

Rethinking Japanese Public Opinion And Security From Pacifism To Realism Studies In Asian Security By Paul Midford 2011 01 24 Pdf Pdf

... **Rethinking Japanese Public Opinion and Security: From Pacifism to Realism?** Stanford, CA: Stanford University Press. Ministry of Defense. 2005. National Defense Program Guidelines, Fiscal Year JAPAN'S FOREIGN SECURITY RELATIONS AND POLICIES ...

Rethinking Japanese Public Opinion and Security 2011-01-24 Paul Midford In this book, Paul Midford engages claims that since 9/11 Japanese public opinion has turned sharply away from pacifism and toward supporting normalization of Japan's military power, in which Japanese troops would fight alongside their American counterparts in various conflicts worldwide. Midford argues that Japanese public opinion has never embraced pacifism. It has, instead, contained significant elements of realism, in that it has acknowledged the utility of military power for defending national territory and independence, but has seen offensive military power as ineffective for promoting other goals—such as suppressing terrorist networks and WMD proliferation, or promoting democracy overseas. Over several decades, these realist attitudes have become more evident as the Japanese state has gradually convinced its public that Tokyo and its military can be trusted with territorial defense, and even with noncombat humanitarian and reconstruction missions overseas. On this basis, says Midford, we should re-conceptualize Japanese public opinion as attitudinal defensive realism.

Overcoming Isolationism 2020-07-14 Paul Midford This book asks why, in the wake of the Cold War, Japan suddenly reversed years of steadfast opposition to security cooperation with its neighbors. Long isolated and opposed to multilateral agreements, Japan proposed East Asia's first multilateral security forum in the early 1990s, emerging as a regional leader. Overcoming Isolationism explores what led to this surprising about-face and offers a corrective to the misperception that Japan's security strategy is reactive to US pressure and unresponsive to its neighbors. Paul Midford draws on newly released official documents and extensive interviews to reveal a quarter century of Japanese leadership in promoting regional security cooperation. He demonstrates that Japan has a much more nuanced relationship with its neighbors and has played a more significant leadership role in shaping East Asian security than has previously been recognized.

Rethinking Japanese Security 2008-03-11 Peter J. Katzenstein Since the unexpected end of the Cold War, standard arguments about power politics can no longer be adopted uncritically. This has led to a renewed interest in Japan's unusually peaceful security policy. Japan's championing of "comprehensive security" is central to this collection. Peter J. Katzenstein's essays explore this concept which not only encompasses traditional military concerns but also domestic aspects of security. The book's focus on counter-terrorism and national security highlights a policy approach which, over decades, Japan has developed with political patience and diplomatic finesse. These essays advocate an eclectic approach that helps in recognizing new questions and that seek to combine elements from different analytical perspectives in the exploration of novel lines of argument. Additionally, the book features an entirely new, substantial introduction that explores and elaborates the themes of the collection while bringing it up to date. This collection will be of significant interest to students and scholars of Japanese politics, security studies and international relations.

Rethinking Security in East Asia 2004 J. J. Suh Is East Asia heading towards war? This text makes a case for a new theoretical approach (called 'analytical eclecticism' by the authors) to the study of Asian security.

Reluctant Warriors 2019-11-26 Alexandra Sakaki Can Germany and Japan do more militarily to uphold the international order? Since the end of World War II, Germany and Japan have been the most reluctant of all major U.S. allies to take on military responsibilities. Given their histories, this reluctance certainly is understandable. But because of their size and economic importance, Germany and Japan are the most important U.S. allies in Europe and in East Asia, respectively, and their long-term reluctance to share the defense burden has become a perennial source of frustration for Washington. The potential security roles of Germany and Japan are becoming increasingly important given the uncertainty, indeed volatility, of today's international environment. Under President Trump, friction among allies over burden-sharing is more intense than ever before. Meanwhile, the security environments in Europe and Asia have deteriorated because of the resurgence of a belligerent Russia under Vladimir Putin, the steady rise of an increasingly assertive China, and North Korea's worrisome acquisition of nuclear weapons. Partly in response to these developments, Germany and Japan in recent years have boosted their security efforts, mainly by increasing defense spending and taking on a somewhat broader range of military missions. Even so, because of their cultures of anti-militarism resistance remains strong in both countries to rebuilding the military and assuming more responsibility for sustaining regional or even global peace. In Reluctant Warriors, a team of noted international experts critically examines how and why Germany and Japan have modified their military postures since 1990 so far, and assesses how far the countries still have to go—and why. The contributors also highlight the risks the United States takes if it makes too simplistic a demand for

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the two countries to “do more.”

Public Opinion & International Intervention 2012 Richard Sobel The role of public opinion in nations' decisions to join or withdraw from the war in Iraq

Strategic Cultures and Security Policies in the Asia-Pacific 2016-03-22 Jeffrey S. Lantis This book shows how one of the most powerful tools of security studies—strategic culture—illuminates the origins and implications of the Asia-Pacific region's difficult issues, from the rise of China and the American pivot, to the shifting calculations of many other actors. Strategic culture sometimes challenges and always enriches prevailing neo-realist presumptions about the region. It provides a bridge between material and ideational explanations of state behavior and helps capture the tension between neoclassical realist and constructivist approaches. The case studies in this book survey the role of strategic culture in the behaviors of Australia, China, Japan, the Philippines, South Korea and the United States. They show the contrast between structural expectations and cultural predispositions, as realist geopolitical security threats and opportunities interact with domestic elite and popular interpretation of historical narratives and distinctive political-military cultures to influence security policies. The concluding chapter devotes special attention to methodological issues at the heart of strategic cultural studies, as well as how culture may impact the potential for future conflict or cooperation in the region. The result is a body of work that helps deepen our understanding of strategic cultures in the Asia-Pacific in comparative perspective and enrich security studies. This book was published as a special issue of Contemporary Security Policy.

Temporal Identities and Security Policy in Postwar Japan 2019-06-13 Ulv Hanssen Through a discourse analysis of Japanese parliamentary debates, this book explores how different understandings of Japan's history have led to sharply divergent security policies in the postwar period, whilst providing an explanation for the much-debated security policy changes under Abe Shinzō. Analyzing the ways identities can be constructed through ‘temporal othering,’ as well as ‘spatial othering,’ this book examines the rise of a new form of identity in Japan since the end of the Cold War, one that is differentiated not from prewar and wartime Japan, but from postwar Japan. The champions of this identity, it argues, see the postwar past as a shameful period, characterized by self-imposed military restrictions, and thus the relentless chipping away of these limitations in recent years is indicative of how dominant this identity has become. Exploring how these military restrictions have shifted from being a symbol of pride to a symbol of shame, this book demonstrates the concrete ways in which the past can both enable and constrain policy. Temporal Identities and Security Policy in Postwar Japan will be invaluable to students and scholars of Japanese politics and foreign policy, as well as international relations more generally.

Asian Security and the Rise of China 2013-01-01 David Martin Jones ÔKhuo, Jones, and Smith have pulled off a remarkable balancing act, crafting a well-grounded and multifaceted survey of China's rise in the context of Asian security. In a field which is often marked more by scholarly effervescence than substance, the authors provide a refreshingly detailed portrait of the last two decades, and fair-mindedly point out evidence which might support both extremes of the debates they challenge with their own Ôthird way.Ô Ô Frank ÔScott Ô Douglas, US Naval War College, US Ô Congratulations to the authors for a clearly argued and comprehensive treatment of China's post Cold War rise and what it means for existing and future dynamics of the Asia-Pacific region. Effectively employing realist theory in a fair-minded treatment of regional developments, the volume shows how and why power realities are more important than non-material factors in determining the region's trajectory and thereby demonstrates that China's ascendance in Asia remains complicated and conflicted.Ô Ô Robert Sutter, George Washington University, US East Asia is without question a region of huge economic, political and security significance. Asian Security and the Rise of China offers a comprehensive overview and assessment of the international politics of the Asia-Pacific since the end of the Cold War, seeking to address the overarching question of how we can most convincingly explain the central dynamics of Asia's international relations. Via a realist perspective on the dynamics and frictions associated with accommodating the rise of powerful states, this timely book addresses the core issue in contemporary Asian politics: the rise of China. The contributors expertly evaluate China's rise and the impact it has had on the dynamics of regional relations in North East and South East Asia. It demonstrates that China's economic development and its regional and international ambition increasingly conflict with the existing consensus-based regional arrangements like the ASEAN Regional Forum and the East Asian Summit mechanism. As a consequence, smaller states in the region increasingly resort to hedging and balancing strategies in an attempt to mitigate Chinese hegemony. This leaves the region in the grip of a complex and potentially destabilizing security dilemma. The book offers a compelling analysis of the problem that China presents for its region that will enlighten undergraduate students of regional political studies and international relations. Postgraduate and Master's students on courses addressing East and South East Asia will also find plenty of information in this invaluable book.

Rethinking Japan 2017-02-15 Arthur Stockwin The authors argue that with the election of the Abe Government in December 2012, Japanese politics has entered a radically new phase they describe as the “2012 Political System.” The system began with the return to power of the Liberal Democratic Party (LDP), after three years in opposition, but in a much stronger electoral position than previous LDP-based administrations in earlier decades. Moreover, with the decline of previously endemic intra-party factionalism, the LDP has united around an essentially nationalist agenda never absent from the party’s ranks, but in the past was generally blocked, or modified, by factions of more liberal persuasion. Opposition weakness following the severe defeat of the Democratic Party of Japan (DPJ) administration in 2012 has also enabled the Abe Government to establish a political stability largely lacking since the 1990s. The first four chapters deal with Japanese political development since 1945 and factors leading to the emergence of Abe Shinzō as Prime Minister in 2012. Chapter 5 examines the Abe Government’s flagship economic policy, dubbed “Abenomics.” The authors then analyse four highly controversial objectives promoted by the Abe Government: revision of the 1947 ‘Peace Constitution’; the introduction of a Secrecy Law; historical revision, national identity and issues of war apology; and revised constitutional interpretation permitting collective defence. In the final three chapters they turn to foreign policy, first examining relations with China, Russia and the two Koreas, second Japan and the wider world, including public diplomacy, economic relations and overseas development aid, and finally, the vexed question of how far Japanese policies are as reactive to foreign pressure. In the Conclusion, the authors ask how far right wing trends in Japan exhibit common causality with shifts to the right in the United States, Europe and elsewhere. They argue that although in Japan immigration has been a relatively minor factor, economic stagnation, demographic decline, a sense of regional insecurity in the face of challenges from China and North Korea, and widening gaps in life chances, bear comparison with trends elsewhere. Nevertheless, they maintain that “[a] more sane regional future may be possible in East Asia.”

