

The Political Economy Of Kenya Pdf Pdf

This work comments on three decades of development theory, discusses the determinants of the course of its evolution and decline, and exemplifies it from the viewpoint of a leading participant in the debate. The Political Economy of Kenya 1987-11-17 Michael G. Schatzberg The Political Economy of Kenya is a collection of timely and up-to-date essays focusing on the interaction of politics and economics in Kenya's domestic political arena. The essays, written by scholars from Kenya, the United States, and Great Britain, contain in-depth presentation based on contemporary research. For example, the contributors stress the interdependence of politics and economics in determining political outcomes and examine the Kenyan political system in that light. Chapters discuss such topics as Kenyan agriculture, urbanization and spatial planning, public enterprises, public policy and reform, and specific case studies on labor and social issues.

Beyond the Miracle of the Market 1992-09-28 Robert H. Bates An analysis of the political and economic origins of institutions and the role of these institutions in Kenya's economic development, from the Mau Mau rebellion of the 1950s to the droughts of the 1980s. Annotation copyrighted by Book News, Inc., Portland, OR

Beyond the Miracle of the Market 2005-05-09 Robert H. Bates As capitalism defeated socialism in Eastern Europe, the market displaced the state in the developing world. Robert Bates focuses on Kenya, a country that continued to grow while others declined in Africa, and criticizes the neo-classical turn in development economics. Attributing Kenya's exceptionalism to its economic institutions, Bates relates its subsequent economic decline to the change from the Kenyatta to the Moi regime--and the subsequent use of the power of economic institutions to redistribute rather than to create wealth.

The Political Economy of Decentralization in Sub-Saharan Africa 2012-12-28 Bernard Dafflon For two decades now, experiences in decentralization and federalization have been in progress in many countries, particularly in Sub Saharan Africa. How can these processes be understood and improved? Focusing on four Sub-Saharan countries (Burkina Faso, Ghana, Kenya and Senegal), this volume applies an original approach to address such questions.

Underdevelopment in Kenya 1975 Colin Leys

The American Political Economy 2021-11-11 Jacob S. Hacker Drawing together leading scholars, the book provides a revealing new map of the US political economy in cross-national perspective.

The Political Economy of Development in Kenya 2011-12-01 Kempe Ronald Hope, Sr. Kenya is a country of geopolitical and economic importance in East Africa. It shares borders with unstable states such as Somalia and Sudan while being a hub for trade, communication, finance, and transportation across the region. Although relatively stable since its independence in 1963, the country still faces poverty, inequality, and corruption. In addition, the contested election of 2007 led to severe ethnic strife that tested its political stability, leading to a new constitution in 2010. This unique survey by a leading expert on the region provides a critical analysis of the socio-economic development in Kenya from a political economy perspective. It highlights Kenya's transition from being a centralized state to having a clear separation of powers and analyzes key issues such as economic growth, urbanization, corruption, and reform. The book identifies Kenya's key socio-development problems and offers solutions to improve both governance and economic performance, making it an essential resource to researchers, academics, and policy makers working on development issues and African politics.

Illusions of Location Theory: Consequences for Blue Economy in Africa 2021-01-05 Douglas Yates "Illusions of Location Theory: Consequences for Blue Economy in Africa" questions the relevance of 'location theory' in explaining the coastal-hinterland continuum and the implications for the utilization of blue economy ecosystem in such a contested space in Africa. It pays more attention to territorial contestations, maritime disputes, vulnerabilities of landlocked states, and expansionist policies as displayed through spatial organizational regimes. These areas of investigation have previously been largely studied from the narrow perspective of 'location', unduly focusing on comparative advantages of 'distance', while neglecting the influence of 'forces' such as technology, ideology, and the power of mental mapping in spatial decision making. This volume puts forward the argument that the harmonious relationship between states, and efficient exploitation of the blue economy ecosystem in ways that promote peace between states, lies not only in the structural transformation of markets, but also in bridging the spatial and social divide between the coastal and hinterland societies. Thus, this work proffers possibilities for a holistic regime for managing Africa's coastal-hinterland continuum through innovative strategies such as SMART blue economies and the infusion of the geopolitical dimension into the management of maritime and territorial diplomacy. The combination of theoretical and empirical analysis, buttressed by in-depth case studies of what works in the management of blue economy ecosystem and what does not work, make this volume ideal for researchers, students, and practitioners interested in African regional studies, African political economy, political geography, strategic military studies, governance of seas and oceans, and maritime science/diplomacy.

The Political Economy of Soil Erosion in Developing Countries 2016-05-20 Piers Blaikie First published in 1985. This book examines wide variety of ways in which environmental deterioration, in particular soil erosion, can be viewed and the implicit political judgements that often inform them. Using the context of developing countries, where the effects tend to be more acute due to underdevelopment and climatic factors, this work aims to examine this source of uncertainty and make explicit the underlying assumptions in the debate about soil erosion. It also rejects the notion that soil erosion is a politically neutral issue and argues that conservation requires fundamental social change. This title will be of interest to students of environmental and developmental studies.

A Political Economy of Africa 1981 Claude Ake Monograph comprising a compilation of essays on the economic policy of Africa - examines historical development of dependence within the international capitalist system (role of developed countries and of multinational enterprises), discusses social stratification, cultural factors, social role of women, etc., and includes ideological statements representative of African development policies (incl. Agricultural policies). Bibliography.

Political Economy of Hunger 1991-10-17 Jean Drèze This is an open access title available under the terms of a CC BY-NC-ND 3.0 IGO licence. It is free to read at Oxford Scholarship Online and offered as a free PDF download from OUP and selected open access locations. WIDER The World Institute for Development Economics Research, established in 1984, started work in Helsinki in 1985, with the financial support of the Government of Finland. The principal purpose of the Institute is to help identify and meet the need for policy-oriented socio-economic research on pressing global and development problems and their inter-relationships. WIDER's research projects are grouped into three main themes: hunger and poverty; money, finance, and trade; and development and technological transformation. Volume III deals with the strategic options for the elimination of endemic hunger. The topics covered include: the comparative extent of hunger and deprivation in different parts of the world; the influence of food production; the interconnections between economic growth and public support; the role of economic diversification in reducing vulnerability; the potential impact of direct public provisioning on living standards; and the politics of public action. In addition to general analyses, the book examines the international relevance of a number of specific country experiences in Asia, Africa, and Latin America (including those of China, India, Sri Lanka, Brazil, Kenya, Bangladesh, and Nigeria).

The Political Economy of the Kimberley Process 2020-09-03 Nathan Munier In the late 1990s, the issue of diamonds contributing to conflict began to receive global attention. In response, the Kimberley Process, an international agreement drawn up in 2003, was implemented to reduce the trade of conflict diamonds and provide a way to certify the global diamond trade. This study looks at the political economy of resource-wealthy states in Africa to understand responses to the Kimberley Process, asking why some African states have higher levels of compliance and co-operation than others. Using cross-country comparisons to explain differing state policies and outcomes, Nathan Munier explores whether domestic, private economic actors matter in how international agreements operate. In doing so, he asks why states that regularly ignore

international agreements will use scarce resources to raise their level of compliance with the Kimberley Process. Focusing on the domestic political economy of states, in contrast to past theories of state responses to international agreements, Munier finds that economic dependence and the preferences of private actors are essential in understanding the variation of state responses to international agreements.

Global Trends 2040 2021-03 National Intelligence Council "The ongoing COVID-19 pandemic marks the most significant, singular global disruption since World War II, with health, economic, political, and security implications that will ripple for years to come." -Global Trends 2040 (2021) Global Trends 2040-A More Contested World (2021), released by the US National Intelligence Council, is the latest report in its series of reports starting in 1997 about megatrends and the world's future. This report, strongly influenced by the COVID-19 pandemic, paints a bleak picture of the future and describes a contested, fragmented and turbulent world. It specifically discusses the four main trends that will shape tomorrow's world: - Demographics- by 2040, 1.4 billion people will be added mostly in Africa and South Asia. - Economics-increased government debt and concentrated economic power will escalate problems for the poor and middleclass. - Climate-a hotter world will increase water, food, and health insecurity. - Technology-the emergence of new technologies could both solve and cause problems for human life. Students of trends, policymakers, entrepreneurs, academics, journalists and anyone eager for a glimpse into the next decades, will find this report, with colored graphs, essential reading.

