looking for a job, you should make use of all the available resources like a headhunter or an employment service, the local papers, and of course, the internet.

Consider the following tips when searching for an accounting job.

All you have to now is find a clinic that offers this service to customers so you will soon look radiant to other people.

Solutions asycuda world customs pdf pdf;Accounting Software for Small Businesses

If you think that starting your own business is cakewalk, you're very wrong. Aside from developing good products and services, you still need to sell them to the market. One of the essential factors in running a business is effectively managing finances. The language of any business, whether big or small, is accounting.

The business scene is always loaded with work pressure. Therefore, there is an unerring need for handling accounts and finances effectively. Even small businesses need to be organized to achieve success and to do this the business owner should get the appropriate accounting software. Business units usually set long-term goals and to reach the goals, accounting management is required. If you want to be your business' boss, you will need accounting software. Manually doing all the accounting works can lead to a lot of errors which can terribly affect any business.

As owner of a small business, you have to know where funds come from and where it goes. If you decide to do accounting tasks manually, it can consume a great portion of your time and it will be cumbersome on your part.

Analysis asycuda world customs pdf pdf

Are you very much interested in accounting? Well, if you are, you should take up accounting education. By doing so, you will gain systematic knowledge about the different practices and skills involved in accountancy and business.

What is the meaning of accounting? It is defined as the art of systematic recording and analyzing of financial business transactions. The history of accounting dates back many years ago. Accounting is already an essential part of modern education. Every nation needs accounting because it is the key to economic development.

If you want to pursue an accounting course, you should first choose a university or college. There are local universities and colleges that you can enroll in for an accounting course. If you prefer attending college abroad, you may do so.

But make sure that you choose the university or college wisely. You also have to determine where you will stay when you're already there; you can either stay at the dormitory or you can rent an apartment. Expenses are a great consideration as well.

*Power asycuda world customs pdf pdf:*Before this person does anything, you will first have to answer a few questions. You will then be given a physical exam to check your pulse and observe the shape, color and coating of your tongue. Other things that are checked will be the color and texture of the skin and your posture as this will give clues to your health.

Only then will you be told to lie down on a padded examining table and the needles are inserted to the skin. The difference with this kind of needle is that they twirl and jiggle each time they are pushed further into the body.

You may not feel them at all and if you do, it will only be a twitch that soon goes away. Once they are in place, this will be left there for 15 to 60 minutes that may make you feel very relaxed and sleepy that you may even doze off. Once the session is complete, the needles are removed and you will be on your way.

Fight asycuda world customs pdf pdf

The first is called TCM based acupuncture. Here, it uses eight principles of complementary opposites to create harmony in the body. These include yin/yang, internal/external, excess/deficiency, hot/cold.

Next is called French energetic acupuncture. This is often used by MD acupuncturists. Meridian patterns are emphasized here particularly the yin-yang pairs of primary meridians.

Korean hand acupuncture is another as practitioners believe that the hands and feet have concentrations of qi, and that applying acupuncture needles to these areas is effective for the entire body.

Study case asycuda world customs pdf pdf-Impulses of electromagnetic energy can also be used as the body generates tiny but electrical discharges which influence the function, growth and maturity of certain types of cells. By inserting the needles in these areas, it stimulates and alters the neurotransmitters in the body thus making the patient feel better after treatment. This is also sometimes used for diagnosis and testing.

There are also other forms of acupuncture that do not use needles. For instance there is sonopuncture that uses an ultrasound device that transmits sound waves to points in the body to treat a patient. Some practitioners use a tuning fork or other vibration devices.

Acupressure is another. Here, the professional will use their hands to relieve the pain. This can be used on it sown or with other manual healing techniques.

Legend asycuda world customs pdf pdf

In short, the business' language is accounting. All business activities are quantified through accounting and this is where all business reports are derived and later on, communicated to the management level. What career opportunities can you expect if you're a graduate of accountancy?

Public Practice – if you become a CPA, you can do public practice. You can give your services to clients in exchange for an affordable fee. Usually, CPAs work in partnerships and they offer their services to businesses, governments, and even to individuals. The job responsibilities of an accountant in public practice will usually include auditing, taxation, management advisory services, etc. You can gain a lot of work experience in this field.

Education – accountancy graduates can also teach after they get their methods of teaching. They can become a researcher, reviewer, and a professor. If you choose this profession, you can learn a lot of things. You can clear out certain accounting issues, conduct research, and then distribute the results.

Best Seller : asycuda world customs pdf pdf.Every business aims to get a good and positive figure because that would mean profit to them; if not, the business is at a loss. Societies and economies are built on profit. However, there are times when a certain business incurs losses. Consumer behaviors and economic trends change. Because of this fact, it is not possible to foresee the company's future performance at all times.

How can you tell if a business is at a loss? That is understandable and even those who have no background in accounting know what it means. All liabilities will be deducted from the assets and if results to a negative amount, then the business is at a loss. The accounting staff of the company can still pursue effective measures to revive the business. If the business has efficient and effective accounting staffs, the business can improve in the near future.