The SAGE Handbook of Asian Foreign Policy 2021-08-04 Takashi Inoguchi Comprising 60.3 percent of the world’s 7.2 billion population, Asia is an enigma to many in the West. Hugely dynamic in its demographic, economic, technological and financial development, its changes are as rapid as they are diverse. The SAGE Handbook of Asian Foreign Policy provides the reader with a clear, balanced and comprehensive overview on Asia’s foreign policy and accompanying theoretical trends. Placing the diverse and dynamic substance of Asia’s international relations first, and bringing together an authoritative assembly of contributors from across the world, this is a reliable introduction to non-Western intellectual traditions in Asia. VOLUME 1: PART 1: Theories PART 2: Themes PART 3: Transnational Politics PART 4: Domestic Politics PART 5; Transnational Economics VOLUME 2: PART 6: Foreign Policies of Asian States Part 6a: East Asia Part 6b: Southeast Asia Part 6c: South & Central Asia Part 7: Offshore Actors Part 8: Bilateral Issues Part 9: Comparison of Asian Sub-Regions

Governing Insecurity in Japan 2014-06-27 Wilhelm Vosse Since the end of the Cold War, Japan’s security environment has changed significantly. While, on the global level, the United States is still Japan’s most important security partner, the nature of the partnership has changed as a result of shifting demands from the United States, new international challenges such as the North Korean nuclear programme and the rapid rise of China. At the same time, Japan has been confronted with new, ‘non-traditional’ security threats such as international terrorism, the spread of infectious diseases, and global environmental problems. On the domestic level, demographic change, labour migration, economic decline, workplace insecurity, and a weakening impact of policy initiatives challenge the sustainability of the lifestyle of many Japanese and have led to a heightened sense of insecurity among the Japanese public. This book focuses on the domestic discourse on insecurity in Japan and goes beyond military security. The chapters cover issues such as Japan’s growing perception of regional and global insecurity; the changing role of military forces; the perceived risk of Chinese foreign investment; societal, cultural and labour insecurity and how it is affected by demographic changes and migration; as well as food insecurity and its challenges to health and public policy. Each chapter asks how the Japanese public perceives these insecurities; how these perceptions influence the public discourse, the main stakeholders of this discourse, and how this affects state-society relations and government policies. Governing Insecurity in Japan provides new insights into Japanese and international discourses on security and insecurity, and the ways in which security is conceptualized in Japan. As such, it will be of interest to students and scholars working on Japanese politics, security studies and international relations.

Japanese Development Cooperation 2016-12-19 André Asplund The world order as we know it is currently undergoing profound changes, and in its wake, so is foreign aid. Donors of foreign aid, development assistance or development cooperation around the world are already facing new challenges in the changing development architecture. This is an architecture that globally seems to become increasingly forgiving of foreign aid as a win-win concept that also meets the donors’ own national interests—something that has been an unofficial Japanese trademark for many years. This book examines Japan’s development assistance as it transitions away from Official Development Assistance and towards Development Cooperation. In this transition, the strong and reciprocal relationships between Japanese development policy and comprehensive security, diplomacy, foreign, domestic and economic policies are likely to become even more consolidated and integrated. The utilization of, and changes within, Japanese development policy therefore affects not only recipients of foreign aid but also the relationships Japan enjoys with its allies and strategic partners, as well as the relations to competing donors and rivals in the region and around the

world. Japanese foreign aid as such provides an extremely interesting case from where regional and even global changes can be understood. Written by a multidisciplinary team of contributors from the fields of political science, international relations, development, economics, public opinion and Japan studies, the book sets out to be innovative in capturing the essence of the changing patterns of development cooperation, and more importantly, Japan’s role in within it, in an era of great change. This book will be of great interest to students and scholars of Japanese Politics, Foreign Policy and International Relations.

Japan’s Arduous Rejuvenation as a Global Power 2019-04-08 Victor Teo This open access book assesses the profound impact of Japan’s aspirations to become a great power on Japanese security, democracy and foreign relations. Rather than viewing the process of normalization and rejuvenation as two decades of remilitarization in face of rapidly changing strategic environment and domestic political circumstances, this volume contextualizes Japan’s contemporary international relations against the longer grain of Japanese historical interactions. It demonstrates that policies and statecraft in the Prime Minister Shinzo Abe’s era are a continuation of a long, unbroken and arduous effort by successive generations of leaders to preserve Japanese autonomy, enhance security and advance Japanese national interests. Arguing against the notion that Japan cannot work with China as long as the US-Japan alliance is in place, the book suggests that Tokyo could forge constructive relations with Beijing by engaging China in joint projects in and outside of the Asia-Pacific in issue areas such as infrastructure development or in the provision of international public goods. It also submits that an improvement in Japan-China relations would enhance rather than detract Japan-US relations and that Tokyo will find that her new found autonomy in the US-Japan alliance would not only accord her more political respect and strategic latitude, but also allow her to ameliorate the excesses of American foreign policy adventurism, paving for her to become a truly normal great power.

Japan’s new security partnerships 2018-08-17 Wilhelm Vosse After decades of solely relying on the United States for its national security needs, over the last decade, Japan has begun to actively develop and deepen its security ties with a growing number of countries and actors in the Asia-Pacific region and Europe, a development that has further intensified under the Shinzo Abe administration. This is the first book that provides a comprehensive analysis of the motives and objectives from both the Japanese and the partner-countries’ perspectives, and asks what this might mean for the security architecture in the Asia-Pacific region, and what lessons can be learned for security cooperation more broadly. This book is for those interested in Japan’s security policy beyond the US-Japan security alliance, and non-US centred bilateral and multilateral security cooperation. It is an ideal textbook for undergraduate and graduate level courses on regional security cooperation and strategic partnerships, and Japanese foreign and security policy.

Bilateral Perspectives on Regional Security 2012-08-31 W. Tow This book assesses the key factors underlying such Australian-Japanese cooperation and those policy challenges that could impede it. Experts offer critical insights into why their two countries – traditionally the two key ‘spokes’ in the US bilateral alliance network spanning Asia – are moving toward a security relationship in their own right.

Sino-Japanese Power Politics 2016-12-16 Giulio Pugliese This book is about Japan-China power politics in the military, economic and propaganda domains. The post-2012 standoff over the disputed Senkaku/Diaoyu Islands has unveiled the antagonistic quality to Sino-Japanese relations, with an important addition: a massive information war that has cemented the two states’ rivalry. Under the Xi and Abe administrations, China and Japan insisted on their moral position as benign and peaceful powers, and portrayed the neighbor as an aggressive revisionist. By highlighting great power rivalry, this study makes a theoretical contribution in favor of the power politics behind Sino-Japanese identities. The work is multidisciplinary in spirit and aims to speak both to academics and to general readers who might be curious of understanding this fascinating if worrisome facet of Sino-Japanese relations. In turn, the assessment of the diplomatic, economic and identity clash between the world’s second and third wealthiest states provides a window in understanding the international politics of the Asia-Pacific in the early 21st Century. This book is an invaluable resource for scholars, Area Studies and Political Science students and policymakers alike.

Japan Decides 2012 2013-07-25 R. Pekkanen The 2012 election in Japan ejected the governing DPJ and returned the LDP overwhelmingly to power while brand new parties pulled in millions of voters. This book explains what happened, why it happened and what it means. International experts analyze the election results, parties strategies, gender issues, policy implications and more.

Japan and Asia’s Contested Order 2018-08-20 Yul Sohn This book brings together up-to-date research from prominent international scholars in a collaborative exploration of the Japan’s efforts to shape Asia’s rapidly shifting regional order. Pulled between an increasingly inward-looking America whose security support remains critical and a rising and more militarily assertive China with whom Japan retains deep economic interdependence, Japanese leaders are consistently maneuvering to ensure the country’s regional interests. Nuclear and missile threats from North Korea and historically problematic relations with South Korea

further complicate Japanese endeavors. So too do the shifting winds of Japanese domestic politics, economics and identity. The authors weave these complex threads together to offer a nuanced portrait of both Japan and the region. Scholars, observers of politics, and policymakers will find this a timely and useful collection.

The Japanese Ground Self-Defense Force 2017-01-21 Robert D. Eldridge Based on extensive Japanese-language materials, this book is the first to examine the development of Japan's Ground Self-Defense Force. It addresses: how the GSDF was able to emerge as the post-war successor of the Imperial Japanese Army despite Japan's anti-militarist constitution; how the GSDF, despite the public skepticism and even hostility that greeted its creation, built domestic and international legitimacy; and how the GSDF has responded to changes in international and domestic environments. This path-breaking study of the world's third-largest-economic power's ground army is timely for two reasons. First, the resurgence of tensions in Northeast Asia over territorial disputes, and the emphasis recent Japanese governments have placed on using the GSDF for defending Japan's outlying islands is driving media coverage and specialist interest in the GSDF. Second, the March 11, 2011 Great East Japan Earthquake and Tsunami has focused global attention on the GSDF as Japan's lead disaster relief organization. This highly informative and thoroughly researched book provides insight for policy makers and academics interested in Japanese foreign and defense policies.