Underdevelopment in Kenya 1977 Colin Leys

Public Choices and Policy Change 1991-04 Merilee S. Grindle

Problem-Driven Political Economy Analysis 2014-01-13 Verena Fritz This volume presents eight good practice examples of problem-driven political economy analysis conducted at the World Bank, and reflect what the Bank has so far been able to achieve in mainstreaming this approach into its operations and policy dialogue.

Swahili State and Society 1995 Ali Al'Amin Mazrui This text examines the social and political impact of the Swahili language.

Tanzania 2013-07-25 Andrew Coulson This book gives an account of the political economy of Tanzania, from pre-colonial times to the present. It shows the strengths and weaknesses of Julius Nyerere, the leader who brought the country to Independence in 1961. A new introductory chapter sets the book in context and discusses current issues such as natural resources.

The Politics of Africa's Economic Stagnation 1985-11-29 Richard Sandbrook African states are not, in any real sense, capitalist states. Elsewhere, the state has played a crucial role in facilitating capitalist expansion, but in postcolonial Africa one finds a form of neopatrimonialism - personal rule - that introduces a variety of economic irrationalities. Productive economic activities are impeded by the political instability, systemic corruption and maladministration associated with personal rule. In extreme cases, a downward spiral of political-economic decline is set in motion that is difficult to halt and reverse. Is personal rule simply a euphemism for ineptitude and mismanagement? The authors argue that it is not; it operates according to a particular political rationality that shapes a ruler's actions when, in the absence of legitimate authority, he is confronted with the challenge of governing an unintegrated peasant society. Neopatrimonialism is essentially an adaptation of colonial-inspired political institutions to peculiar historical and social conditions. This book focuses on the political factor as an important cause of Africa's economic ills. It analyses the social conditions impelling political adaptation and the consequences of personal rule for economic life, and surveys creative responses to the predicament African people now face.

Pockets of Effectiveness and the Politics of State-building and Development in Africa 2023-07-03 Sam Hickey This is an open access title available under the terms of a CC BY-BC-ND 4.0 International License. It is free to read at Oxford Scholarship Online and offered as a free PDF download from OUP and selected open access locations. Why do certain parts of the state in Africa work so effectively despite operating in difficult governance contexts? How do 'pockets of bureaucratic effectiveness' emerge and become sustained over time? And what does this tell us about the prospects for state-building and development in Africa? Repeated economic and social crises have demanded that development thinkers and policy actors have had to engage with the critical role that states play in delivering development. Pockets of Effectiveness and the Politics of State-building and Development in Africa shows that politics is the driving factor that shapes how well state agencies perform their roles. It deploys a new conceptual framework - the power domains approach - to explore the shifting fortunes of key state agencies in five countries - Ghana, Kenya, Rwanda, Uganda, and Zambia - over the past three decades. Our original research reveals when, how and why political rulers decide to build effective state agencies and enable them to deliver certain forms of economic development - often through forming strategic coalitions with senior bureaucrats and with international support - and also when this support falters and gives way to a politics of survival. Comparative analysis identifies two potential trajectories towards state-building in Africa, each shaped by different configurations of social and political power. The book critiques the role that international development agencies have played in (mis)shaping the state in Africa and suggests a new strategic agenda for building the state capacities required to deliver sustained development at the current juncture. The book closes with critical commentaries from two leading scholars in the field, to help place our work in context and establish the next steps for research and strategy in this increasingly important area of development theory and practice.

The Politics of Basic Needs 1982 Richard Sandbrook Study, comparison of poverty in Africa, especially in urban areas, and development policy options - based on a description of income distribution and economic disparities, dependence with regard to industrialization and technological change, etc, argues for economic development based on basic needs; reviews obstacles to such development, and considers future political behaviour on the part of the working class likely to bring it about. References, statistical tables.

The Political Economy of the Abe Government and Abenomics Reforms 2021-02-25 Takeo Hoshi This volume seeks to explain the political economy of the Abe government and the so-called 'Abenomics' economic policies. The Abe government represents a major turning point in postwar Japanese political economy. In 2019, Abe became the longest serving Prime Minister in Japanese history. Abe's government stood out not only for its longevity, but also for its policies. Abe came to power promising to reinvigorate Japan's economy under the banner of Abenomics. He pursued a host of structural reforms and industrial promotions to increase Japan's potential growth rate. Abe also achieved important legislative victories in security policy. However, the government also faced significant controversies. The book will hold appeal to scholars and students specializing in the study of Japanese politics, comparative political economy, the politics of contemporary advanced democracies, macroeconomic policy, labor market reforms, corporate governance, gender equality, agricultural reforms, energy and climate change, and East Asian security.

The Political Economy of Predation 2015-12-11 Mehrdad Vahabi This book analyses conflict theory through one type of conflict in particular: manhunting, or predation.

The Political Economy of Health and Health Care 2020-05-28 Joan Costa-Font Provides an international, unifying perspective, based on the 'public choice' tradition, to explain how patient-citizens interact with their country's political institutions to determine health policies and outcomes. This volume will appeal to undergraduate and graduate students studying health economics, health policy and public policy.

Institutions, Institutional Change and Economic Performance 1990-10-26 Douglass C. North Continuing his groundbreaking analysis of economic structures, Douglass North develops an analytical framework for explaining the ways in which institutions and institutional change affect the performance of economies, both at a given time and over time. Institutions exist, he argues, due to the uncertainties involved in human interaction; they are the constraints devised to structure that interaction. Yet, institutions vary widely in their consequences for economic performance; some economies develop institutions that produce growth and

development, while others develop institutions that produce stagnation. North first explores the nature of institutions and explains the role of transaction and production costs in their development. The second part of the book deals with institutional change. Institutions create the incentive structure in an economy, and organisations will be created to take advantage of the opportunities provided within a given institutional framework. North argues that the kinds of skills and knowledge fostered by the structure of an economy will shape the direction of change and gradually alter the institutional framework. He then explains how institutional development may lead to a path-dependent pattern of development. In the final part of the book, North explains the implications of this analysis for economic theory and economic history. He indicates how institutional analysis must be incorporated into neo-classical theory and explores the potential for the construction of a dynamic theory of long-term economic change. Douglass C. North is Director of the Center of Political Economy and Professor of Economics and History at Washington University in St. Louis. He is a past president of the Economic History Association and Western Economics Association and a Fellow, American Academy of Arts and Sciences. He has written over sixty articles for a variety of journals and is the author of *The Rise of the Western World: A New Economic History* (CUP, 1973, with R.P. Thomas) and *Structure and Change in Economic History* (Norton, 1981). Professor North is included in *Great Economists Since Keynes* edited by M. Blaug (CUP, 1988 paperback ed.)

Routledge Handbook of African Politics 2013-03-12 Nic Cheeseman Providing a comprehensive and cutting edge examination of this important continent, Routledge Handbook of African Politics surveys the key debates and controversies, dealing with each of the major issues to be found in Africa's politics today. Structured into 6 broad areas, the handbook features over 30 contributions focused around: The State Identity Conflict Democracy and Electoral Politics Political Economy & Development International Relations Each chapter deals with a specific topic, providing an overview of the main arguments and theories and explaining the empirical evidence that they are based on, drawing on high-profile cases such as the Democratic Republic of Congo, Kenya, Nigeria, Somalia, South Africa, Rwanda and Zimbabwe. The Handbook also contains new contributions on a wide range of topical issues, including terrorism, the growing influence of China, civil war, and transitional justice, making it required reading for non-specialists and experts alike. Featuring both established scholars and emerging researchers, this is a vital resource for all students of African Studies, democratization, conflict resolution and Third World politics.