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The number of treatments you will need depends on the patient's condition. On average this could be from 10 to 5 treatments and 2 to 3 times a week. How much it will cost also varies as this could be from \$40 to \$150. Some insurance companies and HMO's now cover that or partially so you should check if this is included in your policy.

Anyone can try acupuncture to relieve pain or prevent one but many practitioners decline to see someone during pregnancy. But if you have already started, it is generally safe to do so until the infant is born.

Some acupuncturists may ask you to take in some herbs as part of the treatment. Since you have no idea what it can do, have this checked first by your local doctor to make sure this is safe as this could interact with the drugs you are taking causing side effects.

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Most patients that undergo acupuncture will not feel any significant change after one session which is why a few sessions are needed. Best of all, it is painless so your body will not feel sore afterwards.

Several studies have been conducted about acupuncture and there have been positive results. For instance in the UK, 400 participants who were suffering from migraines claimed they felt better after 3 months worth of sessions.

In the US, acupuncture has also proven to be effective in helping people deal with arthritis because the needles help the body fight against this chronic illness that is much cheaper and more effective than conventional medicine.

Curse asycuda world customs pdf pdf

Acupuncture and Weight Loss

There are a lot of people who are overweight. For those who are obese, perhaps surgery is the best option but for those who can't, they can try to see if acupuncture can help take out the excess weight. Acupuncture is a form of holistic healthcare that uses needles to help treat a patient. Unlike the cartoon where the balloon will pop and all the air will go out, the needles that are inserted into the vital points will stimulate the body to release endorphins thus helping the person control their appetite. But before needles are inserted, the specialist will first ask the patient some questions and perform an examination. This is needed to understand the main cause for the person to be overweight.

Behind the asycuda world customs pdf pdf The Benefits of an Accountancy Career

There is an increase in demand for knowledgeable CPAs all over the world. When you say knowledgeable, the accountant must know how to perform various duties like bookkeeping, tax preparation, company audits, and even project management. The demand for the best CPAs in different industries is due to the updated laws, business practices, and the reliance to technology. Here's great news to those accountancy graduates who love to work with numbers and who are willing to learn the newest accounting software – there are a lot of job opportunities out there, waiting for qualified accountants. According to statistics, the accountancy field is growing at a very fast rate. Presently, there are about 1.2M accountants in different industries including corporations, public agencies, charitable organizations, and educational institutions; this is the best time to join the accounting field. If you've earned a Master's degree in accounting, the better because you have a higher chance of landing a job; those who have a bachelor's degree can also take advantage of the various job opportunities online or in the local papers.

History asycuda world customs pdf pdf...Acupuncture and Autism

Studies have shown that there is an increase in the number of children that have been diagnosed with autism. Until now, doctors have not yet found a cure to this illness which is why some parents want to experiment with alternative forms of treatment and one example is acupuncture.

Acupuncture is a holistic approach in treating and preventing certain diseases. Its main tool are very thin needles that are inserted to targeted points in the body. The body has about 400 of them linked through a system known as meridians or pathways. Once these are stimulated, these are supposed to create balance in the body.

Autism on the other hand is a brain disorder that is long term. This disease is characterized by deficits in language, social communication and cognition. Children who are diagnosed with this illness may also suffer from secondary problems such as aggression, irritability, stereotypes, hyperactivity, negativism, volatile emotions, temper tantrums, short attention span and obsessive-compulsive behavior.

Guide asycuda world customs pdf pdf-Fifth, medical doctors do not believe in the potential of alternative medicine. This is not true because there are more doctors these days that are open to the idea that there are other ways to help patients aside from conventional medicine. In fact, some of them even recommend an acupuncturist if they know that what they have done is not effective.

Another myth is that every patient will undergo the four needle technique. This is not true and it will only be used when the specialist feels that the energy of the patient is virtually not moving as a last resort.

The seventh myth is that it is better for a medical doctor to perform acupuncture. This is wrong because the training is much different than that taught in medical school. Students who have an acupuncturist license train for 3,000 hours before they are allowed to practice this profession. So between an acupuncturist and a medical doctor, you should go with someone who has learned about this much longer.

The Best asycuda world customs pdf pdf;After the regular sessions, it is advisable to go back for follow up treatment. It should be every 2 weeks for the next 2 months and then once a month later on.

Aside from needles, most clinics use herbs in the form of masks, poultices and moisturizers. Before you use it, check with your doctor to make sure there is no allergic reaction to any forms of medication that you are taking.

After the first facial acupuncture treatment, you will usually see an increased glow to one's complexion which the Chinese say an increased Qi or blood flow to the face. It becomes more open, the wrinkles start to disappear and the skin appears more toned.

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Start now and look and look for a career in accountancy while you're still young. New accountancy graduates are produced every year and so you mustn't lose hope if you still don't have a career right now. Exert some effort and time and soon you will have a rewarding career.