Japan's Foreign Policy in the Twenty-First Century 2020-04-15 Lam Peng Er This edited collection analyzes the innovative changes in Japan's foreign policy. Pursuing new relationships with South Asia, Africa, and Eastern Europe, Japanese initiatives include regional peace-building and human security activities, Asian multilateralism, and the Indo-Pacific concept. This collection focuses on these evolving international relationships through Japan's unique approach to political change and continuity.

Japan's Aging Peace 2021-06-22 Tom Phuong Le Since the end of World War II, Japan has not sought to remilitarize, and its postwar constitution commits to renouncing aggressive warfare. Yet many inside and outside Japan have asked whether the country should or will return to commanding armed forces amid an increasingly challenging regional and global context and as domestic politics have shifted in favor of demonstrations of national strength. Tom Phuong Le offers a novel explanation of Japan's reluctance to remilitarize that foregrounds the relationship between demographics and security. Japan's Aging Peace demonstrates how changing perceptions of security across generations have culminated in a culture of antimilitarism that constrains the government's efforts to pursue a more martial foreign policy. Le challenges a simple opposition between militarism and pacifism, arguing that Japanese security discourse should be understood in terms of "multiple militarisms," which can legitimate choices such as the mobilization of the Japan Self-Defense Forces for peacekeeping operations and humanitarian relief missions. Le highlights how factors that are not typically linked to security policy, such as aging and declining populations and gender inequality, have played crucial roles. He contends that the case of Japan challenges the presumption in international relations scholarship that states must pursue the use of force or be punished, showing how widespread normative beliefs have restrained Japanese policy makers. Drawing on interviews with policy makers, military personnel, atomic bomb survivors, museum coordinators, grassroots activists, and other stakeholders, as well as analysis of peace museums and social movements, Japan's Aging Peace provides new insights for scholars of Asian politics, international relations, and Japanese foreign policy.

Political Sociology of Japanese Pacifism 2018-09-20 Yukiko Nishikawa While Japanese pacifism is usually seen as a national policy or an ideology rooted in the provision of Article 9 of the Japanese Constitution, it cannot be adequately understood without grasping Japanese social discourses on peace, war and justice. The perspective of political sociology provides a more in-depth understanding of Japanese pacifism and helps us to find the reasons for the critical changes that have occurred in Japan's policies since the mid-2000s. These changes include sending its self-defense force to Iraq and Afghanistan outside UN missions and the enactment of new security legislation in 2015. Nishikawa explores Japanese pacifism in a changing domestic and regional context, from the perspective of political sociology. Getting to grips with the social bases of politics, she examines whether Japan is likely to remain a pacifist country or retain its pacifist image in changing regional and global context. This book comprehensively examines Japanese pacifism by fully examining the social forces in action. Employing a multidisciplinary approach, the book contributes to theoretical debates on political sociology as well as Japanese and Asian studies. Japan is in an important transitional period and Japanese pacifism is being brought into question in changing national and international contexts.

New Directions in Japan's Security 2020-09-06 Paul Midford While the US-Japan alliance has strengthened since the end of the Cold War, Japan has, almost unnoticed, been building security ties with other partners, in the process reducing the centrality of the US in Japan's security. This book explains why this is happening. Japan pursued security isolationism during the Cold War, but the US was the exception. Japan hosted US bases and held joint military exercises even while shunning contacts with other militaries. Japan also made an exception to its weapons export ban to allow exports to the US. Yet, since the end of

the Cold War, Japan's security has undergone a quiet transformation, moving away from a singular focus on the US as its sole security partner. Tokyo has begun diversifying its security ties. This book traces and explains this diversification. The country has initiated security dialogues with Asian neighbors, assumed a leadership role in promoting regional multilateral security cooperation, and begun building bilateral security ties with a range of partners, from Australia and India to the European Union. Japan has even lifted its ban on weapons exports and co-development with non-US partners. This edited volume explores this trend of decreasing US centrality alongside the continued, and perhaps even growing, security (inter) dependence with the US. New Directions in Japan's Security is an essential resource for scholars focused on Japan's national security. It will also interest on a wider basis those wishing to understand why Japan is developing non-American directions in its security strategy.

The Political Economy of Renewable Energy and Energy Security 2014-09-23 E. Moe Bringing together renewable energy and energy security, this book covers both the politics and political economy of renewables and energy security and analyzes renewable technologies in diverse and highly topical countries: Japan, China and Northern Europe.

The Japan-South Korea Identity Clash 2015-05-26 Brad Glosserman Japan and South Korea are Western-style democracies with open-market economies committed to the rule of law. They are also U.S. allies. Yet despite their shared interests, shared values, and geographic proximity, divergent national identities have driven a wedge between them. Drawing on decades of expertise, Brad Glosserman and Scott A. Snyder investigate the roots of this split and its ongoing threat to the region and the world. Glosserman and Snyder isolate competing notions of national identity as the main obstacle to a productive partnership between Japan and South Korea. Through public opinion data, interviews, and years of observation, they show how fundamentally incompatible, rapidly changing conceptions of national identity in Japan and South Korea—and not struggles over power or structural issues—have complicated territorial claims and international policy. Despite changes in the governments of both countries and concerted efforts by leading political figures to encourage U.S.–ROK–Japan security cooperation, the Japan–South Korea relationship continues to be hobbled by history and its deep imprint on ideas of national identity. This book recommends bold, policy-oriented prescriptions for overcoming problems in Japan–South Korea relations and facilitating trilateral cooperation among these three Northeast Asian allies, recognizing the power of the public on issues of foreign policy, international relations, and the prospects for peace in Asia.

The SAGE Handbook of Modern Japanese Studies 2014-12-15 James D Babb "A welcome addition to any reading list for those interested in contemporary Japanese society." - Roger Goodman, Nissan Professor of Modern Japanese Society, University of Oxford "I know no better book for an accessible and up-to-date introduction to this complex subject than The SAGE Handbook of Modern Japan Studies." - Hiroko Takeda, Associate Professor, Organization for Global Japanese Studies, University of Tokyo "Pioneering and nuanced in analysis, yet highly accessible and engaging in style." - Yoshio Sugimoto, Emeritus Professor, La Trobe University The SAGE Handbook of Modern Japanese Studies includes outstanding contributions from a diverse group of leading academics from across the globe. This volume is designed to serve as a major interdisciplinary reference work and a seminal text, both rigorous and accessible, to assist students and scholars in understanding one of the major nations of the world. James D. Babb is a Senior Lecturer in the School of Geography, Politics and Sociology at Newcastle University.

Eldercare Policies in Japan and Scandinavia 2016-04-30 Paul Midford These essays by no means cover all areas of interest in long-term care programs, but they offer new insights (and intriguing questions for future research) about how differently policies in this important area can be carried out in different countries.

The China-Japan Border Dispute 2016-03-09 Tim F. Liao Crossing disciplinary boundaries, this volume offers a rare forum for a serious analysis of the territorial dispute over the Diaoyu/Senkaku Islands between China and Japan. To understand the complexity of the dispute and to find peaceful solutions, we must reach beyond the confines of a single discipline and perspective. The volume deconstructs conflicting perspectives on the two sides of the dispute. Territorial disputes often become symbolic expressions of nationalistic rivalries, particularly as political claims for territories escalate and economic competition for resources between countries intensifies. Cutting through the political rhetoric on both sides of the controversy and bringing together a group of eight scholars from the disciplines of history, international relations, law, political science, and sociology, this book analyzes the relevant history, international law, multilateral relations, political agendas, and social and collective memory, to shed light on this difficult dispute. Taken together, the chapters of the book propose short-term, medium-term, and long-term peaceful solutions for going beyond the impasse of the current territorial dispute.

Japan's Future and a New Meiji Transformation 2019-03-27 Ken Coates Bringing together the work of sixteen international Japan specialists and scholars, this book analyzes Japan's culture and history to reflect on the critical policy decisions and national commitments required for the country to continue to succeed.

Comparing the current situation with the uncertainties of the late nineteenth century, this book investigates the possibility and desirability of a "New Meiji Transformation" in Japan. Set in the context of perceived demographic, ecological, fiscal and political decline in Japan, it explores what a New Meiji initiative would look like in the twenty-first century and whether a new era of renewal is needed to maintain and improve quality of life. An interdisciplinary volume, this book covers contemporary issues in Japanese foreign, defense and nuclear strategies, as well as its aging population, higher education structure and environmental policies. As such Japan's Future and a New Meiji Transformation will be of great interest to students and scholars of Japanese politics, economics and history, as well as Asian Studies more generally.

Defenders of Japan 2021-12-01 Garren Mulloy Japan's post-war armed forces are a paradox, both embarrassing remnants of the past and valuable repositories of experience. This book charts the development of the Japan Self-Defense Forces (JSDF) from 1954 as both unorthodox military institutions and servants of a civil society that decries militarism. Investigating JSDF contributions to Japanese and global security, the evolution of such contributions during and after the Cold War, and their possible reconfiguration for Japan's security needs ahead, Garren Mulloy offers insight into the Forces' past, present and future. He explores the characteristics and contradictions of Japanese policy, including novel approaches in response to an increasingly assertive China, the latent threat of North Korea and contributory pressure from the US. Though the American alliance remains the core of Japanese security, new partnerships and international overtures will also shape the Forces' place in Prime Minister Abe's new vision of 'proactive contributions to peace'. Defenders of Japan deconstructs how the JSDF have adapted and will continue to adapt within domestic norms, caught between unresolved legacies of Japan's imperial past and a dynamically shifting balance of future global power.

Creating Japan's Ground Self-Defense Force, 1945–2015 2016-11-30 David Hunter-Chester This study provides a comprehensive institutional history of Japan's post-1945 army. It also analyzes representations of the military in popular culture, the place of soldiers in the formation of the country's postwar national identity, and the social and political impact of constitutional restrictions on the military.