The Oxford Handbook of Kenyan Politics 2020-02-25 Nic Cheeseman Kenya is one of the most politically dynamic and influential countries in sub-Saharan Africa. Today, it is known in equal measure as a country that has experienced great highs and tragic lows. In the 1960s and 1970s, Kenya was seen as a "success story" of development in the periphery, and also led the way in terms of democratic breakthroughs in 2010 when a new constitution devolved power and placed new constraints on the president. However, the country has also made international headlines for the kind of political instability that occurs when electoral violence is expressed along ethnic lines, such as during the "Kenya crisis" of 2007/08 when over 1,000 people lost their lives and almost 700,000 were displaced. The Oxford Handbook of Kenyan Politics explains these developments and many more, drawing together 50 specially commissioned chapters by leading researchers. The chapters they have contributed address a range of essential topics including the legacy of colonial rule, ethnicity, land politics, devolution, the constitution, elections, democracy, foreign aid, the informal economy, civil society, human rights, the International Criminal Court, the growing influence of China, economic policy, electoral violence, and the impact of mobile phone technology. In addition to covering some of the most important debates about Kenyan politics, the volume provides an insightful overview of Kenyan history from 1930 to the present day and features a set of chapters that review the impact of devolution on regional politics in every part of the country.

Governing Kenya 2021-04-16 Gedion Onyango This book is authored by some of the renowned scholars in Africa who take on the task to understand how Kenya is governed in this century from a public policy perspective. The book's public policy approach addresses three general and pertinent questions: (1) how are policies made in a political context where change is called for, but institutional legacies tend to stand in the way? (2) how are power and authority shared among institutional actors in government and society? and, (3) how effective is policymaking at a time when policy problems are becoming increasingly complex and involving multiple stakeholders in Africa? This book provides an updated and relevant foundation for teaching policy, politics and administration in Kenya. It is also a useful guide for politicians, the civil society, and businesses with an interest in how Kenya is governed. Furthermore, it addresses issues of comparability: how does the Kenyan case fit into a wider African context of policymaking? 'This volume is a major contribution to comparative policy analysis by focusing on the policy processes in Kenya, a country undergoing modernization of its economic and political institutions. Written by experts with a keen eye for the commonalities and differences the country shares with other nations, it covers a range of topics like the role of experts and politicians in policymaking, the nature of public accountability, the impact of social media on policy actors, and the challenges of teaching policy studies in the country. As a first comprehensive study of an African nation, Governing Kenya will remain a key text for years to come'. —Michael Howlett, Burnaby Mountain Chair of Political Science, Simon Fraser University, Canada 'A superb example of development scholarship which sets aside 'best practice' nostrums and focuses on governance challenges specific to time and place while holding on to a comparative perspective. Useful to scholars and practitioners not only in Kenya but across developing areas. I strongly recommend it!' —Brian Levy teaches at the School of Advanced International Studies, Johns Hopkins University, USA, and the University of Cape Town, South Africa. 'This book is an exploration of important deliberations - of interest for those of us interested in deepening the understanding of public policy theories and their application within a specific African setting'. —Wilson Muna, Lecturer of Public Policy, Kenyatta University, Nairobi, Kenya 'This collection of think pieces on public policy in Kenya gives the reader theoretical and practical hooks critical to the analysis of the implementation of the sovereign policy document in Kenya, the 2010 Constitution'. —Willy Mutunga, Chief Justice & President of the Supreme Court, Republic of Kenya, 2011-2016 'Governing Kenya provides a comprehensive analysis of public policymaking in Kenya. The book integrates public policy theory with extensive empirical examples to provide a valuable portrait of the political and economic influences on policy choices in this important African country. The editors have brought together a group of significant scholars to produce an invaluable contribution to the literature on public policy in Africa'. —B. Guy Peters, Maurice Folk Professor of American Government, University of Pittsburgh, USA

The Struggle for Land and Justice in Kenya 2020 Ambreena Manji Finalist for the African Studies Association's 2021 Best Book Prize. Explores the limits of law in changing unequal land relations in Kenya.

The Political Economy of Financial Regulation 2019-01-31 Emilius Avgouleas Examines the law and policy of financial regulation using a combination of conceptual analysis and strong empirical research.

Food Price Policy in an Era of Market Instability 2014-11-27 Per Pinstrup-Andersen This is an open access title available under the terms of a CC BY-NC-SA 3.0 IGO licence. It is free to read at Oxford Scholarship Online and offered as a free PDF download from OUP and selected open access locations. Food price volatility is one of the major challenges facing current and future global food systems. Since 2006, global food prices have fluctuated greatly around an increasing trend and price spikes were observed for key food commodities such as rice, wheat, and maize. The full or partial transmission of these global food price changes to individual developing countries, together with domestic food price changes, caused by domestic factors such as extreme weather events and market disruptions, caused governments to respond in a variety of ways. While there is ample description of the nature, content, and causes of food price fluctuations during the last 5 to 7 years, very little is known about the processes that led to policy responses or the relative power and behaviour of the participating stakeholder groups. Understanding how and why governments responded as they did is important to enhance the existing knowledge of the political economy of food price policy and to assist governments in their policy-making as they confront future food price fluctuations. This book presents results from political economy studies of food price policy in 14 developing countries as well as the United States and the European Union.

Political Economy of Africa 1982 Dennis Cohen Monograph comprising a compilation of essays on the economic policy of Africa - examines historical development of dependence within the international capitalist system (role of developed countries and of multinational enterprises), discusses social stratification, cultural factors, social role of women, etc., and includes ideological statements representative of African development policies (incl. Agricultural policies). Bibliographys.

The Political Economy of Taxation in Latin America 2019-06-27 Gustavo Flores-Macias Offers a

comprehensive, region-wide analysis of the politics of taxation in Latin America to make reforms politically palatable and sustainable.

Rents to Riches? 2011-12-08 Naazneen Barma This volume focuses on the political economy surrounding the detailed decisions that governments make at each step of the value chain for natural resource management. From the perspective of public interest or good governance, many resource-dependent developing countries pursue apparently short-sighted and sub-optimal policies in relation to the extraction and capture of resource rents, and to spending and savings from their resource endowments. This work contextualizes these micro-level choices and outcomes.

The Law of Political Economy 2020-04-23 Poul F. Kjaer "Political economy themes have - directly and indirectly - been a central concern of law and legal scholarship ever since political economy emerged as a concept in the early seventeenth century, a development which was re-inforced by the emergence of political economy as an independent area of scholarly enquiry in the eighteenth century, as developed by the French physiocrats. This is not surprising in so far as the core institutions of the economy and economic exchanges, such as property and contract, are legal institutions. In spite of this intrinsic link, political economy discourses and legal discourses dealing with political economy themes unfold in a largely separate manner. Indeed, this book is also a reflection of this, in so far as its core concern is how the law and legal scholarship conceive of and approach political economy issues"--

Leading Issues in Economic Development 1984 Gerald M. Meier Now in its seventh edition, *Leading Issues in Economic Development* introduces a new co-author, James E. Rauch. Maintaining the unique structure that the book has established over the last 35 years, Rauch has revised and updated this seventh edition to strengthen the analytical and quantitative dimensions and to clarify contemporary and future problems of development policy. The co-authors integrate the most insightful materials in this wide-ranging field, offering students the opportunity to experience a variety of perspectives while helping them to keep sight of overarching themes. This edition adds two new chapters: "Income Distribution" and "Development and the Environment." It also now consolidates several chapters and increases the number of selections from leading professional journals. In this edition, both the selections and the authors' own overviews, notes, comments, and exhibits make greater use of empirical analysis as well as modern economic theory. In all, *Leading Issues in Economic Development* provides fresh and serious attention to the interplay between development experience, changing views of economists, and policy.

Commerce and Manners in Edmund Burke's Political Economy 2020-05-14 Gregory M. Collins This book explores Edmund Burke's economic thought through his understanding of commerce in wider social, imperial, and ethical contexts.