If the church doesn't want to hire a skilled force of financial experts, they can simply make use of the church accounting software. Accounting experts designed the software and it can assist church officials in managing finances. The software engineers are already well-acquainted with the church's various needs and so they can easily tailor-fit a certain church's software according to its particular requirements.

The church accounting software is quite different from other software. Ordinary accounting software is designed to suit the needs of modern businesses. The church accounting software on the other hand focuses mainly on the necessities of the institution. The church has no ambition or any financial interest. Remember, the church is not being taxed by the government and so its expenditure and resources takes a different curve altogether. Aside from that, the church has several expenditure and income account heads.

Best Seller : asycuda world customs pdf pdf,Reactions And Research

Not everyone is impressed with acupuncture itself. Most western medical professionals have expressed either doubt or indifference to the oriental method while others have downright driven it down into the earth with criticisms and brutal skepticism. However, recent research shows the efficacy (or lack thereof) of acupuncture, and while more research has to be done, it has been proven to actually positively affect some, but not all, forms of ailments that it claims to cure.

So as the doors open to a new age of acupuncture, give it a try when you feel the need for pain relief and you will not be disappointed. As the Chinese have used it for many centuries, so should we.

Life Lessons from asycuda world customs pdf pdf~Therefore, the church accounting software is designed to meet the various needs of the institution and it still has room for customization since the needs of the church also change as years go by.

If the church wants to handle all its financial transactions with ease, they should get a church accounting software. By doing so, they can create account statements, balance sheets, budget reports, print checks, maintain invoices, record purchases, etc with ease.

But before anything else, the church representative who will purchase the church accounting software should be knowledgeable. He or she must look into the software's various features and carefully examine it. That person should make sure that the software is flexible to respond to the church's ever changing needs.

Miracle asycuda world customs pdf pdf

But acupuncture only reached the US in the early 80's with the establishment of a regulatory board called the National Commission for Acupuncture and Oriental Medicine. As a result, various schools have been built and those who want to become licensed acupuncturists are now able to practice their profession.

Despite that, there were a lot of people who are not yet convinced on the positive effects of alternative forms of medication. It was only in 1995 that the US Food and Drug Administration decided to classify the needles used for acupuncture as medical instruments and assured the public that they are both safe and effective.

To further promote acupuncture, the NIH or National Institute of Health in 1997 has stated that this technique is very useful in treating various health conditions. These include ear, nose, throat, respiratory, gastrointestinal, eye, nervous system and muscular disorders. In some cases, acupuncture is able to prevent some of them from happening.

Obsession asycuda world customs pdf pdf

Heat cramps are the mildest of all heat related injuries and constitute aching muscle cramps and also spasms that occur during intense exercising and also after intense exercising and also sweating in high heat. The symptoms of heat cramps include cramps that are painful in the legs. Flushed and moist skin is also symptoms of heat cramps. The symptoms could also include mild fever generally below 102 degree Fahrenheit. Teens suffering from heat cramps should move to a cool place and take adequate rest. Remove any excessive clothing and wear or put cool clothing on skin or cool skin using air conditioner or fan. Sports drinks which are cool and which contains sugars and salts can also be taken. Stretching out cramped muscles slowly and steadily also helps reduce heat cramps.

On the other hand heat exhaustion is more serious and severe compared to heat cramps and occur due to heavy loss of salt and water from the body. Extreme heat conditions, inadequate fluid intake and excessive sweating results in this conditions. Also, heat exhaustion occurs as a result of inability of the body to maintain the body temperature below the normal which can deteriorate further and also result in a heat stroke which is even worse. The symptoms of heat exhaustion are: muscle cramps, moist skin, pale skin, nausea, fever above 102 degree Fahrenheit, diarrhea, vomiting, fatigue, headache, weakness, anxiety and faint feeling. Teens suffering from heat exhaustion should stay in cool surrounding and take enough rest. Removing excessive clothing, putting on cool clothes and sitting in fan or air conditioning also helps the situation. Intake of cold sports drinks which contains salts and sugars are also advisable. If a teen doesn't show any signs of improvement even after taking all these measures a physician should be consulted immediately.

Behind the asycuda world customs pdf pdf;You can think of a session with the acupuncturist as very much like massage therapy. A good massage would help give you a very relaxing sleep that night and an acupuncturist could help you with your sleep as well. You might immediately start to feel drowsy as soon as the right nerves are stimulated by the acupuncturist's needles.

You might be asking yourself how you'd be able to relax if you're suffering from the pain of the needles attached to your body. What you might not realize is that because of the thinness of the needles, you would hardly feel anything. The most

that many people claim they feel is a kind of tingling feeling where the needles are. And that is actually a sign that the process is working, Acupuncture is a practice that helps you use your bodies own ability to manage stress properly. This leaves you healthier, and more importantly, prevents any of the serious diseases that could come from unbalanced, stressful lifestyles.

