

ONE THING THAT WESTERN SCIENCE CAN AGREE UPON IS THAT THERE ARE NO PROVEN HARMFUL EFFECTS OF ACUPUNCTURE. MANY DOCTORS AGREE THAT AS LONG AS A MEDICATION IS NOT DETRIMENTAL TO ONE'S HEALTH, THEN THERE IS NO REASON WHY IT SHOULD NOT BE USED IF THERE ARE NOTICEABLE BENEFITS. MOST SCIENTISTS WOULD ALSO STATE THAT IT IS SIMPLY DUE TO A LACK OF RESEARCH THAT THE THERAPEUTIC PROPERTIES OF ACUPUNCTURE HAVE NOT YET BEEN PROVEN.

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ACUPUNCTURE IS ALREADY A RENOWNED METHOD USED IN TREATING SMOKING ADDICTION. AN ALTERNATIVE MEDICINE BELIEVED TO HAVE ORIGINATED AS FAR AS 3000 BC IN ANCIENT CHINA, THIS TREATMENT IS NOW BEING WIDELY UTILIZED FOR VARIOUS MEDICINAL AND THERAPEUTIC PURPOSES. IT HAS BEEN FOUND FURTHERMORE TO SUCCESSFULLY TREAT DRUG DEPENDENCE AND CHRONIC SMOKING ADDICTION.

THERE ARE SEVERAL SMOKING CESSATION MEDICATIONS AND THERAPIES AVAILABLE PRESENTLY. HOWEVER ACUPUNCTURE IS A RECOMMENDED ALTERNATIVE PROCEDURE, ESPECIALLY WHERE CONVENTIONAL THERAPIES HAVE ALREADY FAILED. THE STRATEGIC INSERTION OF NEEDLES IN VARIOUS PARTS OF THE BODY AIMS TO TREAT THE CONDITION IN A MORE PROFOUND AND EMOTIONAL LEVEL. A SMOKER NEEDS TO FREE HIMSELF FROM THE PHYSIOLOGICAL AND PSYCHOLOGICAL ADDICTION OF SMOKING, THUS NECESSITATING A MORE HOLISTIC TREATMENT.