African International Relations Ken Oluoch This book makes critical contributions to the understanding of African international relations using topics such as; polar politics and regionalism in Africa, refugees and African politics, regionalism in Africa; Evaluating Economic Progress, African Women in Diplomacy, and Intra-African Trade: Political Economic Perspectives. Others are Changing Security: Global Health, Militarization of Regimes, OAU-Pan Africanism; AU – Missing Ideology, Foreign Policy in Africa: Issues, Dynamics and Challenges, Ideology and Contemporary Political Thinking in Africa, Paradoxes of Hedging in Regional Security Complexes of Africa, The Rise of China in Africa's Conflict - Cooperation, and Landlocked Countries Foreign Policy and Cross Border Security.

No Shortcuts to Progress 1983-01-01 Goran Hyden

The Rise & Fall of Development Theory 1996 Colin Leys This work comments on three decades of development theory, discusses the determinants of the course of its evolution and decline, and exemplifies it from the viewpoint of a leading participant in the debate. Leys suggests that Africa has some lessons to teach about the meaning of uncontrolled capitalist development on a global scale. North America: Indiana U Press

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Even though acupuncture isn't part of Western medicine, Western medicine experts have studied it extensively. Some theories as to why it works involve acupuncture perhaps stimulating the brains release of the bodys natural painkillers. Acupuncture could also stimulate proper circulation in the human body.

Western medicine is still studying acupuncture and trying to find out how to best integrate it with practices in Western medicine. That is why, along with Western medicine and trips to the doctor, one could certainly try acupuncture.

It couldnt hurt and it might actually be the one to finally relieve you of a lot of your bodys aches and pains and even make you healthier.

Study case the political economy of kenya pdf pdf:Obesity in Adolescents

Obesity and overweight are the second most major reasons of preventable deaths in America. Stagnant lifestyle and junk food is to be blamed for more than three hundred thousand deaths per annum. The sad thing is that this problem is on the rise. Obesity is a chronic disease which poses serious health risk to the health of an individual. Also, obesity is the easiest recognizable medical problem, but is very difficult to deal with.

People usually confuse obesity with overweight. Overweight is gaining of a few extra pounds. A person is considered obese when the total body weight is minimum ten percent more than the recommended weight for his/her body structure and height. According to an estimate every year hundred billion dollars are spent on the obesity problem. It is very important to treat the problem as early as possible. Obese children between the age of ten and thirteen have eighty percent chances of growing into obese adults, unless they change their ways and adopt a healthier lifestyle. The obesity problem starts from the age of five and continue till adolescence.

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It doesn't matter if you are still in high school or if you are already working because a shift in your career could let you achieve your true calling.

The best way to start though is to talk with an acupuncturist about what it takes to become one so he or she will be able to give you an idea of what happens in the job.

If you haven't picked a school, talk to students about the curriculum so you get your money's worth should you decide to attend this college.

the political economy of kenya pdf pdf.Obsessive Compulsive Disorder in Adolescents

Obsessive compulsive disorder or OCD starts from adolescence onwards. OCD is feeling of strong obsessions and compulsions which result in intense discomfort and affects daily functioning. Obsessions are thoughts which are persistent and recurrent. They even include unwanted images and impulses which lead to distress and anxiety. These feelings and thoughts are usually irrational or unrealistic. Compulsions are repetitive rituals or behavior such as checking something again & again, or mental acts such as counting. These obsessions & compulsions cause intense distress and anxiety and can interfere with the daily activities, relationships, social activities and academic functioning. The person with OCD thinks that he has no control over his actions. OCDs are relapsing and chronic illness.

The thoughts change as the adolescent grows. Younger children suffering from OCD often have thoughts of harm befalling on them and their family such as thief getting into the house through an unlocked door. This will make the children to recheck the door and windows again and again fearing that they might have left the door unlocked accidentally. Teenagers suffering from OCD fear that they might get fall sick due to germs, contaminated food and AIDS. The adolescent develops certain rituals, such as washing hands innumerable times, in order to get over the fear. These rituals help them to think that they have overcome the problem for the time being and give them temporary relief. If they do not perform these rituals, they become more and more anxious.

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Finding an Accounting Job

Now that you've finished your accounting course, it is time to find an accounting job. A lot of young adults are now wondering where to find the perfect job. They find it very difficult because there are not so many job opportunities out there. But if you only know where to look, you can get a job right away especially if you meet all the job qualifications.

When looking for a job, you should make use of all the available resources like a headhunter or an employment service, the local papers, and of course, the internet.

Consider the following tips when searching for an accounting job.

All you have to now is find a clinic that offers this service to customers so you will soon look radiant to other people.

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That's true and with such great amount of money, the church should make use of accounting. One way to do this is through a church accounting software. The church should be accountable for their people's money; church officials should therefore monitor where all the money came from and where it is being spent.

The church is a large institution and so are its financial transactions. In order to manage the accounts, the church will need a skilled force of financial experts. However, that would mean additional cost to the church since they have to pay for the services. It can consume so much time and money.

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Collection of pieces of evidence is very important and also its documentation. Courtroom proceedings use the documented papers. Aside from that, forensic accountants also prepare the needed reports for the effective management of the concerned company or enterprise and reports for the litigation parties or agencies. In court proceedings, forensic accountants testify to provide depositions based on their findings.

Various agencies and companies hire the services of forensic accountants. Most of them are included in the agency staffs of law enforcements and criminal investigations. Criminals are prosecuted based on the money trail tracked by the accountants. CPA firms also have available forensic accountants in their staff to assist partnership and shareholder disputes, employee theft or fraud, business loss, and issues of professional negligence.

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If you want to become a government accountant, you have to think twice because the public usually think differently of those in position. But it doesn't really matter what other people think as long as you're doing your work honestly and effectively.

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The duration of your treatment varies depending on the nature of your problem. Some are easy to fix compared to others especially if you are dealing with something long term. For instance, alcoholics and drug users may quit their vices after 3 or 4 months while those suffering from a disease like autism will take years as there is no know cure yet for the this illness.

Before the needles are inserted, you need to undergo a physical examination and answer a few questions. There are risks involved even though it is a painless procedure because the needle might hit something vital inside but if the specialist is good, then there is nothing to worry about.

You may notice a spot of blood when the needles come off. But if you are concerned about it, talk to your acupuncturist so he or she can prescribe something.

*Miracle the political economy of kenya pdf pdf__*Along with doctor consultation, a psychologist must also be consulted who can deal with the emotional challenges of the adolescent. The family should also play an active role in making the youngster feel better. The family should work in collaboration with physician, dietitian and diabetes educators. Teachers, counselors, school nurses, day care providers, and other community members can provide extended support and guidance. They can provide help with transportation, mental health counseling, health education, social services and financial services.

Eating Disorders in Adolescents

Since the adolescence is the age where bones are sprout and grow rapidly, well nourished food must be given to the adolescent to facilitate normal growth & development. The nutritional intake must be monitored regularly and modified depending upon the growing needs. Teenagers tend to develop eating disorders which affect their nutritional health. The eating behavior must be corrected as early as possible as it can lead to the development of complex illnesses. Eating disorder is the third common chronic illness, especially in adolescent females and the number has been increasing rapidly from the past thirty years.

Obsession the political economy of kenya pdf pdf-There are two subcategories of eating disorders, anorexia nervosa and bulimia nervosa. Anorexia nervosa is the restrictive form, where the intake of food is limited severely. In bulimia nervosa is the eating disorder where the adolescent binges on food and then tries to minimize the effects by forcibly vomiting, fasting, and catharsis or over exercising. When handling adolescence eating disorders, they must be handled differently from adult eating disorders. Adolescents face problems such as growth retardation, suppressed height, abnormal weight, pubertal delay, menstrual periods absence, and menses unpredictability. When the adolescent is growing there will be critical tissue components loss like loss of body fat, muscle mass and bone mineral.