Reading asycuda world customs pdf pdf-The profit & loss of a certain company is determined by finance professionals through accounting. They can determine what created the profits as well as the losses. Accountants form some sort of business equation so justify the profits & losses of a business. By doing so, they can easily tell a company's net worth.

It seems that by simply starting to define one accounting term, it eventually leads to defining other terms as well. Net worth is another term that is quite difficult to understand. It refers to the resulting amount after deducting the liabilities of a company from the assets. Private companies refer to net worth as owner's equity.

Why owner's equity? Well, after deducting all the liabilities, what's left basically belongs to the owner. In the case of public companies, the profit of the business is returned as dividends to shareholders. As you can see, before owner or shareholders of a company can take hold of the profits, all liabilities must be deducted first.

observation asycuda world customs pdf pdf

A rest of about a month is generally advised and normal activities can be resumed after acute symptoms disappear. Also care should be taken to avoid physical activities which are heavy in nature and also activities or sports involving physical contacts should also be avoided. Care must also be taken to avoid eating sweet things in excess for few months.

Menstrual Disorders in Adolescent Girls

Adolescence is the time when there is sudden transformation in the body and many questions arises in the minds of the adolescents. Firstly they are not able to cope with the changes and secondly the changes bring along problems with them. The most challenging problems are related to menses, in girls. Menstrual conditions are many that may require physician's attention or any other healthcare professional's attention. The most common of the menstrual disorders are premenstrual syndrome, dysmenorrheal and amenorrhea.

Before the onset of the menses, females face many uncomfortable symptoms which last for a short period, stretching from few hours to few days. But some of them can be very intense and can disturb the normal functioning of the person. These symptoms are grouped as premenstrual syndrome. In usual cases, the symptoms come to a halt when the menses begin, but for some they may last even after the menstrual periods are over. Eighty five percent of the females experience some of the symptoms of premenstrual syndrome at one time or the other. Nearly forty percent experience the symptoms so intensely that their daily chores are affected by it and ten percent are disabled by it.

Fight asycuda world customs pdf pdf-There are basically 14 pathways throughout the body where chi flows continuously. These are called the meridian points. In order for chi to course through the body unobstructed, there has to be a balance between the strengths of yin and yang. In ancient Chinese philosophy, yin and yang represent the forces of the universe- yin is for feminine, while yang is for masculine. Every single thing in the universe is believed to contain both yin and yang for harmony.

When the yin and yang are not balanced, chi cannot stream through the body liberally. Therefore, the meridian points through which chi courses through need to be stimulated. This is done by the insertion of hair-thin, disposable needles in specific areas on a person's body to induce bodily harmony and bring about healing.

A certified and trained acupuncturist will be able to carry out an excellent therapy session for the patient. Trainings for acupuncturists are given in order for them to obtain their licenses. A poor practitioner may not be proficient enough with the practice and could end up jeopardizing the results of the entire procedure. Nowadays, it is wise to verify on a practitioner's credentials to ensure a safe and effective acupuncture treatment.

*Study case asycuda world customs pdf pdf*__But you have to remember that acupuncture is not permanent. It merely starts something that you have to finish on your own. Some smokers who go 2 or 3 times a week to the clinic will need to come back for follow up sessions in the future.

At the same time, you have to find ways to prevent yourself from picking up a cigarette. You can do this by staying away from people who smoke since you will be tempted to ask for a stick. You can create your own personal mantra which you repeat to yourself every time you have an urge.

Remember that this craving is only short term and will last only for a few minutes. You have worked so hard to leave this behind so stick to the path and stay smoke free.

Revenge asycuda world customs pdf pdf

The treatment is finished after an hour and when the needles are removed, you are advised to wear ear magnets so your session continues even when you leave the clinic. While acupuncture itself is a painless procedure, some smokers have claimed that they felt a prick or get sleepy.

Most smokers will have to come to the clinic 4 to 6 times before seeing any significant results. Just to give you an idea, one study shows that the respondents reported a decrease in the number of cravings to smoke just after one or two sessions. Seven out of 10 of the respondents were able to kick the habit after 5 or 6 sessions.

Because the number of test subjects is small, there are some who doubt the effectiveness of acupuncture. This is because although there are positive signs with regards to the short term effects of this technique, its effects were not sustained. This is why some medical journals have stated that it is unclear what acupuncture can do in smoking cessation.

Discovery asycuda world customs pdf pdf...Acupuncture Closely Revealed

The foundation of acupuncture rests on the relevance of an individual's chi in maintaining bodily and mental health. It is believed that chi is present in every living creature, and flows through specific pathways in the body. Health problems arise when the flow of chi on the body is blocked. As a result, a person may feel persistent headaches, muscle pain, fever, weakness, or in the worst case, becomes afflicted with more serious health conditions.