Identity Change and Foreign Policy 2015-10-05 Linus Hagstrom Identity has become an explicit focus of International Relations theory in the past two to three decades, with one case attracting and puzzling many early identity scholars: Japan. These constructivist scholars typically ascribed Japan a 'pacifist' or 'antimilitarist' identity – an identity which they believed was constructed through the adherence to 'peaceful norms' and 'antimilitarist culture'. Due to the alleged resilience of such adherences, little change in Japan's identity and its international relations was predicted. However, in recent years, Japan's foreign and security policies have begun to change, in spite of these seemingly stable norms and culture. This book seeks to address these changes through a pioneering engagement with recent developments in identity theory. In particular, most chapters theorize identity as a product of processes of differentiation. Through detailed case analysis, they argue that Japan's identity is produced and reproduced, but also transformed, through the drawing of boundaries between 'self' and 'other'. In particular, they stress the role of emotions and identity entrepreneurs as catalysts for identity change. With the current balance between resilience and change, contributors emphasize that more drastic foreign and security policy transformations might loom just beyond the horizon. This book was originally published as a special issue of The Pacific Review.

The Oxford Handbook of Peaceful Change in International Relations 2021-08-05 T. V. Paul The discipline of international relations offers much insight into why violent power transitions occur, yet there have been few substantive examinations of why and how peaceful changes happen in world politics. This work is the first comprehensive treatment of that subject. The Oxford Handbook of Peaceful Change in International Relations provides a thorough examination of research on the problem of change in the international arena and the reasons why change happens peacefully at times, and at others, violently. It contains over forty chapters, which examine the historical, theoretical, global, regional, and national foreign-policy dimensions of peaceful change. As the world enters a new round of power transition conflict, involving a rapidly rising China and a relatively declining United States, this Handbook provides a necessary resource for decisionmakers and scholars engaged in this vital area of research.

Securitization of Human Rights 2012-02-24 Mikyoung Kim This important book focuses on North Korean refugee human rights issues—a topic largely ignored in favor of addressing North Korea's domestic politics and deterrence of Pyongyang's nuclear threat. The first book of its kind, Securitization of Human Rights: North Korean Refugees in East Asia examines the complex problem of "what to do with North Korea"—specifically, regarding human rights issues and treatment of North Korean refugees. The book spotlights four key countries—China, Japan, South Korea, and the United States—with regard to their policy stance towards North Korean human rights issues, analyzing the dynamic tension between realpolitik and moral principle by looking at the regional governments' responses. Rather than focusing only on politics and foreign policy, this book is about the people involved, describing the plight of North Korean refugees, the perspective

of South Korean citizens, and the quandary facing power elites in the regional governments.

Political Survival and Yasukuni in Japan's Relations with China 2016-06-17 Mong Cheung What role does the political survival of prime ministers play in Japan's relations with China over the Yasukuni issue? Three Japanese prime ministers, including Nakasone Yasuhiro, Hashimoto Ryutaro and Abe Shinzo, complied with China's demands and stopped visiting the controversial Shrine in 1986, 1997 and 2007, respectively. By contrast, the Yasukuni controversy intensified between 2001 and 2006 when a popular Prime Minister Koizumi Junichiro was determined to pay regular homage to the Yasukuni Shrine annually. Prime Minister Abe, who previously demonstrated restraint over the issue in his first term between 2006 and 2007, visited the Yasukuni unexpectedly in 2013 but not in 2014 or 2015. To explain this variation, this book presents an alternative interpretation of Japan's official responses toward China's pressure over the Yasukuni issue between 1985 and 2015 by applying a political survival approach that highlights the domestic political legitimacy of the Japanese prime minister or the ruling party. This book will be of great interest to students and researchers of Sino-Japanese relations, Japan's foreign policy and international relations.

Security and Conflict in East Asia 2015-04-24 Andrew T. H. Tan Security and Conflict in East Asia provides a timely and comprehensive analysis of the sources and implications of conflict on the Korean peninsula and in the People's Republic of China and Japan, the three biggest economies in the world. This analysis provides the building blocks for effective solutions to manage these tensions more effectively, and is a vital resource to those seeking a clearer understanding of conflict in the most pivotal region in the world. In the context of increasingly tense China-US strategic rivalry, the ever-present potential for conflict on the Korean peninsula and over Taiwan, the absence of effective regional institutions and regimes, the emerging arms race in the region, the rise in nationalism and the absence of crisis management mechanisms, there are many good reasons why the high potential exists for miscalculation and misperception sparking a regional conflict. Given the presence of nuclear-armed powers in East Asia, namely, China, North Korea and the USA, it is also possible that any regional conflict could escalate into a nuclear conflict involving the world's three largest economies: the USA, China and Japan. The security of, and any conflict in, East Asia thus has tremendous implications for global security. The Handbook is divided into four parts. The introductory section includes chapters which set the context, explain the history of international relations in East Asia and examine the phenomenon of regional arms race. The second section is made up of a series of chapters focusing on China, examining China's military modernization, its relationship with the USA and the various territorial disputes in which it has been involved. The third section focuses on Japan and North and South Korea, looking at the security challenges facing Japan and the Korean peninsula. A concluding section examines the future role of China and the USA in East Asia, as well as the prospects for managing security in the region. The contributing authors are all experts in their respective fields, and all share an abiding concern over developments in East Asia. Their contributions aim to assist in a better understanding of the issues, to suggest possible solutions, and draw attention to the need for diplomacy, confidence-building measures, crisis management mechanisms and other measures to prevent conflict. This volume will be of use to government institutions involved in foreign policy, intelligence and defence, reference libraries, universities, research institutes, and non-governmental organisations. It will also appeal to analysts, researchers, journalists, policy advisers, students, academics and the general reader. Scholarly analysis is yet to catch up and currently there are no other comprehensive works examining conflict in East Asia in the context of the current tensions.

Multilateral Asian Security Architecture 2015-07-16 See Seng Tan This book provides a comparative assessment of the material and ideational contributions of five countries to the regional architecture of post-Cold War Asia. In contrast to the usual emphasis placed on the role and centrality of the Association of Southeast Asian Nations (ASEAN) in Asia's multilateral architecture and its component institutions, this book argues that the four non-ASEAN countries of interest here ³4 Australia, Japan, China and the United States ³4 and Indonesia have played and continue to play an influential part in determining the shape and substance of Asian multilateralism from its pre-inception to the present. The work does not contend that existing scholarship overstates ASEAN's significance to the successes and failures of Asia's multilateral enterprise. Rather, it claims that the impact of non-ASEAN stakeholders in innovating multilateral architecture in Asia has been understated. Whether ASEAN has fared well or poorly as a custodian of Asia's regional architecture, the fact remains that the countries considered here, notwithstanding their present discontent over the state of that architecture, are key to understanding the evolution of Asian multilateralism. This book will be of much interest to students of Asian politics, international organisations, security studies and IR more generally.

Oxford Handbook of the International Relations of Asia 2014 Saadia M. Pekkanen This handbook examines the theory and practice of international relations in Asia. Building on an investigation of how various theoretical approaches to international relations can elucidate Asia's empirical realities, authors examine the foreign relations and policies of major countries or sets of countries.

The Oxford Handbook of the International Relations of Asia 2014-08-19 Saadia M. Pekkanen In the past quarter century, the importance of Asia in international

relations has grown exponentially. This Handbook gathers the most important scholars in the field of Asia's international relations to address this momentous change in world politics. The editors and contributors focus on three basic themes: assessing appropriate theories for explaining the evolution of the international relations of Asian countries within the region and with the rest of the world; tracing the recent history of Asia in world politics; and focusing on emerging trends. The Handbook brings readers the latest scholarship on the bilateral, regional, and global relations of Asian countries in the fields of political economy, national security, and human security. Comprehensive in theme, breadth, and methodology, this Handbook is a timely addition to the existing literature on the changes currently underway in Asian countries that promise to have significant implications for world politics.

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Facial Acupuncture

Looking beautiful both inside and out is something we all want to achieve. Since your face is ridden with emotion and hormonal issues, you have to take care of it. Fortunately, there is a technique that can do that using painless mini needles and this is better known as facial acupuncture.

Facial acupuncture is a painless procedure that renews not only the face but the body as well. This is because it can erase lines and eye bags making you look younger. At the same time, it can also help clear up pimples and acne.

For this to work, fine needles are placed in acupuncture points on the eyes, face and neck to stimulate the person's natural energies. As a result, this also improves your facial color.

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Eight Myths About Acupuncture

There are a lot of myths with regards to acupuncture. Some of these are true; others are silly while the rest only have a half truth. As you read on, you will learn which ones are worth believing.

The first myth is that acupuncture is painful. This is not true because those who have tried it claimed they only experienced a tiny prick while others did not feel anything at all. There is no tissue damage when the needle is inserted into the skin or pulled out and only in very rare cases are there traces of bruising.

Rethinking Japanese Public Opinion And Security From Pacifism To Realism Studies In Asian Security By Paul Midford 2011 01 24 Pdf Pdf upload Jason a Grant

The second myth is that you can get hepatitis or AIDS from acupuncture. This is true only if the needles used are not sterilized. In the US, this will never happen because acupuncturists are required to use disposable needles thus you are not at risk from these two diseases.

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These courses can be chosen on the basis of modules or on an hourly basis. The course material covers the history, theory and techniques of acupuncture. Courses that offer tools such as acupuncture DVD and video are ideal for acupuncturists or students of acupuncture to improve their clinical expertise.

Once you graduate from acupuncture school, some will open their own practice while others will first work for a clinic. Those who decide to be employed will work with other professionals that may include naturopaths, chiropractors and other specialists that are also into Oriental Medicine.

The average acupuncturist makes about \$45,000 a year but this can change in the years to follow as they add years or experience under their belt. This just goes to show that if you work hard, you too will make a fortune. Just make sure that you do this properly for each patient because one mistake could make this all go away.

History rethinking japanese public opinion and security from:Quitting Smoking for Good with Acupuncture

Acupuncture is already a renowned method used in treating smoking addiction. An alternative medicine believed to have originated as far as 3000 BC in ancient China, this treatment is now being widely utilized for various medicinal and therapeutic purposes. It has been found furthermore to successfully treat drug dependence and chronic smoking addiction.