Nutritional imbalance is also caused which reflect abnormalities in the levels of vitamins, mineral and other trace elements. The problem is that these abnormalities cannot be recognized clinically. But since protein and calories are essential to the growth of the adolescent, it is important to trace their abnormalities. Because of the problems, healthy adulthood is not a possible thing. Because of all these reasons, it is important to diagnose adolescence eating disorders as early as possible. Eating disorders give rise to peak bone mass impaired acquisition in case of adolescents. When they turn into adults, this problem aggravates to osteoporosis. Even internal organs get affected due to eating disorders. All this can be prevented by early intervention so as to limit, prevent and ameliorate medical complications, which can turn become life threatening.

Adolescents who practice unhealthy weight control practices and are obsessive about figure, weight, food or exercise should be treated clinically. Not only should the symptoms be checked, but their duration, intensity and frequency should also be checked. Although most of the physical complications caused due to eating disorders get solved with the help of nutritional rehabilitation some of the conditions become irreversible and the long term consequences of this are very dangerous. It is best if the eating disorders are recognized in the early stages as it won't result in irreparable damage. The medical monitoring should be pursued till the adolescent returns back to appropriate psychological and medical health.

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Diabetes is a disease where the human body is incapable of producing or utilizing insulin. Insulin is a hormone produced by the body in order to get energy by converting starches, sugar and other items. Since the insulin isn't used properly in diabetic people, the blood sugar level increases. This glucose buildup is found in blood and is then passed onto the urine and comes out of the body and the major source of body energy is lost.

Diabetes is a serious chronic disease and should be handled at proper time; otherwise it can create serious problems. It can pose a risk and can damage parts of the human body such as eyes, teeth, gums, blood vessels, nerves, and kidneys. This is the reason why diabetes is responsible in most of the cases of adult blindness, kidney failure and lower limb amputations. And if left untreated, it can cause stroke, heart disease and eventually, death. These problems are not only faced by adults, but also adolescents who get diabetes in their childhood. The important factor in treatment of diabetes is to keep the blood sugar level normal at all times.

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When adolescents wear braces they have to take certain precautions in order to avoid any more oral health complications. The most important precautionary measure is to brush the teeth regularly after every meal. Since the food can be easily lodged in braces, it is a good idea to brush carefully with soft bristles toothbrush and fluoride toothpaste. In the morning, the adolescent must floss between the braces and teeth. Food stuffs which are sticky or hard must be avoided as they are very difficult to remove. Foods like caramel, chew candy, popcorn, and nuts must be avoided. Cleaning must be done by the orthodontist or general dentist, every five to six months.

The wisdom teeth or third molars can grow in people of the age fifteen to twenty five. These teeth cause problem, because most of the mouths are too small to adjust new teeth and hence they need to be removed. If the wisdom tooth has place to grow, without affecting other teeth, they can be left to themselves. But if the adolescent experiences pain, facial swelling, mouth infection and gum-line swelling, then they should be extracted immediately. They can also destroy the second molars and impact other tooth. Various gum and jaw diseases can be caused. There can be a tumor development; cysts development and plaque build up. Hence, a surgery is performed to remove the tooth or teeth. The gum tissue covering the wisdom tooth is removed and the connective tissue connecting the tooth to the bone is detached. The tooth is then removed and the opening is sutured. A general dentist can perform wisdom tooth surgery in the local office using anesthesia.

Five times common than asthma is tooth cavities. The tooth above the gum line is made up of enamel, the hardest tissue within the human body. The tooth below the gum-line comprise of nerves, roots and dentin. Dentin is another type of tissue and isn't as hard as the enamel. The acid which leads to tooth decay is produced by bacteria. These acids, along with dietary sugar, attach the enamel and eat away the minerals within the enamel, until a cavity is formed. This is known as tooth cavity. The biggest prevention against dental cavities is brushing teeth twice a day and even better, after every meal with fluoride toothpaste and soft bristle toothbrush. Carbonated drinks must be avoided strictly and must be replaced with fruit juices and sugary food must be avoided. Intake of fluoridated water also helps a lot or fluoride supplements can be used as replacement.

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Although one test has proven that acupuncture can help migraines, other tests will also have to be done to prove if this is true. Until such time that other results are published, patients will have to rely on conventional medicine that is prescribed by a doctor.

But you don't have to wait for the results to come out. If you think it is worth a try, go for it. Just ask for a referral from your doctor as there are many practitioners who have accepted the fact that alternative forms of medicine can also help a patient.

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A company needs to seek help from a competent and experienced auditor or accountant so that all financial activities of the company are monitored and evaluated. This way, the company can gain a lot of benefits which can lead to its success. It is now easy to monitor the sales as well the operating expenses. All expenditures and income are recorded and the accountant can even provide you with strategies to help increase the profit and sales of a company.

Outsourcing is quite popular nowadays because it is a cost-effective measure for companies who want to cut-down their operation costs. That is why most companies are looking for services of chartered accountants. These accounting services can provide any company or organization with auditing services, company laws, taxation, and other related matters.

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Third, acupuncture is used to treat pain. This is only a half truth because this holistic technique has been proven to do other things such as stop a person's addiction, lose weight and prevent certain illnesses.

Fourth, there are some who think that Asians are the only ones that can practice acupuncture. Since 1982, there are already 50 schools all across the country that teach students about this technique and become licensed acupuncturists.

This means that anyone who has the desire to learn about this ancient practice can do so and help treat patients. Just to give you an idea, there are at least 3,000 acupuncturists now working in the US.

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Before you go to one, you should check if this is covered by your insurance. If it isn't, perhaps you should suggest that it should be included as it is much cheaper than having to undergo surgery.

Analysis the political economy of kenya pdf pdf,A Quick-Start guide to Acupuncture

Using needles to adjust bodily functions to optimum levels is the principle behind acupuncture. Both ancient Chinese and modern Western practitioners have used this technique to relieve many sufferers of chronic disease. Needling is a relatively safe, beneficial treatment strategy that can be used to reduce pain, improve healing, and increase general well-being. But exactly how is this procedure done and what sort of benefits can be obtained?

Procedure for Needle Puncture

There are two broad categories of acupuncture practice today, traditional Chinese medicine (TCM) and medical acupuncture. Both have their merits, so the choice is individual. The decision for most people hinges upon which philosophy appeals more to them and which technique holds the least apprehension.

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But before anyone can try facial acupuncture, they first have to be evaluated by the acupuncturist. This person will evaluate your age, lifestyle and diet. If everything looks good, then you will probably do an average of about 12 to 15 treatments. More could be done if your skin tends to sag, manifest jowls or have droopy eyes.

Facial acupuncture treatment needs to be done twice a week for about 45 minutes to 1 hour. For those who can't make two sessions in a week, they can opt for the 1 treatment that will last 90 minutes.

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Accounting is an essential part of the lives of people as well as businesses. Through accounting, an individual or business can keep track of all its financial transactions. If you're a professional, it only means that you earning income. Your income will be used to finance all your expenditures like food, water, electricity, and many others. If you keep track of these things, it can already be called accounting.

In businesses, financial transactions can get complicated and it will be impossible for one individual to handle the task. This is where the accounting software comes in. did you know that there are free accounting software online? That's true and if you only take time in surfing the internet, you can find this free software.

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The profit & loss of a certain company is determined by finance professionals through accounting. They can determine what created the profits as well as the losses. Accountants form some sort of business equation so justify the profits & losses of a business. By doing so, they can easily tell a company's net worth.

It seems that by simply starting to define one accounting term, it eventually leads to defining other terms as well. Net worth is another term that is quite difficult to understand. It refers to the resulting amount after deducting the liabilities of a company from the assets. Private companies refer to net worth as owner's equity.

Why owner's equity? Well, after deducting all the liabilities, what's left basically belongs to the owner. In the case of public companies, the profit of the business is returned as dividends to shareholders. As you can see, before owner or shareholders of a company can take hold of the profits, all liabilities must be deducted first.

Power the political economy of kenya pdf pdf..The History of Acupuncture

Acupuncture comes from two Latin words namely "acus" which means needle in English and "pungere" which means prick. Its history originated in China more than 2000 years ago and has evolved into various forms. Some of the techniques of acupuncture do not even use needles anymore. Vibrating objects, ultrasound and even the fingers of the practitioner have taken some of the work to make the person feel better.