A Deeper Explanation of Acupuncture

Acupuncture has its origins in ancient Chinese philosophy and practice. More than ten thousand years ago, during the Old Stone Age of China, stones were fashioned into knives for medical purposes. After several years, during the New Stone Age, these stones were eventually made into needles intended for the same therapeutic end. These accounts are further evidenced by unearthed stone needles found to be of the same types used during the New Stone Age.

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Acupuncture in the Western World

One of the most debated issues between the East and the West is the use of acupuncture as a western means of medical treatment. Even though this form of medicine has been used as an effective method for over five thousand years in China, there is no concrete evidence from scientific research studies that have proven the healing properties of acupuncture.

Skeptics shrug off the positive effects of acupuncture as merely placebo effects. Believers in acupuncture, however, say that the benefits have simply not yet been proven. Believers promote that the treatment is harmless and can be used as a complement to western medicine.

Behind the asycuda world customs pdf pdf

Although many forms Chinese medication remain debated concepts in Western society, there is a growing interest in these medications and perhaps as the acceptance of the practice grows, so will the discoveries about its medical properties.

More Information on Acupuncture

You can find more information about acupuncture at an acupuncture center close to you. You can easily locate nearby centers or practitioners by searching online. An appointment may be necessary as acupuncture centers are usually busy with long wait lists.

So if western medicine is not working for you and you are looking for an alternative, give some thought acupuncture. More and more people are discovering the therapeutic benefits of this ancient medicine. Acupuncture is safe and harmless, and therefore you have nothing to lose and everything to gain.

Story of" asycuda world customs pdf pdf:Acupuncture Degrees

If you want to pursue a career in acupuncture, you need to obtain a degree and become a licensed professional.

This can easily be accomplished in three years of schooling from an accredited alternative medicine school which prepares students in the various acupuncture techniques to treat illnesses resulting from allergies, occupational stress, emphysema, gastrointestinal stress, arthritis, headaches, depression, and hypertension to name a few.

Students who enroll in such courses will be taught through demonstration, discussion and hands on application.

History asycuda world customs pdf pdf,**Quitting Smoking for Good with Acupuncture**

Acupuncture is already a renowned method used in treating smoking addiction. An alternative medicine believed to have originated as far as 3000 BC in ancient China, this treatment is now being widely utilized for various medicinal and therapeutic purposes. It has been found furthermore to successfully treat drug dependence and chronic smoking addiction.

There are several smoking cessation medications and therapies available presently. However acupuncture is a recommended alternative procedure, especially where conventional therapies have already failed. The strategic insertion of needles in various parts of the body aims to treat the condition in a more profound and emotional level. A smoker needs to free himself from the physiological and psychological addiction of smoking, thus necessitating a more holistic treatment.

Instruction asycuda world customs pdf pdf

Eating disorders not only result in physical abnormalities, but also psychological abnormalities. Adolescents with eating disorders take onto social isolation, low self esteem, affective disorders, low self concept, substance abuse, anxiety, and depression. Usually adolescents switch to unhealthy eating habits because of depression and lack of knowledge about affective techniques to lose weight. So the patients who are being treated for eating disorders must also be treated for psychiatric illness, if they have any. Even if the habits doesn't fit the strict criteria, adolescents who limit food intake, binge, vomit or purge accompanied with or without harsh weight loss, should be monitored because of the involvement of risk of even death. Early treatment will have an improved outcome. But the level of intervention in adolescents should be less when compared to adults.

Eye problems and injuries in Adolescents

Every year more than one million people get eye injuries, out of which ninety percent are preventable if safety eyewear is used. One hundred and twenty five thousand eye injury cases are caused by household products.

It is a good habit to wash hands regularly, especially after handling household chemicals. When using detergents and hazardous solvents, the handler must wear chemical safety goggles. Also, no children must be around while handling chemicals. While spraying, the nozzle must be turned away from the face. Fertilizers, pesticides and paints must be stored away from reach. While doing household activities proper protective gears such as goggles, gloves, boots and helmet should be worn, if required. The house must be illuminated adequately to avoid accidents in the dark. Stairs should also be illuminated and the rails must also be installed. The instructions for opening the tops of bottles must be read carefully to avoid them from popping and injuring other people. Children and adolescents should read instructions before handling operating equipment before playing games. All power equipment must be installed with guards. While playing outside, the eyes must be protected by UV protective goggles and it is a bad idea to look at the sun directly.

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Although one test has proven that acupuncture can help migraines, other tests will also have to be done to prove if this is true. Until such time that other results are published, patients will have to rely on conventional medicine that is prescribed by a doctor.

But you don't have to wait for the results to come out. If you think it is worth a try, go for it. Just ask for a referral from your doctor as there are many practitioners who have accepted the fact that alternative forms of medicine can also help a patient.

You can also find someone online. You can be sure they are certified if they are recognized by the National Certification Commission for Acupuncture and Oriental Medicine.