There are several smoking cessation medications and therapies available presently. However acupuncture is a recommended alternative procedure, especially where conventional therapies have already failed. The strategic insertion of needles in various parts of the body aims to treat the condition in a more profound and emotional level. A smoker needs to free himself from the physiological and psychological addiction of smoking, thus necessitating a more holistic treatment.

Instruction rethinking japanese public opinion and security from:Acupuncture can do more than just helping patients deal with arthritis or migraine. Clinical tests have shown that it can help obese people lose weight and those who are suffering from insomnia.

In some countries, acupuncture has even been used to replace chemical anesthesia prior to surgery as there are some patients who are not able to tolerate regular anesthesia.

Another field which acupuncture has proven to be effective is helping patients deal with their addictions such as alcohol, drugs and smoking. One study of smokers revealed that the average patient will cut down by half the number of cigarettes they consume after just one treatment. Just imagine the potential after a few more sessions!

Challenge rethinking japanese public opinion and security from

A Quick-Start guide to Acupuncture

Using needles to adjust bodily functions to optimum levels is the principle behind acupuncture. Both ancient Chinese and modern Western practitioners have used this technique to relieve many sufferers of chronic disease. Needling is a relatively safe, beneficial treatment strategy that can be used to reduce pain, improve healing, and increase general well-being. But exactly how is this procedure done and what sort of benefits can be obtained?

Procedure for Needle Puncture

There are two broad categories of acupuncture practice today, traditional Chinese medicine (TCM) and medical acupuncture. Both have their merits, so the choice is individual. The decision for most people hinges upon which philosophy appeals more to them and which technique holds the least apprehension.

Study case rethinking japanese public opinion and security from___Most patients that undergo acupuncture will not feel any significant change after one session which is why a few sessions are needed. Best of all, it is painless so your body will not feel sore afterwards.

Several studies have been conducted about acupuncture and there have been positive results. For instance in the UK, 400 participants who were suffering from migraines claimed they felt better after 3 months worth of sessions.

In the US, acupuncture has also proven to be effective in helping people deal with arthritis because the needles help the body fight against this chronic illness that is much cheaper and more effective than conventional medicine.

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Services in Financial Accounting

Offices and companies have various activities everyday and that includes accounting. Whether the company is private or government-owned, it still makes use of accounting. Companies, offices, and various organizations or institutions cannot operate successfully without an accounting staff. However, having an accounting staff can get very expensive and so most companies resort to auditing services or financial accounting services. Chartered accountants are not hard to find; with the use of the internet, you can easily locate them and hire their services.

A company needs to seek help from a competent and experienced auditor or accountant so that all financial activities of the company are monitored and evaluated. This way, the company can gain a lot of benefits which can lead to its success. It is now easy to monitor the sales as well the operating expenses. All expenditures and income are recorded and the accountant can even provide you with strategies to help increase the profit and sales of a company.

Outsourcing is quite popular nowadays because it is a cost-effective measure for companies who want to cut-down their operation costs. That is why most companies are looking for services of chartered accountants. These accounting services can provide any company or organization with auditing services, company laws, taxation, and other related matters.

Analysis rethinking japanese public opinion and security from...After the regular sessions, it is advisable to go back for follow up treatment. It should be every 2 weeks for the next 2 months and then once a month later on.

Aside from needles, most clinics use herbs in the form of masks, poultices and moisturizers. Before you use it, check with your doctor to make sure there is no allergic reaction to any forms of medication that you are taking.

After the first facial acupuncture treatment, you will usually see an increased glow to one's complexion which the Chinese say an increased Qi or blood flow to the face. It becomes more open, the wrinkles start to disappear and the skin appears more toned.

Power rethinking japanese public opinion and security from:But acupuncture is not risk free. Hematoma may develop if the needle punctures a circulatory structure. It is also possible that pneumothorax may occur if the needle is inserted too deep. There is also the risk of HIV and hepatitis if the needle was not properly sterilized.

Now that you know what acupuncture is, you must not forget that it is merely an alternative and not a proper form of medical treatment. This means you should still be examined by a professional in the medical field who can determine the severity of your illness or disease.

Best Seller : rethinking japanese public opinion and security from,Treatment of acne is classified into topical and systemic drug therapies which are given based on extent of severity. In some instances the combination of both the methods might be the way to go for acne treatment. Topical medication is nothing but creams, gels, lotions, solutions etc. prescribed to patients for acne treatment. Some of the examples of topical medication are: Benzoyl Peroxide which kills the Propionibacterium Acnes bacteria, antibiotics helps in stopping or slowing down the growth of the bacteria and also reduces inflammation, Tretinoin helps in stopping the formation of new acne lesions and Adapalene reduces formation of comedo.

Systemic drug therapies involve prescription of systemic antibiotics primarily for the treatment of acne problem which is moderate to severe in nature. The examples of antibiotics prescribed are Doxycycline, erythromycin and tetracycline. In some cases an oral drug called Isotretinoin is prescribed for teenagers with severe

acne problem which shrinks down the sebaceous glands that produce oil. The results are pretty good and almost ninety percent of the adolescents have success with this oral drug. But the drug has some serious side-effects and thus it is very important that one consults a doctor before use.

Adolescent Pregnancy

Adolescent pregnancy in ninety nine percent of the cases is unwanted and is the major consequence of adolescent sexual activity, other than STDs. This issue has affected youth, families, educators, health care professionals, and government official. A study on the high school adolescents has concluded that forty eight percent of the males and forty five percent of the females are sexually active. One fourth of the high school students had sexual contact by fifteen years of age. The average age of boys is sixteen and a girl is seventeen, who have had intercourse. Ninety percent of adolescents, in the age range of fifteen to nineteen, say their pregnancy is unintended.

Reading rethinking japanese public opinion and security from...The imbalance in the Qi may go one way or the other because of Yin and Yang. The person can only be normal if there is harmony between the two which is what acupuncture is trying to achieve. This can only be restored by stimulating these acupuncture points so your Qi can be adjusted, balanced and harmonized.

Apart from using needles, practitioners also use friction, heat, impulses of electromagnetic energy and pressure to stimulate these points in order to balance the movement of energy in the body to reduce one's health.

An example of this is sonopuncture where an ultrasound device that transmits sound waves is applied to these points in the body. Some use a tuning fork and other vibration devices.

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Here are some of the benefits that you will get in using an accounting software.

- You can finish all the accounting tasks promptly. You will be able to run your small business without too much problems.
- You can be provided with correct reports as well as special tools to make accounting tasks a lot simpler. That way, you can manage all the financial data of the business effectively.
- In minutes, you can already manage the cash flow of the business.
- With the accounting software, it will now be possible to predict revenues, bills, and generating reports.

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Although there are no studies which prove that one technique is better than the other, some patients are more comfortable with one type over the other.

Another question you should ask and discuss further is the length of the treatment. Patients who are suffering from a chronic illness will have to be treated over a period of months before any improvements can be seen. This will help you plan your schedule since you need to go to the clinic 2 to 3 times weekly.

The acupuncturist just like a medical doctor is there to help you get better. If you don't see any progress with this person, perhaps you should seek the help of another specialist.

What is Acupuncture?

What is acupuncture? It is a form of holistic healthcare that is used to prevent and treat certain diseases as well as relieve pain and anesthetize patients for surgery. Research shows that this began in China and has been practiced for more than 5,000 years.

Happiness rethinking japanese public opinion and security from:The "History Alive! Pursuing American Ideals" book, developed by the Teachers' Curriculum Institute (TCI), is a complete educational material that centers on the five founding ideals from the Declaration of Independence: parity, rights, liberty, opportunity, and democracy. It invites students to engage in the battle of each age with these ideals, from creating an American republic to the making of modern America¹.

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The "History Alive! Pursuing American Ideals" book, developed by the Teachers' Curriculum Institute (TCI), is a complete educational material that centers on the five founding ideals from the Declaration of Independence: parity, rights, liberty, opportunity, and democracy. It invites students to engage in the battle of each age with these ideals, from creating an American republic to the making of modern America¹.

*Project rethinking japanese public opinion and security from,*The "History Alive! Pursuing American Ideals" book, developed by the Teachers' Curriculum Institute (TCI), is a complete educational material that centers on the five founding ideals from the Declaration of Independence: parity, rights, liberty, opportunity, and democracy. It invites students to engage in the battle of each age with these ideals, from creating an American republic to the making of modern America¹.

*Story of" rethinking japanese public opinion and security from~*The "History Alive! Pursuing American Ideals" book, developed by the Teachers' Curriculum Institute (TCI), is a complete educational material that centers on the five founding ideals from the Declaration of Independence: parity, rights, liberty, opportunity, and democracy. It invites students to engage in the battle of each age with these ideals, from creating an American republic to the making of modern America¹.

Fight rethinking japanese public opinion and security from~Career Opportunities in the Accounting Field

Any type of business needs an accountant who will be responsible for keeping records and also keep track of its income and assets over a period of time. In this type of career, you will see that as an accountant, you will be able to learn a lot of valuable things that can help you advance in this field. In accounting or accountancy, it is important for you to know how businesses work in order to have a full understanding on how you can do your job well.

In fact, a lot of successful businessmen and women today were former accountants who were also working in a business that they didn't own but decided to work their way up in the field.

The great thing about this career is that it will increase your knowledge on how businesses work. You have to consider that accounting is sort of like a continuing education. Even after you graduated from college and you are already a certified accountant, you will still need to learn about the different changes and trends in

the business world in order for you to know what to do and what not to do when owning businesses.

Solutions rethinking japanese public opinion and security from:Consulting with a Professional Acupuncturist

There are a number of acupuncture practitioners in existence nowadays, offering a host of services. If you are considering this form treatment for your weight management, make sure that you settle with no less than a trained and professional acupuncturist. A poorly trained acupuncturist may not be able to pinpoint the specific meridian points and worse, may cause unnecessary bodily pain and discomfort.