Fight the political economy of kenya pdf pdf

Being a CPA, a professional accountant, or a chief accountant are just few of the many careers in accountancy. There are still other careers out there that you can pursue for as long as you're a graduate of accountancy. How can you find the many careers in accountancy?

That's very simple. You can start by logging on to the internet. There are specialized websites that offers job opportunities in accountancy. You can search these sites and find a job opening that you can qualify for. Make sure that you send your complete resume to the employer or the employment agency. If you do qualify for the job, you will be notified or informed.

In choosing among the careers in accountancy, you have to know your strong points and weak points. That way, you can choose a career that best suits your capability. You must always remember to choose a career that you like. If you love your career, you will not ask for anything else; you will be contented.

Study case the political economy of kenya pdf pdf

First step, log on to the internet. Job sites are all over the web and so you can definitely find an accounting job there. Most of the sites allow jobseekers to sort the job openings through location. After that, you can simply search by using 'accounting' as the keyword. If you surf the net, you can also find websites that focus mainly on accounting jobs. These sites can truly help you in looking for the perfect accounting job. If you can find a job online, then there's no need to check out other resources.

If the search for an accounting job online fails, your second step is to check out local papers. Local companies who are in need of accounting graduates will usually post an advertisement in the local paper and not on the internet. This only means that you can also find jobs through the local papers.

Take a close look at the classified ads section. Find the section about accounting jobs and there you have it. Sort through the job openings posted on the paper; get the address of the company, and the requirements. All the necessary contact information should be noted. Remember, you will be applying directly to the company and not an employment agency unless stated.

Concepts the political economy of kenya pdf pdf~Start now and look and look for a career in accountancy while you're still young. New accountancy graduates are produced every year and so you mustn't lose hope if you still don't have a career right now. Exert some effort and time and soon you will have a rewarding career.

If the church doesn't want to hire a skilled force of financial experts, they can simply make use of the church accounting software. Accounting experts designed the software and it can assist church officials in managing finances. The software engineers are already well-acquainted with the church's various needs and so they can easily tailor-fit a certain church's software according to its particular requirements.

The church accounting software is quite different from other software. Ordinary accounting software is designed to suit the needs of modern businesses. The church accounting software on the other hand focuses mainly on the necessities of the institution. The church has no ambition or any financial interest. Remember, the church is not being taxed by the government and so its expenditure and resources takes a different curve altogether. Aside from that, the church has several expenditure and income account heads.

Story of" the political economy of kenya pdf pdf-Heat stroke is the severest condition of all heat related illnesses. In this condition the body gets overwhelmed with excessive heat and the efficiency of the system that regulates body heat goes down considerably which can result in a serious emergency requiring immediate medical care. The symptoms of heat stroke include dry and warm skin, very high fever generally above 104 degree Fahrenheit, increased heart rate, appetite loss, nausea, headache, vomiting, fatigue, agitation, confusion, stupor, seizures, coma and possible death. A teenager experiencing symptoms of heat stroke should stay in a cool place and have adequate rest. Heat stroke is a serious condition and emergency attention should be sought by calling 911. In the meanwhile the affected teenager should be made free of excessive clothing and should be worn with cool clothes and also put cool water on the skin to lower the temperature. Placing ice bags in armpits also helps. Make the teenager drink cool drinks if the teenager is alert.

Heat strokes are very much preventable if certain precautions are taken like drinking adequate water during hot days, avoiding alcoholic and caffeine drinks, wearing light clothes, exercising in cooler time of the day, wearing sunglasses and hat, using umbrella on a hot day, applying sun cream with a spf of at least 15 etc.

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A rest of about a month is generally advised and normal activities can be resumed after acute symptoms disappear. Also care should be taken to avoid physical activities which are heavy in nature and also activities or sports involving physical contacts should also be avoided. Care must also be taken to avoid eating sweet things in excess for few months.

Menstrual Disorders in Adolescent Girls

Adolescence is the time when there is sudden transformation in the body and many questions arises in the minds of the adolescents. Firstly they are not able to cope with the changes and secondly the changes bring along problems with them. The most challenging problems are related to menses, in girls. Menstrual conditions are many that may require physician's attention or any other healthcare professional's attention. The most common of the menstrual disorders are premenstrual syndrome, dysmenorrhea and amenorrhea.

Before the onset of the menses, females face many uncomfortable symptoms which last for a short period, stretching from few hours to few days. But some of them can be very intense and can disturb the normal functioning of the person. These symptoms are grouped as premenstrual syndrome. In usual cases, the symptoms come to a halt when the menses begin, but for some they may last even after the menstrual periods are over. Eighty five percent of the females experience some of the symptoms of premenstrual syndrome at one time or the other. Nearly forty percent experience the symptoms so intensely that their daily chores are affected by it and ten percent are disabled by it.

First the political economy of kenya pdf pdf__Variations of Conventional Acupuncture

Auriculotherapy or ear acupuncture is one of the variations of conventional acupuncture. In this practice, it is believed that the ear provides a map for all the major bodily organs. A specific area or point on the ear corresponds to a particular organ, such as the heart, kidneys, or liver. Thus, the needles are placed in particular points around the ear and on the ear cartilage.

Staple acupuncture is a method used in smoking cessation, wherein staples are placed for a certain period anywhere on the ear area to provide stimulation.

Indeed there is growing evidence that this traditional Oriental practice can rival any modern forms of treatment. If you are one of the many people who are looking for a widely recognized and time honored therapeutic practice, acupuncture may just be the alternative treatment for you.

Power the political economy of kenya pdf pdf

Heat-Related Illnesses in Teens

Heat related illnesses are caused due to prolonged exposure to heat and also humidity without any reprieve and due to inadequate intake of fluids. Kids and teens adjust to the variations in heat compared to adults who adapt more quickly. However the heat production is high in them when compared to adults but sweat relatively less. Sweating is the natural action of the body and cooling mechanism to counter heat. Kids and teens often ignore these facts and do not hydrate themselves enough while playing, participating in sports and exercises.

Kids and teens with health problems that are chronic or those who are on certain prescription could be more susceptible to heat related problems. Overweight adolescents or those who wear heavy clothing in times of exertion also suffer heat related illnesses. Heat related illnesses are basically classified into three types. They are: Heat cramps, heat stroke and heat exhaustion.

[Obsession the political economy of kenya pdf pdf](#):Hypertension is diagnosed by blood test and urinalysis. The kidney function will also be checked, along with blood cholesterol levels. Family history check is another important factor. Adolescents' eating habits, exercise levels, activities in school and home will also be studied thoroughly. High blood pressure is dealt with by weight reduction, healthy diet, and increase in physical activity. If hypertension is due to illness, the illness is treated first. These treatment measures will decrease the systolic blood pressure and diastolic blood pressure. It will also strengthen the heart and decrease the level of cholesterol in blood. This also helps to keep heart diseases at bay. The good thing is that only one percent of the adolescents, who have high blood pressure, need medication to bring back the blood pressure to normal.

Infectious Mononucleosis

Also known as mononucleosis or mono Pfeiffers disease or glandular fever, infectious mononucleosis can be identified by inflamed lymph glands and constant fatigue. The disease is named so as the amount of mononuclear leukocytes which belong to white cells increase in number. The cause of the disease is EBV (Epstein - Barr virus) or in some cases cytomegalovirus. Both these viruses belong to the family of herpes simplex. According to statistic majority of the adults in the United States are exposed to the virus Epstein - Barr, a very widespread virus. Although the virus does not show any visible affects in children but it does in adolescents which can lead to infectious mononucleosis in nearly fifty percent of cases of exposure to the virus.

[Review the political economy of kenya pdf pdf](#):Acupuncture treatment for smokers should only be done by a license professional. You can do some research online to find out if they are accredited by the National Commission for Acupuncture and Oriental Medicine, ask how long they have been in the profession, find out how many smokers they have helped and how much will they charge.