Liberation asycuda world customs pdf pdf:Results have showed that of 30 respondents in the test, majority showed functional improvement of various degrees depending on the age and severity of their disabilities. Some improvement was noticeable within a few TAC sessions, especially for drooling, spasticity (scissoring or tiptoeing), ataxia, and poor balance in walking. Functional improvement was noted after one to two courses of TAC. Most children tolerated TAC well, with only occasional pain and minor bleeding in some patients.

The reason why tongue acupuncture is being experimented with is because there is a connection between the tongue and the heart through the meridians that spread to all the organs in the body. It is believed that the points on the tongue can influence the state of the other body organs thus giving relief to the one suffering from autism.

But many believe that acupuncture alone cannot help autism sufferers. It has to be combined with other things like maintaining a certain diet to help improve one's mood and communication skills. Although it is only short term, it is better than nothing until a cure is found.

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The needles used helps the body balance the serotonin levels since it is a neurotransmitter that affects blood vessels and has a role to play in migraines. In fact the more frequent these sessions are the better. It may even come to a point where the specific point of contact is no longer needed but the general stimulation itself.

The end result of undergoing acupuncture is amazing. If you experience 15 to 20 days of agonizing pain, this may be count down to only 8 days. You won't even need to use that much medication anymore as before.

For those who are working, this is good so that they are not absent from work that much and there won't be that much deductions in their salary.

Review asycuda world customs pdf pdf,There are two subcategories of eating disorders, anorexia nervosa and bulimia nervosa. Anorexia nervosa is the restrictive form, where the intake of food is limited severely. In bulimia nervosa is the eating disorder where the adolescent binges on food and then tries to minimize the effects by forcibly vomiting, fasting, and catharsis or over exercising. When handling adolescence eating disorders, they must be handled differently from adult eating disorders. Adolescents face problems such as growth retardation, suppressed height, abnormal weight, pubertal delay, menstrual periods absence, and menses unpredictability. When the adolescent is growing there will be critical tissue components loss like loss of body fat, muscle mass and bone mineral.

Nutritional imbalance is also caused which reflect abnormalities in the levels of vitamins, mineral and other trace elements. The problem is that these abnormalities cannot be recognized clinically. But since protein and calories are essential to the growth of the adolescent, it is important to trace their abnormalities. Because of the problems, healthy adulthood is not a possible thing. Because of all these reasons, it is important to diagnose adolescence eating disorders as early as possible. Eating disorders give rise to peak bone mass impaired acquisition in case of adolescents. When they turn into adults, this problem aggravates to osteoporosis. Even internal organs get affected due to eating disorders. All this can be prevented by early intervention so as to limit, prevent and ameliorate medical complications, which can turn become life threatening.

Adolescents who practice unhealthy weight control practices and are obsessive about figure, weight, food or exercise should be treated clinically. Not only should the symptoms be checked, but their duration, intensity and frequency should also be checked. Although most of the physical complications caused due to eating disorders get solved with the help of nutritional rehabilitation some of the conditions become irreversible and the long term consequences of this are very dangerous. It is best if the eating disorders are recognized in the early stages as it won't result in irreparable damage. The medical monitoring should be pursued till the adolescent returns back to appropriate psychological and medical health.

Legend asycuda world customs pdf pdf___The best part about acupuncture is that there are no harmful side effects and no chance for an addiction to occur. The patient will have to come back for regular treatment and have to pay attention to one's diet and exercise regularly as needles can only do so much to control one's weight.

The number of treatments for someone who is overweight varies depending on how many pounds they want to lose, the speed at which they want to lose it and their commitment to sticking to the plan.

The average patient on the other hand who wants to lose 5 to 10 pounds will have to come for treatment every three days or twice a week then once this is attained, once every two weeks. It is up to the person until when the treatment will be done which shows that acupuncture can help you lose weight.

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A course of acupuncture therapy will last anywhere from a few weeks to a few months. This depends upon the complexity of the particular medical condition. Results also vary, so it is important to have a frank discussion with the acupuncturist regarding expected results and their time frame. In general, the patient will begin to feel beneficial effects after three or four session. Certain specific conditions will actually get a little worse before improving so keeping informed is key.

In modern medicine, the use of traditional techniques with proven results has become a widely accepted practice. Acupuncture has proven its worth time and again. Modern practice guidelines make it effective, reproducible, and safe. It is a gift of healing from ancient sages that has the potential to bring relief to millions of people.

Preliminary studies have shown that acupuncture may provide symptomatic relief to children suffering from autism. Although difficult at first, it is believed that it is rewarding in the long run. This is because while conventional therapy and treatment requires that the child stay still, acupuncture doesn't. Some say it's a quick prick at the vital points in the body.

asycuda world customs pdf pdf___A group of children in the US participated in a test to see how effective acupuncture is among children. There are 22 respondents and each of them was given the treatment once every other day for four months. After the treatment 20 out of the 22 respondents showed remarkable improvement. In fact 2 of them has cerebral blood flow. The only thing that did not change prior to treatment and after was the blood flow between the left and right cerebrum as it showed no differences.