Moreover, your acupuncturist may require an herbal supplement for your treatment, to encourage a longer-term effect. Your sessions need not be maintained for an extensive period; however you may be required to visit your acupuncturist during the entire course of the sessions.

There are other means for losing weight successfully, and this does not include crash dieting and strenuous work outs. If carried out by trained professionals, acupuncture can be the answer for effective weight management. While it is far from being a cure-all, it may just be the right weight loss solution for you.

Rating : rethinking japanese public opinion and security from

Obesity in Adolescents

Obesity and overweight are the second most major reasons of preventable deaths in America. Stagnant lifestyle and junk food is to be blamed for more than three hundred thousand deaths per annum. The sad thing is that this problem is on the rise. Obesity is a chronic disease which poses serious health risk to the health of an individual. Also, obesity is the easiest recognizable medical problem, but is very difficult to deal with.

People usually confuse obesity with overweight. Overweight is gaining of a few extra pounds. A person is considered obese when the total body weight is minimum ten percent more than the recommended weight for his/her body structure and height. According to an estimate every year hundred billion dollars are spent on the obesity problem. It is very important to treat the problem as early as possible. Obese children between the age of ten and thirteen have eighty percent chances of growing into obese adults, unless they change their ways and adopt a healthier lifestyle. The obesity problem starts from the age of five and continue till adolescence.

Review rethinking japanese public opinion and security from

Even though acupuncture isnt part of Western medicine, Western medicine experts have studied it extensively. Some theories as to why it works involve acupuncture perhaps stimulating the brains release of the bodys natural painkillers. Acupuncture could also stimulate proper circulation in the human body.

Western medicine is still studying acupuncture and trying to find out how to best integrate it with practices in Western medicine. That is why, along with Western medicine and trips to the doctor, one could certainly try acupuncture.

It couldnt hurt and it might actually be the one to finally relieve you of a lot of your bodys aches and pains and even make you healthier.

History rethinking japanese public opinion and security from

Nicotine is the addictive and toxic substance present in a cigarette. This is the same substance that makes quitting a big challenge for most smokers. The nicotine that you get from smoking will attach itself to the pleasure areas in the brain, making it hard for you to stop. Without a steady stream of this substance, a smoker will tend to feel depressed and uncomfortable.

People who have undergone acupuncture treatment reported that they no longer find cigarettes as tempting or as satisfying. Oftentimes, smoking would leave an awful taste in their mouths prompting them to stop their habit for once. Some patients would even resort to eating mints or lozenges to clear to get rid of the terrible aftertaste.

According to skilled practitioners, approximately 7 out of 10 smokers will successfully extricate themselves from their smoking habit after 2 or 3 weeks. While the others are unable to quit totally, these smokers will be able to cut down on their cigarette consumption quite significantly.

Liberation rethinking japanese public opinion and security from,Treatment from Acupuncture Experts

It is very essential for a patient to consult with a skilled acupuncturist. A more personalized service will be provided by an expert, as well as added counseling for the patient. Moreover, an acupuncturist may prescribe herbal supplements to aid the patient in quitting efforts.

During treatment, filiform needles are inserted into specific points on the ear cartilage, as well as the hands and wrists. Normal procedures last for about 30 minutes. Body acupuncture can be used in combination with the ear and wrist needle placements. An acupuncturist may also utilize a mild electric current, to enhance the effect of the needles through the body.

Hope rethinking japanese public opinion and security from:What is acupuncture?

Acupuncture has surged in popularity for the last few decades as brought on by the recent health trend. Mostly known as a traditonal Chinese medical technique, acupuncture is seen as a homeopathic method of treatment. While alternative medicine does raise a lot of eyebrows for the scientifically-inclined, it does merit attention before being dismissed as a quack cure.

Basic Procedure

Basically, needles are inserted into the skin, each corresponding to one of the numerous pressure points located throughout the body. According to Traditional Chinese Medicine, by inserting a needle into the pressure point, an acupuncturist can manipulate the flow of chi or life force, thus relieving pain and gradually treating the patient. While most would say that the whole chi thing is a bunch of nonsense, science has suggested that with the needles inserted, the bodys natural painkillers called endorphins are released, thus helping with pain relief.

Life Lessons from rethinking japanese public opinion and security from

The educational components of an accounting education are specialized accounting, general accounting, and professional accounting. These days, accounting students can also take advantage of doctoral programs and other continuing educational programs.

Is accounting education right for you? Before you finally enroll in an accounting course, you have to be very sure that you like business matters. You see, accounting is more on business matters and mathematical computations. It also involves a lot of analyzing tasks.

Once you've decided that an accounting course if the best for you, find a university or college now; you can either go to college abroad or you can attend school locally. Every step involves making decisions. So make sure that you make the best decisions because your future lies with it.

Study rethinking japanese public opinion and security from

Accounting has four general areas, namely – public, government, internal auditing, and management accounting. If you choose an accounting course, you will learn how to prepare and organize financial reports that include collation or calculation of a range of figures, analyses, tax, and even projections.

Traditionally, the study of accounting focused mainly in the technical skills. The traditional methods in the study of accounting include teaching the basic principles and concepts of accounting. The present accounting practices haven't adapted yet to the various changes in business, regulatory environment, and economics.

There are now modern methodologies used in accounting education. These methodologies are based mainly on accounting communication, decision-making, ethics, analytical skills, and the internal auditing principles.

Educational programs in accounting have the same objectives and one is to teach the students about the various accounting principles. Aside from that, the students will also learn to develop their skills through various accounting practices. Professional accountants today have greatly benefited from modern accounting

education. Accounting education also functions as an effective management tool for business executives.

Hope rethinking japanese public opinion and security from

Cholesterol in Adolescents

Parts of adolescent's body are filled with a waxy stuff identified as cholesterol. It helps to produce vitamin D, cell membranes and certain hormones. Blood cholesterol comes from two different sources, liver within the body and food. The adolescent's liver produces enough cholesterol to carry out proper functioning. The blood acts as the carrier of cholesterol and transports it to different parts of the body. They are transported in round particle form known as lipoproteins. There are two types of lipoproteins called the low density lipoproteins or LDL and high density lipoproteins or HDL. Low density lipoprotein or LDL cholesterol is commonly known as bad cholesterol. It helps in the building up of plaque in arteries and this condition is known as atherosclerosis. The LDL level must be low in the blood and if it is high it must be decreased. Healthy weight must be maintained and exercise should be done regularly. Food items which have high contents of calories, dietary cholesterol and saturated fat must be avoided.

High density lipoprotein or HDL cholesterol is the good cholesterol. It is actually a kind of fat in blood which helps to remove bad cholesterol from the body and stops the build up of plaque in the arteries. The more the HDL cholesterol in the blood the better it is. The HDL can be raised by at least twenty minutes of exercising daily, decreasing body mass and keeping away from food with saturated fat. Some adolescents need to take medications in order to increase HDL. In such cases, increasing HDL can be a complicated procedure and the physician can make a therapeutic plan to increase HDL in the blood stream.

Learn rethinking japanese public opinion and security from___Right after each acupuncture session, you will feel a bit tired and may need to rest. Some people feel an increase in their energy levels. The response to acupuncture is very individual. In some cases there is immediate relief of symptoms. For some patients, the beneficial effects may only be noticed after undergoing a few sessions. Do not be alarmed and keep your acupuncturist updated on what you are feeling to ensure everything is going as expected.

You need never fear the thought of needles ever again. Acupuncture is a beneficial treatment with a long history of effectiveness. It is used to complement current medical therapy and should not replace currently existing medications or treatments.

The safe application of this once exclusively Chinese therapy can now be experienced by chronic disease sufferers worldwide.

Behind the rethinking japanese public opinion and security from.These are some of the benefits of using an accounting software. However, don't purchase the first accounting software that you come across. You see, there are things to consider when selecting the proper accounting software for the business. You have to determine the software's functionalities. It should be user-friendly and most especially, it should resemble the paper counterparts so that you can run the software smoothly. Once you're familiar with the software's layout, you can already explore its functionalities.

If you can find software which combines the internet and e-commerce, the better; you see, there are a great number of accounting software sold in the market. If you want to enjoy all the benefits, you must be able to choose the finest accounting software that is suited to your small business.

In choosing an accounting software, you need to consider the number of your employees. You can find accounting software that is suited for small business with less than 25 employees. Other software is suited for large businesses with bigger numbers of employees.

Concepts rethinking japanese public opinion and security from

A course of acupuncture therapy will last anywhere from a few weeks to a few months. This depends upon the complexity of the particular medical condition. Results also vary, so it is important to have a frank discussion with the acupuncturist regarding expected results and their time frame. In general, the patient will begin to feel beneficial effects after three or four session. Certain specific conditions will actually get a little worse before improving so keeping informed is key.

In modern medicine, the use of traditional techniques with proven results has become a widely accepted practice. Acupuncture has proven its worth time and again. Modern practice guidelines make it effective, reproducible, and safe. It is a gift of healing form ancient sages that has the potential to bring relief to millions of people.

Preliminary studies have shown that acupuncture may provide symptomatic relief to children suffering from autism. Although difficult at first, it is believed that it is rewarding in the long run. This is because while conventional therapy and treatment requires that the child stay still, acupuncture doesn't. Some say it's a quick prick at the vital points in the body.

Project rethinking japanese public opinion and security from

It sounds like a made-up explanation with no basis in reality, but there are numerous scientific studies which support the effects of acupuncture. Although the exact scientific basis is still unknown, recent theories seem to suggest involvement of complicated neurochemical effects in the brain, nerve to spinal cord impulse modulation, and microscopic connective tissue changes.

What risks and side effects are of concern?

The use of things not completely understood for the treatment of medical conditions is nothing new. Penicillin and aspirin were used for decades solely on the basis of their beneficial effects, without doctors knowing exactly how they worked. Results are what are truly important. However, it is equally important is to ensure that the technique is used safely.