Once you have found one, you have to commit yourself to the program because both you and the acupuncturist have to work together to give up this habit.

Acupuncture can help smokers in the same way that it has helped addicts and alcoholics quit their addictions. You just have to try it even if you may not believe in it.

Transformation the political economy of kenya pdf pdf:In some cases, acupuncture is more effective when the needles are first heated. This technique is known as "moxibustion." Here, the acupuncturist lights a small bunch of the dried herb called moxa or mugwort and holds it above the needles. The herb, which burns slowly and gives off a little smoke and a pleasant, incense-like smell, will never directly touch your body.

Another variation is electrical acupuncture. Here, electrical wires are hooked up to the needles and a weak current runs through it which may cause no or little sensation at all.

It is also possible that herbal medications will also be prescribed by the acupuncturist for your treatment to be successful.

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The benefits of an accountancy career are nothing compared to other degrees in college. Although some accountants have bad reputations, most of them are still working honestly. These accountants are contributing their knowledge and skills for the betterment of the business industry.

If you want to be part of them, go ahead; just try and apply for a career in accountancy. Who knows, tomorrow you might already have a job.

To start with, you can become an industrial or private accountant. Here, accounting is limited to only one firm. If you choose this profession, you will only be serving one employer. You have to provide your best service and skills to your employer and in turn, the employer will remunerate you.

[Study case the political economy of kenya pdf pdf](#)

Acupressure is another example and here, the fingers are used to relieve the pain. This can be used by itself or with other manual healing techniques.

Impulses of electromagnetic energy are used because our bodies generate tiny but electrical discharges which influence the function, growth and maturity of certain types of cells. By inserting the needles in these areas, it stimulates and alters the neurotransmitters in the body thus making the patient feel better after treatment. This is also sometimes used for diagnosis and testing.

According to the World Health Organization or WHO, here is a list of some illnesses where acupuncture is used. These include acute bronchitis, the common cold, cataract, toothaches, gingivitis, hiccups, ulcers, constipation, diarrhea, headache and migraine, Meniere's disease, osteoarthritis and a lot more. In the US, acupuncture is often used to treat chronic pain conditions and mind body disorders.

[example the political economy of kenya pdf pdf](#).Most of the auditing services are secured, private, and cheap. New companies are opting for these financial accounting services. These accounting services are cheap and you get a lot of benefits. It would be best to choose a financial accounting service locally because some laws differ in other countries. So while you're conducting a search online, you have to check the location of the accounting service and if ever you choose a foreign accounting service, you have to provide all the necessary information so that nothing goes wrong.

The various services offered by these chartered accountants are quite helpful especially in taxation, financial accounting, preparation of account statements, and a lot more. You don't have to worry about privacy issues because all business dealings are confidential and safe. These chartered accountants can be trusted.

However, it is a good idea to check out the background of these financial accounting services, just to be sure. You can check out the customer testimonials to see if the previous clients are satisfied with their services. it is one way of telling if the financial service can be trusted and if it is reputable in the industry.

observation the political economy of kenya pdf pdf

The second accountancy career that you may be able to land is serving as a public accountant. If you're already a CPA, you can serve the general public. You will be called a public accountant once there is already the so-called practitioner-client connection or relationship. Even those accountants who are not yet certified can already practice their profession. Oftentimes, CPAs join partnerships and they have a wide scope of clientele from the local area to the national and even international clients at times.

Being a government accountant is another career. In this profession, you will be working for the government, whether local, state, or federal. The accounting methods used conventionally are also used in government accounting. You will make use of the method called double-entry systems and you will be using journals as well as ledgers. If you're a government accountant, you will be focusing more in rendering service. Government units are not very particular with profits because they are put up to serve the public.

Fiduciary accounting is another type of accountancy careers. Here, accounting relies on trust. Executors, administrators, trustees, or any other person who is trustworthy can do fiduciary accounting. A fiduciary accountant keeps important records and he also prepares certain reports. The courts can authorize these fiduciary accountants to carry out their tasks.

[Learn the political economy of kenya pdf pdf](#):**Acupuncture Degrees**

If you want to pursue a career in acupuncture, you need to obtain a degree and become a licensed professional.

This can easily be accomplished in three years of schooling from an accredited alternative medicine school which prepares students in the various acupuncture techniques to treat illnesses resulting from allergies, occupational stress, emphysema, gastrointestinal stress, arthritis, headaches, depression, and hypertension to name a few.

Students who enroll in such courses will be taught through demonstration, discussion and hands on application.

[Analysis the political economy of kenya pdf pdf](#)~**Acupuncture Could Help You Finally Manage Your Stress Levels**

Today's world can fill the very busy individual with a lot of stress. Without some way of removing this stress from your system, you're placing yourself in danger from a lot of stress-related diseases. You might suffer from insomnia or headaches or very serious heart diseases.

You could take anti-stress pills to help you relax but, like me, you might also be worried about the side effects these pills could have. The good news is that you could try acupuncture at least once to see if it could help you manage the stress. It certainly couldn't hurt to try acupuncture if all you're after is stress relief.

If you find it doesn't work for you, then you can just easily stop taking acupuncture treatments. If it works, though, then you can say you've found a good treatment for stress that doesn't rely on those dangerous chemicals and pills.

[Fight the political economy of kenya pdf pdf](#)

Acupuncture is an Example of Holistic Healthcare

Holistic healthcare by definition is being able to cure an illness through the use alternative means. This means no medication is given to the patient and an instrument like a bunch of needles could do the trick.

Acupuncture has been around for than 2000 years. It is only recently that this holistic form of healthcare has reached the US. Studies have shown that it can treat minor problems and prevent some from happening.

The needles used in acupuncture are very thin but thicker than the human hair. This makes it smaller than those used on hypodermic needles.

Curse the political economy of kenya pdf pdf__Acupuncture Closely Revealed

The foundation of acupuncture rests on the relevance of an individual's chi in maintaining bodily and mental health. It is believed that chi is present in every living creature, and flows through specific pathways in the body. Health problems arise when the flow of chi on the body is blocked. As a result, a person may feel persistent headaches, muscle pain, fever, weakness, or in the worst case, becomes afflicted with more serious health conditions.

A Deeper Explanation of Acupuncture

Acupuncture has its origins in ancient Chinese philosophy and practice. More than ten thousand years ago, during the Old Stone Age of China, stones were fashioned into knives for medical purposes. After several years, during the New Stone Age, these stones were eventually made into needles intended for the same therapeutic end. These accounts are further evidenced by unearthed stone needles found to be of the same types used during the New Stone Age.

Power the political economy of kenya pdf pdf:Behold {the chronicles|the accounts} of bygone eras, {where|in which} the ink of scribes has {immortalized|preserved} {the narratives|the stories} of kings and commoners alike. This is not {a book|an ordinary book}; it is {a portal|a gateway} to {the epochs|the periods} that have paved {the way|the path} for {the world|the globe} we inhabit today.

Best Seller : the political economy of kenya pdf pdf. Before you decide to have a session with them, talk to the acupuncturist to know their credentials. This will also give you the opportunity to find out how much do they charge as this can be from \$45 to more than \$100 per session.

You can probably ask for the name and contact number of a previous client so you can ask this person how everything went. Remember, if it doesn't work out for you, don't be afraid to find someone else who can do a better job.

The most important thing to do during the session is to relax. If you feel an itch or something, tell the acupuncturist. The same goes if you are nervous or experience a burning sensation so the specialist will take out the needles.

Solutions the political economy of kenya pdf pdf__ Chances are, you were consulting with a doctor prior to your visit to the acupuncturist. If there are any prescription medicines given, don't forget to take them.

You will not feel any improvement after just one or two visits with the acupuncturist. Just the same, you should write this down so you can go back to the acupuncturist on your next visit and tell him or her how you felt during the previous session. Such feedback will let the specialist know what needs to be modified in the future to help you with your problem.

The acupuncturist might give you some herbs to take as part of your treatment. Since you don't know if taking them will have any side effects with the medication you are taking, you should first consult with your doctor if it is safe to consume both.