Aside from traditional acupuncture to help children with autism, a preliminary study in Hong Kong is trying to see if tongue acupuncture can produce better results.

Challenge asycuda world customs pdf pdf

Cholesterol in Adolescents

Parts of adolescent's body are filled with a waxy stuff identified as cholesterol. It helps to produce vitamin D, cell membranes and certain hormones. Blood cholesterol comes from two different sources, liver within the body and food. The adolescent's liver produces enough cholesterol to carry out proper functioning.

The blood acts as the carrier of cholesterol and transports it to different parts of the body. They are transported in round particle form known as lipoproteins. There are two types of lipoproteins called the low density lipoproteins or LDL and high density lipoproteins or HDL. Low density lipoprotein or LDL cholesterol is commonly known as bad cholesterol. It helps in the building up of plaque in arteries and this condition is known as atherosclerosis. The LDL level must be low in the blood and if it is high it must be decreased. Healthy weight must be maintained and exercise should be done regularly. Food items which have high contents of calories, dietary cholesterol and saturated fat must be avoided.

High density lipoprotein or HDL cholesterol is the good cholesterol. It is actually a kind of fat in blood which helps to remove bad cholesterol from the body and stops the build up of plaque in the arteries. The more the HDL cholesterol in the blood the better it is. The HDL can be raised by at least twenty minutes of exercising daily, decreasing body mass and keeping away from food with saturated fat. Some adolescents need to take medications in order to increase HDL. In such

cases, increasing HDL can be a complicated procedure and the physician can make a therapeutic plan to increase HDL in the blood stream.

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Curse asycuda world customs pdf pdf:Allergic reactions can range from mild symptoms like runny nose to more severe ones such as difficulty in breathing. Teenagers suffering from asthma often have allergic reaction to cold and get asthma attack is another example of allergies. Some kinds of allergies trigger multiple symptoms. Allergic reactions in very rare cases also produce severe reaction known as “anaphylaxis” for which the signs are difficulty in breathing, difficulty in swallowing, swelling in tongue, lips and throat and dizziness. This allergic reaction occurs as soon as the system is exposed to substances that trigger allergic reactions like peanut although some reactions are delayed by as much as four hours.

The reasons why people get allergies can be various and one of the reasons could be hereditary but that that does not necessarily mean that children are bound to get allergies from their parents. Some of the common allergens include food, airborne particles, insect bite and sting, medicines, chemicals etc. Food allergies typically occur in infants and usually vanish as the child grows. The list of food allergens includes milk & dairy products, wheat, soy, eggs, peanuts, and seafood. Some people are allergic to stings and bites of certain insects. The venom in the bite is the one which actually causes reaction and can be as serious as anaphylactic in some teens. Some teens are also allergic to airborne particles which are also known as environmental allergens. They are also the commonest of all the allergens. Examples of these allergens include dust mites, animal dander, mold spores, grass pollens, trees and ragweed. Some adolescents are also allergic to certain antibiotic medicines. Another common allergen is chemical, certain chemicals present in laundry detergents or cosmetics can cause rashes that are itchy in nature.

Allergists usually treat allergic problems. They may ask questions like symptoms of the allergy and whether it is hereditary. They may also prescribe certain diagnostic tests like blood or skin test depending on the type of allergy. The best way to treat allergies is to completely avoid the substances that cause allergies. However there are certain medications and injections are also available to treat allergies.

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Once you start your accounting classes, you have to study all your lessons and know them by heart. This is the only way to become a successful professional someday. And of course, you need to pass all your exams so that you will soon hold your diploma.

There are many career opportunities for accounting graduates. Again, if you think that an accounting course is the best for you, enroll now. Study hard and master the principles and concepts of accounting. Only by then can you say that you’re an effective and efficient accountant.

Developing awareness in related fields. In accounting alone, there are several career opportunities. If you keep yourself up to date, you will be able to perform effectively and resourcefully. Know the recent developments in the accounting field. Don’t focus all your attention to your current career. You have to look into other accounting careers so that you can be a well-rounded employee.

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The greatest advantage of this ancient Oriental procedure is the absence of side-effects during and after treatment. Unlike smoking cessation medications and nicotine replacement therapy products, acupuncture does not employ chemically manufactured substances. There is also no risk of weight gain during therapy. In conjunction with helping a patient quit smoking, it can also curb appetite, thus reducing food cravings. If you have tried several methods in smoking cessation to no avail, perhaps it is high time you consider the alternative method that is acupuncture. With the right practitioner and the right frame of mind, there is no reason why you won’t be nicotine-free before long.

The Do’s and Don’t of Acupuncture

Study case asycuda world customs pdf pdf:Accounting has four general areas, namely – public, government, internal auditing, and management accounting. If you choose an accounting course, you will learn how to prepare and organize financial reports that include collation or calculation of a range of figures, analyses, tax, and even projections.