Fight rethinking japanese public opinion and security from;Common Oral Health Problems in Adolescents

Adolescents face many oral health problems which may require them to visit a dentist or any other healthcare professional. Irregular teeth growth is a common problem and adolescents with braces are a common sight. Another problem is wisdom teeth extraction or the removal of the third molar. Dental cavities are yet another common problem in adolescents.

Orthodontics is a specialty in dentistry which deals with correction, development and prevention of irregular teeth, jaw and bite. Orthodontics also helps to correct jaw disorders and facial abnormalities. If a general dentist feels abnormalities in the adolescent, he/she will refer the patient to an orthodontist. The American Dental Association suggests that every adolescent above the age of seven should get an orthodontic evaluation done. Problems which require orthodontic treatment are crowded or crooked teeth, extra teeth, missing teeth, under-bite, overbite, jaw joint disorder, and incorrect or misaligned jaw position.

To get braces or any other orthodontic treatments, the appropriate age is ten to fourteen years. But regardless of the age, the same physical and biological process is used in correcting and moving the teeth alignments. Braces are also known as fixed orthodontic appliances. There are three types of braces used to move and reposition the teeth. The first consists of brackets which are made out of plastic or metal. They are either of tooth color or clear and are bonded onto the teeth. The second type is the lingual type of brackets which are attached to the back teeth and cannot be seen while talking. The third type is a band. It is a metal band which covers the teeth and wraps around the last ones.

For Free rethinking japanese public opinion and security from...

Rating : *rethinking japanese public opinion and security from*...Being a CPA, a professional accountant, or a chief accountant are just few of the many careers in accountancy. There are still other careers out there that you can pursue for as long as you're a graduate of accountancy. How can you find the many careers in accountancy?

That's very simple. You can start by logging on to the internet. There are specialized websites that offers job opportunities in accountancy. You can search these sites and find a job opening that you can qualify for. Make sure that you send your complete resume to the employer or the employment agency. If you do

qualify for the job, you will be notified or informed.

In choosing among the careers in accountancy, you have to know your strong points and weak points. That way, you can choose a career that best suits your capability. You must always remember to choose a career that you like. If you love your career, you will not ask for anything else; you will be contented.

example rethinking japanese public opinion and security from

First step, log on to the internet. Job sites are all over the web and so you can definitely find an accounting job there. Most of the sites allow jobseekers to sort the job openings through location. After that, you can simply search by using 'accounting' as the keyword. If you surf the net, you can also find websites that focus mainly on accounting jobs. These sites can truly help you in looking for the perfect accounting job. If you can find a job online, then there's no need to check out other resources.

If the search for an accounting job online fails, your second step is to check out local papers. Local companies who are in need of accounting graduates will usually post an advertisement in the local paper and not on the internet. This only means that you can also find jobs through the local papers.

Take a close look at the classified ads section. Find the section about accounting jobs and there you have it. Sort through the job openings posted on the paper; get the address of the company, and the requirements. All the necessary contact information should be noted. Remember, you will be applying directly to the company and not an employment agency unless stated.

File Pdf rethinking japanese public opinion and security from

The history of acupuncture is first discussed in an ancient Chinese medical text called the "Huang Di Nei Jing" or The Yellow Emperors Classic of Internal Medicine.

But there have been a few who are skeptic as archaeologists have found a 5,000 year old mummy in the Alps with similar acupuncture points in the body. This gives some people the idea that it was used even before the Chinese did but sine there is no written text to prove that, no one is certain and credit to this ancient practice goes back to the Chinese.

In the 6th century, this knowledge moved to Japan. In the 17th century, a man by the name of Waichi Sugiyama wanted to make this procedure painless for the patient so he developed the insertion tube, a small cylindrical tube through which the needle is inserted. Believe it or not, this technique is still being used today.

Best Seller : rethinking japanese public opinion and security from:This was further strengthened by the fact that the side effects of acupuncture are much less than that of conventional drugs that are being sold by pharmaceutical companies.

So that people can avail of acupuncture, another recommendation by the NIH is for US companies to provide full coverage for certain conditions. If you do not quality, perhaps there is partial coverage which you should look up in your policy.

But despite that, more research needs to be done to see its effects on other health related problems. Some examples of these include addictions, autism, chronic low back pain, migraines and osteoarthritis of the knee.

Behind the rethinking japanese public opinion and security from

If you look at the history of acupuncture, not much has changed since the needle technique used back then is still being used today. Even if various forms have developed through the years, one thing for sure is that it works.

In order for you to see how effective it is, you have to see a specialist who is not only qualified to treat your condition but also one is well trained.

The Soothing Effects of Acupuncture

Acupuncture is an ancient form of Chinese medicine that has been practiced for thousands of years. Commonly used to treat bodily pains, acupuncture actually has a wide range of uses that range from addictions, to injuries, to disease prevention. If you are thinking about trying acupuncture, the following will give you a better idea of its many benefits.

Power rethinking japanese public opinion and security from~There's church accounting software in the market. The best place to purchase the software is online. The internet can provide you with a lot of resources regarding church accounting software. If you don't know much about it, you can gather information first before you even shop for the software. It really helps to know a bit of information about the software that you're going to purchase.

If your church needs the services of accountants, why not consider purchasing a church accounting software? There is reasonably priced software out there; you simply have to shop around first. You can even take advantage of free trials to see if the software is good enough for the church's financial activities.

Don't wait until things get screwed up, organize all your financial transactions.

Miracle rethinking japanese public opinion and security from;The needles used in acupuncture are very small and you will probably feel a slight twitch when the needle goes in. They will be inserted carefully to ¼ or an inch in depth and will stay there from 45 minutes to an hour depending on the condition of the patient.

If inserted properly, you should feel some cramping, distention, electric sensation or tingling which means that the treatment is working.

Needles used for acupuncture especially in the US are clean because they are required to be disposable. This prevents any chance that those who go for treatment will be contaminated by a communicable disease like hepatitis or HIV.

Read Only : rethinking japanese public opinion and security from

Before this person does anything, you will first have to answer a few questions. You will then be given a physical exam to check your pulse and observe the shape, color and coating of your tongue. Other things that are checked will be the color and texture of the skin and your posture as this will give clues to your health.

Only then will you be told to lie down on a padded examining table and the needles are inserted to the skin. The difference with this kind of needle is that they twirl and jiggle each time they are pushed further into the body.

You may not feel them at all and if you do, it will only be a twitch that soon goes away. Once they are in place, this will be left there for 15 to 60 minutes that may make you feel very relaxed and sleepy that you may even doze off. Once the session is complete, the needles are removed and you will be on your way.

Challenge rethinking japanese public opinion and security from

After years of being a member of the accounting group, you will have your chance of becoming the department head or you can be promoted as the cost accountant, budget officer, chief accountant, or even the company auditor. The size of the corporation determines the various responsibilities of the accountant.

Now you know that by taking up a course in accounting you will be offered a myriad of opportunities in the future. You must be able to choose the right career path. Before making a decision, you have to consider the responsibilities and nature of work of a certain accounting career.

Choose the one that you like most and one that you're passionate about.

Reading rethinking japanese public opinion and security from.Government service – you can look for job opportunities in the state or federal level. Government accountants are responsible for tracking costs, budgets, and analyzing the various government programs that involves huge amounts. Being a government accountant can give you the chance of improving the conditions of the poor however, due to political influence, your will experience bureaucratic impediment.

If you want to become a government accountant, you have to think twice because the public usually think differently of those in position. But it doesn't really matter what other people think as long as you're doing your work honestly and effectively.

Commerce – accounting groups are maintained by corporations, whether big or small. The groups of accountants prepare and organize all the financial statements, handle tax issues, track costs, handle international transactions, and a lot more.

Review rethinking japanese public opinion and security from

The first is called TCM based acupuncture. Here, it uses eight principles of complementary opposites to create harmony in the body. These include yin/yang, internal/external, excess/deficiency, hot/cold.

Next is called French energetic acupuncture. This is often used by MD acupuncturists. Meridian patterns are emphasized here particularly the yin-yang pairs of primary meridians.

Korean hand acupuncture is another as practitioners believe that the hands and feet have concentrations of qi, and that applying acupuncture needles to these areas is effective for the entire body.

Hope rethinking japanese public opinion and security from

Impulses of electromagnetic energy can also be used as the body generates tiny but electrical discharges which influence the function, growth and maturity of certain types of cells. By inserting the needles in these areas, it stimulates and alters the neurotransmitters in the body thus making the patient feel better after treatment. This is also sometimes used for diagnosis and testing.

There are also other forms of acupuncture that do not use needles. For instance there is sonopuncture that uses an ultrasound device that transmits sound waves to points in the body to treat a patient. Some practitioners use a tuning fork or other vibration devices.

Acupressure is another. Here, the professional will use their hands to relieve the pain. This can be used on it sown or with other manual healing techniques.

*example rethinking japanese public opinion and security from...*Top accounting firms in the US have forensic accountants. In fact, if you're looking for a high-paying career in the future, why not choose to be a forensic accountant? You see, according to statistics, forensic accounting will be included in the top twenty job markets in the years to come.

So, how can be a forensic accountant? Well, firstly you need to finish a degree in accounting and you have to pass the CPA examination. Aside from that, you should also get extra coursework in criminal justice and law enforcement. Undergoing a legal training is an additional point. You can also pursue CFE or certified fraud examiner accreditation since this is quite similar to CPA designation.

Upon entry in the field, you can receive around \$30,000 or as high as \$60,000. Experienced and senior forensic accountants can earn over \$100,000 a year. So you see, being a forensic accountant means big money. But it entails a lot of coursework and accreditations. Still, the benefits are awesome.