Story of" the political economy of kenya pdf pdf

The profit & loss of a certain company is determined by finance professionals through accounting. They can determine what created the profits as well as the losses. Accountants form some sort of business equation so justify the profits & losses of a business. By doing so, they can easily tell a company's net worth.

It seems that by simply starting to define one accounting term, it eventually leads to defining other terms as well. Net worth is another term that is quite difficult to understand. It refers to the resulting amount after deducting the liabilities of a company from the assets. Private companies refer to net worth as owner's equity.

Why owner's equity? Well, after deducting all the liabilities, what's left basically belongs to the owner. In the case of public companies, the profit of the business is returned as dividends to shareholders. As you can see, before owner or shareholders of a company can take hold of the profits, all liabilities must be deducted first.

Revenge the political economy of kenya pdf pdf: Allergic reactions can range from mild symptoms like runny nose to more severe ones such as difficulty in breathing. Teenagers suffering from asthma often have allergic reaction to cold and get asthma attack is another example of allergies. Some kinds of allergies trigger multiple symptoms. Allergic reactions in very rare cases also produce severe reaction known as "anaphylaxis" for which the signs are difficulty in breathing, difficulty in swallowing, swelling in tongue, lips and throat and dizziness. This allergic reaction occurs as soon as the system is exposed to substances that trigger allergic reactions like peanut although some reactions are delayed by as much as four hours.

The reasons why people get allergies can be various and one of the reasons could be hereditary but that that does not necessarily mean that children are bound to get allergies from their parents. Some of the common allergens include food, airborne particles, insect bite and sting, medicines, chemicals etc. Food allergies typically occur in infants and usually vanish as the child grows. The list of food allergens includes milk & dairy products, wheat, soy, eggs, peanuts, and seafood. Some people are allergic to stings and bites of certain insects. The venom in the bite is the one which actually causes reaction and can be as serious as anaphylactic in some teens. Some teens are also allergic to airborne particles which are also known as environmental allergens. They are also the commonest of all the allergens. Examples of these allergens include dust mites, animal dander, mold spores, grass pollens, trees and ragweed. Some adolescents are also allergic to certain antibiotic medicines. Another common allergen is chemical, certain chemicals present in laundry detergents or cosmetics can cause rashes that are itchy in nature.

Allergists usually treat allergic problems. They may ask questions like symptoms of the allergy and whether it is hereditary. They may also prescribe certain diagnostic tests like blood or skin test depending on the type of allergy. The best way to treat allergies is to completely avoid the substances that cause allergies. However there are certain medications and injections are also available to treat allergies.

Obsession the political economy of kenya pdf pdf

These are some of the benefits of using an accounting software. However, don't purchase the first accounting software that you come across. You see, there are things to consider when selecting the proper accounting software for the business. You have to determine the software's functionalities. It should be user-friendly and most especially, it should resemble the paper counterparts so that you can run the software smoothly. Once you're familiar with the software's layout, you can already explore its functionalities.

If you can find software which combines the internet and e-commerce, the better; you see, there are a great number of accounting software sold in the market. If you want to enjoy all the benefits, you must be able to choose the finest accounting software that is suited to your small business.

In choosing an accounting software, you need to consider the number of your employees. You can find accounting software that is suited for small business with less than 25 employees. Other software is suited for large businesses with bigger numbers of employees.

History the political economy of kenya pdf pdf... Like other strategies used in treating health conditions, acupuncture may have some side effects. Medications have side effects and allergic reactions, surgeries have risk of infection and complications. For needle puncture, there is a risk of injury, rare infections, minor bleeding, small bruises, and some dizziness.

You can minimize the possible side effects by choosing a licensed acupuncturist. Most countries either have government licensing in place or have professional organizations with very strict rules and regulations.

How do treatments go?

An acupuncturist will do an initial evaluation of your medical history and your body's current state. Multiple pressure points are palpated, and a regimen of treatment is formulated. Most courses involve a series of 10 to 20 treatment sessions, each lasting 30 to 90 minutes. Needles will be carefully placed at the required points and kept in place for some time. Most patients report a feeling of mild sensation at the site of the puncture, but no real pain.

Liberation the political economy of kenya pdf pdf. There is a great consensus among the parents whether their children would outgrow asthma as they grow up. But the truth is it depends from child to child. While some children experience improvement in their teens others see asthma becoming even more severe. But almost half of the children who have asthma outgrow asthma as they grow although some symptoms may come back later.

Many parents have questions like whether their children can take part in sport activities. The answer is both yes and no. Some kids may get an asthma attack when they participate in exercises like running. But with proper management a teenager suffering from asthma can actively participate in sports. Special aerobic exercises can improve airway function. This strengthens the breathing muscles. Some of the ways that one can participate in sports is to follow the regimen of stretching the muscles prior to and after exercising, nose-breathe instead of breathing through the mouth and make sure that humidified air passes through the airways. Also parents should make sure that the adolescent has taken all prescribed medication supposed to be taken before they begin exercising. Carrying a reliever is a must for asthmatic teens which would come handy if asthma attack occurs. Asthmatic teenagers should make sure that they wear something over their mouth and nose to stop cold air from entering.

It is not easy for adolescent teens to attend school when they have asthma but it is not difficult also at the same time if proper coordination is made among the teenager, doctor, family and school employees. It is a good idea to consult teachers, nurses and other pertaining employees of the school and let them know that the teenager has asthma and may have special requirements. Also, let the school management know on medications the teenager regularly takes and how to help the teenager when an attack occurs. The school staff should be asked to treat the teen normally once the attack subsides. The physical education coach should also be informed about the condition so that he/she can let the kid stretch the muscles before any exercises or to deal with asthma attack induced due to exercises. Also, before admitting the teenager to a new school care must be taken to check the quality of air, irritants and allergens if any present in the school. The school staff should take considerations to avoid symptoms which could hamper the energy level kids. Also asthmatic teens should be assured from time to time that they are no different from others and asthma in any way does not slow them down, They need this emotional confidence otherwise they may have personality problems.

Study the political economy of kenya pdf pdf

Common Oral Health Problems in Adolescents

Adolescents face many oral health problems which may require them to visit a dentist or any other healthcare professional. Irregular teeth growth is a common problem and adolescents with braces are a common sight.

Another problem is wisdom teeth extraction or the removal of the third molar. Dental cavities are yet another common problem in adolescents.

Orthodontics is a specialty in dentistry which deals with correction, development and prevention of irregular teeth, jaw and bite. Orthodontics also helps to correct jaw disorders and facial abnormalities. If a general dentist feels abnormalities in the adolescent, he/she will refer the patient to an orthodontist. The American Dental Association suggests that every adolescent above the age of seven should get an orthodontic evaluation done.

Problems which require orthodontic treatment are crowded or crooked teeth, extra teeth, missing teeth, under-bite, overbite, jaw joint disorder, and incorrect or misaligned jaw position.

To get braces or any other orthodontic treatments, the appropriate age is ten to fourteen years. But regardless of the age, the same physical and biological process is used in correcting and moving the teeth alignments.

Braces are also known as fixed orthodontic appliances. There are three types of braces used to move and reposition the teeth. The first consists of brackets which are made out of plastic or metal. They are either of tooth color or clear and are bonded onto the teeth. The second type is the lingual type of brackets which are attached to the back teeth and cannot be seen while talking. The third type is a band. It is a metal band which covers the teeth and wraps around the last ones.

Study case the political economy of kenya pdf pdf

A group of children in the US participated in a test to see how effective acupuncture is among children. There are 22 respondents and each of them was given the treatment once every other day for four months.

After the treatment 20 out of the 22 respondents showed remarkable improvement. In fact 2 of them has cerebral blood flow. The only thing that did not change prior to treatment and after was the blood flow between the left and right cerebrum as it showed no differences.

Aside from traditional acupuncture to help children with autism, a preliminary study in Hong Kong is trying to see if tongue acupuncture can produce better results.