Traditionally, the study of accounting focused mainly in the technical skills. The traditional methods in the study of accounting include teaching the basic principles and concepts of accounting. The present accounting practices haven’t adapted yet to the various changes in business, regulatory environment, and economics. There are now modern methodologies used in accounting education. These methodologies are based mainly on accounting communication, decision-making, ethics, analytical skills, and the internal auditing principles.

Educational programs in accounting have the same objectives and one is to teach the students about the various accounting principles. Aside from that, the students will also learn to develop their skills through various accounting practices. Professional accountants today have greatly benefited from modern accounting education. Accounting education also functions as an effective management tool for business executives.

*Miracle asycuda world customs pdf pdf;*There are things that patients have to be aware of before, during and after surgery. The same goes for those who undergo acupuncture because in order to enhance the value of the treatment, there are some do’s and don’ts that patients have to follow.

First, you should not eat a large meal before or after treatment.

You should also avoid over exercising, engaging in a sexual activity or consume alcoholic beverages 6 hours before and after treatment.

Since the acupuncture session will last from 45 minutes to 2 hours depending on how often you have to go to the clinic, you better fix your schedule so you have time to rest.

Legend asycuda world customs pdf pdf,Instruments

Modern acupuncturists nowadays use disposable fine stainless steel needles that are 0.007 to 0.020 inches in diameter which are sterilized with either ethylene oxide or by autoclave. Since they are way finer than hypodermic syringe needles, being poked by these needles are relatively painless. The upper third of the needle is covered with either a thicker bronze wire or plastic to make the needle sturdier and easier to handle. The length of the needle and how far they are inserted is all up to the acupuncturist and his practised style of acupuncture.

Example Of Treatment

If a patient has a headache, he/she is diagnosed and is treated by stimulating the sensitive points located at the webs between the thumbs and palms. In acupuncture theory, these points are connected to the face and head and can be used for treatment of headaches and other ailments involved. Needles are then carefully inserted into the skin until the patient feels a twinge, which is usually accompanied by a slight involuntary twitching of the area. During this treatment, a number of things may occur.

- Sensitivity to pain in where needles are inserted.
- A hint of nausea during treatment in case of bad headaches.
- Near-immediate headache relief.

*asycuda world customs pdf pdf...*Chances are, you were consulting with a doctor prior to your visit to the acupuncturist. If there are any prescription medicines given, don’t forget to take them.

You will not feel any improvement after just one or two visits with the acupuncturist. Just the same, you should write this down so you can go back to the acupuncturist on your next visit and tell him or her how you felt during the previous session. Such feedback will let the specialist know what needs to be modified in the future to help you with your problem.

The acupuncturist might give you some herbs to take as part of your treatment. Since you don’t know if taking them will have any side effects with the medication you are taking, you should first consult with your doctor if it is safe to consume both.

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But acupuncture is not risk free. Hematoma may develop if the needle punctures a circulatory structure. It is also possible that pneumothorax may occur if the needle is inserted too deep. There is also the risk of HIV and hepatitis if the needle was not properly sterilized.

Now that you know what acupuncture is, you must not forget that it is merely an alternative and not a proper form of medical treatment. This means you should still be examined by a professional in the medical field who can determine the severity of your illness or disease.

Power asycuda world customs pdf pdf~In some cases, acupuncture is more effective when the needles are first heated. This technique is known as “moxibustion.” Here, the acupuncturist lights a small bunch of the dried herb called moxa or mugwort and holds it above the needles. The herb, which burns slowly and gives off a little smoke and a pleasant, incense-like smell, will never directly touch your body.

Another variation is electrical acupuncture. Here, electrical wires are hooked up to the needles and a weak current runs through it which may cause no or little sensation at all.

It is also possible that herbal medications will also be prescribed by the acupuncturist for your treatment to be successful.

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The benefits of an accountancy career are nothing compared to other degrees in college. Although some accountants have bad reputations, most of them are still working honestly. These accountants are contributing their knowledge and skills for the betterment of the business industry.

If you want to be part of them, go ahead; just try and apply for a career in accountancy. Who knows, tomorrow you might already have a job.

To start with, you can become an industrial or private accountant. Here, accounting is limited to only one firm. If you choose this profession, you will only be serving one employer. You have to provide your best service and skills to your employer and in turn, the employer will remunerate you.

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The earliest account of this is found in the book called Nei Jing which in English means the Yellow Emperor's Classic of Internal Medicine. The contents of this book date somewhere around 200 BC. Back then, they did not use metal needles and instead used those made out of stone, moxibustion and herbs to treat a patient.

Acupuncture prevents and treats diseases by inserting very fine needles into the skin specifically at the anatomic points of the body.

The principle behind this concept is that illnesses occur because there is an imbalance in your life force otherwise known as Qi. It is believed that this flows in 14 channels in the human body known as meridians which branch out to bodily organs and functions. If there is a blockage or obstruction in any of them, this is when you succumb to a disease or an illness.