Hope rethinking japanese public opinion and security from.Heat stroke is the severest condition of all heat related illnesses. In this condition the body gets overwhelmed with excessive heat and the efficiency of the system that regulates body heat goes down considerably which can result in a serious emergency requiring immediate medical care. The symptoms of heat stroke include dry and warm skin, very high fever generally above 104 degree Fahrenheit, increased heart rate, appetite loss, nausea, headache, vomiting, fatigue, agitation, confusion, stupor, seizures, coma and possible death. A teenager experiencing symptoms of heat stroke should stay in a cool place and have adequate rest. Heat stroke is a serious condition and emergency attention should be sought by calling 911. In the meanwhile the affected teenager should be made free of excessive clothing and should be worn with cool clothes and also put cool water on the skin to lower the temperature. Placing ice bags in armpits also helps. Make the teenager drink cool drinks if the teenager is alert.

Heat strokes are very much preventable if certain precautions are taken like drinking adequate water during hot days, avoiding alcoholic and caffeine drinks, wearing light clothes, exercising in cooler time of the day, wearing sunglasses and hat, using umbrella on a hot day, applying sun cream with a spf of at least 15 etc.

Opportunity rethinking japanese public opinion and security from;There are basically 14 pathways throughout the body where chi flows continuously. These are called the meridian points. In order for chi to course through the body unobstructed, there has to be a balance between the strengths of yin and yang. In ancient Chinese philosophy, yin and yang represent the forces of the universe- yin is for feminine, while yang is for masculine. Every single thing in the universe is believed to contain both yin and yang for harmony.

When the yin and yang are not balanced, chi cannot stream through the body liberally. Therefore, the meridian points through which chi courses through need to be stimulated. This is done by the insertion of hair-thin, disposable needles in specific areas on a person's body to induce bodily harmony and bring about healing.

A certified and trained acupuncturist will be able to carry out an excellent therapy session for the patient. Trainings for acupuncturists are given in order for them to obtain their licenses. A poor practitioner may not be proficient enough with the practice and could end up jeopardizing the results of the entire procedure.

Nowadays, it is wise to verify on a practitioner's credentials to ensure a safe and effective acupuncture treatment.

Analysis rethinking japanese public opinion and security from,Heat cramps are the mildest of all heat related injuries and constitute aching muscle cramps and also spasms that occur during intense exercising and also after intense exercising and also sweating in high heat. The symptoms of heat cramps include cramps that are painful in the legs. Flushed and moist skin is also symptoms of heat cramps. The symptoms could also include mild fever generally below 102 degree Fahrenheit. Teens suffering from heat cramps should move to a cool place and take adequate rest. Remove any excessive clothing and wear or put cool clothing on skin or cool skin using air conditioner or fan. Sports drinks which are cool and which contains sugars and salts can also be taken. Stretching out cramped muscles slowly and steadily also helps reduce heat cramps.

On the other hand heat exhaustion is more serious and severe compared to heat cramps and occur due to heavy loss of salt and water from the body. Extreme heat conditions, inadequate fluid intake and excessive sweating results in this conditions. Also, heat exhaustion occurs as a result of inability of the body to maintain the body temperature below the normal which can deteriorate further and also result in a heat stroke which is even worse. The symptoms of heat exhaustion are: muscle cramps, moist skin, pale skin, nausea, fever above 102 degree Fahrenheit, diarrhea, vomiting, fatigue, headache, weakness, anxiety and faint feeling. Teens suffering from heat exhaustion should stay in cool surrounding and take enough rest. Removing excessive clothing, putting on cool clothes and sitting in fan or air conditioning also helps the situation. Intake of cold sports drinks which contains salts and sugars are also advisable. If a teen doesn't show any signs of improvement even after taking all these measures a physician should be consulted immediately.

rethinking japanese public opinion and security from

How does sticking needles into your body help manage the stress?

In traditional Chinese medicine, much of the treatments depend on an understanding of the balance in our bodies and its internal organs. The sicknesses we sometimes develop are seen to be caused by imbalances in our lifestyles and environment. Stress is also affected by this imbalance. That is why when there is something wrong with your body, youd typically have less of an ability to deal with stress. Youd get more irritable and find it really to difficult to relax.

By sticking these very thin needles past the surface of our skin, the acupuncturist stimulates nerves in our body. These nerves send signals to our brain and scientists believe that the brain then releases its natural painkillers into our system. This immediately causes a feeling of relaxation for many people.

The needles could also help your body by stimulating its circulation. With the circulation between the organs of the body improved, a lot of the bodys wastes could be cleansed properly. Your organs would also receive the full benefit of the oxygen from your lungs making its way into the cells of your body without any blockages. This makes your organs much healthier and leaves you feeling much better in the long term as well.

Liberation rethinking japanese public opinion and security from___Along with doctor consultation, a psychologist must also be consulted who can deal with the emotional challenges of the adolescent. The family should also play an active role in making the youngster feel better. The family should work in collaboration with physician, dietitian and diabetes educators. Teachers, counselors, school nurses, day care providers, and other community members can provide extended support and guidance. They can provide help with transportation, mental health counseling, health education, social services and financial services.

Eating Disorders in Adolescents

Since the adolescence is the age where bones are sprout and grow rapidly, well nourished food must be given to the adolescent to facilitate normal growth & development. The nutritional intake must be monitored regularly and modified depending upon the growing needs. Teenagers tend to develop eating disorders which

affect their nutritional health. The eating behavior must be corrected as early as possible as it can lead to the development of complex illnesses. Eating disorder is the third common chronic illness, especially in adolescent females and the number has been increasing rapidly from the past thirty years.

Power rethinking japanese public opinion and security from

Results have showed that of 30 respondents in the test, majority showed functional improvement of various degrees depending on the age and severity of their disabilities. Some improvement was noticeable within a few TAC sessions, especially for drooling, spasticity (scissoring or tiptoeing), ataxia, and poor balance in walking. Functional improvement was noted after one to two courses of TAC. Most children tolerated TAC well, with only occasional pain and minor bleeding in some patients.

The reason why tongue acupuncture is being experimented with is because there is a connection between the tongue and the heart through the meridians that spread to all the organs in the body. It is believed that the points on the tongue can influence the state of the other body organs thus giving relief to the one suffering from autism.

But many believe that acupuncture alone cannot help autism sufferers. It has to be combined with other things like maintaining a certain diet to help improve one's mood and communication skills. Although it is only short term, it is better than nothing until a cure is found.

Guide rethinking japanese public opinion and security from

Depression in Adolescents

Depression in adolescents is a disorder which occurs due to persistent sadness, loss of interest, loss of self worth and discouragement. Depression is normally a temporary reaction towards situations of stress. Depression is a normal part of the maturation process of adolescents. It is even induced due to production of sex hormones. Adolescent females are depressed twice more than adolescent boys according to a study.

Adolescent behavior is normally marked with good and bad moods. The transition from a good mood to bad mood and vice-versa, can take minutes, hours and even days. That is the reason why true depression is very difficult to find out. Depression in adolescents can be caused due to bad school performance, break up with boyfriend or girlfriend, and failing relations with friends and family. These causes can lead to persistent depression. Other serious causes are chronic illness, obesity, child abuse, stressful lifestyle, poor social skills, unstable care giving and depression in family history.

Obsession rethinking japanese public opinion and security from; There are basically two types of diabetes that will affect an adolescent. It is type 1 diabetes and type 2 diabetes. Type 1 diabetes affects the immune system's function as the system attacks the pancreas' insulin producing cells, also known as the beta cells. Because of this, the pancreas loses the ability to manufacture insulin. This is the reason why people with type 1 diabetes take insulin everyday. The symptoms are weight loss, increase in urination & thirst, blurred vision, tiredness and constant hunger. And if the adolescent isn't treated at the right time, he/she can slip in to diabetic coma which can endanger his/her life. In type 2 diabetes, the body is incapable of properly using the insulin produced by the body and requires insulin from an external source, too. The symptoms of type 2 diabetes are similar to type 1 diabetes. The teenager feels sick, tired, nauseated, and thirsty. The wounds will recover very slowly; he/she will get infections frequently, will develop blurred vision and will experience weight loss.

Parents play a vital role in determining the problem. They should constantly observe their child for eating disorders or signs of depression. Although cigarette, drugs and alcohol should be avoided by all adolescents and children, it is even more important that youngster with diabetes should stay away from these things as they can worsen the situation. A person with diabetes, who switches to smoking, is at risk of developing cardiovascular diseases and circulatory problems. Consumption of alcohol can cause hypoglycemia or low blood sugar. It is the duty of the parents to make their child aware of the possible risk they would face if they start to smoke, drink alcohol or take drugs.

Children and adolescents, who have diabetes, face many challenges while trying to lead a normal life. They have to think twice before doing simple things as going to a party, playing sports and even when staying over with friends. This is because they require to intake oral medication or insulin. Their blood sugar level must be checked many times through out the day. Also, at gatherings, they have to avoid many food items. Because of this they will feel different from the crowd and can feel left out. Not only does diabetes pose behavioral challenges, but also emotional challenges.

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A software that is suited for small businesses helps the business owner analyze financial data, customize reports like transaction history, profit & loss, check details, reconciliation details, and many more. By simply looking at the various reports, you can already determine your business status. Some software also offers built-in features like forecasting tools. These tools can be used to manage business risks and control cost of operation.

If you're running a small business, it is now time to purchase accounting software. By doing so, you can secure your business' future and you can be certain that all your financial tasks are handled effectively.

Reading rethinking japanese public opinion and security from~But how well acupuncture does for one patient may vary with another. This depends on the condition of the attack and the individual.

The best part about acupuncture is that there are no side effects and it is painless. Skillful professionals can do this so you don't suffer from hematoma or pneumothorax. Another disease is potentially dangerous is HIV or hepatitis which can be prevented of course as long as the needles used are properly sterilized. It will be much better if the person uses disposable needles.

Acupuncture has been practiced in the United States for more than 2 decades. Although tests have shown how effective it can be to treat chronic conditions and certain addictions, more studies need to be done to see where else it can be useful.